

1 - Jornada Única - 1.ª Sessão | FEMININOS

31/10/2020 - 9:00

Prova 1 31/10/2020	Femin., 800m Livres				Absolutos Lista inscritos
Recorde Regional Absoluto	9:12.66	ANDRADE, Rubina Amaro	CDN	Alges	17/03/1995
Recorde Regional Sen	9:21.09	ANDRADE, Rubina Amaro	CDN	Estoril	07/03/1997
Recorde Regional Jun17	9:13.81	ANDRADE, Rubina Amaro	CDN	Funchal	13/07/1996
Recorde Regional Jun16	9:12.66	ANDRADE, Rubina Amaro	CDN	Alges	17/03/1995
Recorde Regional Juv A	9:14.78	ANDRADE, Rubina Amaro	CDN	Braga	04/03/1994
Recorde Regional Juv B	9:15.96	ANDRADE, Rubina Amaro	CDN	Alges	16/02/1993
Recorde Regional Inf A	9:40.30	ANDRADE, Rubina Amaro	CDN	Funchal	15/02/1992
Recorde Regional Inf B	10:13.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/06/1991
TAC Zonais Juv B: 10:27.05; Juv A: 10:09.47; Jun16: 9:53.10; Jun17: 9:40.74; 18: 9:37.85; 19 +: 9:20.44					

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
EXH 1	HOLUB, Tamila Hryhorivna	99	116887	Selecao de Portugal	8:25.00 25m	04/12/2019	8:25.00
EXH 2	MARTINS, Francisca Soares	03	126504	Selecao de Portugal	8:59.17 25m	22/11/2019	8:59.17
3	SOUSA, Joana Francisca	04	130520	CD Sao Roque	9:33.80 25m	16/10/2020	9:33.80
EXH 4	ARAUJO, Maria Clara	05	133482	Naval do Funchal	9:58.28 25m	07/03/2020	9:58.28
EXH 5	FREITAS, Margarida Ramos	06	131345	CD Nacional	10:25.94 25m	08/03/2020	10:25.94
EXH 6	BELO, Bruna Raquel	05	128332	CD Nacional	10:37.93 25m	23/11/2019	10:37.93
7	FRANCA, Ines Matos	07	204303	Juventude Atlantico Clube	11:15.00		11:15.00
EXH 8	ALVES, Juliana Rodrigues	08	202188	CD Nacional	12:01.03 25m	08/03/2020	12:01.03
EXH 9	PEREIRA, Maria Clara	08	202228	Juventude Atlantico Clube	13:30.00		13:30.00

Prova 2
31/10/2020

Femin., 200m Mariposa

Absolutos
Lista inscritos

Recorde Regional Absoluto	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Sen	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Jun17	2:25.69	ROSA, Beatriz Jong	CDWT	Torres Novas	21/01/2017
Recorde Regional Jun16	2:25.16	ROSA, Beatriz Jong	CDN	Porto	11/12/2015
Recorde Regional Juv A	2:25.61	ROSA, Beatriz Jong	CDN	Funchal	12/07/2015
Recorde Regional Juv B	2:29.28	CERDAS, Sara Rodrigues	CNF	Braga	22/03/2003
Recorde Regional Inf A	2:32.56	CERDAS, Sara Rodrigues	CNF	Rio Maior	06/07/2002
Recorde Regional Inf B	2:45.26	VICTOR, Joana Isabel	CDN	Funchal	12/07/2003

TAC Zonais Juv B: 2:49.48; Juv A: 2:42.48; Jun16: 2:37.62; Jun17: 2:32.18; 18: 2:31.42; 19 +: 2:25.60

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
EXH 1	DIAS, Julia Alves	06	133479	CD Nacional	2:40.72 25m	07/12/2019	2:40.72
EXH 2	SOUSA, Ivana Valentina	06	206590	CD Nacional	2:49.29 25m	07/03/2020	2:49.29
	3 SILVA, Silvana Suamade	06	131322	CD Sao Roque	2:49.34 25m	12/10/2019	2:49.34
EXH 4	CAMARA, Ines Cruz	07	131346	CD Nacional	2:51.46 25m	22/11/2019	2:51.46
EXH 5	TEMBE, Ines Afonso	06	207504	CD Nacional	2:54.94 25m	26/09/2020	2:54.94
	6 PEREIRA, Joana Marques	06	131193	Juventude Atlantico Clube	2:57.08		2:57.08
EXH 7	FARIA, Laura Pereira	06	202151	Juventude Atlantico Clube	3:04.75 25m	07/03/2020	3:04.75
EXH 8	BAPTISTA, Ines Sande	08	201589	CD Nacional	3:13.69 25m	07/03/2020	3:13.69
EXH 9	GONCALVES, Vera Andrade	09	204429	Juventude Atlantico Clube	3:15.00		3:15.00
EXH 10	SOUSA, Leonor Rocha	09	204305	Juventude Atlantico Clube	3:20.00		3:20.00
EXH 11	SOARES, Leonor Silva	08	200533	CD Nacional	3:35.00		3:35.00

Prova 3
31/10/2020

Femin., 200m Bruços

Absolutos
Lista inscritos

Recorde Regional Absoluto	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Sen	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Jun17	2:40.38	MARQUES, Mariana Sousa	CNF	Funchal	16/07/2005
Recorde Regional Jun16	2:38.79	ABREU, Laura Catarina	CDN	Funchal	08/07/2016
Recorde Regional Juv A	2:41.54	ABREU, Laura Catarina	CDN	Funchal	11/07/2015
Recorde Regional Juv B	2:43.10	ABREU, Laura Catarina	CDN	Tomar	14/12/2013
Recorde Regional Inf A	2:47.89	ABREU, Laura Catarina	CDN	Funchal	06/04/2003
Recorde Regional Inf B	2:56.77	RODRIGUES, Laura Sofia	JACL	Funchal	08/06/2019

TAC Zonais Juv B: 3:02.55; Juv A: 2:59.14; Jun16: 2:54.45; Jun17: 2:49.43; 18: 2:48.59; 19 +: 2:42.69

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
EXH 1	FERNANDES, Ana Catarina	03	128612	Naval do Funchal	2:48.00 25m	30/11/2019	2:48.00
EXH 2	FERREIRA, Maria Leonor	04	130410	CD Nacional	2:48.05 25m	30/11/2019	2:48.05
	3 RODRIGUES, Laura Sofia	07	148425	Juventude Atlantico Clube	2:52.35 25m	06/03/2020	2:52.35
EXH 4	MATEUS, Clarisse Vieira	07	202432	CD Nacional	3:12.89 25m	21/12/2019	3:12.89
EXH 5	GOMES, Madalena Sousa	05	200542	Naval do Funchal	3:18.48 25m	06/03/2020	3:18.48
EXH 6	ROCHA, Vitoria Maria	08	201047	Juventude Atlantico Clube	3:36.12 25m	22/11/2019	3:36.12
	7 LUIS, Jessica Santos	00	111887	CD Sao Roque	3:37.56 25m		3:37.56
EXH 8	MELIM, Sara Beatriz	09	206793	CD Nacional	3:40.00		3:40.00
EXH 9	FREITAS, Francisca Leonor	09	208853	Naval do Funchal	3:50.00		3:50.00
EXH 10	SA, Vanessa Fernandes	09	209814	Naval do Funchal	3:50.00		3:50.00
EXH 11	SILVA, Maria Korina	09	206766	CD Nacional	4:00.00		4:00.00
EXH 12	NOBREGA, Sara Francisca	08	209056	CD Sao Roque	4:15.00		4:15.00
EXH 13	MELIM, Ana Luisa	08	208114	Juventude Atlantico Clube	4:55.66 25m	21/12/2019	4:55.66

Prova 4
31/10/2020

Femin., 100m Livres

Absolutos
Lista inscritos

Recorde Regional Absoluto	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun17	59.96	AGUILAR, Vera Ines	CDN	Funchal	09/12/2016
Recorde Regional Jun16	59.93	ABREU, Laura Catarina	CDN	Funchal	19/12/2015
Recorde Regional Juv A	59.90	ABREU, Laura Catarina	CDN	Funchal	10/07/2015
Recorde Regional Juv B	1:01.04	AGUILAR, Vera Ines	CDN	Funchal	12/04/2014
Recorde Regional Inf A	1:02.04	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	1:05.20	LOPES, Joana Cristina	CNF	Funchal	10/05/1992

TAC Zonais Juv B: 1:06.98; Juv A: 1:05.10; Jun16: 1:02.41; Jun17: 1:00.73; 18: 1:00.43; 19 +: 59.19

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
EXH 1	REBELO, Camila Rodrigues	03	122274	Selecao de Portugal	58.39 25m	02/02/2020	58.39
EXH 2	REBELO, Maria Carlota	03	119714	Selecao de Portugal	1:01.00		1:01.00
EXH 3	GOMES, Susana Clara	77	119272	Naval do Funchal	1:01.27 25m	30/11/2019	1:01.27
EXH 4	OLIM, Carlota Freitas	93	10949	Naval do Funchal	1:01.84 25m	18/10/2020	1:01.84
EXH 5	COSTA, Maria Jardim	06	205248	CD Nacional	1:02.23 25m	21/12/2019	1:02.23
	6 OLIVEIRA, Sara Fernandes	04	202386	Juventude Atlantico Clube	1:03.60 25m	18/10/2020	1:03.60
EXH 7	NASCIMENTO, Sofia Alexandre	05	133484	Naval do Funchal	1:04.12 25m	07/03/2020	1:04.12
EXH 8	LECA, Natasha Maria	03	207831	CD Nacional	1:05.09 25m	26/09/2020	1:05.09
EXH 9	DEUS, Ines Portugal	06	203091	Naval do Funchal	1:06.05 25m	07/03/2020	1:06.05
	10 JESUS, Filipa Mafalda	03	148582	CD Sao Roque	1:06.48 25m		1:06.48
EXH 11	FREITAS, Beatriz Rodrigues	06	200543	Naval do Funchal	1:07.13 25m	07/12/2019	1:07.13
EXH 12	JARDIM, Teresa Vieira	05	201596	Naval do Funchal	1:08.60 25m	22/11/2019	1:08.60
EXH 13	FERRO, Maria Leonor	06	132696	Naval do Funchal	1:08.70 25m	18/10/2020	1:08.70
EXH 14	BAPTISTA, Constanca Ornelas	06	206799	Naval do Funchal	1:10.56 25m	18/10/2020	1:10.56
EXH 15	FIGUEIRA, Madalena Leonor	07	206519	Naval do Funchal	1:12.28 25m	18/10/2020	1:12.28
EXH 16	SILVA, Gabriela Suamade	02	131327	CD Sao Roque	1:13.16 25m		1:13.16
EXH 17	SOARES, Ines Silva	04	131827	CD Nacional	1:15.11 25m	21/12/2019	1:15.11
EXH 18	FREITAS, Maria Raquel	07	207116	Naval do Funchal	1:15.55 25m	26/09/2020	1:15.55
EXH 19	TEMTEM, Sara Maria	07	200815	CD Nacional	1:17.33 25m	26/09/2020	1:17.33
EXH 20	GOMES, Sofia Vega	08	206798	Naval do Funchal	1:20.25 25m	26/09/2020	1:20.25
EXH 21	NOBREGA, Maria Trindade	05	203465	CD Nacional	1:20.72 25m	07/03/2020	1:20.72
EXH 22	SILVA, Maria Fabiana	05	206765	CD Nacional	1:21.21 25m	06/03/2020	1:21.21
EXH 23	MARGARIDO, Paula Aguiar	09	204386	Juventude Atlantico Clube	1:27.06 25m	01/08/2020	1:27.06
EXH 24	ANDRADE, Maria Beatriz	05	202422	CD Nacional	1:27.93 25m	22/11/2019	1:27.93
EXH 25	BATISTA, Rita Teixeira	04	208919	CD Nacional	1:28.37 25m	18/10/2020	1:28.37
EXH 26	DINIS, Maria Antonia	05	206792	CD Nacional	1:32.35 25m	22/11/2019	1:32.35
EXH 27	RODRIGUES, Ines Costa	07	200697	CD Nacional	1:33.75 25m	07/03/2020	1:33.75
EXH 28	JARDIM, Carlota Rodrigues	08	201588	CD Nacional	1:35.00		1:35.00
EXH 29	ALVES, Margarida Jesus	08	200530	CD Nacional	1:35.71 25m	22/11/2019	1:35.71
EXH 30	ALVES, Francisca Pereira	09	208898	Juventude Atlantico Clube	1:40.03		1:40.03
EXH 31	PASSOS, Carolina Goncalves	09	208914	Naval do Funchal	1:42.09 25m	17/10/2020	1:42.09
EXH 32	ROMAO, Laura Beatriz	09	208849	Naval do Funchal	1:42.67 25m	17/10/2020	1:42.67
EXH 33	MARQUES, Bruna Francisca	08	212993	CD Sao Roque	1:50.00		1:50.00
EXH 34	ROCHA, Maria Abreu	09	211344	Naval do Funchal	1:50.30 25m	25/01/2020	1:50.30
EXH 35	SILVA, Mara Goncalves	09	209051	Juventude Atlantico Clube	1:52.60 25m	01/08/2020	1:52.60
EXH 36	MENDES, Lidia Pinto	09	209050	Juventude Atlantico Clube	1:56.59 25m	01/08/2020	1:56.59

Prova 5
31/10/2020

Femin., 200m Costas

Absolutos
Lista inscritos

Recorde Regional Absoluto	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Sen	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Jun17	2:23.46	QUINTAL, Fabiana Maria	CDN	Funchal	03/02/2001
Recorde Regional Jun16	2:24.93	FERREIRA, Maria Leonor	CDN	Funchal	07/03/2020
Recorde Regional Juv A	2:24.92	ROSA, Beatriz Jong	CDN	Funchal	10/07/2015
Recorde Regional Juv B	2:26.17	COSTA, Maria Jardim	CDN	Funchal	07/03/2020
Recorde Regional Inf A	2:33.29	COSTA, Maria Jardim	CDN	Funchal	08/06/2019
Recorde Regional Inf B	2:40.09	REIS, Constantina Isabel	CDN	Funchal	12/07/1996

TAC Zonais Juv B: 2:43.15; Juv A: 2:38.58; Jun16: 2:32.42; Jun17: 2:28.04; 18: 2:27.30; 19 +: 2:24.33

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
EXH 1	REBELO, Camila Rodrigues	03	122274	Selecao de Portugal	2:11.13 25m	20/12/2019	2:11.13
EXH 2	GONCALVES, Maria Margarida	04	130411	Naval do Funchal	2:32.39 25m	30/11/2019	2:32.39
EXH 3	CAMACHO, Laura Fernandes	04	147183	Naval do Funchal	2:32.46 25m	25/07/2020	2:32.46
EXH 4	JARDIM, Lara Filipa	06	200830	Naval do Funchal	2:38.66 25m	08/12/2019	2:38.66
5	CARICHAS, Joana Medeiros	06	200965	Juventude Atlantico Clube	2:40.02 25m	07/03/2020	2:40.02
6	LUIS, Jessica Santos	00	111887	CD Sao Roque	2:40.97 25m	26/10/2019	2:40.97
EXH 7	JARDIM, Teresa Vieira	05	201596	Naval do Funchal	2:43.77 25m	07/03/2020	2:43.77
EXH 8	NETO, Leonor Rodrigues	07	201962	Naval do Funchal	2:48.29 25m	26/09/2020	2:48.29
EXH 9	ANDRADE, Matilde Sousa	08	205152	Naval do Funchal	2:54.68 25m	17/10/2020	2:54.68
EXH 10	MATEUS, Eleine Vieira	09	206350	CD Nacional	3:15.00		3:15.00
EXH 11	TEMTEM, Madalena Barbosa	09	203454	CD Nacional	3:20.00		3:20.00
EXH 12	RODRIGUES, Beatriz Vieira	07	204441	Juventude Atlantico Clube	3:55.00		3:55.00

Prova 6
31/10/2020

Femin., 200m Estilos

Absolutos
Lista inscritos

Recorde Regional Absoluto	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Sen	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Jun17	2:25.85	ROSA, Beatriz Jong	CDW/T	Funchal	06/05/2017
Recorde Regional Jun16	2:26.86	ROSA, Beatriz Jong	CDN	Funchal	13/05/2016
Recorde Regional Juv A	2:28.06	ROSA, Beatriz Jong	CDN	Funchal	09/05/2015
Recorde Regional Juv B	2:30.06	COSTA, Maria Jardim	CDN	Funchal	08/03/2020
Recorde Regional Inf A	2:31.77	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	2:38.90	LOPES, Joana Cristina	CNF	Funchal	01/01/1992

TAC Zonais Juv B: 2:43.70; Juv A: 2:39.11; Jun16: 2:32.60; Jun17: 2:28.85; 18: 2:28.11; 19 +: 2:24.57

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
EXH 1	REBELO, Maria Carlota	03	119714	Selecao de Portugal	2:19.41 25m	30/11/2019	2:19.41
EXH 2	MARTINS, Francisca Soares	03	126504	Selecao de Portugal	2:21.47 25m	14/12/2019	2:21.47
EXH 3	SEQUEIRA, Beatriz Meneses	06	132695	Naval do Funchal	2:40.90 25m	07/03/2020	2:40.90
4	SILVA, Silvana Suamade	06	131322	CD Sao Roque	2:43.92 25m		2:43.92
5	FRANCA, Ines Matos	07	204303	Juventude Atlantico Clube	2:50.00		2:50.00
EXH 6	GOUVEIA, Susana Isabel	04	207109	Juventude Atlantico Clube	3:00.32 25m	21/12/2019	3:00.32
EXH 7	ALVES, Juliana Rodrigues	08	202188	CD Nacional	3:00.60 25m	08/03/2020	3:00.60
EXH 8	SOUSA, Leonor Rocha	09	204305	Juventude Atlantico Clube	3:30.00		3:30.00
EXH 9	BATISTA, Rita Teixeira	04	208919	CD Nacional	3:40.00		3:40.00
EXH 10	FREITAS, Francisca Leonor	09	208853	Naval do Funchal	3:45.00		3:45.00
EXH 11	SA, Vanessa Fernandes	09	209814	Naval do Funchal	3:45.00		3:45.00
EXH 12	BLANDY, Mischa Blue	04	207653	Juventude Atlantico Clube	4:00.00		4:00.00
EXH 13	DINIS, Maria Antonia	05	206792	CD Nacional	4:15.13 25m	12/10/2019	4:15.13

Prova 7
31/10/2020

Femin., 100m Mariposa

Absolutos
Lista inscritos

Recorde Regional Absoluto	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	1:03.70	ROSA, Beatriz Jong	CDN	Porto	09/12/2017
Recorde Regional Jun17	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun16	1:04.75	ROSA, Beatriz Jong	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:05.15	ROSA, Beatriz Jong	CDN	Funchal	11/07/2015
Recorde Regional Juv B	1:07.65	ROSA, Beatriz Jong	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:09.65	ROSA, Beatriz Jong	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:11.10	LOPES, Joana Cristina	CNF	Funchal	18/07/1992

TAC Zonais Juv B: 1:12.70; Juv A: 1:11.34; Jun16: 1:09.49; Jun17: 1:07.35; 18: 1:07.01; 19 +: 1:05.28

Convers o tempo inscriç o: Convers o com pontos FINA

Rank	Nome	Ano	Licenç�a	Clube	Tp Incr	Data	Tp Conv
1	SOUSA, Joana Francisca	04	130520	CD Sao Roque	1:09.06 25m	26/09/2020	1:09.06
2	OLIVEIRA, Sara Fernandes	04	202386	Juventude Atlantico Clube	1:11.01 25m	17/10/2020	1:11.01
EXH 3	GOMES, Susana Clara	77	119272	Naval do Funchal	1:05.90 25m	18/01/2020	1:05.90
EXH 4	OLIM, Carlota Freitas	93	10949	Naval do Funchal	1:06.91		1:06.91
EXH 5	ROSA, Beatriz Jong	00	124180	CD Nacional	1:06.92 25m	30/11/2019	1:06.92
EXH 6	TEMBE, Ines Afonso	06	207504	CD Nacional	1:17.04 25m	26/09/2020	1:17.04
EXH 7	BAPTISTA, Constanca Ornelas	06	206799	Naval do Funchal	1:20.49 25m	17/10/2020	1:20.49
EXH 8	ALVES, Francisca Pereira	09	208898	Juventude Atlantico Clube	2:15.00		2:15.00

Prova 8
31/10/2020

Femin., 100m Bruços

Absolutos
Lista inscritos

Recorde Regional Absoluto	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Sen	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Jun17	1:14.11	ABREU, Laura Catarina	CDWT	Funchal	09/12/2016
Recorde Regional Jun16	1:14.28	ABREU, Laura Catarina	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:13.75	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	1:13.68	ABREU, Laura Catarina	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:17.24	ABREU, Laura Catarina	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:21.89	RODRIGUES, Laura Sofia	JACL	Funchal	12/07/2019

TAC Zonais Juv B: 1:24.57; Juv A: 1:22.99; Jun16: 1:20.47; Jun17: 1:18.00; 18: 1:17.61; 19 +: 1:15.41

Conversão tempo inscrição: Conversão com pontos FINA

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
	1 RODRIGUES, Laura Sofia	07	148425	Juventude Atlantico Clube	1:19.27 25m	26/09/2020	1:19.27
	2 SILVA, Silvana Suamade	06	131322	CD Sao Roque	1:30.50 25m	17/10/2020	1:30.50
EXH	3 FERNANDES, Ana Catarina	03	128612	Naval do Funchal	1:18.02 25m	20/12/2019	1:18.02
EXH	4 GONCALVES, Valentina Jose	07	153498	CD Nacional	1:23.97 25m	21/12/2019	1:23.97
EXH	5 FIGUEIRA, Madalena Leonor	07	206519	Naval do Funchal	1:26.29 25m	17/10/2020	1:26.29
EXH	6 GOMES, Madalena Sousa	05	200542	Naval do Funchal	1:32.98 25m	18/07/2020	1:32.98
EXH	7 FREITAS, Maria Raquel	07	207116	Naval do Funchal	1:34.32 25m	07/03/2020	1:34.32
EXH	8 PEREIRA, Julia Freitas	08	206800	Naval do Funchal	1:35.11 25m	18/10/2020	1:35.11
EXH	9 SILVA, Maria Fabiana	05	206765	CD Nacional	1:40.58 25m	08/03/2020	1:40.58
EXH	10 SOARES, Ines Silva	04	131827	CD Nacional	1:43.47		1:43.47
EXH	11 ROCHA, Vitoria Maria	08	201047	Juventude Atlantico Clube	1:45.93 25m	23/11/2019	1:45.93
EXH	12 SOARES, Leonor Silva	08	200533	CD Nacional	1:47.15 25m	08/03/2020	1:47.15
EXH	13 ANDRADE, Maria Beatriz	05	202422	CD Nacional	1:48.13 25m	23/11/2019	1:48.13
EXH	14 NOBREGA, Maria Trindade	05	203465	CD Nacional	1:50.15 25m	17/10/2020	1:50.15
EXH	15 RODRIGUES, Ines Costa	07	200697	CD Nacional	1:50.95 25m	15/11/2019	1:50.95
EXH	16 JARDIM, Carlota Rodrigues	08	201588	CD Nacional	1:55.00		1:55.00
EXH	17 SILVA, Mara Goncalves	09	209051	Juventude Atlantico Clube	2:05.09		2:05.09
EXH	18 GONCALVES, Vera Andrade	09	204429	Juventude Atlantico Clube	2:25.48		2:25.48

Prova 9
31/10/2020

Femin., 50m Livres

Absolutos
Lista inscritos

Recorde Regional Absoluto	26.39	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	26.39	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun17	27.71	OLIM, Carlota Freitas	CNF	Funchal	21/11/2009
Recorde Regional Jun16	27.57	AGUILAR, Vera Ines	CDN	Porto	12/12/2015
Recorde Regional Juv A	27.55	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	28.33	AGUILAR, Vera Ines	CDN	Funchal	12/04/2014
Recorde Regional Inf A	28.43	AGUILAR, Vera Ines	CDN	Funchal	23/07/2013
Recorde Regional Inf B	29.30	NUNES, Jeanette Vilarejo	CNF	Funchal	23/05/1992

TAC Zonais Jun16: 28.50; Jun17: 28.30; 18: 28.16; 19+: 27.68

Convers o tempo inscriç o: Convers o com pontos FINA

Rank	Nome	Ano	Licenç�a	Clube	Tp Incr	Data	Tp Conv
	1 OLIVEIRA, Sara Fernandes	04	202386	Juventude Atlantico Clube	29.27 25m	26/10/2019	29.27
	2 JESUS, Filipa Mafalda	03	148582	CD Sao Roque	30.41 25m		30.41
EXH	3 MARTINS, Francisca Soares	03	126504	Selecao de Portugal	26.30 25m	21/12/2019	26.30
EXH	4 GOMES, Susana Clara	77	119272	Naval do Funchal	27.92 25m	19/01/2020	27.92
EXH	5 OLIM, Carlota Freitas	93	10949	Naval do Funchal	28.51 25m	17/10/2020	28.51
EXH	6 ROSA, Beatriz Jong	00	124180	CD Nacional	29.66 50m	23/02/2020	28.73
EXH	7 NASCIMENTO, Sofia Alexandre	05	133484	Naval do Funchal	29.36 25m	25/01/2020	29.36
EXH	8 LECA, Natasha Maria	03	207831	CD Nacional	30.62 25m	08/03/2020	30.62
EXH	9 SILVA, Gabriela Suamade	02	131327	CD Sao Roque	33.43 25m	17/10/2020	33.43
EXH	10 SILVA, Maria Fabiana	05	206765	CD Nacional	34.51 25m	26/10/2019	34.51
EXH	11 SOARES, Ines Silva	04	131827	CD Nacional	34.71 25m	08/03/2020	34.71
EXH	12 NOBREGA, Maria Trindade	05	203465	CD Nacional	35.19 25m	17/10/2020	35.19
EXH	13 ANDRADE, Maria Beatriz	05	202422	CD Nacional	39.88 25m	26/10/2019	39.88
EXH	14 BATISTA, Rita Teixeira	04	208919	CD Nacional	39.93 25m	17/10/2020	39.93
EXH	15 DINIS, Maria Antonia	05	206792	CD Nacional	41.18 50m	29/02/2020	39.95
EXH	16 NOBREGA, Sara Francisca	08	209056	CD Sao Roque	42.97 25m	18/07/2020	42.97
EXH	17 ALVES, Margarida Jesus	08	200530	CD Nacional	43.60 25m	26/10/2019	43.60
EXH	18 RODRIGUES, Ines Costa	07	200697	CD Nacional	44.17 25m	07/03/2020	44.17
EXH	19 MARQUES, Bruna Francisca	08	212993	CD Sao Roque	45.00		45.00
EXH	20 FARIA, Laura Pereira	06	202151	Juventude Atlantico Clube	47.44		47.44
EXH	21 RODRIGUES, Beatriz Vieira	07	204441	Juventude Atlantico Clube	1:02.41		1:02.41

Prova 10
31/10/2020

Femin., 100m Costas

Absolutos
Lista inscritos

Recorde Regional Absoluto	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Sen	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Jun17	1:06.59	ROSA, Beatriz Jong	CDWT	Funchal	11/12/2016
Recorde Regional Jun16	1:05.65	ROSA, Beatriz Jong	CDN	Funchal	05/03/2016
Recorde Regional Juv A	1:07.64	ROSA, Beatriz Jong	CDN	Funchal	09/05/2015
Recorde Regional Juv A	1:07.64	AGUILAR, Vera Ines	CDN	Funchal	11/07/2015
Recorde Regional Juv B	1:08.35	AGUILAR, Vera Ines	CDN	Funchal	10/04/2014
Recorde Regional Inf A	1:10.41	COSTA, Maria Jardim	CDN	Funchal	08/06/2019
Recorde Regional Inf B	1:13.20	LOPES, Joana Cristina	CNF	Funchal	15/02/1992

TAC Zonais Juv B: 1:15.93; Juv A: 1:13.80; Jun16: 1:10.08; Jun17: 1:08.45; 18: 1:08.11; 19 +: 1:06.45

Conversã tempo inscriçã: Conversã com pontos FINA

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
1	LUIS, Jessica Santos	00	111887	CD Sao Roque	1:13.18 25m	06/03/2020	1:13.18
2	RODRIGUES, Laura Sofia	07	148425	Juventude Atlantico Clube	1:13.82 25m	26/09/2020	1:13.82
EXH 3	FERREIRA, Maria Leonor	04	130410	CD Nacional	1:08.11 25m	08/03/2020	1:08.11
EXH 4	GONCALVES, Maria Margarida	04	130411	Naval do Funchal	1:10.67 25m	30/11/2019	1:10.67
EXH 5	DIAS, Julia Alves	06	133479	CD Nacional	1:11.80 25m	26/09/2020	1:11.80
EXH 6	JARDIM, Lara Filipa	06	200830	Naval do Funchal	1:12.22 25m	18/10/2020	1:12.22
EXH 7	CAMACHO, Laura Fernandes	04	147183	Naval do Funchal	1:13.96 25m	26/09/2020	1:13.96
EXH 8	JARDIM, Teresa Vieira	05	201596	Naval do Funchal	1:14.26 25m	23/11/2019	1:14.26
EXH 9	NETO, Leonor Rodrigues	07	201962	Naval do Funchal	1:14.74 25m	18/10/2020	1:14.74
EXH 10	MATEUS, Clárisse Vieira	07	202432	CD Nacional	1:24.94 25m	12/10/2019	1:24.94
EXH 11	SOUSA, Ivana Valentina	06	206590	CD Nacional	1:25.36 25m	23/11/2019	1:25.36
EXH 12	TEMTEM, Sara Maria	07	200815	CD Nacional	1:26.11 25m	08/03/2020	1:26.11
EXH 13	PEREIRA, Maria Clara	08	202228	Juventude Atlantico Clube	1:36.38		1:36.38
EXH 14	BLANDY, Mischa Blue	04	207653	Juventude Atlantico Clube	1:49.80 25m	12/10/2019	1:49.80
EXH 15	PASSOS, Carolina Goncalves	09	208914	Naval do Funchal	1:52.33 25m	17/10/2020	1:52.33
EXH 16	MENDES, Lidia Pinto	09	209050	Juventude Atlantico Clube	1:56.95 25m	17/10/2020	1:56.95
EXH 17	ROMAO, Laura Beatriz	09	208849	Naval do Funchal	2:03.65 25m	06/12/2019	2:03.65
EXH 18	ROCHA, Maria Abreu	09	211344	Naval do Funchal	2:20.00		2:20.00

Prova 11
31/10/2020

Femin., 400m Livres

Absolutos
Lista inscritos

Recorde Regional Absoluto	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Sen	4:35.08	MELIM, Claudia Ramos	CDN	Funchal	06/07/2002
Recorde Regional Jun17	4:32.13	ANDRADE, Rubina Amaro	CDN	Felgueiras	13/07/1996
Recorde Regional Jun16	4:31.80	ANDRADE, Rubina Amaro	CDN	Funchal	14/07/1995
Recorde Regional Juv A	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Juv B	4:35.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/05/1993
Recorde Regional Inf A	4:37.30	ANDRADE, Rubina Amaro	CDN	Funchal	17/07/1992
Recorde Regional Inf B	4:56.70	ANDRADE, Rubina Amaro	CDN	Funchal	04/05/1991

TAC Zonais Juv B: 5:05.93; Juv A: 4:57.35; Jun16: 4:45.52; Jun17: 4:38.56; 18: 4:37.18; 19 +: 4:29.70

Conversao tempo inscricao: Conversao com pontos FINA

Rank	Nome	Ano	Licenca	Clube	Tp Incr	Data	Tp Conv
1	SOUSA, Joana Francisca	04	130520	CD Sao Roque	4:44.91 25m	18/10/2020	4:44.91
2	CARICHAS, Joana Medeiros	06	200965	Juventude Atlantico Clube	5:21.58 25m	07/03/2020	5:21.58
EXH 3	REBELO, Camila Rodrigues	03	122274	Selecao de Portugal	4:21.79 25m	01/02/2020	4:21.79
EXH 4	REBELO, Maria Carlota	03	119714	Selecao de Portugal	4:42.90 25m	20/10/2019	4:42.90
EXH 5	ARAUJO, Maria Clara	05	133482	Naval do Funchal	4:44.77 25m	07/03/2020	4:44.77
EXH 6	COSTA, Maria Jardim	06	205248	CD Nacional	4:49.52 25m	30/11/2019	4:49.52
EXH 7	MARGARIDO, Ines Tomas	96	107422	Naval do Funchal	4:51.37 25m		4:51.37
EXH 8	FREITAS, Margarida Ramos	06	131345	CD Nacional	4:58.56 25m	07/03/2020	4:58.56
EXH 9	FREITAS, Beatriz Rodrigues	06	200543	Naval do Funchal	5:01.96 25m	07/03/2020	5:01.96
EXH 10	FERRO, Maria Leonor	06	132696	Naval do Funchal	5:02.70 25m	18/10/2020	5:02.70
EXH 11	DEUS, Ines Portugal	06	203091	Naval do Funchal	5:04.26 25m	08/12/2019	5:04.26
EXH 12	SEQUEIRA, Beatriz Meneses	06	132695	Naval do Funchal	5:08.06 25m	07/03/2020	5:08.06
EXH 13	CAMARA, Ines Cruz	07	131346	CD Nacional	5:11.31 25m	07/03/2020	5:11.31
EXH 14	GONCALVES, Valentina Jose	07	153498	CD Nacional	5:15.21 25m	26/09/2020	5:15.21
EXH 15	ANDRADE, Matilde Sousa	08	205152	Naval do Funchal	5:27.04 25m	07/03/2020	5:27.04
EXH 16	PEREIRA, Julia Freitas	08	206800	Naval do Funchal	5:45.97 25m	07/03/2020	5:45.97
EXH 17	FARIA, Laura Pereira	06	202151	Juventude Atlantico Clube	5:51.32 25m	12/10/2019	5:51.32
EXH 18	GOUVEIA, Susana Isabel	04	207109	Juventude Atlantico Clube	5:56.11 25m	12/10/2019	5:56.11
EXH 19	BAPTISTA, Ines Sande	08	201589	CD Nacional	6:10.34 25m	23/11/2019	6:10.34
EXH 20	GOMES, Sofia Vega	08	206798	Naval do Funchal	6:23.93 25m		6:23.93
EXH 21	MATEUS, Eleine Vieira	09	206350	CD Nacional	6:36.92		6:36.92
EXH 22	MELIM, Sara Beatriz	09	206793	CD Nacional	6:39.29		6:39.29
EXH 23	TEMTEM, Madalena Barbosa	09	203454	CD Nacional	7:00.61		7:00.61
EXH 24	MARGARIDO, Paula Aguiar	09	204386	Juventude Atlantico Clube	7:10.27		7:10.27
EXH 25	SILVA, Maria Korina	09	206766	CD Nacional	7:46.90		7:46.90
EXH 26	MELIM, Ana Luisa	08	208114	Juventude Atlantico Clube	8:14.07		8:14.07

2 - Jornada Única - 2.ª Sessão | MASCULINOS

31/10/2020 - 15:30

Prova 12 31/10/2020	Masc., 800m Livres				Absolutos Lista inscritos
Recorde Regional Absoluto	7:59.51	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	7:59.51	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	8:16.27	GOUVEIA, Pedro Galvao	CDN	Funchal	09/12/2016
Recorde Regional Jun17	8:26.03	GOUVEIA, Pedro Galvao	CDN	Funchal	05/03/2016
Recorde Regional Juv A	8:47.54	ALMEIDA, Carlos Alexandre	CDN	Funchal	11/12/2004
Recorde Regional Juv B	8:46.95	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004
Recorde Regional Inf A	8:59.16	FREITAS, Tomas Miguel	CDN	Funchal	22/05/2004
Recorde Regional Inf B	9:18.20	FREITAS, Tomas Miguel	CDN	Funchal	31/05/2003

TAC Zonais Jun17: 9:02.19; Jun18: 8:28.76; 19: 8:26.23; 20 +: 8:15.21

Conversão tempo inscrição: Conversão com pontos FINA

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
1	CASTRO, Martim Pereira	02	124907	Escola O Liceu	9:24.20		9:24.20
2	TELES, Artur Corte	04	127508	Juventude Atlantico Clube	9:33.83	26/10/2019	9:33.83
EXH 3	LOPES, Jose Paulo	00	117924	Selecao de Portugal	7:42.14	20/12/2019	7:42.14
EXH 4	VELOSO, Tomas Miguel	96	10868	Selecao de Portugal	8:37.53	22/02/2020	8:27.75
EXH 5	LOPES, Tomas Teixeira	02	122006	Selecao de Portugal	8:29.93	22/11/2019	8:29.93
EXH 6	RODRIGUES, Pedro Reis	02	123672	CD Sao Roque	8:32.53	30/11/2019	8:32.53
EXH 7	DIAS, Andre Vicente	05	132697	CD Nacional	9:15.94	08/03/2020	9:15.94
EXH 8	BELO, Francisco Miguel	02	122430	CD Nacional	10:14.49	16/11/2019	10:14.49
EXH 9	FERNANDEZ, Joao Guilherme	04	204311	Juventude Atlantico Clube	11:23.63		11:23.63
EXH 10	GOMES, Alexandre Monteiro	04	204308	Juventude Atlantico Clube	11:31.74		11:31.74
EXH 11	FERNANDES, Afonso Berimbau	07	204768	Juventude Atlantico Clube	12:00.00		12:00.00
EXH 12	COSTA, Guilherme Corte	07	132693	CD Nacional	12:01.80		12:01.80
EXH 13	SOUSA, Simao Henrique	07	200529	CD Nacional	12:40.04	25m 08/03/2020	12:40.04
EXH 14	ALVES, Diogo Basilio	07	201709	Juventude Atlantico Clube	12:43.21		12:43.21
EXH 15	NUNES, Duarte Costa	07	206934	Juventude Atlantico Clube	14:00.00		14:00.00
EXH 16	VIEIRA, Luis Henrique	07	132694	CD Nacional	14:03.42		14:03.42
EXH 17	FERNANDES, Afonso Freitas	06	148418	Juventude Atlantico Clube	15:22.81		15:22.81
EXH 18	TEMES, Joao Caires	06	206548	Juventude Atlantico Clube	16:28.49		16:28.49

Prova 13
31/10/2020

Masc., 200m Mariposa

Absolutos
Lista inscritos

Recorde Regional Absoluto	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	2:01.97	GOUVEIA, Pedro Galvao	CDN	Funchal	11/12/2016
Recorde Regional Jun17	2:03.86	GOUVEIA, Pedro Galvao	CDN	Funchal	17/06/2016
Recorde Regional Juv A	2:08.54	MIGUEL, Goncalves Ferreira	CDN	Funchal	12/07/2009
Recorde Regional Juv B	2:09.52	GOUVEIA, Luis Galvao	CDN	Funchal	08/08/2020
Recorde Regional Inf A	2:12.42	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2004
Recorde Regional Inf B	2:21.67	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonais Juv B: 2:29.02; Juv A: 2:26.36; Jun17: 2:20.53; Jun18: 2:12.71; 19: 2:12.05; 20 +: 2:08.47

Conversão tempo inscrição: Conversão com pontos FINA

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
1	FERNANDES, Joao Vitor	00	117339	Escola O Liceu	2:25.18		2:25.18
2	MELIM, Bruno Pontes	03	201593	Juventude Atlantico Clube	2:31.22 25m	26/10/2019	2:31.22
EXH 3	GOUVEIA, Luis Galvao	05	127884	CD Nacional	2:12.54 25m	07/03/2020	2:12.54
EXH 4	RODRIGUES, Rodrigo Reis	04	124155	CD Sao Roque	2:17.70 25m	30/11/2019	2:17.70
EXH 5	GRACA, Fernando Guerreiro	02	121665	Naval do Funchal	2:18.26 25m	07/03/2020	2:18.26
EXH 6	SILVA, Eduardo Rodrigues	04	148416	Juventude Atlantico Clube	2:30.99 25m	07/03/2020	2:30.99
EXH 7	PITA, Pedro Miguel	06	201963	Naval do Funchal	2:35.59 25m	22/11/2019	2:35.59
EXH 8	PEREIRA, Lucas Santos	07	207434	Naval do Funchal	2:56.00		2:56.00
EXH 9	ALMEIDA, Joao Francisco	07	209787	Naval do Funchal	2:56.77 25m	07/03/2020	2:56.77
EXH 10	OLIVEIRA, Afonso Miguel	07	148420	Juventude Atlantico Clube	3:08.20 25m	25/07/2020	3:08.20

Prova 14
31/10/2020

Masc., 200m Bruços

Absolutos
Lista inscritos

Recorde Regional Absoluto	2:17.57	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Sen	2:19.23	FIGUEIRA, Andre Temtem	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:17.57	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Jun17	2:22.69	SILVA, Tomas Antonio	CNF	Funchal	10/06/2018
Recorde Regional Juv A	2:23.49	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	2:23.33	ALVES, Paulo Rodrigues	CDN	Funchal	13/07/2019
Recorde Regional Inf A	2:29.20	ALVES, Paulo Rodrigues	CDN	Funchal	01/08/2018
Recorde Regional Inf B	2:37.57	FREITAS, Tomas Miguel	CDN	Funchal	13/07/2003

TAC Zonais Juv B: 2:44.27; Juv A: 2:41.26; Jun17: 2:38.44; Jun18: 2:30.02; 19: 2:29.27; 20 +: 2:24.42

Conversão tempo inscrição: Conversão com pontos FINA

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
1	JORGE, Andre Camara	90	11222	Escola O Liceu	2:31.24		2:31.24
2	NUNES, Goncalo Almada	01	119328	Juventude Atlantico Clube	2:50.00		2:50.00
EXH 3	LOPES, Gabriel Jose	97	24488	Selecao de Portugal	2:09.52 25m	21/12/2019	2:09.52
EXH 4	ALVES, Paulo Rodrigues	04	124154	CD Nacional	2:24.48 25m	08/12/2019	2:24.48
EXH 5	SANTOS, Diego Felipe	87	106614	CD Nacional	2:26.64 25m	22/11/2019	2:26.64
EXH 6	FERNANDES, Martim Pestana	04	130526	Naval do Funchal	2:26.99 25m	06/03/2020	2:26.99
EXH 7	MATOS, Rodrigo Vieira	03	131195	Naval do Funchal	2:28.55 25m	06/03/2020	2:28.55
EXH 8	LOPES, Pedro Henrique	03	129896	CD Sao Roque	2:33.81 25m		2:33.81
EXH 9	VIEIRA, Emanuel Eloi	03	130582	CD Sao Roque	2:43.26 25m	18/10/2020	2:43.26
EXH 10	FERREIRA, Luis Duarte	89	25800	Escola O Liceu	2:47.22		2:47.22
EXH 11	ALVES, Afonso Pires	05	148357	Juventude Atlantico Clube	2:49.76 25m	06/03/2020	2:49.76
EXH 12	PAULOS, Joao Afonso	06	150813	Naval do Funchal	2:50.02 25m	25/07/2020	2:50.02
EXH 13	ALVES, Andre Camara	05	202423	CD Nacional	2:53.12 25m	22/11/2019	2:53.12
EXH 14	MACHADO, Bernardo Magalhaes	06	129920	CD Nacional	2:56.17 25m	22/11/2019	2:56.17
EXH 15	ALVES, Tiago Pires	05	148362	Juventude Atlantico Clube	2:57.81 25m	06/03/2020	2:57.81
EXH 16	ARAUJO, Joao Caldeira	07	203459	Naval do Funchal	3:11.81 25m	06/03/2020	3:11.81
EXH 17	SMIRNOV, Dmytro	07	207538	CD Sao Roque	3:17.47 25m	26/09/2020	3:17.47
EXH 18	NUNES, Henrique Dias	07	204294	CD Nacional	3:29.34 25m	06/03/2020	3:29.34
EXH 19	ANTUNES, Frederico Luis	08	210551	Juventude Atlantico Clube	3:40.00		3:40.00
EXH 20	RODRIGUES, Guilherme Gomes	08	208353	CD Sao Roque	3:40.00		3:40.00
EXH 21	JARDIM, Rodrigo Vieira	08	206841	Naval do Funchal	3:50.00		3:50.00
EXH 22	NOBREGA, Matias Sargo	08	211339	Naval do Funchal	3:55.00		3:55.00
EXH 23	SANTOS, Gabriel Martins	08	204456	CD Nacional	4:00.00		4:00.00
EXH 24	MARTINS, Tomas Rodrigo	07	207108	CD Nacional	4:00.01 25m	06/03/2020	4:00.01

Prova 15
31/10/2020

Masc., 100m Livres

Absolutos
Lista inscritos

Recorde Regional Absoluto	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	51.05	CASTRO, Joao Cruz	CDSR	Porto	08/12/2017
Recorde Regional Jun17	51.79	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2017
Recorde Regional Juv A	52.66	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	52.96	CASTRO, Joao Cruz	CDSR	Funchal	12/07/2015
Recorde Regional Inf A	54.93	CASTRO, Joao Cruz	CSM	Funchal	12/04/2014
Recorde Regional Inf B	58.44	CASTRO, Joao Cruz	CSM	Funchal	23/07/2013

TAC Zonais Juv B: 1:00.07; Juv A: 58.97; Jun17: 55.68; Jun18: 53.48; 19: 53.21; 20 +: 52.28

Conversão tempo inscrição: Conversão com pontos FINA

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
	1 MARQUES, Miguel Freitas	96	24979	Escola O Liceu	55.20		55.20
	2 RODRIGUES, Renato Correia	03	204444	Juventude Atlantico Clube	57.14 25m	07/03/2020	57.14
EXH	3 VELOSO, Tomas Miguel	96	10868	Selecao de Portugal	50.18 25m	20/12/2019	50.18
EXH	4 LOPES, Tomas Teixeira	02	122006	Selecao de Portugal	50.72 25m	20/12/2019	50.72
EXH	5 DIAS, Guilherme Pereira	97	110443	CD Sao Roque	52.99 25m	18/10/2020	52.99
EXH	6 FERNANDES, Diogo Henrique	04	133152	Naval do Funchal	55.06 25m	07/03/2020	55.06
EXH	7 OLIVEIRA, Diogo Alexandre	05	130414	Naval do Funchal	55.49 25m	18/07/2020	55.49
EXH	8 QUINTAL, Nuno Alexandre	99	104134	CD Nacional	55.91 25m	26/09/2020	55.91
EXH	9 SOUSA, Tiago Ferreira	91	106684	CD Nacional	56.84 25m	07/03/2020	56.84
EXH	10 GRACA, Fernando Guerreiro	02	121665	Naval do Funchal	57.38 25m	26/09/2020	57.38
EXH	11 BAPTISTA, Tiago Ornelas	03	128470	Naval do Funchal	57.40 25m	26/09/2020	57.40
EXH	12 RODRIGUES, Joao Luis	05	130527	Naval do Funchal	57.57 25m	18/10/2020	57.57
EXH	13 BARRY, Rafael Francisco	04	128316	Naval do Funchal	58.31 25m	18/07/2020	58.31
EXH	14 VOLOZHENIN, Alexandre	05	204548	Naval do Funchal	58.51 25m	18/10/2020	58.51
EXH	15 FERNANDES, Martim Pestana	04	130526	Naval do Funchal	58.73 25m	07/03/2020	58.73
EXH	16 MACHADO, Tiago Magalhaes	04	128396	CD Nacional	59.81 25m	08/03/2020	59.81
EXH	17 SILVA, Joao Luis	06	148423	Escola O Liceu	1:00.09 25m	17/10/2020	1:00.09
EXH	18 FERRAZ, Luis Afonso	06	133164	Naval do Funchal	1:00.79 25m	18/10/2020	1:00.79
EXH	19 SOUSA, Lourenco Quintas	05	133162	Naval do Funchal	1:00.85 25m	18/10/2020	1:00.85
EXH	20 GARANITO, Simao Silva	06	204645	Naval do Funchal	1:01.06 25m	26/09/2020	1:01.06
EXH	21 AGUIAR, Pedro Ferreira	03	204658	Naval do Funchal	1:01.07 25m		1:01.07
EXH	22 ABREU, Nuno Afonso	03	129036	Naval do Funchal	1:01.26 25m	26/09/2020	1:01.26
EXH	23 SETIM, Joao Oliveira	06	205151	Naval do Funchal	1:01.90 25m	26/09/2020	1:01.90
EXH	24 CAMACHO, Joao Simao	03	204748	CD Nacional	1:03.07 25m	26/09/2020	1:03.07
EXH	25 ABREU, Joao Francisco	06	133478	Naval do Funchal	1:03.83 25m	18/10/2020	1:03.83
EXH	26 AGUILAR, Luis Santos	04	124011	CD Nacional	1:05.04 25m	24/11/2019	1:05.04
EXH	27 LUIS, Francisco Sousa	03	207984	CD Nacional	1:05.94 25m	22/11/2019	1:05.94
EXH	28 ALVES, Luis Fernandez	05	201594	CD Nacional	1:08.16 25m	07/03/2020	1:08.16
EXH	29 KOVAL, Igor	03	206767	CD Nacional	1:10.03 25m	26/09/2020	1:10.03
EXH	30 NACHYCHKO, Maximo	06	209685	Naval do Funchal	1:10.49 25m	18/10/2020	1:10.49
EXH	31 CASTRO, Mateus Pereira	06	206597	Escola O Liceu	1:10.57 25m	18/10/2020	1:10.57
EXH	32 URDANETA, Lisandro Alberto	04	210215	CD Nacional	1:12.05 25m	21/12/2019	1:12.05
EXH	33 MENDES, Juan Diego	05	206768	CD Nacional	1:13.86 25m	07/03/2020	1:13.86
EXH	34 CORREIA, Rodrigo Ramos	05	207073	CD Nacional	1:16.79 25m	26/10/2019	1:16.79
EXH	35 NUNES, Andre Maltez	05	133043	CD Nacional	1:18.07 25m	22/11/2019	1:18.07
EXH	36 CARVALHO, Joaquim Eduardo	07	202564	Naval do Funchal	1:18.38 25m	07/03/2020	1:18.38
EXH	37 PENSO, Miguel Reigada	07	209691	Escola O Liceu	1:18.55 25m		1:18.55
EXH	38 BARBOSA, Joao Camacho	07	133375	CD Nacional	1:19.18 25m	07/03/2020	1:19.18
EXH	39 BARRADAS, Rafael Alves	08	206599	Escola O Liceu	1:20.75 25m		1:20.75
EXH	40 DINIS, Fernando Jose	02	123338	CD Sao Roque	1:21.52 25m		1:21.52
EXH	41 JESUS, David Martins	07	213011	CD Sao Roque	1:24.13 25m	17/10/2020	1:24.13
EXH	42 GONCALVES, Gabriel Fiqueli	07	204446	CD Sao Roque	1:25.05 25m	26/09/2020	1:25.05
EXH	43 CORREIA, Joao Luis	08	210761	Juventude Atlantico Clube	1:32.47 25m	01/08/2020	1:32.47
EXH	44 FERNANDES, Joao Vieira	07	208494	Juventude Atlantico Clube	1:32.85 25m	07/03/2020	1:32.85
EXH	45 RODRIGUES, Joao Matias	07	212942	Juventude Atlantico Clube	1:32.99 25m		1:32.99
EXH	46 FERNANDES, Antonio Maria	08	207293	Naval do Funchal	1:34.21 25m	25/01/2020	1:34.21
EXH	47 CRO, Nuno Afonso	06	212027	CD Sao Roque	1:37.44 25m	26/09/2020	1:37.44
EXH	48 FIGUEIRA, Martim Joao	08	212832	CD Nacional	1:45.05 25m	18/10/2020	1:45.05
EXH	49 QUADRADO, Luis Miguel	08	208899	Juventude Atlantico Clube	2:07.30 25m	17/10/2020	2:07.30

Prova 16
31/10/2020

Masc., 200m Costas

Absolutos
Lista inscritos

Recorde Regional Absoluto	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:06.22	MELIM, Oscar Ramos	CDN	Funchal	10/07/2004
Recorde Regional Jun17	2:03.83	FERNANDES, Rui Afonso	CDN	Funchal	25/07/2020
Recorde Regional Juv A	2:06.54	FERNANDES, Rui Afonso	CDN	Tomar	15/12/2018
Recorde Regional Juv B	2:08.37	FERNANDES, Rui Afonso	CDN	Funchal	01/08/2018
Recorde Regional Inf A	2:17.56	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2004
Recorde Regional Inf B	2:23.91	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonais Juv B: 2:27.99; Juv A: 2:25.28; Jun17: 2:17.66; Jun18: 2:12.67; 19: 2:12.01; 20 +: 2:08.34

Conversão tempo inscrição: Conversão com pontos FINA

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
1	TELES, Artur Corte	04	127508	Juventude Atlantico Clube	2:23.09 25m	17/10/2020	2:23.09
2	CAMARA, Joao Vieira	97	101035	Escola O Liceu	2:30.12		2:30.12
EXH 3	FERNANDES, Rui Afonso	03	125395	CD Nacional	2:05.84 25m	20/12/2019	2:05.84
EXH 4	GOMES, Goncalo Camara	03	124453	Naval do Funchal	2:11.61 25m	15/12/2019	2:11.61
EXH 5	ALVES, Pedro Miguel	06	130854	CD Nacional	2:38.39 25m	07/03/2020	2:38.39
EXH 6	GONCALVES, Martim Luis	06	129180	CD Nacional	2:38.54 25m	26/09/2020	2:38.54
EXH 7	NEVES, Tiago Brazao	07	204426	Naval do Funchal	2:45.58 25m	25/01/2020	2:45.58
EXH 8	SILVA, Eduardo Rodrigues	04	148416	Juventude Atlantico Clube	2:49.56		2:49.56
EXH 9	NUNES, Henrique Dias	07	204294	CD Nacional	3:04.79 25m	07/03/2020	3:04.79
EXH 10	ALVES, Diogo Basilio	07	201709	Juventude Atlantico Clube	3:08.99 25m	21/12/2019	3:08.99
EXH 11	MEDEIROS, Joao Francisco	08	208495	Juventude Atlantico Clube	3:25.00		3:25.00
EXH 12	VIEIRA, Luis Henrique	07	132694	CD Nacional	3:27.71 25m	24/11/2019	3:27.71
EXH 13	JARDIM, Lourenco Almeida	08	207112	CD Nacional	3:30.00		3:30.00
EXH 14	JESUS, Vasco Franca	08	207497	Naval do Funchal	3:30.00		3:30.00
EXH 15	MIRANDA, Francisco Guilherme	08	206796	Naval do Funchal	3:30.00		3:30.00
EXH 16	GOMES, Alexandre Monteiro	04	204308	Juventude Atlantico Clube	3:32.92		3:32.92
EXH 17	CASTRO, Marco Antonio	08	203451	Naval do Funchal	3:40.00		3:40.00

Prova 17
31/10/2020

Masc., 200m Estilos

Absolutos
Lista inscritos

Recorde Regional Absoluto	2:05.46	SILVA, Tomas Antonio	CNF	Leiria	14/12/2019
Recorde Regional Sen	2:05.46	SILVA, Tomas Antonio	CNF	Leiria	14/12/2019
Recorde Regional Jun18	2:05.78	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Jun17	2:09.60	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	2:10.60	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	2:11.24	ALVES, Paulo Rodrigues	CDN	Funchal	17/05/2019
Recorde Regional Inf A	2:13.38	FREITAS, Tomas Miguel	CDN	Funchal	17/07/2004
Recorde Regional Inf B	2:20.56	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonais Juv B: 2:30.83; Juv A: 2:28.26; Jun17: 2:17.04; Jun18: 2:12.79; 19: 2:12.13; 20 +: 2:08.98

Conversão tempo inscrição: Conversão com pontos FINA

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
1	MARQUES, Miguel Freitas	96	24979	Escola O Liceu	2:15.50		2:15.50
2	PEREIRA, Jordao Abreu	04	148424	Juventude Atlantico Clube	2:33.48 25m	08/03/2020	2:33.48
EXH 3	LOPES, Gabriel Jose	97	24488	Selecao de Portugal	2:01.53 50m	16/08/2020	1:56.89
EXH 4	LOPES, Jose Paulo	00	117924	Selecao de Portugal	1:58.89 25m	21/12/2019	1:58.89
EXH 5	SANTOS, Diego Felipe	87	106614	CD Nacional	2:14.39 25m	23/11/2019	2:14.39
EXH 6	OLIVEIRA, Diogo Alexandre	05	130414	Naval do Funchal	2:17.14 25m	25/07/2020	2:17.14
EXH 7	FERNANDEZ, Joao Guilherme	04	204311	Juventude Atlantico Clube	2:55.72 25m	08/03/2020	2:55.72
EXH 8	SOUSA, Simao Henrique	07	200529	CD Nacional	2:59.92 25m	08/03/2020	2:59.92
EXH 9	COSTA, Guilherme Corte	07	132693	CD Nacional	3:01.57 25m	21/12/2019	3:01.57
EXH 10	STEFLEA, Andre Sergio	06	209936	CD Sao Roque	3:08.22 25m	07/03/2020	3:08.22
EXH 11	GOUVEIA, Martim Jose	07	205160	CD Sao Roque	3:17.01		3:17.01
EXH 12	MIRANDA, Francisco Guilherme	08	206796	Naval do Funchal	3:23.59 25m	25/01/2020	3:23.59
EXH 13	JARDIM, Rodrigo Vieira	08	206841	Naval do Funchal	3:25.00		3:25.00
EXH 14	JESUS, Vasco Franca	08	207497	Naval do Funchal	3:25.00		3:25.00
EXH 15	CASTRO, Marco Antonio	08	203451	Naval do Funchal	3:30.00		3:30.00
EXH 16	NOBREGA, Matias Sargo	08	211339	Naval do Funchal	3:30.00		3:30.00
EXH 17	MARTINS, Tomas Rodrigo	07	207108	CD Nacional	3:58.51 25m	23/11/2019	3:58.51
EXH 18	BARATA, Joao Tomas	08	209684	Juventude Atlantico Clube	4:10.00		4:10.00

Prova 18
31/10/2020

Masc., 100m Mariposa

Absolutos
Lista inscritos

Recorde Regional Absoluto	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Sen	55.34	FRANCO, Joao Fragueiro	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Jun17	56.11	SEQUEIRA, Afonso Meneses	CNF	Porto	12/12/2015
Recorde Regional Juv A	58.04	SEQUEIRA, Afonso Meneses	CNF	Leiria	13/12/2014
Recorde Regional Juv B	58.96	VARGAS, Henrique Luis	CNF	Funchal	24/07/2013
Recorde Regional Inf A	1:01.59	CAIRES, Nuno Costa	CNF	Funchal	12/07/2008
Recorde Regional Inf B	1:04.84	CASTRO, Joao Cruz	CSM	Funchal	24/07/2013

TAC Zonais Juv B: 1:06.27; Juv A: 1:05.09; Jun17: 1:01.39; Jun18: 58.72; 19: 58.43; 20 +: 57.24

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
EXH 1	LOPES, Tomas Teixeira	02	122006	Selecao de Portugal	58.52 25m	22/11/2019	58.52
EXH 2	GRACA, Fernando Guerreiro	02	121665	Naval do Funchal	59.76 25m	24/11/2019	59.76
EXH 3	BARRY, Rafael Francisco	04	128316	Naval do Funchal	59.93 25m	18/07/2020	59.93
	4 FERNANDES, Joao Vitor	00	117339	Escola O Liceu	1:00.14		1:00.14
EXH 5	RODRIGUES, Joao Luis	05	130527	Naval do Funchal	1:01.67 25m	17/10/2020	1:01.67
EXH 6	RODRIGUES, Rodrigo Reis	04	124155	CD Sao Roque	1:02.47 25m	18/07/2020	1:02.47
	7 RODRIGUES, Renato Correia	03	204444	Juventude Atlantico Clube	1:03.80 25m	17/10/2020	1:03.80
EXH 8	BAPTISTA, Tiago Ornelas	03	128470	Naval do Funchal	1:04.02 25m	17/10/2020	1:04.02
EXH 9	FERRAZ, Luis Afonso	06	133164	Naval do Funchal	1:07.36 25m	17/10/2020	1:07.36
EXH 10	AGUIAR, Pedro Ferreira	03	204658	Naval do Funchal	1:07.42 25m		1:07.42
EXH 11	ABREU, Nuno Afonso	03	129036	Naval do Funchal	1:07.91 25m	17/10/2020	1:07.91
EXH 12	ABREU, Joao Francisco	06	133478	Naval do Funchal	1:10.12 25m	26/09/2020	1:10.12
EXH 13	KOVAL, Igor	03	206767	CD Nacional	1:18.29 25m	06/03/2020	1:18.29
EXH 14	FERNANDEZ, Henrique Justino	08	207496	Juventude Atlantico Clube	1:50.00		1:50.00
EXH 15	FERNANDES, Afonso Freitas	06	148418	Juventude Atlantico Clube	2:09.45		2:09.45

Prova 19
31/10/2020

Masc., 100m Bruços

Absolutos
Lista inscritos

Recorde Regional Absoluto	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Sen	1:04.47	MOURA, Vitor Diogo	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Jun17	1:06.54	SILVA, Tomas Antonio	CNF	Funchal	10/06/2018
Recorde Regional Juv A	1:05.91	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	1:06.23	ALVES, Paulo Rodrigues	CDN	Funchal	18/05/2019
Recorde Regional Inf A	1:09.94	ALVES, Paulo Rodrigues	CDN	Funchal	31/07/2018
Recorde Regional Inf B	1:11.63	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Zonais Juv B: 1:15.54; Juv A: 1:14.16; Jun17: 1:11.68; Jun18: 1:08.01; 19: 1:07.67; 20 +: 1:05.66

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
EXH 1	SILVA, Luis Pedro	98	106400	CD Nacional	1:04.72 25m	14/12/2019	1:04.72
EXH 2	FERNANDES, Martim Pestana	04	130526	Naval do Funchal	1:07.61 25m	23/11/2019	1:07.61
EXH 3	MATOS, Rodrigo Vieira	03	131195	Naval do Funchal	1:09.63 25m	20/12/2019	1:09.63
EXH 4	JORGE, Andre Camara	90	11222	Escola O Liceu	1:11.62		1:11.62
EXH 5	FREITAS, Tomas Miguel	90	23135	CD Nacional	1:12.00		1:12.00
EXH 6	LOPES, Pedro Henrique	03	129896	CD Sao Roque	1:12.49 25m	30/11/2019	1:12.49
EXH 7	VIEIRA, Emanuel Eloi	03	130582	CD Sao Roque	1:14.62 25m	17/10/2020	1:14.62
EXH 8	VOLOZHENIN, Alexandre	05	204548	Naval do Funchal	1:16.11 25m	07/12/2019	1:16.11
EXH 9	PAULOS, Joao Afonso	06	150813	Naval do Funchal	1:16.12 25m	17/10/2020	1:16.12
EXH 10	FERREIRA, Luis Duarte	89	25800	Escola O Liceu	1:17.15		1:17.15
EXH 11	SOUSA, Lourenco Quintas	05	133162	Naval do Funchal	1:17.20 25m	26/09/2020	1:17.20
EXH 12	BARRACOSA, Alexandre Manuel	74	128665	CD Nacional	1:18.01 25m		1:18.01
EXH 13	SETIM, Joao Oliveira	06	205151	Naval do Funchal	1:19.68 25m	26/09/2020	1:19.68
EXH 14	NUNES, Goncalo Almada	01	119328	Juventude Atlantico Clube	1:20.00		1:20.00
EXH 15	PENSO, Miguel Reigada	07	209691	Escola O Liceu	1:29.42		1:29.42
EXH 16	CASTRO, Mateus Pereira	06	206597	Escola O Liceu	1:29.55 25m	17/10/2020	1:29.55
EXH 17	LUIS, Francisco Sousa	03	207984	CD Nacional	1:29.94 25m	21/12/2019	1:29.94
EXH 18	BARRADAS, Rafael Alves	08	206599	Escola O Liceu	1:30.52		1:30.52
EXH 19	CORREIA, Rodrigo Ramos	05	207073	CD Nacional	1:30.55 25m	08/03/2020	1:30.55
EXH 20	NACHYCHKO, Maximo	06	209685	Naval do Funchal	1:30.82 25m	17/10/2020	1:30.82
EXH 21	URDANETA, Lisandro Alberto	04	210215	CD Nacional	1:35.32 25m	21/12/2019	1:35.32
EXH 22	TEMES, Joao Caires	06	206548	Juventude Atlantico Clube	1:37.07 25m	08/03/2020	1:37.07
EXH 23	ALVES, Luis Fernandez	05	201594	CD Nacional	1:39.58 25m	21/12/2019	1:39.58
EXH 24	CARVALHO, Joaquim Eduardo	07	202564	Naval do Funchal	1:41.48 25m	23/11/2019	1:41.48
EXH 25	MENDES, Juan Diego	05	206768	CD Nacional	1:48.33		1:48.33
EXH 26	CORREIA, Joao Luis	08	210761	Juventude Atlantico Clube	1:48.76 25m	17/10/2020	1:48.76
EXH 27	FERNANDES, Afonso Berimbau	07	204768	Juventude Atlantico Clube	1:50.31 25m	08/03/2020	1:50.31
EXH 28	NUNES, Andre Maltez	05	133043	CD Nacional	1:54.90 50m	25/01/2020	1:54.90
EXH 29	DINIS, Fernando Jose	02	123338	CD Sao Roque	1:54.90 25m	12/10/2019	1:54.90
EXH 30	QUADRADO, Luis Miguel	08	208899	Juventude Atlantico Clube	2:34.86 25m	17/10/2020	2:34.86

Prova 20
31/10/2020

Masc., 50m Livres

Absolutos
Lista inscritos

Recorde Regional Absoluto	22.77	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	22.77	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	23.64	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	23.82	CASTRO, Joao Cruz	CDSR	Funchal	10/12/2016
Recorde Regional Juv A	24.00	CASTRO, Joao Cruz	CDSR	Funchal	27/07/2016
Recorde Regional Juv B	24.46	CASTRO, Joao Cruz	CDSR	Funchal	11/07/2015
Recorde Regional Inf A	25.30	CASTRO, Joao Cruz	CSM	Funchal	12/04/2014
Recorde Regional Inf B	27.30	CASTRO, Joao Cruz	CSM	Funchal	06/04/2013

TAC Zonais Jun17: 25.11; Jun18: 24.66; 19: 24.53; 20 +: 24.04

Rank	Nome	Ano	Licena	Clube	Tp Incr	Data	Tp Conv
EXH 1	DIAS, Guilherme Pereira	97	110443	CD Sao Roque	23.41 25m	17/10/2020	23.41
EXH 2	SOUSA, Tiago Ferreira	91	106684	CD Nacional	24.14 25m	15/12/2019	24.14
EXH 3	QUINTAL, Nuno Alexandre	99	104134	CD Nacional	24.83 25m	08/03/2020	24.83
EXH 4	FERNANDES, Joao Vitor	00	117339	Escola O Liceu	25.14		25.14
EXH 5	FERNANDES, Diogo Henrique	04	133152	Naval do Funchal	25.16 25m	17/10/2020	25.16
EXH 6	SILVA, Luis Pedro	98	106400	CD Nacional	26.17 25m		26.17
	7 RODRIGUES, Renato Correia	03	204444	Juventude Atlantico Clube	26.18 25m	08/03/2020	26.18
EXH 8	FERNANDES, Rui Afonso	03	125395	CD Nacional	26.43 25m		26.43
EXH 9	MACHADO, Tiago Magalhaes	04	128396	CD Nacional	27.58 25m	08/03/2020	27.58
EXH 10	BARRACOSA, Alexandre Manuel	74	128665	CD Nacional	28.22 25m		28.22
EXH 11	CAMACHO, Joao Simao	03	204748	CD Nacional	28.60 25m	08/03/2020	28.60
EXH 12	FERNANDEZ, Joao Guilherme	04	204311	Juventude Atlantico Clube	29.05 25m	18/07/2020	29.05
EXH 13	LUIS, Francisco Sousa	03	207984	CD Nacional	29.11 25m	08/03/2020	29.11
EXH 14	ALVES, Afonso Pires	05	148357	Juventude Atlantico Clube	29.41 25m	26/10/2019	29.41
EXH 15	URDANETA, Lisandro Alberto	04	210215	CD Nacional	29.75 25m	08/03/2020	29.75
EXH 16	ALVES, Luis Fernandez	05	201594	CD Nacional	30.98 25m	08/03/2020	30.98
EXH 17	FERREIRA, Luis Duarte	89	25800	Escola O Liceu	31.85 25m		31.85
EXH 18	CORREIA, Rodrigo Ramos	05	207073	CD Nacional	33.59 25m	26/10/2019	33.59
EXH 19	MENDES, Juan Diego	05	206768	CD Nacional	33.91 25m	26/10/2019	33.91
EXH 20	GOUVEIA, Martim Jose	07	205160	CD Sao Roque	35.87		35.87
EXH 21	BARBOSA, Joao Camacho	07	133375	CD Nacional	37.23 25m	26/10/2019	37.23
EXH 22	NUNES, Andre Maltez	05	133043	CD Nacional	37.23 25m	22/11/2019	37.23
EXH 23	JESUS, David Martins	07	213011	CD Sao Roque	38.23		38.23
EXH 24	RODRIGUES, Guilherme Gomes	08	208353	CD Sao Roque	38.52 25m		38.52
EXH 25	GONCALVES, Gabriel Fiqueli	07	204446	CD Sao Roque	41.01		41.01
EXH 26	FIGUEIRA, Martim Joao	08	212832	CD Nacional	47.92 25m	18/10/2020	47.92
EXH 27	CRO, Nuno Afonso	06	212027	CD Sao Roque	49.54		49.54

Prova 21
31/10/2020

Masc., 100m Costas

Absolutos
Lista inscritos

Recorde Regional Absoluto	57.39	FERNANDES, Rui Afonso	CDN	Leiria	14/12/2019
Recorde Regional Sen	57.93	PINTO, Luis Marques	CDN	Funchal	09/05/2009
Recorde Regional Jun18	57.43	FERNANDES, Joao Manuel	CNF	Porto	20/12/2014
Recorde Regional Jun17	57.39	FERNANDES, Rui Afonso	CDN	Leiria	14/12/2019
Recorde Regional Juv A	59.07	FERNANDES, Rui Afonso	CDN	Tomar	14/12/2018
Recorde Regional Juv B	1:00.51	FERNANDES, Rui Afonso	CDN	Funchal	26/03/2018
Recorde Regional Inf A	1:03.46	FERNANDES, Rui Afonso	CDN	Funchal	27/07/2017
Recorde Regional Inf B	1:06.87	CAMACHO, Afonso Caires	CNF	Sines	07/04/2017

TAC Zonais Juv B: 1:08.48; Juv A: 1:07.23; Jun17: 1:02.85; Jun18: 1:00.48; 19: 1:00.18; 20 +: 58.36

Rank	Nome	Ano	Licença	Clube	Tp Incr	Data	Tp Conv
EXH 1	GOMES, Goncalo Camara	03	124453	Naval do Funchal	59.84 25m	07/03/2020	59.84
EXH 2	RODRIGUES, Pedro Reis	02	123672	CD Sao Roque	1:01.18 25m	30/11/2019	1:01.18
EXH 3	OLIVEIRA, Diogo Alexandre	05	130414	Naval do Funchal	1:03.18 25m	07/03/2020	1:03.18
EXH 4	GOUVEIA, Luis Galvao	05	127884	CD Nacional	1:03.22 25m	08/03/2020	1:03.22
EXH 5	BARRY, Rafael Francisco	04	128316	Naval do Funchal	1:04.93 25m	08/12/2019	1:04.93
EXH 6	RODRIGUES, Joao Luis	05	130527	Naval do Funchal	1:05.29 25m	06/03/2020	1:05.29
EXH 7	DIAS, Andre Vicente	05	132697	CD Nacional	1:05.47 25m	23/11/2019	1:05.47
EXH 8	PITA, Pedro Miguel	06	201963	Naval do Funchal	1:06.62 25m	17/10/2020	1:06.62
EXH 9	PEREIRA, Jordao Abreu	04	148424	Juventude Atlantico Clube	1:07.70 25m	06/12/2019	1:07.70
EXH 10	SILVA, Joao Luis	06	148423	Escola O Liceu	1:10.45 25m	26/09/2020	1:10.45
EXH 11	MACHADO, Bernardo Magalhaes	06	129920	CD Nacional	1:10.65 25m	06/03/2020	1:10.65
EXH 12	CAMARA, Joao Vieira	97	101035	Escola O Liceu	1:10.80		1:10.80
EXH 13	AGUIAR, Pedro Ferreira	03	204658	Naval do Funchal	1:12.49 25m		1:12.49
EXH 14	ALVES, Pedro Miguel	06	130854	CD Nacional	1:15.39 25m	08/03/2020	1:15.39
EXH 15	OLIVEIRA, Afonso Miguel	07	148420	Juventude Atlantico Clube	1:17.19 25m	06/03/2020	1:17.19
EXH 16	SILVA, Eduardo Rodrigues	04	148416	Juventude Atlantico Clube	1:20.27 25m	26/10/2019	1:20.27
EXH 17	SMIRNOV, Dmytro	07	207538	CD Sao Roque	1:23.28 25m	26/09/2020	1:23.28
EXH 18	STEFLEA, Andre Sergio	06	209936	CD Sao Roque	1:24.05 25m	17/10/2020	1:24.05
EXH 19	ALVES, Tiago Pires	05	148362	Juventude Atlantico Clube	1:24.26		1:24.26
EXH 20	NUNES, Duarte Costa	07	206934	Juventude Atlantico Clube	1:40.83 25m	18/07/2020	1:40.83
EXH 21	FERNANDES, Joao Vieira	07	208494	Juventude Atlantico Clube	1:41.97 25m	08/03/2020	1:41.97
EXH 22	FERNANDES, Antonio Maria	08	207293	Naval do Funchal	1:50.00		1:50.00
EXH 23	RODRIGUES, Joao Matias	07	212942	Juventude Atlantico Clube	1:50.00		1:50.00

Prova 22
31/10/2020

Masc., 400m Livres

Absolutos
Lista inscritos

Recorde Regional Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

TAC Zonais Juv B: 4:38.55; Juv A: 4:33.44; Jun17: 4:19.30; Jun18: 4:10.51; 19: 4:09.26; 20 +: 4:02.70

Rank	Nome	Ano	Licença	Clube	Tip Incr	Data	Tip Conv
EXH 1	VELOSO, Tomas Miguel	96	10868	Selecao de Portugal	3:45.56 25m	21/12/2019	3:45.56
EXH 2	LOPES, Gabriel Jose	97	24488	Selecao de Portugal	3:57.25 25m	02/02/2020	3:57.25
EXH 3	ALVES, Paulo Rodrigues	04	124154	CD Nacional	4:14.41 25m	07/03/2020	4:14.41
4	CASTRO, Martim Pereira	02	124907	Escola O Liceu	4:36.94		4:36.94
5	MELIM, Bruno Pontes	03	201593	Juventude Atlantico Clube	4:45.00		4:45.00
EXH 6	AGUILAR, Luis Santos	04	124011	CD Nacional	4:49.85 25m	07/03/2020	4:49.85
EXH 7	PAULOS, Joao Afonso	06	150813	Naval do Funchal	4:50.19 25m	07/03/2020	4:50.19
EXH 8	GONCALVES, Martim Luis	06	129180	CD Nacional	4:52.94 25m	07/03/2020	4:52.94
EXH 9	GARANITO, Simao Silva	06	204645	Naval do Funchal	4:52.95 25m	07/03/2020	4:52.95
EXH 10	NEVES, Tiago Brazao	07	204426	Naval do Funchal	5:08.91 25m	07/03/2020	5:08.91
EXH 11	ALVES, Andre Camara	05	202423	CD Nacional	5:11.41 25m	21/12/2019	5:11.41
EXH 12	PEREIRA, Lucas Santos	07	207434	Naval do Funchal	5:30.50 25m	23/11/2019	5:30.50
EXH 13	ARAUJO, Joao Caldeira	07	203459	Naval do Funchal	5:30.72 25m	23/11/2019	5:30.72
EXH 14	ALMEIDA, Joao Francisco	07	209787	Naval do Funchal	5:37.45 25m	07/03/2020	5:37.45
EXH 15	SANTOS, Gabriel Martins	08	204456	CD Nacional	7:08.79		7:08.79
EXH 16	JARDIM, Lourenco Almeida	08	207112	CD Nacional	7:14.76		7:14.76
EXH 17	ANTUNES, Frederico Luis	08	210551	Juventude Atlantico Clube	7:15.00		7:15.00
EXH 18	MEDEIROS, Joao Francisco	08	208495	Juventude Atlantico Clube	7:15.00		7:15.00
EXH 19	FERNANDEZ, Henrique Justino	08	207496	Juventude Atlantico Clube	7:54.68		7:54.68
EXH 20	BARATA, Joao Tomas	08	209684	Juventude Atlantico Clube	8:15.00		8:15.00