

Prova 1 Femin., 400m Livres Absoluto
Startlist
02/07/2021 - 19:15

Recorde Regional Absoluto	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Sen	4:41.19	ANDRADE, Rubina Amaro	CDN	Restelo	21/12/1996
Recorde Regional Jun17	4:38.89	ANDRADE, Rubina Amaro	CDN	Famalicao	02/08/1996
Recorde Regional Jun16	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Juv A	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Juv B	4:40.61	ANDRADE, Rubina Amaro	CDN		01/01/1993
Recorde Regional Inf A	4:49.56	ANDRADE, Rubina Amaro	CDN	Matur	21/07/1992
Recorde Regional Inf B	5:04.39	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

TAC INFANTIS Inf B: 5:58.47; Inf A: 5:36.82 / TAC OPEN Juv B: 5:06.77; Juv A: 4:49.75; Jun16: 4:45.76; Jun17: 4:38.61;
Sen: 4:33.31

Ano

S rie 1 de 3, 19:15

1 NOBREGA, Sara Francisca	08	Desportivo Sao Roque	7:30.00
2 TEMTEM, Madalena Barbosa	09	Desportivo Nacional	7:00.00
3 FREITAS, Francisca Leonor	09	Naval do Funchal	6:23.51
4 BAPTISTA, Ines Sande	08	Desportivo Nacional	6:11.64
5 MATEUS, Eleine Vieira	09	Desportivo Nacional	6:20.00
6 BLANDY, Mischa Blue	04	Salesianos do Funchal	6:45.00
7 MARQUES, Bruna Francisca	08	Desportivo Sao Roque	7:30.00

S rie 2 de 3, 19:23

1 SOARES, Leonor Silva	08	Desportivo Nacional	6:10.00
2 MARGARIDO, Paula Aguiar	09	Salesianos do Funchal	6:00.10
3 SOUSA, Leonor Rocha	09	Salesianos do Funchal	5:55.00
4 ALVES, Juliana Rodrigues	08	Desportivo Nacional	5:35.99
5 DIAS, Monica Fernandes	06	Desportivo Sao Roque	5:41.55
6 MELIM, Sara Beatriz	09	Desportivo Nacional	6:00.00
7 GONCALVES, Marianne Rafaella	04	Andorinha	6:10.00
8 GONCALVES, Mariannela Rafella	05	Andorinha	6:10.00

S rie 3 de 3, 19:30

1 CARICHAS, Joana Medeiros	06	Salesianos do Funchal	5:29.79
2 LUIS, Jessica Santos	00	Desportivo Sao Roque	5:07.16
3 FREITAS, Beatriz Rodrigues	06	Naval do Funchal	5:03.13
4 SOUSA, Joana Francisca	04	Desportivo Sao Roque	4:53.94
5 ARAUJO, Maria Clara	05	Naval do Funchal	4:56.99
6 CAMARA, Ines Cruz	07	Desportivo Nacional	5:05.07
7 FERRO, Maria Leonor	06	Naval do Funchal	5:09.71
8 PEREIRA, Joana Marques	06	Salesianos do Funchal	5:31.43

Prova 2 Masc., 400m Livres Absoluto
02/07/2021 - 19:36 Startlist

Recorde Regional Absoluto	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Sen	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Jun18	4:07.78	GOUVEIA, Pedro Galvao	CDN	Coimbra	02/04/2017
Recorde Regional Jun17	4:07.82	FRANCO, Paulo Fragueiro	CDN	Famalicao	06/08/1999
Recorde Regional Juv A	4:14.87	FRANCO, Paulo Fragueiro	CDN	Jamor	31/07/1998
Recorde Regional Juv B	4:17.97	FREITAS, Tomas Miguel	CDN	Coimbra	23/07/2005
Recorde Regional Inf A	4:25.14	ALMEIDA, Carlos Alexandre	CDN	Restelo	26/07/2003
Recorde Regional Inf B	4:37.33	FRANCO, Paulo Fragueiro	CDN	Olivais	28/07/1995

TAC INFANTIS Inf B: 5:43.92; Inf A: 5:25.16 / TAC OPEN Juv B: 4:37.67; Juv A: 4:31.12; Jun17: 4:18.14; Jun18: 4:15.57;
Sen: 4:09.41

Ano

S rie 1 de 5, 19:36

2 FREITAS, Dino Alexandre	08	Andorinha	8:00.00
3 TEIXEIRA, Bernardo Figueiroa	06	Andorinha	6:50.30
4 JARDIM, Lourenco Almeida	08	Desportivo Nacional	6:40.00
5 VIEIRA, Luis Henrique	07	Desportivo Nacional	6:40.18
6 BARATA, Joao Tomas	08	Salesianos do Funchal	7:23.91

S rie 2 de 5, 19:44

1 NOBREGA, Matias Sargo	08	Naval do Funchal	6:12.49
2 JARDIM, Rodrigo Vieira	08	Naval do Funchal	6:02.56
3 RODRIGUES, Guilherme Gomes	08	Desportivo Sao Roque	6:00.00
4 FERNANDEZ, Henrique Justino	08	Salesianos do Funchal	5:46.99
5 MEDEIROS, Joao Francisco	08	Salesianos do Funchal	5:50.00
6 BARRADAS, Rafael Alves	08	Escola O Liceu	6:00.00
7 SERRANO, Tiago Alexandre	04	Andorinha	6:10.00
8 NUNES, Henrique Dias	07	Desportivo Nacional	6:30.00

S rie 3 de 5, 19:51

1 JESUS, David Martins	07	Desportivo Sao Roque	5:45.16
2 COSTA, Guilherme Corte	07	Desportivo Nacional	5:42.05
3 RIBEIRO, Telmo Drumond	07	Naval do Funchal	5:38.45
4 PENSO, Miguel Reigada	07	Escola O Liceu	5:35.00
5 ALVES, Diogo Basilio	07	Salesianos do Funchal	5:38.33
6 NUNES, Duarte Costa	07	Salesianos do Funchal	5:40.91
7 SMIRNOV, Dmytro	07	Desportivo Sao Roque	5:45.00
8 CASTRO, Marco Antonio	08	Naval do Funchal	5:46.64

S rie 4 de 5, 19:57

1 CISNEROS, Diego Andres	01	Andorinha	5:32.31
2 TEMES, Joao Caires	06	Salesianos do Funchal	5:30.00
3 OLIVEIRA, Afonso Miguel	07	Salesianos do Funchal	5:26.52
4 SILVA, Joao Luis	06	Escola O Liceu	5:15.00
5 MAROTE, Joao Nuno	03	Desportivo Sao Roque	5:15.84
6 MIRANDA, Francisco Guilherme	08	Naval do Funchal	5:26.68
7 JAU, Valter Henriques	01	Escola O Liceu	5:31.75
8 FERNANDES, Afonso Berimbau	07	Salesianos do Funchal	5:33.94

Prova 2, Masc., 400m Livres

Série 5 de 5, 20:04

1 ABREU, Joao Francisco	06	Naval do Funchal	5:06.55
2 VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	4:51.60
3 FERNANDES, Diogo Henrique	04	Naval do Funchal	4:34.82
4 RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	4:18.25
5 OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	4:23.40
6 ALMEIDA, Joao Francisco	07	Naval do Funchal	4:51.37
7 GOUVEIA, Miguel Angelo	95	Escola O Liceu	5:05.54
8 PRELL, Christian-Luis	04	Escola O Liceu	5:07.00

Prova 3

Femin., 400m Estilos

Absoluto

02/07/2021 - 20:14

Recorde Regional Absoluto	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Sen	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Jun17	5:30.47	ROSA, Beatriz Jong	CDWT	Funchal	18/03/2017
Recorde Regional Jun16	5:25.48	CERDAS, Sara Rodrigues	CNF	Funchal	07/07/2005
Recorde Regional Juv A	5:28.09	FERREIRA, Maria Leonor	CDN	Coimbra	06/04/2019
Recorde Regional Juv B	5:24.54	SOUSA, Susana Margarida	CFU	Olivais	08/08/1991
Recorde Regional Inf A	5:33.79	CORREIA, Marta Corte	CNF	Famalicao	25/07/1997
Recorde Regional Inf B	5:48.91	FERREIRA, Maria Leonor	CDN	Funchal	02/07/2016

TAC OPEN Juv B: 5:48.18; Juv A: 5:37.10; Jun16: 5:25.73; Jun17: 5:20.84; Sen: 5:13.55

Ano

Série 1 de 1, 20:14

4 RODRIGUES, Laura Sofia	07	Salesianos do Funchal	5:52.51
5 GONCALVES, Vera Andrade	09	Salesianos do Funchal	6:00.00

Prova 4

Masc., 400m Estilos

Absoluto

02/07/2021 - 20:21

Recorde Regional Absoluto	4:31.80	FRANCO, Paulo Fragueiro	CDN	Jamor	29/07/2004
Recorde Regional Sen	4:31.80	FRANCO, Paulo Fragueiro	CDN	Jamor	29/07/2004
Recorde Regional Jun18	4:34.10	SILVA, Tomas Antonio	CNF	Funchal	02/08/2019
Recorde Regional Jun17	4:34.60	FRANCO, Paulo Fragueiro	CDN	Famalicao	05/08/1999
Recorde Regional Juv A	4:46.62	FREITAS, Tomas Miguel	CDN	Coimbra	28/07/2006
Recorde Regional Juv B	4:44.63	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	11/03/2005
Recorde Regional Inf A	4:46.20	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	23/07/2004
Recorde Regional Inf B	4:59.28	FREITAS, Tomas Miguel	CDN	Restelo	25/07/2003

TAC OPEN Juv B: 5:20.25; Juv A: 5:11.44; Jun17: 4:51.55; Jun18: 4:49.52; Sen: 4:43.76

Ano

Série 1 de 1, 20:21

4 RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	4:54.06
5 STEFLEA, Andre Sergio	06	Desportivo Sao Roque	6:45.00

Prova 11 Femin., 100m Mariposa Absoluto
Startlist

03/07/2021 - 11:00

Recorde Regional Absoluto	1:03.25	OLIM, Carlota Freitas	CNF	Faro	20/07/2009
Recorde Regional Sen	1:04.74	OLIM, Carlota Freitas	CNF	Oeiras	28/07/2012
Recorde Regional Jun17	1:06.27	OLIM, Carlota Freitas	CNF	Coimbra	11/04/2010
Recorde Regional Jun16	1:03.25	OLIM, Carlota Freitas	CNF	Faro	20/07/2009
Recorde Regional Juv A	1:06.30	ROSA, Beatriz Jong	CDN	Funchal	04/07/2015
Recorde Regional Juv B	1:07.58	BOULHOSA, Carolina Abreu	CNF	Coimbra	25/07/2015
Recorde Regional Inf A	1:09.93	ROSA, Beatriz Jong	CDN	S. Joao da Madeira	14/07/2013
Recorde Regional Inf B	1:12.42	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

TAC INFANTIS Inf B: 1:27.14; Inf A: 1:20.94 / TAC OPEN Juv B: 1:14.34; Juv A: 1:13.05; Jun16: 1:09.76; Jun17: 1:06.69;
Sen: 1:05.32

Ano

S rie 1 de 1, 11:00

2 AVEIRO, Leonor Sofia	05	Naval do Funchal	1:17.46
3 NETO, Leonor Rodrigues	07	Naval do Funchal	1:14.34
4 OLIM, Carlota Freitas	93	Naval do Funchal	1:03.25
5 GOMES, Susana Clara	77	Naval do Funchal	1:07.18
6 JARDIM, Lara Filipa	06	Naval do Funchal	1:16.00
7 BAPTISTA, Constanca Ornelas	06	Naval do Funchal	1:22.22

Prova 12 Masc., 100m Mariposa Absoluto
Startlist

03/07/2021 - 11:02

Recorde Regional Absoluto	56.41	SEQUEIRA, Afonso Meneses	CNF	Funchal	03/08/2019
Recorde Regional Sen	56.41	SEQUEIRA, Afonso Meneses	CNF	Funchal	03/08/2019
Recorde Regional Jun18	56.74	GOUVEIA, Pedro Galvao	CDN	Coimbra	27/05/2017
Recorde Regional Jun17	57.17	SEQUEIRA, Afonso Meneses	CNF	Oeiras	23/07/2016
Recorde Regional Juv A	58.49	SEQUEIRA, Afonso Meneses	CNF	Coimbra	30/05/2015
Recorde Regional Juv B	59.81	VARGAS, Henrique Luis	CNF	Famalicao	20/07/2013
Recorde Regional Inf A	1:02.42	CASTANHEIRO, Vitor Goncalo	CDN	S. Joao da Madeira	22/07/2006
Recorde Regional Inf B	1:04.44	VARGAS, Henrique Luis	CNF	Lisboa	23/07/2011

TAC INFANTIS Inf B: 1:19.83; Inf A: 1:15.00 / TAC OPEN Juv B: 1:04.78; Juv A: 1:03.29; Jun17: 59.34; Jun18: 58.00; Sen: 57.26

Ano

S rie 1 de 2, 11:02

3 TEMES, Joao Caires	06	Salesianos do Funchal	1:30.06
4 ABREU, Joao Francisco	06	Naval do Funchal	1:14.12
5 VIVEIROS, Pedro Perestrelo	06	Desportiva de Machico	1:29.00

S rie 2 de 2, 11:04

1 ABREU, Nuno Afonso	03	Naval do Funchal	1:12.83
2 SILVA, Joao Luis	06	Escola O Liceu	1:06.90
3 RODRIGUES, Joao Luis	05	Naval do Funchal	1:02.13
4 OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	1:00.38
5 BARRY, Rafael Francisco	04	Naval do Funchal	1:00.39
6 FERRAZ, Luis Afonso	06	Naval do Funchal	1:04.77
7 GARANITO, Simao Silva	06	Naval do Funchal	1:10.21

Prova 13 Femin., 50m Costas Absoluto
Startlist
03/07/2021 - 11:06

Recorde Regional Absoluto	31.51	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Sen	31.51	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Jun17	31.61	ROSA, Beatriz Jong	CDWT	Coimbra	30/03/2017
Recorde Regional Jun16	32.44	AGUILAR, Vera Ines	CDN	Oeiras	07/02/2016
Recorde Regional Juv A	32.40	AGUILAR, Vera Ines	CDN	Coimbra	01/04/2015
Recorde Regional Juv B	33.06	AGUILAR, Vera Ines	CDN	Oeiras	24/07/2014
Recorde Regional Inf A	33.70	COSTA, Maria Jardim	CDN	Funchal	14/06/2019
Recorde Regional Inf B	36.09	COSTA, Maria Jardim	CDN	Funchal	04/05/2018

TAC OPEN Juv B: 32.36; Juv A: 32.36; Jun16: 33.15; Jun17: 32.36; Sen: 31.99

Ano

S rie 1 de 2, 11:06

1 JESUS, Veronica Martins	06	Desportivo Sao Roque	53.56
2 LIMA, Rafaela Camara	07	Desportivo Nacional	48.50
3 SILVA, Gabriela Suamade	02	Desportivo Sao Roque	44.53
4 ERRA, Juliana Franco	03	Desportiva de Machico	43.00
5 NOBREGA, Maria Trindade	05	Desportivo Nacional	43.25
6 FREITAS, Filipa Carolina	09	Desportiva de Machico	48.00
7 RINCU, Alexandra	07	Naval do Funchal	50.07

S rie 2 de 2, 11:07

1 CARICHAS, Joana Medeiros	06	Salesianos do Funchal	38.48
2 CAMACHO, Laura Fernandes	04	Naval do Funchal	36.95
3 JARDIM, Teresa Vieira	05	Naval do Funchal	35.18
4 GONCALVES, Maria Margarida	04	Naval do Funchal	33.91
5 SOUSA, Joana Francisca	04	Desportivo Sao Roque	34.49
6 LUIS, Jessica Santos	00	Desportivo Sao Roque	35.38
7 GONCALVES, Vera Andrade	09	Salesianos do Funchal	37.00
8 FREITAS, Viviana Maria	03	Desportiva de Machico	39.00

Prova 14 Masc., 50m Costas Absoluto
Startlist
03/07/2021 - 11:08

Recorde Regional Absoluto	27.26	FERNANDES, Joao Manuel	CNF	Coimbra	01/04/2015
Recorde Regional Sen	27.78	MARQUES, Miguel Freitas	CDSR	Coimbra	03/04/2015
Recorde Regional Jun18	27.26	FERNANDES, Joao Manuel	CNF	Coimbra	01/04/2015
Recorde Regional Jun17	28.14	FERNANDES, Joao Manuel	CNF	Oeiras	24/07/2014
Recorde Regional Juv A	28.32	FERNANDES, Rui Afonso	CDN	Funchal	03/08/2019
Recorde Regional Juv B	29.92	FERNANDES, Rui Afonso	CDN	Funchal	29/06/2018
Recorde Regional Inf A	31.16	CAMACHO, Afonso Caires	CNF	Funchal	04/05/2018
Recorde Regional Inf B	33.53	DEUS, Andre Portugal	CNF	Funchal	07/06/2015

TAC OPEN Juv B: 28.56; Juv A: 28.56; Jun17: 29.68; Jun18: 28.56; Sen: 28.00

Ano

S rie 1 de 2, 11:08

3 CRO, Nuno Afonso	06	Desportivo Sao Roque	49.18
4 CORREIA, Rodrigo Ramos	05	Desportivo Nacional	45.99
5 DINIS, Fernando Jose	02	Desportivo Sao Roque	48.62

Prova 14, Masc., 50m Costas

S rie 2 de 2, 11:10

2 MENDES, Juan Diego	05	Desportivo Nacional	42.20
3 NUNES, Goncalo Almada	01	Salesianos do Funchal	39.69
4 GOMES, Goncalo Camara	03	Naval do Funchal	28.50
5 PITA, Pedro Miguel	06	Naval do Funchal	30.23
6 OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	41.00
7 STEFLEA, Andre Sergio	06	Desportivo Sao Roque	42.23

Prova 15

Femin., 200m Bru os

Absoluto

03/07/2021 - 11:11

Startlist

Recorde Regional Absoluto	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010
Recorde Regional Sen	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010
Recorde Regional Jun17	2:45.24	MARQUES, Mariana Sousa	CNF	Funchal	08/07/2005
Recorde Regional Jun16	2:45.52	ABREU, Laura Catarina	CDN	Oeiras	11/03/2016
Recorde Regional Juv A	2:47.95	ABREU, Laura Catarina	CDN	Coimbra	30/05/2015
Recorde Regional Juv B	2:45.80	ABREU, Laura Catarina	CDN	Oeiras	26/07/2014
Recorde Regional Inf A	2:52.09	ABREU, Laura Catarina	CDN	Funchal	27/06/2013
Recorde Regional Inf B	2:59.60	RODRIGUES, Laura Sofia	JACL	Funchal	06/07/2019

TAC INFANTIS Inf B: 3:37.12; Inf A: 3:24.66 / TAC OPEN Juv B: 3:03.54; Juv A: 2:59.33; Jun16: 2:55.93; Jun17: 2:51.85;
Sen: 2:46.09

Ano

S rie 1 de 1, 11:11

2 SILVA, Silvana Suamade	06	Desportivo Sao Roque	3:11.97
3 SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	3:07.16
4 RODRIGUES, Laura Sofia	07	Salesianos do Funchal	2:53.92
5 DEUS, Ines Portugal	06	Naval do Funchal	3:00.08
6 MATEUS, Clarisse Vieira	07	Desportivo Nacional	3:11.64
7 FIGUEIRA, Madalena Leonor	07	Naval do Funchal	3:23.04

Prova 16

Masc., 200m Bru os

Absoluto

03/07/2021 - 11:15

Startlist

Recorde Regional Absoluto	2:21.89	SILVA, Tomas Antonio	CNF	Funchal	03/08/2019
Recorde Regional Sen	2:27.23	MOURA, Vitor Diogo	CDN	Rio Maior	01/04/2011
Recorde Regional Jun18	2:21.89	SILVA, Tomas Antonio	CNF	Funchal	03/08/2019
Recorde Regional Jun17	2:25.61	SILVA, Tomas Antonio	CNF	Oeiras	28/07/2018
Recorde Regional Juv A	2:31.11	SILVA, Tomas Antonio	CNF	Oeiras	22/07/2017
Recorde Regional Juv B	2:27.37	ALVES, Paulo Rodrigues	CDN	Funchal	03/08/2019
Recorde Regional Inf A	2:37.91	FREITAS, Tomas Miguel	CDN	Povoa Varzim	25/07/2004
Recorde Regional Inf B	2:41.52	FREITAS, Tomas Miguel	CDN	Restelo	27/07/2003

TAC INFANTIS Inf B: 3:22.70; Inf A: 3:12.99 / TAC OPEN Juv B: 2:49.00; Juv A: 2:43.22; Jun17: 2:36.40; Jun18: 2:30.94;
Sen: 2:27.24

Ano

S rie 1 de 1, 11:15

1 NACHYCHKO, Maximo	06	Naval do Funchal	3:24.59
2 SOUSA, Lourenco Quintas	05	Naval do Funchal	2:56.02
3 LOPES, Pedro Henrique	03	Desportivo Sao Roque	2:43.12
4 MATOS, Rodrigo Vieira	03	Naval do Funchal	2:36.10
5 RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	2:37.43
6 VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	2:51.53
7 SETIM, Joao Oliveira	06	Naval do Funchal	3:09.65

Prova 17		Femin., 50m Livres			Absoluto
03/07/2021 - 11:29					Startlist
Recorde Regional Absoluto	27.47	QUINTAL, Fabiana Maria	CDN	Coimbra	29/07/2010
Recorde Regional Sen	27.47	QUINTAL, Fabiana Maria	CDN	Coimbra	29/07/2010
Recorde Regional Jun17	28.11	AGUILAR, Vera Ines	CDN	Coimbra	31/03/2017
Recorde Regional Jun16	28.18	BOULHOSA, Carolina Abreu	CNF	Coimbra	31/03/2017
Recorde Regional Juv A	28.01	AGUILAR, Vera Ines	CDN	Coimbra	03/04/2015
Recorde Regional Juv B	28.51	AGUILAR, Vera Ines	CDN	Coimbra	05/04/2014
Recorde Regional Inf A	29.50	ANDRADE, Rubina Amaro	CDN	Coimbra	01/01/1992
Recorde Regional Inf B	30.05	NUNES, Jeanette Vilarejo	CNF	Matur	21/07/1992
TAC OPEN Juv B: 28.28; Juv A: 28.28; Jun16: 28.93; Jun17: 28.28; Sen: 27.58					

S�rie 1 de 2, 11:29		Ano			
1	JESUS, Veronica Martins	06	Desportivo Sao Roque		47.42
2	CARVALHO, Beatriz Xavier	09	Desportiva de Machico		43.00
3	RINCU, Alexandra	07	Naval do Funchal		40.56
4	ERRA, Juliana Franco	03	Desportiva de Machico		38.00
5	LIMA, Rafaela Camara	07	Desportivo Nacional		38.19
6	BLANDY, Mischa Blue	04	Salesianos do Funchal		41.85
7	FREITAS, Filipa Carolina	09	Desportiva de Machico		43.00

S�rie 2 de 2, 11:30		Ano			
1	FREITAS, Viviana Maria	03	Desportiva de Machico		35.00
2	GOMES, Madalena Sousa	05	Naval do Funchal		34.01
3	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal		30.39
4	GOMES, Susana Clara	77	Naval do Funchal		27.91
5	OLIM, Carlota Freitas	93	Naval do Funchal		28.56
6	GONCALVES, Vera Andrade	09	Salesianos do Funchal		31.05
7	SILVA, Gabriela Suamade	02	Desportivo Sao Roque		34.22
8	NOBREGA, Maria Trindade	05	Desportivo Nacional		35.22

Prova 18		Masc., 50m Livres			Absoluto
03/07/2021 - 11:31					Startlist
Recorde Regional Absoluto	23.63	GONZALEZ, Hugo Miguel	CDN	Campanha	21/06/2003
Recorde Regional Sen	23.63	GONZALEZ, Hugo Miguel	CDN	Campanha	21/06/2003
Recorde Regional Jun18	24.50	CASTRO, Joao Cruz	CDSR	Funchal	23/03/2018
Recorde Regional Jun17	24.40	CASTRO, Joao Cruz	CDSR	Coimbra	31/03/2017
Recorde Regional Juv A	25.05	CASTRO, Joao Cruz	CDSR	Coimbra	29/05/2016
Recorde Regional Juv B	25.87	CASTRO, Joao Cruz	CDSR	Funchal	06/06/2015
Recorde Regional Inf A	26.32	CASTRO, Joao Cruz	CSM	Coimbra	31/05/2014
Recorde Regional Inf B	27.85	DEUS, Andre Portugal	CNF	Funchal	06/06/2015
TAC OPEN Juv B: 24.56; Juv A: 24.56; Jun17: 26.10; Jun18: 24.56; Sen: 24.09					

S�rie 1 de 3, 11:31		Ano			
3	DINIS, Fernando Jose	02	Desportivo Sao Roque		36.61
4	FARIA, Joao Miguel	06	Maritimo		35.00
5	VIVEIROS, Pedro Perestrelo	06	Desportiva de Machico		36.00
6	CRO, Nuno Afonso	06	Desportivo Sao Roque		41.21

Prova 18, Masc., 50m Livres

S rie 2 de 3, 11:32

1	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	34.61
2	PERESTRELO, Pedro Antonio	96	Desportiva de Machico	34.00
3	SOUSA, Luis Miguel	05	Maritimo	32.45
4	FREITAS, Eduardo Luis	99	Desportiva de Machico	32.00
5	MENDES, Juan Diego	05	Desportivo Nacional	32.18
6	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	32.87
7	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	34.36
8	TEMES, Joao Caires	06	Salesianos do Funchal	34.83

S rie 3 de 3, 11:33

1	PAULOS, Joao Afonso	06	Naval do Funchal	28.92
2	SILVA, Afonso Mar	06	Naval do Funchal	28.72
3	GOMES, Goncalo Camara	03	Naval do Funchal	26.68
4	FERNANDES, Diogo Henrique	04	Naval do Funchal	25.25
5	VOLOZHENIN, Alexandre	05	Naval do Funchal	26.08
6	NUNES, Goncalo Almada	01	Salesianos do Funchal	27.85
7	ABREU, Nuno Afonso	03	Naval do Funchal	28.85
8	NACHYCHKO, Maximo	06	Naval do Funchal	31.60

Prova 19

Femin., 200m Estilos

Absoluto

03/07/2021 - 11:34

Startlist

Recorde Regional Absoluto	2:20.84	QUINTAL, Fabiana Maria	CDN	Coimbra	30/05/2009
Recorde Regional Sen	2:20.84	QUINTAL, Fabiana Maria	CDN	Coimbra	30/05/2009
Recorde Regional Jun17	2:31.69	ROSA, Beatriz Jong	CDWT	Coimbra	30/03/2017
Recorde Regional Jun16	2:32.15	ABREU, Laura Catarina	CDN	Funchal	27/02/2016
Recorde Regional Juv A	2:32.53	ROSA, Beatriz Jong	CDN	Funchal	05/07/2015
Recorde Regional Juv B	2:32.87	CAIRES, Joana Costa	CNF	Povoa de Varzim	24/03/2012
Recorde Regional Inf A	2:34.63	CAIRES, Joana Costa	CNF	Lisboa	23/07/2011
Recorde Regional Inf B	2:38.31	LOPES, Joana Cristina	CNF	Las Palmas (ESP)	09/07/1992

TAC INFANTIS Inf B: 3:15.61; Inf A: 3:05.16 / TAC OPEN Juv B: 2:41.98; Juv A: 2:35.89; Jun16: 2:33.84; Jun17: 2:29.70; Sen: 2:28.08

Ano

S rie 1 de 1, 11:34

3	VIEIRA, Sara Patricia	05	Maritimo	3:49.00
4	LUIS, Jessica Santos	00	Desportivo Sao Roque	2:56.95
5	HERNANDEZ, Marcelis Nativid	99	Maritimo	3:06.55

Prova 20 Masc., 200m Estilos Absoluto
Startlist

03/07/2021 - 11:39

Recorde Regional Absoluto	2:07.28	SILVA, Tomas Antonio	CNF	Funchal	04/08/2019
Recorde Regional Sen	2:10.47	MENDONCA, Duarte Alves	CDN	Famalicao	06/08/1999
Recorde Regional Jun18	2:07.28	SILVA, Tomas Antonio	CNF	Funchal	04/08/2019
Recorde Regional Jun17	2:11.49	SILVA, Tomas Antonio	CNF	Funchal	24/03/2018
Recorde Regional Juv A	2:15.68	FREITAS, Tomas Miguel	CDN	Coimbra	30/07/2006
Recorde Regional Juv B	2:13.25	ALVES, Paulo Rodrigues	CDN	Funchal	04/08/2019
Recorde Regional Inf A	2:17.91	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	25/07/2004
Recorde Regional Inf B	2:23.06	FREITAS, Tomas Miguel	CDN	Rio Maior	01/08/2003

TAC INFANTIS Inf B: 3:00.96; Inf A: 2:51.83 / TAC OPEN Juv B: 2:27.81; Juv A: 2:23.01; Jun17: 2:15.44; Jun18: 2:15.08; Sen: 2:11.35

Ano

S rie 1 de 1, 11:39

3 RODRIGUES, Joao Luis	05	Naval do Funchal	2:25.83
4 RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	2:17.02
5 OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	2:22.41
6 SILVA, Joao Luis	06	Escola O Liceu	2:50.55

Prova 21 Femin., 800m Livres Absoluto
Startlist

03/07/2021 - 11:42

Recorde Regional Absoluto	9:23.39	ANDRADE, Rubina Amaro	CDN	Coimbra	06/08/1995
Recorde Regional Sen	9:30.57	ANDRADE, Rubina Amaro	CDN	Lisboa	03/08/1997
Recorde Regional Jun17	9:23.70	ANDRADE, Rubina Amaro	CDN	Famalicao	04/08/1996
Recorde Regional Jun16	9:23.39	ANDRADE, Rubina Amaro	CDN	Coimbra	06/08/1995
Recorde Regional Juv A	9:26.04	ANDRADE, Rubina Amaro	CDN	Nicosia (CYP)	23/04/1994
Recorde Regional Juv B	9:27.06	ANDRADE, Rubina Amaro	CDN	Chiasso (SUI)	11/06/1993
Recorde Regional Inf A	9:48.78	ANDRADE, Rubina Amaro	CDN	Aveiro	08/08/1992
Recorde Regional Inf B	10:17.67	ANDRADE, Rubina Amaro	CDN	Braga	27/07/1991

TAC OPEN Juv B: 10:33.87; Juv A: 10:02.86; Jun16: 9:41.83; Jun17: 9:40.35; Sen: 9:28.08

Ano

S rie 1 de 1, 11:42

2 CARICHAS, Joana Medeiros	06	Salesianos do Funchal	11:20.00
3 BELO, Bruna Raquel	05	Desportivo Nacional	10:56.51
4 SOUSA, Joana Francisca	04	Desportivo Sao Roque	10:02.73
5 SILVA, Silvana Suamade	06	Desportivo Sao Roque	10:18.16
6 RODRIGUES, Laura Sofia	07	Salesianos do Funchal	11:01.00
7 PEREIRA, Joana Marques	06	Salesianos do Funchal	11:30.99

Prova 22		Masc., 800m Livres			Absoluto
03/07/2021 - 11:54					Startlist
Recorde Regional Absoluto	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro	21/07/2009
Recorde Regional Sen	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro	21/07/2009
Recorde Regional Jun18	8:31.46	FRANCO, Paulo Fragueiro	CDN	Luxemburgo (LUX)	28/01/2000
Recorde Regional Jun17	8:33.32	FRANCO, Paulo Fragueiro	CDN	Famalicao	08/08/1999
Recorde Regional Juv A	8:58.16	FRANCO, Paulo Fragueiro	CDN	Lisboa	25/01/1998
Recorde Regional Juv B	8:58.79	FRANCO, Paulo Fragueiro	CDN	Famalicao	24/07/1997
Recorde Regional Inf A	9:06.84	ALMEIDA, Carlos Alexandre	CDN	Restelo	27/07/2003
Recorde Regional Inf B	9:41.21	ALMEIDA, Carlos Alexandre	CDN	Restelo	21/07/2002
TAC OPEN Juv B: 9:39.83; Juv A: 9:27.48; Jun17: 9:05.40; Jun18: 8:57.29; Sen: 8:44.58					

Ano

Série 1 de 1, 11:54

3 MAROTE, Joao Nuno	03	Desportivo Sao Roque	11:00.00
4 BELO, Francisco Miguel	02	Desportivo Nacional	10:18.27
5 PRELL, Christian-Luis	04	Escola O Liceu	10:40.00

Prova 29 Femin., 200m Livres Absoluto
03/07/2021 - 18:00 Startlist

Recorde Regional Absoluto	2:12.46	AGUILAR, Vera Ines	CDN	Funchal	22/07/2016
Recorde Regional Sen	2:13.28	MELIM, Claudia Sofia	CDN	Jamor	25/07/2002
Recorde Regional Jun17	2:12.84	ROSA, Beatriz Jong	CDWT	Oeiras	18/02/2017
Recorde Regional Jun16	2:12.46	AGUILAR, Vera Ines	CDN	Funchal	22/07/2016
Recorde Regional Juv A	2:14.97	ANDRADE, Rubina Amaro	CDN	Restelo	29/07/1994
Recorde Regional Juv B	2:14.71	ANDRADE, Rubina Amaro	CDN	Istambul (TUR)	08/07/1993
Recorde Regional Inf A	2:17.75	CERDAS, Sara Rodrigues	CNF	Restelo	21/07/2002
Recorde Regional Inf B	2:22.47	VASCONCELOS, Matilde Cotrim	CNF	S. Joao da Madeira	26/07/2009

TAC INFANTIS Inf B: 2:54.80; Inf A: 2:41.55 / TAC OPEN Juv B: 2:23.37; Juv A: 2:18.40; Jun16: 2:14.63; Jun17: 2:11.77;
Sen: 2:08.99

Ano

Série 1 de 3, 18:00

3 ANDRADE, Maria Beatriz	05	Desportivo Nacional	3:32.98
4 GOUVEIA, Mariana Alves	03	Ludens de Machico	3:27.98
5 LIMA, Rafaela Camara	07	Desportivo Nacional	3:30.00

Série 2 de 3, 18:04

1 GOUVEIA, Joana Alves	08	Ludens de Machico	3:20.00
2 NOBREGA, Maria Trindade	05	Desportivo Nacional	3:12.35
3 VIEIRA, Sara Patricia	05	Maritimo	3:05.55
4 CARDOSO, Isabel Maria	05	Maritimo	2:54.90
5 DIAS, Magda Fernandes	06	Desportivo Sao Roque	2:55.60
6 GOIS, Margarida Teles	08	Ludens de Machico	3:10.00
7 NICOLAU, Matilde Olival	07	Ludens de Machico	3:20.00

Série 3 de 3, 18:08

1 BAPTISTA, Constanca Ornelas	06	Naval do Funchal	2:39.92
2 FERRO, Maria Leonor	06	Naval do Funchal	2:30.27
3 ARAUJO, Maria Clara	05	Naval do Funchal	2:25.42
4 GOMES, Susana Clara	77	Naval do Funchal	2:20.50
5 NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	2:25.31
6 FREITAS, Beatriz Rodrigues	06	Naval do Funchal	2:27.74
7 PEREIRA, Joana Marques	06	Salesianos do Funchal	2:37.65
8 DIAS, Monica Fernandes	06	Desportivo Sao Roque	2:40.85

Prova 30 Masc., 200m Livres Absoluto
Startlist
03/07/2021 - 18:11

Recorde Regional Absoluto	1:50.78	PINTO, Luis Marques	CDN	Faro	19/07/2009
Recorde Regional Sen	1:50.78	PINTO, Luis Marques	CDN	Faro	19/07/2009
Recorde Regional Jun18	1:53.84	CASTRO, Joao Cruz	CDSR	Funchal	24/03/2018
Recorde Regional Jun17	1:53.94	CASTRO, Joao Cruz	CDSR	Porto	03/06/2017
Recorde Regional Juv A	1:55.96	CASTRO, Joao Cruz	CDSR	Oeiras	22/07/2016
Recorde Regional Juv B	1:58.42	CASTRO, Joao Cruz	CDSR	Coimbra	24/07/2015
Recorde Regional Inf A	2:02.04	CASTRO, Joao Cruz	CSM	Loule	19/07/2014
Recorde Regional Inf B	2:10.64	SOUSA, Pedro Afonso	CDN	Famalicao	16/07/2016

TAC INFANTIS Inf B: 2:40.43; Inf A: 2:31.03 / TAC OPEN Juv B: 2:08.48; Juv A: 2:05.99; Jun17: 2:00.11; Jun18: 1:57.88;
Sen: 1:56.36

Ano

S rie 1 de 2, 18:11

2 OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	2:53.79
3 REMESSO, Joao Tomas	06	Ludens de Machico	2:50.00
4 TEMES, Joao Caires	06	Salesianos do Funchal	2:30.00
5 NACHYCHKO, Maximo	06	Naval do Funchal	2:45.66
6 CARVALHO, Simao Duarte	07	Ludens de Machico	2:50.00
7 FREITAS, Bernardo Vasconcelos	05	Ludens de Machico	2:55.00

S rie 2 de 2, 18:14

1 GARANITO, Simao Silva	06	Naval do Funchal	2:24.44
2 VOLOZHENIN, Alexandre	05	Naval do Funchal	2:19.41
3 RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	2:07.60
4 RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	1:59.61
5 FERNANDES, Diogo Henrique	04	Naval do Funchal	2:03.92
6 LOPES, Pedro Henrique	03	Desportivo Sao Roque	2:10.23
7 SOUSA, Lourenco Quintas	05	Naval do Funchal	2:21.29
8 GOUVEIA, Miguel Angelo	95	Escola O Liceu	2:25.59

Prova 31 Femin., 100m Costas Absoluto
Startlist
03/07/2021 - 18:17

Recorde Regional Absoluto	1:06.63	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Sen	1:06.63	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Jun17	1:08.30	ROSA, Beatriz Jong	CDWT	Coimbra	31/03/2017
Recorde Regional Jun16	1:09.92	FREITAS, Monica Alexandra	CDN	Olivais	14/05/1989
Recorde Regional Juv A	1:09.27	ROSA, Beatriz Jong	CDN	Coimbra	25/07/2015
Recorde Regional Juv B	1:11.35	NUNES, Jeanette Vilarejo	CNF	Olivais	30/01/1994
Recorde Regional Inf A	1:13.06	COSTA, Maria Jardim	CDN	Funchal	15/06/2019
Recorde Regional Inf B	1:15.90	LOPES, Joana Cristina	CNF	Evora	25/07/1992

TAC INFANTIS Inf B: 1:31.29; Inf A: 1:26.24 / TAC OPEN Juv B: 1:15.92; Juv A: 1:13.09; Jun16: 1:11.98; Jun17: 1:09.53;
Sen: 1:08.58

Ano

S rie 1 de 2, 18:17

2 GOIS, Margarida Teles	08	Ludens de Machico	2:00.00
3 GOUVEIA, Joana Alves	08	Ludens de Machico	1:55.37
4 GOUVEIA, Mariana Alves	03	Ludens de Machico	1:34.28
5 RINCU, Alexandra	07	Naval do Funchal	1:42.82
6 NICOLAU, Matilde Olival	07	Ludens de Machico	2:00.00
7 RONDON, Maria Victoria	07	Maritimo	2:15.00

Prova 31, Femin., 100m Costas

S rie 2 de 2, 18:20

1	SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	1:18.19
2	NETO, Leonor Rodrigues	07	Naval do Funchal	1:15.72
3	JARDIM, Teresa Vieira	05	Naval do Funchal	1:15.10
4	SOUSA, Joana Francisca	04	Desportivo Sao Roque	1:12.93
5	GONCALVES, Maria Margarida	04	Naval do Funchal	1:13.28
6	JARDIM, Lara Filipa	06	Naval do Funchal	1:15.68
7	CAMACHO, Laura Fernandes	04	Naval do Funchal	1:17.70
8	AVEIRO, Leonor Sofia	05	Naval do Funchal	1:22.22

Prova 32

Masc., 100m Costas

Absoluto
Startlist

03/07/2021 - 18:22

Recorde Regional Absoluto	58.98	MARQUES, Miguel Freitas	CSM	Oeiras	27/07/2014
Recorde Regional Sen	59.76	PINTO, Luis Marques	CDN	Funchal	06/06/2009
Recorde Regional Jun18	58.98	MARQUES, Miguel Freitas	CSM	Oeiras	27/07/2014
Recorde Regional Jun17	1:00.88	FERNANDES, Joao Manuel	CNF	Oeiras	26/07/2014
Recorde Regional Juv A	1:01.58	MARQUES, Miguel Freitas	CSM	Oeiras	28/07/2012
Recorde Regional Juv B	1:02.38	FERNANDES, Rui Afonso	CDN	Oeiras	28/07/2018
Recorde Regional Inf A	1:06.62	GOMES, Henrique Santos	CNF	Loule	18/07/2014
Recorde Regional Inf B	1:08.50	CAMACHO, Afonso Caires	CNF	Vila Franca de Xira	21/05/2017

TAC INFANTIS Inf B: 1:24.87; Inf A: 1:19.82 / TAC OPEN Juv B: 1:07.93; Juv A: 1:04.83; Jun17: 1:03.44; Jun18: 1:01.66;
Sen: 1:00.21

Ano

S rie 1 de 1, 18:22

2	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	1:29.10
3	SILVA, Joao Luis	06	Escola O Liceu	1:09.83
4	GOMES, Goncalo Camara	03	Naval do Funchal	1:03.31
5	RODRIGUES, Joao Luis	05	Naval do Funchal	1:04.76
6	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	1:27.86
7	CRO, Nuno Afonso	06	Desportivo Sao Roque	2:00.00

Prova 33

Femin., 50m Bru os

Absoluto
Startlist

03/07/2021 - 18:25

Recorde Regional Absoluto	33.95	QUINTAL, Fabiana Maria	CDN	Coimbra	30/07/2010
Recorde Regional Sen	33.95	QUINTAL, Fabiana Maria	CDN	Coimbra	30/07/2010
Recorde Regional Jun17	34.92	ABREU, Laura Catarina	CDWT	Coimbra	01/04/2017
Recorde Regional Jun16	34.67	ABREU, Laura Catarina	CDN	Funchal	23/01/2016
Recorde Regional Juv A	34.45	ABREU, Laura Catarina	CDN	Funchal	14/02/2015
Recorde Regional Juv B	34.80	ABREU, Laura Catarina	CDN	Oeiras	25/07/2014
Recorde Regional Inf A	36.70	ABREU, Laura Catarina	CDN	Funchal	19/01/2013
Recorde Regional Inf B	38.45	RODRIGUES, Laura Sofia	JACL	Funchal	14/06/2019

TAC OPEN Juv B: 36.10; Juv A: 36.10; Jun16: 37.12; Jun17: 36.10; Sen: 35.18

Ano

Prova 33, Femin., 50m Bra os

S rie 1 de 2, 18:25

3	LIMA, Rafaela Camara	07	Desportivo Nacional	55.00
4	BLANDY, Mischa Blue	04	Salesianos do Funchal	52.91
5	NOBREGA, Maria Trindade	05	Desportivo Nacional	53.06
6	JESUS, Veronica Martins	06	Desportivo Sao Roque	1:00.00

S rie 2 de 2, 18:26

1	ANDRADE, Maria Beatriz	05	Desportivo Nacional	49.89
2	FREITAS, Maria Raquel	07	Naval do Funchal	45.28
3	FIGUEIRA, Madalena Leonor	07	Naval do Funchal	40.87
4	RODRIGUES, Laura Sofia	07	Salesianos do Funchal	38.45
5	DEUS, Ines Portugal	06	Naval do Funchal	38.92
6	SILVA, Silvana Suamade	06	Desportivo Sao Roque	43.65
7	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	45.72
8	RINCU, Alexandra	07	Naval do Funchal	52.83

Prova 34

Masc., 50m Bra os

Absoluto

03/07/2021 - 18:28

Startlist

Recorde Regional Absoluto	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Sen	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Jun18	29.80	FIGUEIRA, Andre Temtem	CNF	Faro	19/07/2009
Recorde Regional Jun17	31.18	FERNANDES, Martim Pestana	CNF	Rio Maior	29/05/2021
Recorde Regional Juv A	31.92	FERNANDES, Martim Pestana	CNF	Funchal	29/02/2020
Recorde Regional Juv B	31.49	DEUS, Andre Portugal	CNF	Coimbra	27/05/2017
Recorde Regional Inf A	33.94	DEUS, Andre Portugal	CNF	Famalicao	16/07/2016
Recorde Regional Inf B	34.98	FREITAS, Tomas Miguel	CDN	Restelo	26/07/2003

TAC OPEN Juv B: 31.46; Juv A: 31.46; Jun17: 32.90; Jun18: 31.46; Sen: 30.71

Ano

S rie 1 de 2, 18:28

3	TEMES, Joao Caires	06	Salesianos do Funchal	1:01.03
4	MENDES, Juan Diego	05	Desportivo Nacional	48.50
5	DINIS, Fernando Jose	02	Desportivo Sao Roque	48.95

S rie 2 de 2, 18:29

1	FREITAS, Bernardo Vasconcelos	05	Ludens de Machico	40.00
2	SETIM, Joao Oliveira	06	Naval do Funchal	35.88
3	ALVES, Afonso Pires	05	Salesianos do Funchal	34.31
4	FERNANDES, Martim Pestana	04	Naval do Funchal	31.18
5	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	33.68
6	PAULOS, Joao Afonso	06	Naval do Funchal	34.68
7	NACHYCHKO, Maximo	06	Naval do Funchal	39.19
8	SILVA, Afonso Mar	06	Naval do Funchal	41.61

Prova 35 Femin., 200m Mariposa Absoluto
Startlist
03/07/2021 - 18:40

Recorde Regional Absoluto	2:22.94	ROSA, Beatriz Jong	CDN	Funchal	22/03/2018
Recorde Regional Sen	2:22.94	ROSA, Beatriz Jong	CDN	Funchal	22/03/2018
Recorde Regional Jun17	2:28.87	VICTOR, Joana Isabel	CDN	Coimbra	30/03/2008
Recorde Regional Jun16	2:27.23	CERDAS, Sara Rodrigues	CNF	Lisboa	28/05/2005
Recorde Regional Juv A	2:27.49	CERDAS, Sara Rodrigues	CNF	Lisboa	29/05/2004
Recorde Regional Juv B	2:31.39	CERDAS, Sara Rodrigues	CNF	Lisboa	18/05/2003
Recorde Regional Inf A	2:33.93	CERDAS, Sara Rodrigues	CNF	Restelo	20/07/2002
Recorde Regional Inf B	2:48.10	VICTOR, Joana Isabel	CDN	Restelo	26/07/2003

TAC INFANTIS Inf B: 3:13.61; Inf A: 3:00.76 / TAC OPEN Juv B: 2:46.50; Juv A: 2:45.00; Jun16: 2:34.44; Jun17: 2:30.61;
Sen: 2:27.98

Ano

Série 1 de 1, 18:40

4 CARICHAS, Joana Medeiros 06 Salesianos do Funchal 3:03.11

Prova 36 Masc., 200m Mariposa Absoluto
Startlist
03/07/2021 - 18:44

Recorde Regional Absoluto	2:03.92	GOUVEIA, Pedro Galvao	CDN	Coimbra	30/03/2017
Recorde Regional Sen	2:04.96	FRANCO, Paulo Fragueiro	CDN	Campanha	16/06/2002
Recorde Regional Jun18	2:03.92	GOUVEIA, Pedro Galvao	CDN	Coimbra	30/03/2017
Recorde Regional Jun17	2:07.18	GOUVEIA, Pedro Galvao	CDN	Oeiras	11/03/2016
Recorde Regional Juv A	2:09.66	GOUVEIA, Luis Galvao	CDN	Rio Maior	29/05/2021
Recorde Regional Juv B	2:12.64	FRANCO, Paulo Fragueiro	CDN	Famalicao	27/07/1997
Recorde Regional Inf A	2:15.77	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	25/07/2004
Recorde Regional Inf B	2:23.00	FREITAS, Tomas Miguel	CDN	Restelo	27/07/2003

TAC INFANTIS Inf B: 2:57.48; Inf A: 2:47.13 / TAC OPEN Juv B: 2:30.00; Juv A: 2:23.45; Jun17: 2:17.04; Jun18: 2:11.32;
Sen: 2:08.31

Ano

Série 1 de 1, 18:44

3 ABREU, Joao Francisco 06 Naval do Funchal 2:53.68
4 MATOS, Rodrigo Vieira 03 Naval do Funchal 2:18.90
5 PITA, Pedro Miguel 06 Naval do Funchal 2:46.23

Prova 37 Femin., 1500m Livres Absoluto
Startlist
03/07/2021 - 18:47

Recorde Regional Absoluto	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Sen	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Jun17	19:44.24	DORIA, Madalena Melim	CDN	Funchal	02/07/2017
Recorde Regional Jun16	19:01.67	SOUSA, Joana Francisca	CDSR	Funchal	28/02/2020
Recorde Regional Juv A	19:30.34	AGUILAR, Vera Ines	CDN	Funchal	05/07/2015
Recorde Regional Juv B	19:33.38	ARAUJO, Maria Clara	CNF	Funchal	07/07/2019
Recorde Regional Inf A	20:24.76	FREITAS, Maria Beatriz	CDN	Funchal	05/07/2009
Recorde Regional Inf B	20:28.70	TELO, Carla Patricia	CSM	Matur	01/01/1983

TAC OPEN Juv B: 19:55.00; Juv A: 19:45.00; Jun16: 18:35.24; Jun17: 18:35.24; Sen: 17:55.98

Ano

S rie 1 de 1, 18:47

4 SOUSA, Joana Francisca	04	Desportivo Sao Roque	19:01.67
5 SILVA, Silvana Suamade	06	Desportivo Sao Roque	19:45.25

Prova 38 Masc., 1500m Livres Absoluto
Startlist
03/07/2021 - 19:07

Recorde Regional Absoluto	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Sen	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Jun18	16:02.73	FRANCO, Paulo Fragueiro	CDN	Limassol (CYP)	16/04/2000
Recorde Regional Jun17	16:05.95	FRANCO, Paulo Fragueiro	CDN	Moscovo (RUS)	17/07/1999
Recorde Regional Juv A	16:54.13	FRANCO, Paulo Fragueiro	CDN	Lisboa	25/01/1998
Recorde Regional Juv B	16:57.41	FREITAS, Tomas Miguel	CDN	Lisboa	09/07/2005
Recorde Regional Inf A	17:10.19	ALMEIDA, Carlos Alexandre	CDN	Restelo	27/07/2003
Recorde Regional Inf B	18:10.64	ALMEIDA, Carlos Alexandre	CDN	Restelo	21/07/2002

TAC OPEN Juv B: 18:40.12; Juv A: 18:09.78; Jun17: 16:49.92; Jun18: 16:49.92; Sen: 16:28.61

Ano

S rie 1 de 1, 19:07

2 VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	19:35.99
3 FERRAZ, Luis Afonso	06	Naval do Funchal	18:00.00
4 RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	16:52.38
5 OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	17:52.13
6 RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	18:13.54

Prova 45 Femin., 200m Costas Absoluto
Startlist
04/07/2021 - 11:00

Recorde Regional Absoluto	2:25.94	QUINTAL, Fabiana Maria	CDN	Coimbra	28/03/2008
Recorde Regional Sen	2:25.94	QUINTAL, Fabiana Maria	CDN	Coimbra	28/03/2008
Recorde Regional Jun17	2:29.82	ROSA, Beatriz Jong	CDWT	Porto	03/06/2017
Recorde Regional Jun16	2:30.73	FERREIRA, Maria Leonor	CDN	Funchal	01/03/2020
Recorde Regional Juv A	2:30.28	FERREIRA, Maria Leonor	CDN	Funchal	02/08/2019
Recorde Regional Juv B	2:33.42	FERREIRA, Maria Leonor	CDN	Funchal	11/03/2018
Recorde Regional Inf A	2:41.09	SOUSA, Joana Francisca	CDSR	Loule	15/07/2017
Recorde Regional Inf B	2:45.63	SA, Marta Romao	CNF	Funchal	04/07/2015

TAC INFANTIS Inf B: 3:14.37; Inf A: 3:04.10 / TAC OPEN Juv B: 2:43.96; Juv A: 2:38.03; Jun16: 2:33.53; Jun17: 2:32.01;
Sen: 2:29.42

Ano

S rie 1 de 2, 11:00

3 TEMBE, Ines Afonso	06	Desportivo Nacional	3:01.90
4 GONCALVES, Valentina Jose	07	Desportivo Nacional	2:50.89
5 SOUSA, Ivana Valentina	06	Desportivo Nacional	2:57.49

S rie 2 de 2, 11:04

1 NETO, Leonor Rodrigues	07	Naval do Funchal	2:49.67
2 JARDIM, Lara Filipa	06	Naval do Funchal	2:44.37
3 DIAS, Julia Alves	06	Desportivo Nacional	2:40.87
4 FERREIRA, Maria Leonor	04	Desportivo Nacional	2:30.28
5 CAMACHO, Laura Fernandes	04	Naval do Funchal	2:40.23
6 FREITAS, Margarida Ramos	06	Desportivo Nacional	2:43.79
7 CANADA, Maria Elvira	06	Desportivo Nacional	2:48.30
8 RODRIGUES, Laura Sofia	07	Salesianos do Funchal	2:50.51

Prova 46 Masc., 200m Costas Absoluto
Startlist
04/07/2021 - 11:07

Recorde Regional Absoluto	2:06.37	MELIM, Oscar Ramos	CDN	Faro	19/07/2009
Recorde Regional Sen	2:06.37	MELIM, Oscar Ramos	CDN	Faro	19/07/2009
Recorde Regional Jun18	2:09.13	MELIM, Oscar Ramos	CDN	Lisboa	30/05/2004
Recorde Regional Jun17	2:11.69	MELIM, Oscar Ramos	CDN	Rio Maior	01/08/2003
Recorde Regional Juv A	2:12.11	PEREIRA, Nuno Miguel	CDN	Las Palmas (ESP)	08/07/1992
Recorde Regional Juv B	2:15.57	FERNANDES, Rui Afonso	CDN	Oeiras	27/07/2018
Recorde Regional Inf A	2:21.64	FRIAS, Pedro Daniel	CDN	Povoa do Varzim	24/07/2004
Recorde Regional Inf B	2:30.83	CAMACHO, Afonso Caires	CNF	Funchal	19/03/2017

TAC INFANTIS Inf B: 3:04.28; Inf A: 2:53.16 / TAC OPEN Juv B: 2:27.25; Juv A: 2:21.43; Jun17: 2:18.51; Jun18: 2:15.08;
Sen: 2:12.25

Ano

S rie 1 de 1, 11:07

3 STEFLEA, Andre Sergio	06	Desportivo Sao Roque	3:08.45
4 GONCALVES, Martim Luis	06	Desportivo Nacional	2:28.51
5 ALVES, Pedro Miguel	06	Desportivo Nacional	2:42.00

Prova 47 Femin., 100m Livres Absoluto
04/07/2021 - 11:11 Startlist

Recorde Regional Absoluto	1:00.73	QUINTAL, Fabiana Maria	CDN	Coimbra	09/04/2010
Recorde Regional Sen	1:00.73	QUINTAL, Fabiana Maria	CDN	Coimbra	09/04/2010
Recorde Regional Jun17	1:02.05	ANDRADE, Rubina Amaro	CDN		01/01/1996
Recorde Regional Jun16	1:01.63	AGUILAR, Vera Ines	CDN	Funchal	11/03/2016
Recorde Regional Juv A	1:01.06	AGUILAR, Vera Ines	CDN	Funchal	14/02/2015
Recorde Regional Juv B	1:02.10	CAIRES, Joana Costa	CNF	Oeiras	29/07/2012
Recorde Regional Inf A	1:02.94	CAIRES, Joana Costa	CNF	Lisboa	23/07/2011
Recorde Regional Inf B	1:05.55	LOPES, Joana Cristina	CNF	Matur	20/07/1992

TAC INFANTIS Inf B: 1:19.67; Inf A: 1:14.73 / TAC OPEN Juv B: 1:06.44; Juv A: 1:03.96; Jun16: 1:02.10; Jun17: 1:00.83;
Sen: 1:00.02

Ano

S rie 1 de 4, 11:11

3 RONDON, Maria Victoria	07	Maritimo	1:29.07
4 ANDRADE, Maria Beatriz	05	Desportivo Nacional	1:27.87
5 BLANDY, Mischa Blue	04	Salesianos do Funchal	1:28.76
6 JESUS, Veronica Martins	06	Desportivo Sao Roque	1:53.46

S rie 2 de 4, 11:13

1 NICOLAU, Matilde Olival	07	Ludens de Machico	1:26.24
2 NOBREGA, Maria Trindade	05	Desportivo Nacional	1:24.83
3 GOUVEIA, Mariana Alves	03	Ludens de Machico	1:22.44
4 CARDOSO, Isabel Maria	05	Maritimo	1:19.00
5 FREITAS, Maria Raquel	07	Naval do Funchal	1:19.86
6 GOIS, Margarida Teles	08	Ludens de Machico	1:23.70
7 RINCU, Alexandra	07	Naval do Funchal	1:26.12
8 VIEIRA, Sara Patricia	05	Maritimo	1:26.75

S rie 3 de 4, 11:15

1 BAPTISTA, Constanca Ornelas	06	Naval do Funchal	1:12.80
2 GOMES, Madalena Sousa	05	Naval do Funchal	1:12.25
3 SILVA, Silvana Suamade	06	Desportivo Sao Roque	1:11.51
4 FERRO, Maria Leonor	06	Naval do Funchal	1:10.73
5 PEREIRA, Joana Marques	06	Salesianos do Funchal	1:11.45
6 AVEIRO, Leonor Sofia	05	Naval do Funchal	1:12.05
7 HERNANDEZ, Marcelis Nativid	99	Maritimo	1:12.55
8 CARICHAS, Joana Medeiros	06	Salesianos do Funchal	1:14.25

S rie 4 de 4, 11:17

1 FREITAS, Beatriz Rodrigues	06	Naval do Funchal	1:08.41
2 LUIS, Jessica Santos	00	Desportivo Sao Roque	1:06.69
3 NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	1:05.06
4 GOMES, Susana Clara	77	Naval do Funchal	1:02.34
5 COSTA, Maria Jardim	06	Desportivo Nacional	1:03.96
6 ARAUJO, Maria Clara	05	Naval do Funchal	1:05.92
7 LECA, Natasha Maria	03	Desportivo Nacional	1:07.99
8 CAMARA, Ines Cruz	07	Desportivo Nacional	1:09.04

Prova 48 Masc., 100m Livres Absoluto
04/07/2021 - 11:18 Startlist

Recorde Regional Absoluto	50.84	PINTO, Luis Marques	CDN	Coimbra	31/05/2009
Recorde Regional Sen	50.84	PINTO, Luis Marques	CDN	Coimbra	31/05/2009
Recorde Regional Jun18	53.04	CASTRO, Joao Cruz	CDSR	Funchal	22/03/2018
Recorde Regional Jun17	53.00	CASTRO, Joao Cruz	CDSR	Coimbra	28/05/2017
Recorde Regional Juv A	53.61	CASTRO, Joao Cruz	CDSR	Oeiras	24/07/2016
Recorde Regional Juv B	54.43	CASTRO, Joao Cruz	CDSR	Coimbra	26/07/2015
Recorde Regional Inf A	55.80	CASTRO, Joao Cruz	CSM	Loule	20/07/2014
Recorde Regional Inf B	59.05	DEUS, Andre Portugal	CNF	Oeiras	19/07/2015

TAC INFANTIS Inf B: 1:14.56; Inf A: 1:10.15 / TAC OPEN Juv B: 59.72; Juv A: 57.78; Jun17: 55.22; Jun18: 53.52; Sen: 52.39

Ano

S rie 1 de 5, 11:18

3 CRO, Nuno Afonso	06	Desportivo Sao Roque	1:30.98
4 CORREIA, Rodrigo Ramos	05	Desportivo Nacional	1:17.93
5 DINIS, Fernando Jose	02	Desportivo Sao Roque	1:24.29

S rie 2 de 5, 11:20

1 SOUSA, Luis Miguel	05	Maritimo	1:13.65
2 NACHYCHKO, Maximo	06	Naval do Funchal	1:11.36
3 SILVA, Afonso Mar	06	Naval do Funchal	1:08.40
4 TEMES, Joao Caires	06	Salesianos do Funchal	1:08.00
5 FREITAS, Bernardo Vasconcelos	05	Ludens de Machico	1:08.32
6 CARVALHO, Simao Duarte	07	Ludens de Machico	1:09.88
7 OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	1:12.01
8 MENDES, Juan Diego	05	Desportivo Nacional	1:14.46

S rie 3 de 5, 11:22

1 ALVES, Andre Camara	05	Desportivo Nacional	1:05.37
2 ABREU, Nuno Afonso	03	Naval do Funchal	1:04.79
3 PAULOS, Joao Afonso	06	Naval do Funchal	1:03.74
4 SILVA, Tony Stefano	05	Desportivo Nacional	1:03.00
5 SOUSA, Lourenco Quintas	05	Naval do Funchal	1:03.70
6 SETIM, Joao Oliveira	06	Naval do Funchal	1:04.74
7 GARANITO, Simao Silva	06	Naval do Funchal	1:05.10
8 ABREU, Joao Francisco	06	Naval do Funchal	1:06.35

S rie 4 de 5, 11:24

1 NUNES, Goncalo Almada	01	Salesianos do Funchal	1:02.11
2 VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	1:01.06
3 FERNANDES, Martim Pestana	04	Naval do Funchal	1:00.44
4 AGUILAR, Luis Santos	04	Desportivo Nacional	1:00.14
5 GOUVEIA, Luis Galvao	05	Desportivo Nacional	1:00.20
6 LOPES, Pedro Henrique	03	Desportivo Sao Roque	1:00.66
7 SILVA, Joao Luis	06	Escola O Liceu	1:02.00
8 CAMACHO, Joao Simao	03	Desportivo Nacional	1:02.32

Prova 48, Masc., 100m Livres

Série 5 de 5, 11:25

1 DIAS, Andre Vicente	05	Desportivo Nacional	58.87
2 RODRIGUES, Joao Luis	05	Naval do Funchal	57.88
3 ALVES, Paulo Rodrigues	04	Desportivo Nacional	56.85
4 FERNANDES, Diogo Henrique	04	Naval do Funchal	55.22
5 RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	56.72
6 VOLOZHENIN, Alexandre	05	Naval do Funchal	57.68
7 RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	58.43
8 FERNANDES, Rui Afonso	03	Desportivo Nacional	59.14

Prova 49

Femin., 50m Mariposa

Absoluto

04/07/2021 - 11:37

Recorde Regional Absoluto	29.17	OLIM, Carlota Freitas	CNF	Oeiras	24/07/2014
Recorde Regional Sen	29.17	OLIM, Carlota Freitas	CNF	Oeiras	24/07/2014
Recorde Regional Jun17	29.85	ROSA, Beatriz Jong	CDWT	Coimbra	02/04/2017
Recorde Regional Jun16	29.48	ROSA, Beatriz Jong	CDN	Oeiras	13/03/2016
Recorde Regional Juv A	29.76	ROSA, Beatriz Jong	CDN	Funchal	03/07/2015
Recorde Regional Juv B	30.44	ROSA, Beatriz Jong	CDN	Oeiras	24/07/2014
Recorde Regional Inf A	32.05	ROSA, Beatriz Jong	CDN	Funchal	19/01/2013
Recorde Regional Inf B	32.46	LOPES, Joana Cristina	CNF	Las Palmas (ESP)	09/07/1992

TAC OPEN Juv B: 29.98; Juv A: 29.98; Jun16: 31.86; Jun17: 29.98; Sen: 29.50

Ano

Série 1 de 2, 11:37

2 LECA, Natasha Maria	03	Desportivo Nacional	52.59
3 NOBREGA, Maria Trindade	05	Desportivo Nacional	45.00
4 CANADA, Maria Elvira	06	Desportivo Nacional	38.23
5 FREITAS, Margarida Ramos	06	Desportivo Nacional	38.38
6 ANDRADE, Maria Beatriz	05	Desportivo Nacional	45.50

Série 2 de 2, 11:38

1 SOUSA, Ivana Valentina	06	Desportivo Nacional	35.49
2 DIAS, Julia Alves	06	Desportivo Nacional	34.22
3 SOUSA, Joana Francisca	04	Desportivo Sao Roque	31.17
4 OLIM, Carlota Freitas	93	Naval do Funchal	29.17
5 GOMES, Susana Clara	77	Naval do Funchal	29.35
6 NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	33.64
7 TEMBE, Ines Afonso	06	Desportivo Nacional	35.23
8 HERNANDEZ, Marcelis Nativid	99	Maritimo	37.15

Prova 50 Masc., 50m Mariposa Absoluto
Startlist
04/07/2021 - 11:39

Recorde Regional Absoluto	25.36	FERNANDES, Joao Vitor	CEOL	Funchal	01/08/2019
Recorde Regional Sen	25.36	FERNANDES, Joao Vitor	CEOL	Funchal	01/08/2019
Recorde Regional Jun18	25.84	MARQUES, Miguel Freitas	CSM	Coimbra	04/04/2014
Recorde Regional Jun17	25.97	GOMES, Miguel Camara	CNF	Oeiras	13/03/2016
Recorde Regional Juv A	26.49	VARGAS, Henrique Luis	CNF	Coimbra	04/04/2014
Recorde Regional Juv B	27.58	CAIRES, Nuno Costa	CNF	Faro	20/07/2009
Recorde Regional Inf A	28.73	VARGAS, Henrique Luis	CNF	Rio Maior	21/07/2012
Recorde Regional Inf B	29.47	CASTANHEIRO, Vitor Goncalo	CDN	Funchal	21/05/2005

TAC OPEN Juv B: 26.16; Juv A: 26.16; Jun17: 26.91; Jun18: 26.16; Sen: 25.77

Ano

Série 1 de 2, 11:39

1	DINIS, Fernando Jose	02	Desportivo Sao Roque	42.09
2	MENDES, Juan Diego	05	Desportivo Nacional	36.43
3	ABREU, Nuno Afonso	03	Naval do Funchal	32.29
4	SILVA, Afonso Mar	06	Naval do Funchal	29.62
5	CAMACHO, Joao Simao	03	Desportivo Nacional	29.69
6	TEMES, Joao Caires	06	Salesianos do Funchal	33.00
7	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	37.81
8	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	42.68

Série 2 de 2, 11:41

1	GONCALVES, Martim Luis	06	Desportivo Nacional	28.61
2	GOMES, Goncalo Camara	03	Naval do Funchal	28.08
3	DIAS, Andre Vicente	05	Desportivo Nacional	27.65
4	FERNANDES, Rui Afonso	03	Desportivo Nacional	26.60
5	GOUVEIA, Luis Galvao	05	Desportivo Nacional	27.58
6	BARRY, Rafael Francisco	04	Naval do Funchal	27.68
7	RODRIGUES, Joao Luis	05	Naval do Funchal	28.57
8	PITA, Pedro Miguel	06	Naval do Funchal	28.62

Prova 51 Femin., 100m Bruços Absoluto
Startlist
04/07/2021 - 11:41

Recorde Regional Absoluto	1:13.39	QUINTAL, Fabiana Maria	CDN	Faro	18/07/2009
Recorde Regional Sen	1:13.39	QUINTAL, Fabiana Maria	CDN	Faro	18/07/2009
Recorde Regional Jun17	1:16.93	MARQUES, Mariana Sousa	CNF	Lisboa	28/05/2005
Recorde Regional Jun16	1:15.42	ABREU, Laura Catarina	CDN	Oeiras	07/02/2016
Recorde Regional Juv A	1:14.35	ABREU, Laura Catarina	CDN	Coimbra	23/07/2015
Recorde Regional Juv B	1:15.14	ABREU, Laura Catarina	CDN	Oeiras	24/07/2014
Recorde Regional Inf A	1:19.63	CAIRES, Joana Costa	CNF	Lisboa	24/07/2011
Recorde Regional Inf B	1:21.92	RODRIGUES, Laura Sofia	JACL	Funchal	05/07/2019

TAC INFANTIS Inf B: 1:40.95; Inf A: 1:34.87 / TAC OPEN Juv B: 1:23.78; Juv A: 1:23.19; Jun16: 1:20.65; Jun17: 1:18.34; Sen: 1:16.34

Ano

Série 1 de 3, 11:41

3	NICOLAU, Matilde Olival	07	Ludens de Machico	2:13.30
4	BLANDY, Mischa Blue	04	Salesianos do Funchal	1:58.90
5	GOIS, Margarida Teles	08	Ludens de Machico	2:06.10

Prova 51, Femin., 100m Bruços

Série 2 de 3, 11:44

1 RINCU, Alexandra	07	Naval do Funchal	1:54.33
2 CARICHAS, Joana Medeiros	06	Salesianos do Funchal	1:42.00
3 GOMES, Madalena Sousa	05	Naval do Funchal	1:38.10
4 SILVA, Silvana Suamade	06	Desportivo Sao Roque	1:32.72
5 LUIS, Jessica Santos	00	Desportivo Sao Roque	1:33.76
6 FREITAS, Maria Raquel	07	Naval do Funchal	1:40.22
7 GOUVEIA, Mariana Alves	03	Ludens de Machico	1:49.86

Série 3 de 3, 11:47

1 COSTA, Maria Jardim	06	Desportivo Nacional	1:30.76
2 SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	1:26.10
3 DEUS, Ines Portugal	06	Naval do Funchal	1:23.19
4 FERREIRA, Maria Leonor	04	Desportivo Nacional	1:22.88
5 GONCALVES, Valentina Jose	07	Desportivo Nacional	1:22.93
6 CAMARA, Ines Cruz	07	Desportivo Nacional	1:23.21
7 MATEUS, Clarisse Vieira	07	Desportivo Nacional	1:28.39
8 FIGUEIRA, Madalena Leonor	07	Naval do Funchal	1:31.42

Prova 52

Masc., 100m Bruços

Absoluto

04/07/2021 - 11:49

Startlist

Recorde Regional Absoluto	1:05.65	SILVA, Tomas Antonio	CNF	Funchal	01/08/2019
Recorde Regional Sen	1:07.30	MOURA, Vitor Diogo	CDN	Oeiras	26/07/2012
Recorde Regional Jun18	1:05.65	SILVA, Tomas Antonio	CNF	Funchal	01/08/2019
Recorde Regional Jun17	1:07.65	SILVA, Tomas Antonio	CNF	Oeiras	26/07/2018
Recorde Regional Juv A	1:09.14	FERNANDES, Martim Pestana	CNF	Funchal	22/02/2020
Recorde Regional Juv B	1:08.07	ALVES, Paulo Rodrigues	CDN	Funchal	01/08/2019
Recorde Regional Inf A	1:12.62	DEUS, Andre Portugal	CNF	Famalicao	16/07/2016
Recorde Regional Inf B	1:14.51	FREITAS, Tomas Miguel	CDN	Rio Maior	03/08/2003

TAC INFANTIS Inf B: 1:32.05; Inf A: 1:26.51 / TAC OPEN Juv B: 1:16.50; Juv A: 1:14.00; Jun17: 1:12.05; Jun18: 1:08.26;
Sen: 1:06.78

Ano

Série 1 de 3, 11:49

3 STEFLEA, Andre Sergio	06	Desportivo Sao Roque	1:49.36
4 NACHYCHKO, Maximo	06	Naval do Funchal	1:30.45
5 FREITAS, Bernardo Vasconcelos	05	Ludens de Machico	1:35.79

Série 2 de 3, 11:51

1 ALVES, Pedro Miguel	06	Desportivo Nacional	1:27.68
2 SOUSA, Lourenco Quintas	05	Naval do Funchal	1:22.83
3 ALVES, Afonso Pires	05	Salesianos do Funchal	1:18.69
4 AGUILAR, Luis Santos	04	Desportivo Nacional	1:17.06
5 SETIM, Joao Oliveira	06	Naval do Funchal	1:17.98
6 ALVES, Andre Camara	05	Desportivo Nacional	1:18.91
7 OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	1:24.12

Prova 52, Masc., 100m Bruços

Série 3 de 3, 11:53

1 RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	1:16.53
2 RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	1:15.40
3 SILVA, Tony Stefano	05	Desportivo Nacional	1:13.43
4 ALVES, Paulo Rodrigues	04	Desportivo Nacional	1:08.07
5 MATOS, Rodrigo Vieira	03	Naval do Funchal	1:12.53
6 PAULOS, Joao Afonso	06	Naval do Funchal	1:14.74
7 VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	1:16.18
8 LOPES, Pedro Henrique	03	Desportivo Sao Roque	1:16.66

Prova 53

Masc., 4 x 50m Estilos

Absolutos - 15 e mais velhos

04/07/2021 - 11:58

Prova Complementar

Startlist

Recorde Regional Absoluto	1:49.32	Clube Desportivo Nacional	CDN	Funchal	04/08/2019
Recorde Regional Sen	1:51.67	Clube Desportivo Nacional	CDN	Oeiras	26/07/2014
Recorde Regional Jun	1:55.96	Clube Naval do Funchal	CNF	Lisboa	28/03/2009

Série 1 de 1, 11:58

4 Escola O Liceu 1	Escola O Liceu	1:49.10
5 Naval do Funchal 24	Naval do Funchal	1:52.61