

Torneio Vicente Franco
Funchal, 3 - 4/11/2017

Prova 9 Masc., 400m Livres 13 anos e mais velhos
03/11/2017 - 20:38 Resultados

Recorde Regional - P25m - Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional - P25m - 13	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003
Recorde Regional - P25m - 14	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional - P25m - 15	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional - P25m - 16	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional - P25m - 17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional - P25m - 18	4:00.11	FRANCO, Paulo Fragueiro	CDN	Mealhada	24/03/2000
Recorde Regional - P25m - 19 +	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. OLIVEIRA, Diogo Alexandre	05	5:12.50	313
50m: 34.11 34.11 150m: 1:51.51 39.24 250m: 3:12.53 40.93 350m: 4:33.88 40.69			
100m: 1:12.27 38.16 200m: 2:31.60 40.09 300m: 3:53.19 40.66 400m: 5:12.50 38.62			
2. GOUVEIA, Luis Galvao	05	5:29.77	266
50m: 36.50 36.50 150m: 2:01.30 42.56 250m: 3:26.50 42.13 350m: 4:51.78 41.59			
100m: 1:18.74 42.24 200m: 2:44.37 43.07 300m: 4:10.19 43.69 400m: 5:29.77 37.99			
3. RODRIGUES, Francisco Miguel	05	6:13.44	183
50m: 43.47 43.47 150m: 2:19.81 48.80 250m: 3:56.65 47.24 350m: 5:31.55 47.39			
100m: 1:31.01 47.54 200m: 3:09.41 49.60 300m: 4:44.16 47.51 400m: 6:13.44 41.89			

Infantil A

1. CAMACHO, Afonso Caires	04	4:47.02	404
50m: 30.22 30.22 150m: 1:40.88 36.18 250m: 2:55.35 37.14 350m: 4:10.42 36.90			
100m: 1:04.70 34.48 200m: 2:18.21 37.33 300m: 3:33.52 38.17 400m: 4:47.02 36.60			
2. TELES, Artur Corte	04	4:57.93	361
50m: 27.99 27.99 150m: 1:48.59 37.62 250m: 3:04.86 38.30 350m: 4:22.00 38.74			
100m: 1:10.97 42.98 200m: 2:26.56 37.97 300m: 3:43.26 38.40 400m: 4:57.93 35.93			
3. FERNANDES, Diogo Henrique	04	5:17.19	299
50m: 32.88 32.88 150m: 1:51.65 40.44 250m: 3:14.46 41.26 350m: 4:37.48 41.76			
100m: 1:11.21 38.33 200m: 2:33.20 41.55 300m: 3:55.72 41.26 400m: 5:17.19 39.71			
4. AGUILAR, Luis Santos	04	5:29.78	266
50m: 35.61 35.61 150m: 2:00.47 43.00 250m: 3:25.77 42.22 350m: 4:50.86 42.30			
100m: 1:17.47 41.86 200m: 2:43.55 43.08 300m: 4:08.56 42.79 400m: 5:29.78 38.92			
5. LEAL, Diogo Silva	04	6:08.70	190
50m: 38.71 38.71 150m: 2:12.31 47.66 250m: 3:49.37 48.79 350m: 5:26.32 48.91			
100m: 1:24.65 45.94 200m: 3:00.58 48.27 300m: 4:37.41 48.04 400m: 6:08.70 42.38			
6. GONCALVES, Vitor Afonso	04	6:14.28	182
50m: 40.67 40.67 150m: 2:16.78 48.12 250m: 3:54.47 48.20 350m: 5:30.92 47.73			
100m: 1:28.66 47.99 200m: 3:06.27 49.49 300m: 4:43.19 48.72 400m: 6:14.28 43.36			
7. SILVA, Eduardo Rodrigues	04	6:19.34	175
50m: 44.33 44.33 150m: 2:21.93 49.19 250m: 3:59.78 48.46 350m: 5:35.99 48.06			
100m: 1:32.74 48.41 200m: 3:11.32 49.39 300m: 4:47.93 48.15 400m: 6:19.34 43.35			

Juvenil B

1. SOUSA, Pedro Afonso	03	4:34.07	464
50m: 30.63 30.63 150m: 1:38.60 34.24 250m: 2:48.33 34.94 350m: 3:58.87 35.50			
100m: 1:04.36 33.73 200m: 2:13.39 34.79 300m: 3:23.37 35.04 400m: 4:34.07 35.20			
2. LOPES, Pedro Henrique	03	4:50.63	389
50m: 32.29 32.29 150m: 1:44.47 36.60 250m: 2:59.34 37.88 350m: 4:15.50 37.80			
100m: 1:07.87 35.58 200m: 2:21.46 36.99 300m: 3:37.70 38.36 400m: 4:50.63 35.13			
3. OLIVEIRA, Jose Alexandre	03	5:29.41	267
50m: 36.57 36.57 150m: 1:59.85 42.37 250m: 3:24.87 42.09 350m: 4:49.59 42.36			
100m: 1:17.48 40.91 200m: 2:42.78 42.93 300m: 4:07.23 42.36 400m: 5:29.41 39.82			

Torneio Vicente Franco
Funchal, 3 - 4/11/2017

Prova 9, Masc., 400m Livres

Juvenil A

1.	DEUS, Andre Portugal	02	Naval do Funchal	4:25.42	511
	50m: 29.64 29.64	150m: 1:35.88	33.46 250m: 2:43.72	33.97	350m: 3:51.42 33.73
	100m: 1:02.42 32.78	200m: 2:09.75	33.87 300m: 3:17.69	33.97	400m: 4:25.42 34.00
2.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	4:32.55	472
	50m: 30.58 30.58	150m: 1:39.51	34.70 250m: 2:49.45	35.17	350m: 3:59.65 35.43
	100m: 1:04.81 34.23	200m: 2:14.28	34.77 300m: 3:24.22	34.77	400m: 4:32.55 32.90
3.	OLIVEIRA, Pedro Freitas	02	Naval do Funchal	4:32.82	470
	50m: 30.24 30.24	150m: 1:38.39	34.36 250m: 2:48.18	34.53	350m: 3:58.35 35.08
	100m: 1:04.03 33.79	200m: 2:13.65	35.26 300m: 3:23.27	35.09	400m: 4:32.82 34.47
4.	ALVES, Afonso Pinto	02	Naval do Funchal	4:37.99	445
	50m: 31.90 31.90	150m: 1:42.17	35.42 250m: 2:53.10	35.67	350m: 4:03.78 35.02
	100m: 1:06.75 34.85	200m: 2:17.43	35.26 300m: 3:28.76	35.66	400m: 4:37.99 34.21

Juniores

1.	SILVA, Tomas Antonio	01	Naval do Funchal	4:15.78	571
	50m: 29.21 29.21	150m: 1:33.75	32.61 250m: 2:39.06	32.98	350m: 3:43.69 31.98
	100m: 1:01.14 31.93	200m: 2:06.08	32.33 300m: 3:11.71	32.65	400m: 4:15.78 32.09
2.	JAU, Valter Henriques	01	Desportivo Nacional	4:59.31	356
	50m: 33.61 33.61	150m: 1:47.43	37.28 250m: 3:03.44	37.99	350m: 4:21.43 38.80
	100m: 1:10.15 36.54	200m: 2:25.45	38.02 300m: 3:42.63	39.19	400m: 4:59.31 37.88
3.	SILVA, Igor Alexandre	00	Desportivo Nacional	5:37.75	248
	50m: 35.94 35.94	150m: 1:59.79	43.24 250m: 3:27.69	43.90	350m: 4:56.53 44.36
	100m: 1:16.55 40.61	200m: 2:43.79	44.00 300m: 4:12.17	44.48	400m: 5:37.75 41.22
4.	NUNES, Goncalo Almada	01	Juventude Atlantico	6:01.62	202
	50m: 39.58 39.58	150m: 2:12.07	47.56 250m: 3:44.92	46.43	350m: 5:19.05 46.63
	100m: 1:24.51 44.93	200m: 2:58.49	46.42 300m: 4:32.42	47.50	400m: 6:01.62 42.57

Seniores

1.	SILVA, Martim Moniz	99	Naval do Funchal	4:16.78	564
	50m: 28.66 28.66	150m: 1:32.37	32.22 250m: 2:36.92	32.45	350m: 3:43.71 33.58
	100m: 1:00.15 31.49	200m: 2:04.47	32.10 300m: 3:10.13	33.21	400m: 4:16.78 33.07
2.	CAMARA, Duarte Miguel	75	Desportivo Nacional	5:48.63	225
	50m: 36.30 36.30	150m: 2:01.32	43.20 250m: 3:31.59	45.65	350m: 5:04.42 46.57
	100m: 1:18.12 41.82	200m: 2:45.94	44.62 300m: 4:17.85	46.26	400m: 5:48.63 44.21