

Torneio de Natal  
Funchal, 16/12/2017

Prova 17 Masc., 400m Livres 13 anos e mais velhos  
16/12/2017 - 12:05 Resultados

Recorde Regional - P25m - Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional - P25m - 13	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003
Recorde Regional - P25m - 14	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional - P25m - 15	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional - P25m - 16	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional - P25m - 17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional - P25m - 18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional - P25m - 19 +	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
<b>Infantil B, 13 anos</b>			
1. OLIVEIRA, Diogo Alexandre	05	Clube Naval do Funchal	<b>5:08.95</b> 324
50m: 34.54 34.54	150m: 1:52.20 39.40	250m: 3:11.40 39.82	350m: 4:31.59 40.42
100m: 1:12.80 38.26	200m: 2:31.58 39.38	300m: 3:51.17 39.77	400m: 5:08.95 37.36
2. SANTOS, Nuno Goncalo	05	CD Sao Roque	<b>5:31.85</b> 261
50m: 35.71 35.71	150m: 1:57.39 41.31	250m: 3:23.21 43.19	350m: 4:51.58 44.58
100m: 1:16.08 40.37	200m: 2:40.02 42.63	300m: 4:07.00 43.79	400m: 5:31.85 40.27
3. FREITAS, Diogo Jesus	05	Clube Desportivo Nacional	<b>5:46.38</b> 230
50m: 35.65 35.65	150m: 2:00.95 44.37	250m: 3:32.69 45.60	350m: 5:02.91 45.78
100m: 1:16.58 40.93	200m: 2:47.09 46.14	300m: 4:17.13 44.44	400m: 5:46.38 43.47
4. SANTOS, Bernardo Fernandes	05	Juventude Atlantico Clube	<b>7:21.67</b> 110
50m: 48.40 48.40	150m: 2:41.45 58.23	250m: 4:34.30 56.29	350m: 6:28.45 56.70
100m: 1:43.22 54.82	200m: 3:38.01 56.56	300m: 5:31.75 57.45	400m: 7:21.67 53.22
5. ALVES, Luis Fernandez	05	Juventude Atlantico Clube	<b>7:26.61</b> 107
50m: 46.36 46.36	150m: 2:38.91 55.30	250m: 4:33.20 57.35	350m: 6:31.39 59.63
100m: 1:43.61 57.25	200m: 3:35.85 56.94	300m: 5:31.76 58.56	400m: 7:26.61 55.22
<b>Infantil A, 14 anos</b>			
1. TELES, Artur Corte	04	CD Sao Roque	<b>4:53.44</b> 378
50m: 33.51 33.51	150m: 1:47.73 37.44	250m: 3:03.05 37.52	350m: 4:18.53 37.64
100m: 1:10.29 36.78	200m: 2:25.53 37.80	300m: 3:40.89 37.84	400m: 4:53.44 34.91
2. FERNANDES, Diogo Henrique	04	Clube Naval do Funchal	<b>4:55.42</b> 370
50m: 33.60 33.60	150m: 1:48.00 37.30	250m: 3:03.36 37.42	350m: 4:19.16 37.70
100m: 1:10.70 37.10	200m: 2:25.94 37.94	300m: 3:41.46 38.10	400m: 4:55.42 36.26
3. NUNES, Afonso Miguel	04	Juventude Atlantico Clube	<b>5:23.52</b> 282
50m: 35.46 35.46	150m: 1:58.42 42.54	250m: 3:23.01 41.92	350m: 4:46.13 41.13
100m: 1:15.88 40.42	200m: 2:41.09 42.67	300m: 4:05.00 41.99	400m: 5:23.52 37.39
<b>Juvenil B, 15 anos</b>			
1. VIEIRA, Rodrigo Carvalho	03	Ludens de Machico	<b>6:12.37</b> 185
50m: 38.83 38.83	150m: 2:11.61 47.21	250m: 3:48.89 49.01	350m: 5:26.39 47.65
100m: 1:24.40 45.57	200m: 2:59.88 48.27	300m: 4:38.74 49.85	400m: 6:12.37 45.98
2. FARIA, Martim Diogo	03	Juventude Atlantico Clube	<b>6:40.09</b> 149
50m: 42.12 42.12	150m: 2:23.37 51.84	250m: 4:08.44 53.31	350m: 5:55.05 53.49
100m: 1:31.53 49.41	200m: 3:15.13 51.76	300m: 5:01.56 53.12	400m: 6:40.09 45.04
<b>Juvenil A, 16 anos</b>			
1. GONCALVES, Joao Paulo	02	Juventude Atlantico Clube	<b>5:24.94</b> 278
50m: 34.58 34.58	150m: 1:53.42 40.21	250m: 3:17.17 42.82	350m: 4:42.86 43.52
100m: 1:13.21 38.63	200m: 2:34.35 40.93	300m: 3:59.34 42.17	400m: 5:24.94 42.08
2. RAMALHO, Joao Caires	02	Clube Desportivo Nacional	<b>5:25.61</b> 276
50m: 34.56 34.56	150m: 1:53.23 40.09	250m: 3:16.86 42.45	350m: 4:44.07 43.19
100m: 1:13.14 38.58	200m: 2:34.41 41.18	300m: 4:00.88 44.02	400m: 5:25.61 41.54

Torneio de Natal  
Funchal, 16/12/2017

---

Prova 17, Masc., 400m Livres

Juniores, 17 e 18 anos

1.	JAU, Valter Henriques	01	Clube Desportivo Nacional	<b>5:01.07</b>	350
	50m: 34.31 34.31	150m: 1:50.03	38.06 250m: 3:07.17 38.05	350m: 4:23.74	38.29
	100m: 1:11.97 37.66	200m: 2:29.12	39.09 300m: 3:45.45 38.28	400m: 5:01.07	37.33
2.	PRIOSTE, Pedro Danilo	01	CD Sao Roque	<b>5:07.29</b>	329
	50m: 33.93 33.93	150m: 1:50.75	38.79 250m: 3:09.23 39.16	350m: 4:28.82	40.00
	100m: 1:11.96 38.03	200m: 2:30.07	39.32 300m: 3:48.82 39.59	400m: 5:07.29	38.47