

Torneio de Abertura "Rogério Rodrigues"
Funchal, 21/10/2017

Prova 28 Masc., 400m Livres 13 anos e mais velhos
21/10/2017 - 18:54 Resultados

Recorde Regional - P25m - Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional - P25m - 13	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003
Recorde Regional - P25m - 14	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional - P25m - 15	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional - P25m - 16	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional - P25m - 17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional - P25m - 18	4:00.11	FRANCO, Paulo Fragueiro	CDN	Mealhada	24/03/2000
Recorde Regional - P25m - 19 +	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
Infantil B - 13 anos			
1. FERREIRA, Joao Miguel	05	Clube Desportivo Sao Roque	7:19.34 112
50m: 48.21 48.21	150m: 2:37.69 54.72	250m: 4:26.67 54.79	350m: 6:19.88 59.34
100m: 1:42.97 54.76	200m: 3:31.88 54.19	300m: 5:20.54 53.87	400m: 7:19.34 59.46

Infantil A - 14 anos

1. ALVES, Paulo Rodrigues	04	Clube Desportivo Nacional	5:11.77 315
50m: 34.40 34.40	150m: 1:53.43 39.92	250m: 3:13.90 40.71	350m: 4:33.47 39.98
100m: 1:13.51 39.11	200m: 2:33.19 39.76	300m: 3:53.49 39.59	400m: 5:11.77 38.30
2. NUNES, Afonso Miguel	04	Juventude Atlantico Clube	5:35.41 253
50m: 38.07 38.07	150m: 2:03.75 43.56	250m: 3:30.63 44.08	350m: 4:57.66 43.62
100m: 1:20.19 42.12	200m: 2:46.55 42.80	300m: 4:14.04 43.41	400m: 5:35.41 37.75

Juvenil B - 15 anos

1. FERNANDES, Rui Afonso	03	Clube Desportivo Nacional	4:36.71 451
50m: 31.04 31.04	150m: 1:40.92 34.97	250m: 2:51.53 35.14	350m: 4:02.32 35.33
100m: 1:05.95 34.91	200m: 2:16.39 35.47	300m: 3:26.99 35.46	400m: 4:36.71 34.39
2. MELIM, Bruno Pontes	03	Juventude Atlantico Clube	5:14.73 306
50m: 36.05 36.05	150m: 1:56.32 40.38	250m: 3:18.50 40.98	350m: 4:38.93 39.93
100m: 1:15.94 39.89	200m: 2:37.52 41.20	300m: 3:59.00 40.50	400m: 5:14.73 35.80
3. RODRIGUES, Renato Correia	03	Juventude Atlantico Clube	5:55.98 211
50m: 39.65 39.65	150m: 2:10.64 45.83	250m: 3:43.01 46.58	350m: 5:15.73 45.64
100m: 1:24.81 45.16	200m: 2:56.43 45.79	300m: 4:30.09 47.08	400m: 5:55.98 40.25

Juvenil A - 16 anos

1. RODRIGUES, Pedro Reis	02	Clube Desportivo Sao Roque	4:31.14 479
50m: 30.99 30.99	150m: 1:40.16 34.90	250m: 2:49.64 34.62	350m: 3:59.21 34.64
100m: 1:05.26 34.27	200m: 2:15.02 34.86	300m: 3:24.57 34.93	400m: 4:31.14 31.93
2. OLIVEIRA, Pedro Freitas	02	Clube Naval do Funchal	4:31.23 479
50m: 30.39 30.39	150m: 1:37.35 33.93	250m: 2:46.56 34.89	350m: 3:56.95 35.31
100m: 1:03.42 33.03	200m: 2:11.67 34.32	300m: 3:21.64 35.08	400m: 4:31.23 34.28
3. SILVA, Joao Jesus	02	Juventude Atlantico Clube	4:45.27 411
50m: 30.50 30.50	150m: 1:42.03 36.28	250m: 2:55.84 37.13	350m: 4:09.71 36.99
100m: 1:05.75 35.25	200m: 2:18.71 36.68	300m: 3:32.72 36.88	400m: 4:45.27 35.56
4. CASTRO, Martim Pereira	02	Clube Escola O Liceu	4:51.68 385
50m: 32.28 32.28	150m: 1:44.65 36.78	250m: 2:59.67 37.84	350m: 4:15.25 37.50
100m: 1:07.87 35.59	200m: 2:21.83 37.18	300m: 3:37.75 38.08	400m: 4:51.68 36.43
5. FREITAS, Joao Tomas	02	Juventude Atlantico Clube	4:59.23 356
50m: 32.99 32.99	150m: 1:48.46 38.76	250m: 3:05.72 38.51	350m: 4:23.22 38.93
100m: 1:09.70 36.71	200m: 2:27.21 38.75	300m: 3:44.29 38.57	400m: 4:59.23 36.01
6. CALDEIRA, Rodolfo Morais	02	Juventude Atlantico Clube	5:17.04 300
50m: 35.39 35.39	150m: 1:55.03 39.93	250m: 3:17.71 41.52	350m: 4:39.06 40.47
100m: 1:15.10 39.71	200m: 2:36.19 41.16	300m: 3:58.59 40.88	400m: 5:17.04 37.98

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Prova 28, Masc., 400m Livres

Juniores - 17, 18 anos

1.	GONCALVES, Pedro Martins	00	Clube Naval do Funchal	4:27.47	499			
	50m: 30.15	30.15	150m: 1:38.03	34.32	250m: 2:46.13	34.08	350m: 3:54.90	34.50
	100m: 1:03.71	33.56	200m: 2:12.05	34.02	300m: 3:20.40	34.27	400m: 4:27.47	32.57

Seniores - 19 e mais velhos

1.	CAMARA, Duarte Miguel	75	Clube Desportivo Nacional	5:54.68	214			
	50m: 37.73	37.73	150m: 2:02.53	44.10	250m: 3:34.67	46.31	350m: 5:08.89	47.34
	100m: 1:18.43	40.70	200m: 2:48.36	45.83	300m: 4:21.55	46.88	400m: 5:54.68	45.79