

III Festival de Natação TORREGRI: Cadetes
Funchal, 8 - 9/7/2017

Prova 2
08/07/2017 - 9:45

Femin., 400m Livres

Cadete A
Resultados

Pontos: FINA 2016

Lugar			Ano					Tempo final	Pts
1.	DIAS, Julia Alves		06	Clube Desportivo Nacional				6:04.70	265
	50m:	42.59 42.59	150m:	2:16.31	47.34	250m:	3:47.90 45.53	350m:	5:19.97 45.69
	100m:	1:28.97 46.38	200m:	3:02.37	46.06	300m:	4:34.28 46.38	400m:	6:04.70 44.73
2.	SEQUEIRA, Beatriz Meneses		06	Clube Naval do Funchal				6:07.91	259
	50m:	40.98 40.98	150m:	2:14.08	47.41	250m:	3:48.69 47.46	350m:	5:23.28 47.18
	100m:	1:26.67 45.69	200m:	3:01.23	47.15	300m:	4:36.10 47.41	400m:	6:07.91 44.63
3.	FERRO, Maria Leonor		06	Clube Naval do Funchal				6:08.08	258
	50m:	41.31 41.31	150m:	2:14.51	47.01	250m:	3:49.92 47.79	350m:	5:24.58 46.81
	100m:	1:27.50 46.19	200m:	3:02.13	47.62	300m:	4:37.77 47.85	400m:	6:08.08 43.50
4.	SILVA, Silvana Suamade		06	Clube Desportivo Sao Roque				6:18.32	238
	50m:	41.20 41.20	150m:	2:17.23	48.88	250m:	3:54.73 49.26	350m:	5:32.16 48.25
	100m:	1:28.35 47.15	200m:	3:05.47	48.24	300m:	4:43.91 49.18	400m:	6:18.32 46.16
5.	DEUS, Ines Portugal		06	Clube Naval do Funchal				6:23.97	227
	50m:	45.50 45.50	150m:	2:21.44	49.00	250m:	4:00.88 50.08	350m:	5:38.88 49.97
	100m:	1:32.44 46.94	200m:	3:10.80	49.36	300m:	4:48.91 48.03	400m:	6:23.97 45.09
6.	COSTA, Maria Jardim		06	Clube Desportivo Nacional				6:28.31	220
	50m:	43.19 43.19	150m:	2:21.38	49.10	250m:	3:59.77 49.64	350m:	5:42.30 52.33
	100m:	1:32.28 49.09	200m:	3:10.13	48.75	300m:	4:49.97 50.20	400m:	6:28.31 46.01
7.	FREITAS, Beatriz Rodrigues		06	Clube Naval do Funchal				6:35.24	208
	50m:	43.86 43.86	150m:	2:24.36	50.97	250m:	4:07.06 51.36	350m:	5:48.64 50.39
	100m:	1:33.39 49.53	200m:	3:15.70	51.34	300m:	4:58.25 51.19	400m:	6:35.24 46.60
8.	ABREU, Ana Rodrigues		06	Clube Naval do Funchal				6:36.37	207
	50m:	43.29 43.29	150m:	2:22.12	50.32	250m:	4:03.31 50.32	350m:	5:47.44 52.11
	100m:	1:31.80 48.51	200m:	3:12.99	50.87	300m:	4:55.33 52.02	400m:	6:36.37 48.93
9.	CANADA, Maria Elvira		06	Individual Madeira				6:37.56	205
	50m:	45.94 45.94	150m:	2:28.54	51.41	250m:	4:10.49 50.82	350m:	5:51.52 50.44
	100m:	1:37.13 51.19	200m:	3:19.67	51.13	300m:	5:01.08 50.59	400m:	6:37.56 46.04
10.	PEREIRA, Joana Marques		06	Clube Desportivo Nacional				6:39.90	201
	50m:	44.08 44.08	150m:	2:24.84	50.43	250m:	4:07.59 51.18	350m:	5:52.35 52.49
	100m:	1:34.41 50.33	200m:	3:16.41	51.57	300m:	4:59.86 52.27	400m:	6:39.90 47.55
11.	JARDIM, Lara Filipa		06	Clube Naval do Funchal				6:44.55	194
	50m:	43.38 43.38	150m:	2:22.73	50.39	250m:	4:06.89 51.63	350m:	5:53.78 52.86
	100m:	1:32.34 48.96	200m:	3:15.26	52.53	300m:	5:00.92 54.03	400m:	6:44.55 50.77
12.	SOUSA, Maria Beatriz		06	Clube Naval do Funchal				7:01.82	171
	50m:	46.63 46.63	150m:	2:31.69	53.52	250m:	4:20.80 55.57	350m:	6:09.90 55.63
	100m:	1:38.17 51.54	200m:	3:25.23	53.54	300m:	5:14.27 53.47	400m:	7:01.82 51.92
13.	FREITAS, Margarida Ramos		06	Clube Desportivo Nacional				7:08.79	163
	50m:	45.02 45.02	150m:	2:34.34	56.19	250m:	4:26.06 57.37	350m:	6:15.25 53.39
	100m:	1:38.15 53.13	200m:	3:28.69	54.35	300m:	5:21.86 55.80	400m:	7:08.79 53.54
14.	CARICHAS, Joana Medeiros		06	Juventude Atlantico Clube				7:23.63	147
	50m:	48.77 48.77	150m:	2:40.89	56.79	250m:	4:34.56 56.44	350m:	6:28.16 56.46
	100m:	1:44.10 55.33	200m:	3:38.12	57.23	300m:	5:31.70 57.14	400m:	7:23.63 55.47
15.	FARIA, Laura Pereira		06	Juventude Atlantico Clube				8:17.02	105
	50m:	47.67 47.67	150m:	2:58.89	1:05.73	250m:	5:05.33 1:03.55	350m:	7:18.17 1:05.76
	100m:	1:53.16 1:05.49	200m:	4:01.78	1:02.89	300m:	6:12.41 1:07.08	400m:	8:17.02 58.85
16.	ARRAIOL, Sofia Brito		06	Juventude Atlantico Clube				8:41.45	90
	50m:	52.88 52.88	150m:	3:04.96	1:07.49	250m:	5:22.10 1:08.98	350m:	7:42.80 1:12.56
	100m:	1:57.47 1:04.59	200m:	4:13.12	1:08.16	300m:	6:30.24 1:08.14	400m:	8:41.45 58.65