

Águas Abertas - VI Cais de Santa Cruz
Santa Cruz, 25/6/2017

Prova 4
25/06/2017 - 11:15

Femin., 1000m Livres

14 anos e mais velhos
Resultados

Place	Dorsal	Name	YOB	Club/Nation	Tempo final	diferença
Juvenil						
1.	403	SILVA, Gabriela Suamade	2002	Sao Roque	18:23.34	
	100m:	400m:		700m:	1000m:	18:23.34
	200m:	500m:		800m:		
	300m:	600m:		900m:		
Júnior						
1.	400	VARGEM, Mariana Malheiro	2001	Desportivo Nacional	18:13.01	
	100m:	400m:		700m:	1000m:	18:13.01
	200m:	500m:		800m:		
	300m:	600m:		900m:		
2.	401	LUIS, Jessica Santos	2000	Sao Roque	18:30.46	+ 17.45
	100m:	400m:		700m:	1000m:	18:30.46
	200m:	500m:		800m:		
	300m:	600m:		900m:		
Sénior						
1.	413	MELIM, Érica Leandra	1998	Populares	21:24.08	
	100m:	400m:		700m:	1000m:	21:24.08
	200m:	500m:		800m:		
	300m:	600m:		900m:		
Master A (1)						
1.	407	FERREIRA, Fatima Maria	1978	Clube Escola O Liceu	25:39.29	
	100m:	400m:		700m:	1000m:	25:39.29
	200m:	500m:		800m:		
	300m:	600m:		900m:		
2.	404	NEVES, Carla Manuela Ramos	1982	Populares	27:54.67	+ 2:15.38
	100m:	400m:		700m:	1000m:	27:54.67
	200m:	500m:		800m:		
	300m:	600m:		900m:		
3.	405	GOMES, Lucia Carina	1983	Juventude Atlantico Clube	31:59.76	+ 6:20.47
	100m:	400m:		700m:	1000m:	31:59.76
	200m:	500m:		800m:		
	300m:	600m:		900m:		
Master B (2)						
1.	408	FREITAS, Filipa Henriques	1977	Juventude Atlantico Clube	25:55.60	
	100m:	400m:		700m:	1000m:	25:55.60
	200m:	500m:		800m:		
	300m:	600m:		900m:		
2.	409	BARRACOSA, Sara Fernandes	1973	Juventude Atlantico Clube	28:01.72	+ 2:06.12
	100m:	400m:		700m:	1000m:	28:01.72
	200m:	500m:		800m:		
	300m:	600m:		900m:		
3.	412	PESTANA, Sandra Elena	1971	Populares	28:56.22	+ 3:00.62
	100m:	400m:		700m:	1000m:	28:56.22
	200m:	500m:		800m:		
	300m:	600m:		900m:		
4.	406	BERNARDO, Rita Maria	1973	Clube Escola O Liceu	29:59.67	+ 4:04.07
	100m:	400m:		700m:	1000m:	29:59.67
	200m:	500m:		800m:		
	300m:	600m:		900m:		

Águas Abertas - VI Cais de Santa Cruz
Santa Cruz, 25/6/2017

Prova 4, Femin., 1000m Livres, Master B (2)

Place	Dorsal	Name	YOB	Club/Nation	Tempo final	diferença
5.	411	NUNES, Delia Graca	1973	Juventude Atlantico Clube	31:13.17	+ 5:17.57
	100m:	400m:		700m:	1000m: 31:13.17	
	200m:	500m:		800m:		
	300m:	600m:		900m:		

Master C (3)

1.	414	CAMACHO, Cecilia Gonçalves	1961	Populares	28:19.83	
	100m:	400m:		700m:	1000m: 28:19.83	
	200m:	500m:		800m:		
	300m:	600m:		900m:		

Elite Absoluta

1.	400	VARGEM, Mariana Malheiro	2001	Desportivo Nacional	18:13.01	
	100m:	400m:		700m:	1000m: 18:13.01	
	200m:	500m:		800m:		
	300m:	600m:		900m:		
2.	403	SILVA, Gabriela Suamade	2002	Sao Roque	18:23.34	+ 10.33
	100m:	400m:		700m:	1000m: 18:23.34	
	200m:	500m:		800m:		
	300m:	600m:		900m:		
3.	401	LUIS, Jessica Santos	2000	Sao Roque	18:30.46	+ 17.45
	100m:	400m:		700m:	1000m: 18:30.46	
	200m:	500m:		800m:		
	300m:	600m:		900m:		
4.	413	MELIM, Érica Leandra	1998	Populares	21:24.08	+ 3:11.07
	100m:	400m:		700m:	1000m: 21:24.08	
	200m:	500m:		800m:		
	300m:	600m:		900m:		
5.	407	FERREIRA, Fatima Maria	1978	Clube Escola O Liceu	25:39.29	+ 7:26.28
	100m:	400m:		700m:	1000m: 25:39.29	
	200m:	500m:		800m:		
	300m:	600m:		900m:		
6.	408	FREITAS, Filipa Henriques	1977	Juventude Atlantico Clube	25:55.60	+ 7:42.59
	100m:	400m:		700m:	1000m: 25:55.60	
	200m:	500m:		800m:		
	300m:	600m:		900m:		
7.	404	NEVES, Carla Manuela Ramos	1982	Populares	27:54.67	+ 9:41.66
	100m:	400m:		700m:	1000m: 27:54.67	
	200m:	500m:		800m:		
	300m:	600m:		900m:		
8.	409	BARRACOSA, Sara Fernandes	1973	Juventude Atlantico Clube	28:01.72	+ 9:48.71
	100m:	400m:		700m:	1000m: 28:01.72	
	200m:	500m:		800m:		
	300m:	600m:		900m:		
9.	414	CAMACHO, Cecilia Gonçalves	1961	Populares	28:19.83	+ 10:06.82
	100m:	400m:		700m:	1000m: 28:19.83	
	200m:	500m:		800m:		
	300m:	600m:		900m:		
10.	412	PESTANA, Sandra Elena	1971	Populares	28:56.22	+ 10:43.21
	100m:	400m:		700m:	1000m: 28:56.22	
	200m:	500m:		800m:		
	300m:	600m:		900m:		
11.	406	BERNARDO, Rita Maria	1973	Clube Escola O Liceu	29:59.67	+ 11:46.66
	100m:	400m:		700m:	1000m: 29:59.67	
	200m:	500m:		800m:		
	300m:	600m:		900m:		

Águas Abertas - VI Cais de Santa Cruz
Santa Cruz, 25/6/2017

Prova 4, Femin., 1000m Livres, Elite Absoluta

Place	Dorsal	Name	YOB	Club/Nation	Tempo final	diferença
12.	411	NUNES, Delia Graca	1973	Juventude Atlantico Clube	31:13.17	+ 13:00.16
	100m:	400m:		700m:	1000m: 31:13.17	
	200m:	500m:		800m:		
	300m:	600m:		900m:		
13.	405	GOMES, Lucia Carina	1983	Juventude Atlantico Clube	31:59.76	+ 13:46.75
	100m:	400m:		700m:	1000m: 31:59.76	
	200m:	500m:		800m:		
	300m:	600m:		900m:		