

Campeonato Natação Madeira - Outono
Funchal, 24 - 26/11/2017

Prova 16 Femin., 400m Livres 12 anos e mais velhos
25/11/2017 - 10:08 Resultados

Recorde Regional - P25m - Absoluto	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional - P25m - 12	4:56.70	ANDRADE, Rubina Amaro	CDN	Funchal	04/05/1991
Recorde Regional - P25m - 13	4:37.30	ANDRADE, Rubina Amaro	CDN	Funchal	17/07/1992
Recorde Regional - P25m - 14	4:35.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/05/1993
Recorde Regional - P25m - 15	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional - P25m - 16	4:31.80	ANDRADE, Rubina Amaro	CDN	Funchal	14/07/1995
Recorde Regional - P25m - 17	4:32.13	ANDRADE, Rubina Amaro	CDN	Felgueiras	13/07/1996
Recorde Regional - P25m - 18 +	4:35.08	MELIM, Cláudia Ramos	CDN	Funchal	06/07/2002

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
Infantil B - 12 anos			
1. SILVA, Silvana Suamade	06	Desportivo Sao Roque	5:59.27 278
50m: 39.75 39.75	150m: 2:11.93 46.22	250m: 3:44.40 46.70	350m: 5:15.54 45.98
100m: 1:25.71 45.96	200m: 2:57.70 45.77	300m: 4:29.56 45.16	400m: 5:59.27 43.73
2. FREITAS, Margarida Ramos	06	Desportivo Nacional	6:26.99 222
50m: 40.78 40.78	150m: 2:18.34 50.38	250m: 3:57.70 50.12	350m: 5:38.43 50.45
100m: 1:27.96 47.18	200m: 3:07.58 49.24	300m: 4:47.98 50.28	400m: 6:26.99 48.56
3. PEREIRA, Joana Marques	06	Desportivo Nacional	6:32.38 213
50m: 43.45 43.45	150m: 2:23.11 50.25	250m: 4:02.00 48.35	350m: 5:44.39 50.76
100m: 1:32.86 49.41	200m: 3:13.65 50.54	300m: 4:53.63 51.63	400m: 6:32.38 47.99
4. CARICHAS, Joana Medeiros	06	Juventude Atlantico	6:47.85 190
50m: 44.77 44.77	150m: 2:27.74 52.40	250m: 4:13.30 53.22	350m: 5:59.05 52.88
100m: 1:35.34 50.57	200m: 3:20.08 52.34	300m: 5:06.17 52.87	400m: 6:47.85 48.80

Infantil A - 13 anos

1. BELO, Bruna Raquel	05	Desportivo Sao Roque	5:22.30 385
50m: 35.65 35.65	150m: 1:56.69 41.30	250m: 3:20.02 42.11	350m: 4:43.17 41.45
100m: 1:15.39 39.74	200m: 2:37.91 41.22	300m: 4:01.72 41.70	400m: 5:22.30 39.13
2. ARAUJO, Maria Clara	05	Naval do Funchal	5:42.90 319
50m: 39.42 39.42	150m: 2:05.74 42.50	250m: 3:32.48 42.93	350m: 4:59.76 43.38
100m: 1:23.24 43.82	200m: 2:49.55 43.81	300m: 4:16.38 43.90	400m: 5:42.90 43.14
3. JARDIM, Teresa Vieira	05	Naval do Funchal	5:46.83 309
50m: 35.45 35.45	150m: 2:02.01 44.50	250m: 3:32.39 45.29	350m: 5:04.00 45.90
100m: 1:17.51 42.06	200m: 2:47.10 45.09	300m: 4:18.10 45.71	400m: 5:46.83 42.83
4. GOIS, Mariana Teles	05	Ludens de Machico	6:10.21 254
50m: 40.32 40.32	150m: 2:11.87 46.86	250m: 3:46.21 47.38	350m: 5:23.55 48.86
100m: 1:25.01 44.69	200m: 2:58.83 46.96	300m: 4:34.69 48.48	400m: 6:10.21 46.66
5. BARROS, Ana Carolina	05	Juventude Atlantico	7:04.44 168
50m: 48.18 48.18	150m: 2:39.25 55.40	250m: 4:27.72 54.33	350m: 6:16.61 54.34
100m: 1:43.85 55.67	200m: 3:33.39 54.14	300m: 5:22.27 54.55	400m: 7:04.44 47.83

Juvenil B - 14 anos

1. FERREIRA, Maria Leonor	04	Desportivo Nacional	4:56.17 496
50m: 32.85 32.85	150m: 1:47.59 37.80	250m: 3:03.60 37.97	350m: 4:19.52 37.82
100m: 1:09.79 36.94	200m: 2:25.63 38.04	300m: 3:41.70 38.10	400m: 4:56.17 36.65
2. RAMOS, Barbara Emerick	04	Juventude Atlantico	5:20.84 390
50m: 36.57 36.57	150m: 1:58.36 41.57	250m: 3:20.51 41.19	350m: 4:42.76 41.00
100m: 1:16.79 40.22	200m: 2:39.32 40.96	300m: 4:01.76 41.25	400m: 5:20.84 38.08
3. GOIS, Vitoria Abreu	04	Desportivo Nacional	7:06.69 166
50m: 45.97 45.97	150m: 2:32.03 53.01	250m: 4:22.38 56.57	350m: 6:14.49 55.75
100m: 1:39.02 53.05	200m: 3:25.81 53.78	300m: 5:18.74 56.36	400m: 7:06.69 52.20

Campeonato Natação Madeira - Outono
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Prova 16, Femin., 400m Livres

Juvenil A - 15 anos

1.	FERREIRA, Julia Caldeira	03	Naval do Funchal	4:50.25	527
	50m: 33.57 33.57	150m: 1:47.79	37.20 250m: 3:02.33	37.34 350m: 4:16.87	37.05
	100m: 1:10.59 37.02	200m: 2:24.99	37.20 300m: 3:39.82	37.49 400m: 4:50.25	33.38
2.	FERNANDES, Ana Catarina	03	Naval do Funchal	4:54.42	505
	50m: 33.00 33.00	150m: 1:46.38	37.07 250m: 3:02.00	38.02 350m: 4:17.64	38.01
	100m: 1:09.31 36.31	200m: 2:23.98	37.60 300m: 3:39.63	37.63 400m: 4:54.42	36.78
3.	BRINQUINHO, Maria Machado	03	WOS Team	5:33.20	348
	50m: 38.63 38.63	150m: 2:02.41	41.66 250m: 3:26.45	41.97 350m: 4:51.51	42.69
	100m: 1:20.75 42.12	200m: 2:44.48	42.07 300m: 4:08.82	42.37 400m: 5:33.20	41.69
4.	BETENCOURT, Ana Margarida	03	Naval do Funchal	5:50.66	299
	50m: 31.32 31.32	150m: 1:58.09	50.48 250m: 3:34.89	47.55 350m: 5:08.51	46.82
	100m: 1:07.61 36.29	200m: 2:47.34	49.25 300m: 4:21.69	46.80 400m: 5:50.66	42.15

Juniores - 16, 17 anos

1.	SOUSA, Cristina Soares	02	Naval do Funchal	5:15.95	408
	50m: 33.90 33.90	150m: 1:51.99	40.06 250m: 3:12.34	40.17 350m: 4:35.20	41.92
	100m: 1:11.93 38.03	200m: 2:32.17	40.18 300m: 3:53.28	40.94 400m: 5:15.95	40.75
2.	BARROS, Margarida Nunes	02	Juventude Atlantico	5:21.57	387
	50m: 35.88 35.88	150m: 1:58.73	42.07 250m: 3:22.04	41.29 350m: 4:43.98	41.17
	100m: 1:16.66 40.78	200m: 2:40.75	42.02 300m: 4:02.81	40.77 400m: 5:21.57	37.59
3.	VARGEM, Mariana Malheiro	01	Desportivo Sao Roque	5:29.19	361
	50m: 35.97 35.97	150m: 1:58.23	41.57 250m: 3:22.86	42.19 350m: 4:47.56	42.15
	100m: 1:16.66 40.69	200m: 2:40.67	42.44 300m: 4:05.41	42.55 400m: 5:29.19	41.63
4.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	5:44.30	316
	50m: 38.13 38.13	150m: 2:04.14	43.46 250m: 3:32.46	44.18 350m: 5:00.94	44.28
	100m: 1:20.68 42.55	200m: 2:48.28	44.14 300m: 4:16.66	44.20 400m: 5:44.30	43.36
5.	GONCALVES, Filipa Isabela	02	Desportivo Nacional	5:48.77	304
	50m: 38.43 38.43	150m: 2:03.58	42.94 250m: 3:33.69	45.46 350m: 5:04.98	45.78
	100m: 1:20.64 42.21	200m: 2:48.23	44.65 300m: 4:19.20	45.51 400m: 5:48.77	43.79
6.	SOUSA, Joana Camacho	01	Desportivo Nacional	5:56.22	285
	50m: 39.77 39.77	150m: 2:09.46	45.41 250m: 3:40.34	45.67 350m: 5:11.52	45.56
	100m: 1:24.05 44.28	200m: 2:54.67	45.21 300m: 4:25.96	45.62 400m: 5:56.22	44.70

Seniores - 18 e mais velhos

1.	ROSA, Beatriz Jong	00	Desportivo Nacional	4:44.56	559
	50m: 32.20 32.20	150m: 1:42.81	35.59 250m: 2:54.92	35.98 350m: 4:07.79	36.22
	100m: 1:07.22 35.02	200m: 2:18.94	36.13 300m: 3:31.57	36.65 400m: 4:44.56	36.77
2.	LUIS, Catarina Fernandes	97	Desportivo Sao Roque	5:00.05	477
	50m: 32.89 32.89	150m: 1:47.60	37.93 250m: 3:05.17	38.83 350m: 4:22.59	38.76
	100m: 1:09.67 36.78	200m: 2:26.34	38.74 300m: 3:43.83	38.66 400m: 5:00.05	37.46
3.	DORIA, Madalena Melim	00	Desportivo Nacional	5:03.33	462
	50m: 35.27 35.27	150m: 1:52.18	38.75 250m: 3:08.22	37.38 350m: 4:25.36	39.21
	100m: 1:13.43 38.16	200m: 2:30.84	38.66 300m: 3:46.15	37.93 400m: 5:03.33	37.97
4.	LUIS, Jessica Santos	00	Desportivo Sao Roque	5:06.68	447
	50m: 33.38 33.38	150m: 1:50.62	39.23 250m: 3:10.00	39.67 350m: 4:28.57	39.00
	100m: 1:11.39 38.01	200m: 2:30.33	39.71 300m: 3:49.57	39.57 400m: 5:06.68	38.11
5.	SANTOS, Mayra Sousa	78	Naval do Funchal	6:06.03	263
	50m: 38.45 38.45	150m: 2:09.79	46.92 250m: 3:43.80	47.45 350m: 5:20.53	48.67
	100m: 1:22.87 44.42	200m: 2:56.35	46.56 300m: 4:31.86	48.06 400m: 6:06.03	45.50
6.	SILVA, Catarina Grace	77	Naval do Funchal	6:53.87	181
	50m: 48.04 48.04	150m: 2:31.39	52.03 250m: 4:17.42	52.65 350m: 6:03.24	53.31
	100m: 1:39.36 51.32	200m: 3:24.77	53.38 300m: 5:09.93	52.51 400m: 6:53.87	50.63