

Torneio de Verão / Encerramento
Funchal, 26 - 28/7/2017

Prova 12 Masc., 400m Livres 12 anos e mais velhos
26/07/2017 - 20:43 Resultados

Recorde Regional - P25m - Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional - P25m - 13	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003
Recorde Regional - P25m - 14	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional - P25m - 15	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional - P25m - 16	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional - P25m - 17	4:01.61	CASTRO, João Cruz	CDSR	Funchal	10/12/2016
Recorde Regional - P25m - 18	4:00.11	FRANCO, Paulo Fragueiro	CDN	Mealhada	24/03/2000
Recorde Regional - P25m - 19 +	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009

Pontos: FINA 2016

Lugar	Ano	Tempo final	Pts
Cadete A			
1. SANTOS, Nuno Goncalo	05	Desportivo Sao Roque	5:47.97 226
50m: 38.41 38.41	150m: 2:06.13 44.79	250m: 3:34.37 43.74	350m: 5:03.45 45.35
100m: 1:21.34 42.93	200m: 2:50.63 44.50	300m: 4:18.10 43.73	400m: 5:47.97 44.52
2. BOULHOSA, Rodrigo Abreu	05	Naval do Funchal	5:54.68 214
50m: 38.71 38.71	150m: 2:09.00 45.36	250m: 3:40.89 46.22	350m: 5:11.81 45.57
100m: 1:23.64 44.93	200m: 2:54.67 45.67	300m: 4:26.24 45.35	400m: 5:54.68 42.87
3. RODRIGUES, Joao Afonso	05	Desportivo Sao Roque	6:11.35 186
50m: 39.18 39.18	150m: 2:13.74 47.97	250m: 3:47.13 45.39	350m: 5:24.67 48.79
100m: 1:25.77 46.59	200m: 3:01.74 48.00	300m: 4:35.88 48.75	400m: 6:11.35 46.68

Infantil B

1. CAMACHO, Afonso Caires	04	Naval do Funchal	4:46.97 404
50m: 30.42 30.42	150m: 1:42.05 36.75	250m: 2:56.38 37.21	350m: 4:11.19 37.42
100m: 1:05.30 34.88	200m: 2:19.17 37.12	300m: 3:33.77 37.39	400m: 4:46.97 35.78
2. NUNES, Afonso Miguel	04	Juventude Atlantico	5:38.21 247
50m: 37.78 37.78	150m: 2:04.54 44.42	250m: 3:32.90 44.40	350m: 4:58.76 42.54
100m: 1:20.12 42.34	200m: 2:48.50 43.96	300m: 4:16.22 43.32	400m: 5:38.21 39.45

Infantil A

1. OLIVEIRA, Jose Alexandre	03	Escola O Liceu	5:24.81 279
50m: 37.33 37.33	150m: 1:58.49 40.92	250m: 3:21.46 41.92	350m: 4:44.83 41.95
100m: 1:17.57 40.24	200m: 2:39.54 41.05	300m: 4:02.88 41.42	400m: 5:24.81 39.98

Juvenil B

1. BELO, Francisco Miguel	02	Desportivo Sao Roque	5:05.98 333
50m: 33.48 33.48	150m: 1:48.08 38.16	250m: 3:07.08 39.79	350m: 4:26.63 40.33
100m: 1:09.92 36.44	200m: 2:27.29 39.21	300m: 3:46.30 39.22	400m: 5:05.98 39.35

Juvenil A

1. GAMA, Ibrahim Jose	01	Juventude Atlantico	5:09.88 321
50m: 32.95 32.95	150m: 1:48.31 38.45	250m: 3:08.28 40.38	350m: 4:29.59 40.93
100m: 1:09.86 36.91	200m: 2:27.90 39.59	300m: 3:48.66 40.38	400m: 5:09.88 40.29
2. PRIOSTE, Pedro Danilo	01	Desportivo Sao Roque	5:13.85 309
50m: 31.91 31.91	150m: 1:45.91 38.25	250m: 3:06.67 40.88	350m: 4:31.68 43.19
100m: 1:07.66 35.75	200m: 2:25.79 39.88	300m: 3:48.49 41.82	400m: 5:13.85 42.17
3. SOUSA, Pedro Miguel	01	Futebol Andorinha	5:19.02 294
50m: 33.64 33.64	150m: 1:48.73 38.22	250m: 3:10.44 41.69	350m: 4:37.10 43.43
100m: 1:10.51 36.87	200m: 2:28.75 40.02	300m: 3:53.67 43.23	400m: 5:19.02 41.92
4. CASTRO, Tomas Pereira	01	Escola O Liceu	5:23.57 282
50m: 35.14 35.14	150m: 1:56.12 40.53	250m: 3:18.54 40.57	350m: 4:42.74 42.44
100m: 1:15.59 40.45	200m: 2:37.97 41.85	300m: 4:00.30 41.76	400m: 5:23.57 40.83

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Prova 12, Masc., 400m Livres

Juniores

1.	CASTRO, Joao Cruz	00	Desportivo Sao Roque	3:57.38	714		
	<i>Recorde Regional, Júnior - 1º Ano</i>						
	50m: 26.19 26.19	150m: 1:25.63	30.31	250m: 2:26.04	30.36	350m: 3:27.83	31.08
	100m: 55.32 29.13	200m: 1:55.68	30.05	300m: 2:56.75	30.71	400m: 3:57.38	29.55
2.	RODRIGUES, Pedro Silva	99	Naval do Funchal	4:29.97	485		
	50m: 29.03 29.03	150m: 1:34.83	33.45	250m: 2:43.74	34.85	350m: 3:54.41	35.33
	100m: 1:01.38 32.35	200m: 2:08.89	34.06	300m: 3:19.08	35.34	400m: 4:29.97	35.56
3.	FIDALGO, Tiago Jardim	00	Desportivo Nacional	4:43.20	420		
	50m: 30.36 30.36	150m: 1:40.64	35.99	250m: 2:54.00	36.77	350m: 4:07.16	36.80
	100m: 1:04.65 34.29	200m: 2:17.23	36.59	300m: 3:30.36	36.36	400m: 4:43.20	36.04