

Prova 1 Femin., 400m Livres Absoluto
02/07/2021 - 19:15 Resultados

Recorde Regional Absoluto	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Sen	4:41.19	ANDRADE, Rubina Amaro	CDN	Restelo	21/12/1996
Recorde Regional Jun17	4:38.89	ANDRADE, Rubina Amaro	CDN	Famalicao	02/08/1996
Recorde Regional Jun16	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Juv A	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Juv B	4:40.61	ANDRADE, Rubina Amaro	CDN		01/01/1993
Recorde Regional Inf A	4:49.56	ANDRADE, Rubina Amaro	CDN	Matur	21/07/1992
Recorde Regional Inf B	5:04.39	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

TAC INFANTIS Inf B: 5:58.47; Inf A: 5:36.82 / TAC OPEN Juv B: 5:06.77; Juv A: 4:49.75; Jun16: 4:45.76; Jun17: 4:38.61; Sen: 4:33.31

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts
Infantil B - 12 anos			
1. MELIM, Sara Beatriz	09	Desportivo Nacional	5:47.98
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>			
50m: 39.78 39.78	150m: 2:07.84 44.83	250m: 3:37.70 45.71	350m: 5:06.86 45.15
100m: 1:23.01 43.23	200m: 2:51.99 44.15	300m: 4:21.71 44.01	400m: 5:47.98 41.12
2. MARGARIDO, Paula Aguiar	09	Salesianos do Funchal	5:53.34
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>			
50m: 37.87 37.87	150m: 2:05.86 44.98	250m: 3:37.64 45.63	350m: 5:10.04 45.91
100m: 1:20.88 43.01	200m: 2:52.01 46.15	300m: 4:24.13 46.49	400m: 5:53.34 43.30
3. SOUSA, Leonor Rocha	09	Salesianos do Funchal	6:00.36
50m: 38.67 38.67	150m: 2:10.26 47.07	250m: 3:44.23 46.92	350m: 5:17.43 46.58
100m: 1:23.19 44.52	200m: 2:57.31 47.05	300m: 4:30.85 46.62	400m: 6:00.36 42.93
4. MATEUS, Eleine Vieira	09	Desportivo Nacional	6:01.92
50m: 41.15 41.15	150m: 2:13.56 47.70	250m: 3:46.53 46.53	350m: 5:18.27 44.73
100m: 1:25.86 44.71	200m: 3:00.00 46.44	300m: 4:33.54 47.01	400m: 6:01.92 43.65
5. TEMTEM, Madalena Barbosa	09	Desportivo Nacional	6:21.14
50m: 42.35 42.35	150m: 2:20.38 49.22	250m: 3:58.36 48.66	350m: 5:35.73 48.59
100m: 1:31.16 48.81	200m: 3:09.70 49.32	300m: 4:47.14 48.78	400m: 6:21.14 45.41
6. FREITAS, Francisca Leonor	09	Naval do Funchal	6:22.52
50m: 42.14 42.14	150m: 2:19.04 49.22	250m: 3:58.13 49.77	350m: 5:36.98 49.05
100m: 1:29.82 47.68	200m: 3:08.36 49.32	300m: 4:47.93 49.80	400m: 6:22.52 45.54

Infantil A - 13 anos

1. BAPTISTA, Ines Sande	08	Desportivo Nacional	5:37.91
50m: 37.70 37.70	150m: 2:01.62 43.01	250m: 3:28.11 43.59	350m: 4:55.55 43.63
100m: 1:18.61 40.91	200m: 2:44.52 42.90	300m: 4:11.92 43.81	400m: 5:37.91 42.36
2. ALVES, Juliana Rodrigues	08	Desportivo Nacional	5:42.78
50m: 37.10 37.10	150m: 2:04.08 43.77	250m: 3:32.94 44.27	350m: 5:00.55 43.20
100m: 1:20.31 43.21	200m: 2:48.67 44.59	300m: 4:17.35 44.41	400m: 5:42.78 42.23
3. SOARES, Leonor Silva	08	Desportivo Nacional	5:49.46
50m: 39.27 39.27	150m: 2:07.04 44.85	250m: 3:36.51 44.24	350m: 5:05.60 44.31
100m: 1:22.19 42.92	200m: 2:52.27 45.23	300m: 4:21.29 44.78	400m: 5:49.46 43.86
4. NOBREGA, Sara Francisca	08	Desportivo Sao Roque	6:08.82
50m: 40.47 40.47	150m: 2:14.58 47.65	250m: 3:50.84 48.62	350m: 5:24.84 45.87
100m: 1:26.93 46.46	200m: 3:02.22 47.64	300m: 4:38.97 48.13	400m: 6:08.82 43.98
5. MARQUES, Bruna Francisca	08	Desportivo Sao Roque	6:53.42
50m: 46.25 46.25	150m: 2:30.75 53.28	250m: 4:17.12 53.06	350m: 6:04.06 53.59
100m: 1:37.47 51.22	200m: 3:24.06 53.31	300m: 5:10.47 53.35	400m: 6:53.42 49.36

Prova 1, Femin., 400m Livres

Juvenil B - 14 anos

1.	CAMARA, Ines Cruz	07	Desportivo Nacional	4:56.36	8,6
	<i>Mínimos OPEN DE PORTUGAL - Jamor</i>				
	50m: 33.59	33.59	150m: 1:48.24	37.60	250m: 3:04.08
	100m: 1:10.64	37.05	200m: 2:26.11	37.87	300m: 3:41.87
				37.97	350m: 4:19.91
				37.79	400m: 4:56.36
					38.04
					36.45

Juvenil A - 15 anos

1.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	5:07.09	4,5
	50m: 35.11	35.11	150m: 1:51.83	38.79	250m: 3:10.44
	100m: 1:13.04	37.93	200m: 2:31.07	39.24	300m: 3:50.04
				39.37	350m: 4:29.90
				39.60	400m: 5:07.09
					39.86
					37.19
2.	FERRO, Maria Leonor	06	Naval do Funchal	5:07.38	4,4
	50m: 34.23	34.23	150m: 1:52.37	39.67	250m: 3:11.39
	100m: 1:12.70	38.47	200m: 2:32.28	39.91	300m: 3:51.12
				39.11	350m: 4:29.64
				39.73	400m: 5:07.38
					38.52
					37.74
3.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	5:19.56	1,2
	50m: 34.39	34.39	150m: 1:54.68	41.29	250m: 3:17.56
	100m: 1:13.39	39.00	200m: 2:36.15	41.47	300m: 3:58.75
				41.41	350m: 4:40.63
				41.19	400m: 5:19.56
					41.88
					38.93
4.	PEREIRA, Joana Marques	06	Salesianos do Funchal	5:24.61	
	50m: 34.37	34.37	150m: 1:53.10	39.89	250m: 3:16.71
	100m: 1:13.21	38.84	200m: 2:34.34	41.24	300m: 3:59.79
				42.37	350m: 4:43.54
				43.08	400m: 5:24.61
					43.75
					41.07
5.	DIAS, Monica Fernandes	06	Desportivo Sao Roque	5:31.41	
	50m: 37.33	37.33	150m: 2:00.46	41.61	250m: 3:25.63
	100m: 1:18.85	41.52	200m: 2:43.23	42.77	300m: 4:09.03
				43.40	350m: 4:50.54
				43.40	400m: 5:31.41
					41.51
					40.87

Juniores - 16 e 17 anos

1.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	4:53.78	7,0
	50m: 32.65	32.65	150m: 1:46.27	37.23	250m: 3:01.67
	100m: 1:09.04	36.39	200m: 2:23.94	37.67	300m: 3:39.83
				37.73	350m: 4:17.15
				38.16	400m: 4:53.78
					37.32
					36.63
2.	ARAUJO, Maria Clara	05	Naval do Funchal	4:54.63	7,0
	50m: 32.78	32.78	150m: 1:46.59	36.97	250m: 3:03.09
	100m: 1:09.62	36.84	200m: 2:24.72	38.13	300m: 3:41.06
				38.37	350m: 4:19.11
				37.97	400m: 4:54.63
					38.05
					35.52
3.	GONCALVES, Mariannela Rafella	05	Andorinha	7:08.92	
	50m: 44.26	44.26	150m: 2:30.23	55.20	250m: 4:23.45
	100m: 1:35.03	50.77	200m: 3:27.24	57.01	300m: 5:20.52
				56.21	350m: 6:16.68
				57.07	400m: 7:08.92
					56.16
					52.24
4.	BLANDY, Mischa Blue	04	Salesianos do Funchal	7:16.17	
	50m: 45.67	45.67	150m: 2:32.37	54.71	250m: 4:27.60
	100m: 1:37.66	51.99	200m: 3:29.64	57.27	300m: 5:25.30
				57.96	350m: 6:22.56
				57.70	400m: 7:16.17
					57.26
					53.61

Absolutos - 14 e mais velhos

1.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	4:53.78	7,0
	50m: 32.65	32.65	150m: 1:46.27	37.23	250m: 3:01.67
	100m: 1:09.04	36.39	200m: 2:23.94	37.67	300m: 3:39.83
				37.73	350m: 4:17.15
				38.16	400m: 4:53.78
					37.32
					36.63
2.	ARAUJO, Maria Clara	05	Naval do Funchal	4:54.63	7,0
	50m: 32.78	32.78	150m: 1:46.59	36.97	250m: 3:03.09
	100m: 1:09.62	36.84	200m: 2:24.72	38.13	300m: 3:41.06
				38.37	350m: 4:19.11
				37.97	400m: 4:54.63
					38.05
					35.52
3.	CAMARA, Ines Cruz	07	Desportivo Nacional	4:56.36	8,6
	<i>Mínimos OPEN DE PORTUGAL - Jamor</i>				
	50m: 33.59	33.59	150m: 1:48.24	37.60	250m: 3:04.08
	100m: 1:10.64	37.05	200m: 2:26.11	37.87	300m: 3:41.87
				37.97	350m: 4:19.91
				37.79	400m: 4:56.36
					38.04
					36.45
4.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	5:07.09	4,5
	50m: 35.11	35.11	150m: 1:51.83	38.79	250m: 3:10.44
	100m: 1:13.04	37.93	200m: 2:31.07	39.24	300m: 3:50.04
				39.37	350m: 4:29.90
				39.60	400m: 5:07.09
					39.86
					37.19

Prova 1, Femin., 400m Livres, Absolutos - 14 e mais velhos

Lugar	Ano		Tempo final						Pts
5. FERRO, Maria Leonor	06	Naval do Funchal	5:07.38						4,4
50m: 34.23 34.23	150m: 1:52.37	39.67	250m: 3:11.39	39.11	350m: 4:29.64	38.52	400m: 5:07.38	37.74	
100m: 1:12.70 38.47	200m: 2:32.28	39.91	300m: 3:51.12	39.73					
6. CARICHAS, Joana Medeiros	06	Salesianos do Funchal	5:19.56						1,2
50m: 34.39 34.39	150m: 1:54.68	41.29	250m: 3:17.56	41.41	350m: 4:40.63	41.88	400m: 5:19.56	38.93	
100m: 1:13.39 39.00	200m: 2:36.15	41.47	300m: 3:58.75	41.19					
7. LUIS, Jessica Santos	00	Desportivo Sao Roque	5:24.16						
50m: 34.99 34.99	150m: 1:57.11	41.57	250m: 3:21.25	41.93	350m: 4:44.89	41.82	400m: 5:24.16	39.27	
100m: 1:15.54 40.55	200m: 2:39.32	42.21	300m: 4:03.07	41.82					
8. PEREIRA, Joana Marques	06	Salesianos do Funchal	5:24.61						
50m: 34.37 34.37	150m: 1:53.10	39.89	250m: 3:16.71	42.37	350m: 4:43.54	43.75	400m: 5:24.61	41.07	
100m: 1:13.21 38.84	200m: 2:34.34	41.24	300m: 3:59.79	43.08					
9. DIAS, Monica Fernandes	06	Desportivo Sao Roque	5:31.41						
50m: 37.33 37.33	150m: 2:00.46	41.61	250m: 3:25.63	42.40	350m: 4:50.54	41.51	400m: 5:31.41	40.87	
100m: 1:18.85 41.52	200m: 2:43.23	42.77	300m: 4:09.03	43.40					
10. GONCALVES, Mariannela Rafella	05	Andorinha	7:08.92						
50m: 44.26 44.26	150m: 2:30.23	55.20	250m: 4:23.45	56.21	350m: 6:16.68	56.16	400m: 7:08.92	52.24	
100m: 1:35.03 50.77	200m: 3:27.24	57.01	300m: 5:20.52	57.07					
11. BLANDY, Mischa Blue	04	Salesianos do Funchal	7:16.17						
50m: 45.67 45.67	150m: 2:32.37	54.71	250m: 4:27.60	57.96	350m: 6:22.56	57.26	400m: 7:16.17	53.61	
100m: 1:37.66 51.99	200m: 3:29.64	57.27	300m: 5:25.30	57.70					

Prova 2

Masc., 400m Livres

Absoluto

02/07/2021 - 19:36

Resultados

Recorde Regional Absoluto	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Sen	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Jun18	4:07.78	GOUVEIA, Pedro Galvao	CDN	Coimbra	02/04/2017
Recorde Regional Jun17	4:07.82	FRANCO, Paulo Fragueiro	CDN	Famalicao	06/08/1999
Recorde Regional Juv A	4:14.87	FRANCO, Paulo Fragueiro	CDN	Jamor	31/07/1998
Recorde Regional Juv B	4:17.97	FREITAS, Tomas Miguel	CDN	Coimbra	23/07/2005
Recorde Regional Inf A	4:25.14	ALMEIDA, Carlos Alexandre	CDN	Restelo	26/07/2003
Recorde Regional Inf B	4:37.33	FRANCO, Paulo Fragueiro	CDN	Olivais	28/07/1995

TAC INFANTIS Inf B: 5:43.92; Inf A: 5:25.16 / TAC OPEN Juv B: 4:37.67; Juv A: 4:31.12; Jun17: 4:18.14; Jun18: 4:15.57; Sen: 4:09.41

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final						Pts
Infantil B - 13 anos									
1. MIRANDA, Francisco Guilherme	08	Naval do Funchal	5:18.13						2,4
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>									
50m: 34.78 34.78	150m: 1:55.74	41.10	250m: 3:18.01	41.30	350m: 4:40.03	40.65	400m: 5:18.13	38.10	
100m: 1:14.64 39.86	200m: 2:36.71	40.97	300m: 3:59.38	41.37					
2. JARDIM, Rodrigo Vieira	08	Naval do Funchal	5:39.82						
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>									
50m: 36.02 36.02	150m: 2:02.51	43.84	250m: 3:30.88	43.22	350m: 5:00.11	44.40	400m: 5:39.82	39.71	
100m: 1:18.67 42.65	200m: 2:47.66	45.15	300m: 4:15.71	44.83					
3. RODRIGUES, Guilherme Gomes	08	Desportivo Sao Roque	5:40.39						
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>									
50m: 36.16 36.16	150m: 2:05.44	44.93	250m: 3:34.66	44.93	350m: 5:02.34	42.81	400m: 5:40.39	38.05	
100m: 1:20.51 44.35	200m: 2:49.73	44.29	300m: 4:19.53	44.87					
4. CASTRO, Marco Antonio	08	Naval do Funchal	5:42.31						
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>									
50m: 37.57 37.57	150m: 2:06.98	44.64	250m: 3:35.01	42.59	350m: 5:03.48	43.54	400m: 5:42.31	38.83	
100m: 1:22.34 44.77	200m: 2:52.42	45.44	300m: 4:19.94	44.93					

Prova 2, Masc., 400m Livres, Infantil B - 13 anos

Lugar	Nome		Ano	Equipa				Tempo final	Pts		
5.	BARRADAS, Rafael Alves		08	Escola O Liceu				5:46.56			
	50m:	36.54 36.54	150m:	2:02.37	44.05	250m:	3:33.46	46.00	350m:	5:05.42	46.21
	100m:	1:18.32 41.78	200m:	2:47.46	45.09	300m:	4:19.21	45.75	400m:	5:46.56	41.14
6.	MEDEIROS, Joao Francisco		08	Salesianos do Funchal				5:51.32			
	50m:	36.66 36.66	150m:	2:04.51	45.23	250m:	3:36.49	46.59	350m:	5:08.50	45.98
	100m:	1:19.28 42.62	200m:	2:49.90	45.39	300m:	4:22.52	46.03	400m:	5:51.32	42.82
7.	FERNANDEZ, Henrique Justino		08	Salesianos do Funchal				5:53.00			
	50m:	37.44 37.44	150m:	2:07.93	46.88	250m:	3:41.74	46.81	350m:	5:13.40	45.47
	100m:	1:21.05 43.61	200m:	2:54.93	47.00	300m:	4:27.93	46.19	400m:	5:53.00	39.60
8.	NOBREGA, Matias Sargo		08	Naval do Funchal				6:03.93			
	50m:	38.55 38.55	150m:	2:09.16	45.97	250m:	3:43.08	47.23	350m:	5:18.05	46.89
	100m:	1:23.19 44.64	200m:	2:55.85	46.69	300m:	4:31.16	48.08	400m:	6:03.93	45.88
9.	FREITAS, Dino Alexandre		08	Andorinha				6:54.61			
	50m:	39.14 39.14	150m:	2:20.65	52.69	250m:	4:10.02	55.17	350m:	6:02.27	56.71
	100m:	1:27.96 48.82	200m:	3:14.85	54.20	300m:	5:05.56	55.54	400m:	6:54.61	52.34
10.	BARATA, Joao Tomas		08	Salesianos do Funchal				7:12.52			
	50m:	44.46 44.46	150m:	2:35.10	56.08	250m:	4:25.62	56.28	350m:	6:18.52	54.81
	100m:	1:39.02 54.56	200m:	3:29.34	54.24	300m:	5:23.71	58.09	400m:	7:12.52	54.00

Infantil A - 14 anos

1.	ALMEIDA, Joao Francisco		07	Naval do Funchal				4:55.51	5,8		
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>										
	50m:	31.21 31.21	150m:	1:45.65	38.48	250m:	3:03.62	39.04	350m:	4:21.13	38.33
	100m:	1:07.17 35.96	200m:	2:24.58	38.93	300m:	3:42.80	39.18	400m:	4:55.51	34.38
2.	COSTA, Guilherme Corte		07	Desportivo Nacional				5:13.31	1,0		
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>										
	50m:	34.52 34.52	150m:	1:53.18	39.97	250m:	3:13.51	40.05	350m:	4:34.50	40.69
	100m:	1:13.21 38.69	200m:	2:33.46	40.28	300m:	3:53.81	40.30	400m:	5:13.31	38.81
3.	OLIVEIRA, Afonso Miguel		07	Salesianos do Funchal				5:18.19			
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>										
	50m:	32.66 32.66	150m:	1:51.32	40.38	250m:	3:14.29	41.40	350m:	4:37.49	40.58
	100m:	1:10.94 38.28	200m:	2:32.89	41.57	300m:	3:56.91	42.62	400m:	5:18.19	40.70
4.	SMIRNOV, Dmytro		07	Desportivo Sao Roque				5:23.66			
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>										
	50m:	34.84 34.84	150m:	1:58.97	42.27	250m:	3:23.37	41.69	350m:	4:46.05	40.64
	100m:	1:16.70 41.86	200m:	2:41.68	42.71	300m:	4:05.41	42.04	400m:	5:23.66	37.61
5.	RIBEIRO, Telmo Drumond		07	Naval do Funchal				5:25.53			
	50m:	33.51 33.51	150m:	1:53.02	40.84	250m:	3:18.39	42.50	350m:	4:45.39	43.51
	100m:	1:12.18 38.67	200m:	2:35.89	42.87	300m:	4:01.88	43.49	400m:	5:25.53	40.14
6.	FERNANDES, Afonso Berimbau		07	Salesianos do Funchal				5:29.00			
	50m:	35.58 35.58	150m:	1:58.64	41.82	250m:	3:25.45	43.68	350m:	4:51.57	42.43
	100m:	1:16.82 41.24	200m:	2:41.77	43.13	300m:	4:09.14	43.69	400m:	5:29.00	37.43
7.	ALVES, Diogo Basilio		07	Salesianos do Funchal				5:30.21			
	50m:	36.20 36.20	150m:	2:00.67	42.66	250m:	3:26.09	42.51	350m:	4:49.99	41.66
	100m:	1:18.01 41.81	200m:	2:43.58	42.91	300m:	4:08.33	42.24	400m:	5:30.21	40.22
8.	PENSO, Miguel Reigada		07	Escola O Liceu				5:35.06			
	50m:	34.87 34.87	150m:	1:59.54	42.99	250m:	3:27.50	44.22	350m:	4:55.90	43.48
	100m:	1:16.55 41.68	200m:	2:43.28	43.74	300m:	4:12.42	44.92	400m:	5:35.06	39.16
9.	NUNES, Duarte Costa		07	Salesianos do Funchal				5:41.71			
	50m:	37.66 37.66	150m:	2:05.75	44.49	250m:	3:35.33	44.36	350m:	5:03.66	43.67
	100m:	1:21.26 43.60	200m:	2:50.97	45.22	300m:	4:19.99	44.66	400m:	5:41.71	38.05

Prova 2, Masc., 400m Livres, Infantil A - 14 anos

Lugar	Ano	Tempo final	Pts
10. NUNES, Henrique Dias	07 Desportivo Nacional	6:02.91	
50m: 37.24 37.24	150m: 2:10.66 47.81	250m: 3:46.09 48.26	350m: 5:19.75 45.92
100m: 1:22.85 45.61	200m: 2:57.83 47.17	300m: 4:33.83 47.74	400m: 6:02.91 43.16
11. VIEIRA, Luis Henrique	07 Desportivo Nacional	6:34.20	
50m: 43.43 43.43	150m: 2:23.50 50.07	250m: 4:05.73 49.41	350m: 5:48.43 49.71
100m: 1:33.43 50.00	200m: 3:16.32 52.82	300m: 4:58.72 52.99	400m: 6:34.20 45.77
DSQ JESUS, David Martins	07 Desportivo Sao Roque		
<i>403 - Falsa partida - SW 4.4</i>			

Juvenil B - 15 anos

1. ABREU, Joao Francisco	06 Naval do Funchal	4:52.11	4,2
50m: 32.99 32.99	150m: 1:45.53 37.02	250m: 3:00.55 37.71	350m: 4:15.10 37.26
100m: 1:08.51 35.52	200m: 2:22.84 37.31	300m: 3:37.84 37.29	400m: 4:52.11 37.01
2. SILVA, Joao Luis	06 Escola O Liceu	5:01.22	1,7
50m: 33.79 33.79	150m: 1:51.32 39.29	250m: 3:10.72 39.75	350m: 4:28.11 37.78
100m: 1:12.03 38.24	200m: 2:30.97 39.65	300m: 3:50.33 39.61	400m: 5:01.22 33.11
3. TEMES, Joao Caires	06 Salesianos do Funchal	5:14.74	
50m: 33.44 33.44	150m: 1:51.87 40.93	250m: 3:15.42 42.16	350m: 4:37.59 40.58
100m: 1:10.94 37.50	200m: 2:33.26 41.39	300m: 3:57.01 41.59	400m: 5:14.74 37.15
4. TEIXEIRA, Bernardo Figueiroa	06 Andorinha	5:40.82	
50m: 34.28 34.28	150m: 1:56.16 42.16	250m: 3:24.42 44.63	350m: 4:55.04 45.64
100m: 1:14.00 39.72	200m: 2:39.79 43.63	300m: 4:09.40 44.98	400m: 5:40.82 45.78

Juvenil A - 16 anos

1. OLIVEIRA, Diogo Alexandre	05 Naval do Funchal	4:23.91	10,9
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>			
50m: 29.79 29.79	150m: 1:36.55 33.83	250m: 2:44.11 33.98	350m: 3:51.67 33.87
100m: 1:02.72 32.93	200m: 2:10.13 33.58	300m: 3:17.80 33.69	400m: 4:23.91 32.24

Juniores - 17 e 18 anos

1. FERNANDES, Diogo Henrique	04 Naval do Funchal	4:28.06	8,7
50m: 30.21 30.21	150m: 1:37.66 34.30	250m: 2:46.39 34.52	350m: 3:55.23 34.35
100m: 1:03.36 33.15	200m: 2:11.87 34.21	300m: 3:20.88 34.49	400m: 4:28.06 32.83
2. VIEIRA, Emanuel Eloi	03 Desportivo Sao Roque	4:48.52	1,8
50m: 31.84 31.84	150m: 1:44.65 37.06	250m: 2:59.38 37.49	350m: 4:13.55 35.85
100m: 1:07.59 35.75	200m: 2:21.89 37.24	300m: 3:37.70 38.32	400m: 4:48.52 34.97
3. MAROTE, Joao Nuno	03 Desportivo Sao Roque	5:02.17	
50m: 32.50 32.50	150m: 1:47.07 37.79	250m: 3:05.16 39.00	350m: 4:23.35 39.16
100m: 1:09.28 36.78	200m: 2:26.16 39.09	300m: 3:44.19 39.03	400m: 5:02.17 38.82
4. PRELL, Christian-Luis	04 Escola O Liceu	5:06.94	
50m: 32.56 32.56	150m: 1:46.10 37.79	250m: 3:05.73 40.02	350m: 4:27.40 41.21
100m: 1:08.31 35.75	200m: 2:25.71 39.61	300m: 3:46.19 40.46	400m: 5:06.94 39.54
5. SERRANO, Tiago Alexandre	04 Andorinha	5:35.78	
50m: 33.94 33.94	150m: 1:56.41 42.61	250m: 3:23.70 44.20	350m: 4:54.54 44.96
100m: 1:13.80 39.86	200m: 2:39.50 43.09	300m: 4:09.58 45.88	400m: 5:35.78 41.24

Prova 2, Masc., 400m Livres

Absolutos - 15 e mais velhos

1.	OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	4:23.91	10,9
	<i>M�nimos OPEN DE PORTUGAL - Jamor</i>				
	50m: 29.79 29.79	150m: 1:36.55	33.83	250m: 2:44.11	33.98
	100m: 1:02.72 32.93	200m: 2:10.13	33.58	300m: 3:17.80	33.69
				350m: 3:51.67	33.87
				400m: 4:23.91	32.24
2.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	4:25.51	6,5
	50m: 29.39 29.39	150m: 1:35.83	33.74	250m: 2:44.29	34.50
	100m: 1:02.09 32.70	200m: 2:09.79	33.96	300m: 3:19.08	34.79
				350m: 3:52.96	33.88
				400m: 4:25.51	32.55
3.	FERNANDES, Diogo Henrique	04	Naval do Funchal	4:28.06	8,7
	50m: 30.21 30.21	150m: 1:37.66	34.30	250m: 2:46.39	34.52
	100m: 1:03.36 33.15	200m: 2:11.87	34.21	300m: 3:20.88	34.49
				350m: 3:55.23	34.35
				400m: 4:28.06	32.83
4.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	4:48.52	1,8
	50m: 31.84 31.84	150m: 1:44.65	37.06	250m: 2:59.38	37.49
	100m: 1:07.59 35.75	200m: 2:21.89	37.24	300m: 3:37.70	38.32
				350m: 4:13.55	35.85
				400m: 4:48.52	34.97
5.	ABREU, Joao Francisco	06	Naval do Funchal	4:52.11	4,2
	50m: 32.99 32.99	150m: 1:45.53	37.02	250m: 3:00.55	37.71
	100m: 1:08.51 35.52	200m: 2:22.84	37.31	300m: 3:37.84	37.29
				350m: 4:15.10	37.26
				400m: 4:52.11	37.01
6.	SILVA, Joao Luis	06	Escola O Liceu	5:01.22	1,7
	50m: 33.79 33.79	150m: 1:51.32	39.29	250m: 3:10.72	39.75
	100m: 1:12.03 38.24	200m: 2:30.97	39.65	300m: 3:50.33	39.61
				350m: 4:28.11	37.78
				400m: 5:01.22	33.11
7.	MAROTE, Joao Nuno	03	Desportivo Sao Roque	5:02.17	
	50m: 32.50 32.50	150m: 1:47.07	37.79	250m: 3:05.16	39.00
	100m: 1:09.28 36.78	200m: 2:26.16	39.09	300m: 3:44.19	39.03
				350m: 4:23.35	39.16
				400m: 5:02.17	38.82
8.	GOUVEIA, Miguel Angelo	95	Escola O Liceu	5:02.72	
	50m: 32.91 32.91	150m: 1:47.78	37.64	250m: 3:04.80	38.73
	100m: 1:10.14 37.23	200m: 2:26.07	38.29	300m: 3:44.06	39.26
				350m: 4:23.44	39.38
				400m: 5:02.72	39.28
9.	PRELL, Christian-Luis	04	Escola O Liceu	5:06.94	
	50m: 32.56 32.56	150m: 1:46.10	37.79	250m: 3:05.73	40.02
	100m: 1:08.31 35.75	200m: 2:25.71	39.61	300m: 3:46.19	40.46
				350m: 4:27.40	41.21
				400m: 5:06.94	39.54
10.	TEMES, Joao Caires	06	Salesianos do Funchal	5:14.74	
	50m: 33.44 33.44	150m: 1:51.87	40.93	250m: 3:15.42	42.16
	100m: 1:10.94 37.50	200m: 2:33.26	41.39	300m: 3:57.01	41.59
				350m: 4:37.59	40.58
				400m: 5:14.74	37.15
11.	CISNEROS, Diego Andres	01	Andorinha	5:31.95	
	50m: 33.07 33.07	150m: 1:49.57	40.70	250m: 3:15.80	43.65
	100m: 1:08.87 35.80	200m: 2:32.15	42.58	300m: 4:00.58	44.78
				350m: 4:46.05	45.47
				400m: 5:31.95	45.90
12.	JAU, Valter Henriques	01	Escola O Liceu	5:32.31	
	50m: 34.77 34.77	150m: 1:55.20	41.40	250m: 3:20.99	43.14
	100m: 1:13.80 39.03	200m: 2:37.85	42.65	300m: 4:05.15	44.16
				350m: 4:49.76	44.61
				400m: 5:32.31	42.55
13.	SERRANO, Tiago Alexandre	04	Andorinha	5:35.78	
	50m: 33.94 33.94	150m: 1:56.41	42.61	250m: 3:23.70	44.20
	100m: 1:13.80 39.86	200m: 2:39.50	43.09	300m: 4:09.58	45.88
				350m: 4:54.54	44.96
				400m: 5:35.78	41.24
14.	TEIXEIRA, Bernardo Figueiroa	06	Andorinha	5:40.82	
	50m: 34.28 34.28	150m: 1:56.16	42.16	250m: 3:24.42	44.63
	100m: 1:14.00 39.72	200m: 2:39.79	43.63	300m: 4:09.40	44.98
				350m: 4:55.04	45.64
				400m: 5:40.82	45.78

Prova 3 Femin., 400m Estilos Absoluto
02/07/2021 - 20:14 Resultados

Recorde Regional Absoluto	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Sen	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Jun17	5:30.47	ROSA, Beatriz Jong	CDW/T	Funchal	18/03/2017
Recorde Regional Jun16	5:25.48	CERDAS, Sara Rodrigues	CNF	Funchal	07/07/2005
Recorde Regional Juv A	5:28.09	FERREIRA, Maria Leonor	CDN	Coimbra	06/04/2019
Recorde Regional Juv B	5:24.54	SOUSA, Susana Margarida	CFU	Olivais	08/08/1991
Recorde Regional Inf A	5:33.79	CORREIA, Marta Corte	CNF	Famalicao	25/07/1997
Recorde Regional Inf B	5:48.91	FERREIRA, Maria Leonor	CDN	Funchal	02/07/2016

TAC OPEN Juv B: 5:48.18; Juv A: 5:37.10; Jun16: 5:25.73; Jun17: 5:20.84; Sen: 5:13.55

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts
1. RODRIGUES, Laura Sofia	07 Salesianos do Funchal	5:39.16	8,2
<i>Mínimos OPEN DE PORTUGAL - Jamor</i>			
50m: 35.51 35.51	150m: 2:01.86 43.51	250m: 3:31.86 48.08	350m: 4:59.76 39.83
100m: 1:18.35 42.84	200m: 2:43.78 41.92	300m: 4:19.93 48.07	400m: 5:39.16 39.40

Absolutos - 14 e mais velhos

1. RODRIGUES, Laura Sofia	07 Salesianos do Funchal	5:39.16	8,2
<i>Mínimos OPEN DE PORTUGAL - Jamor</i>			
50m: 35.51 35.51	150m: 2:01.86 43.51	250m: 3:31.86 48.08	350m: 4:59.76 39.83
100m: 1:18.35 42.84	200m: 2:43.78 41.92	300m: 4:19.93 48.07	400m: 5:39.16 39.40

EXH GONCALVES, Vera Andrade	09 Salesianos do Funchal	6:10.81	6,2
50m: 38.05 38.05	150m: 2:13.54 46.28	250m: 3:54.15 56.05	350m: 5:31.19 39.27
100m: 1:27.26 49.21	200m: 2:58.10 44.56	300m: 4:51.92 57.77	400m: 6:10.81 39.62

Prova 4 Masc., 400m Estilos Absoluto
02/07/2021 - 20:21 Resultados

Recorde Regional Absoluto	4:31.80	FRANCO, Paulo Fragueiro	CDN	Jamor	29/07/2004
Recorde Regional Sen	4:31.80	FRANCO, Paulo Fragueiro	CDN	Jamor	29/07/2004
Recorde Regional Jun18	4:34.10	SILVA, Tomas Antonio	CNF	Funchal	02/08/2019
Recorde Regional Jun17	4:34.60	FRANCO, Paulo Fragueiro	CDN	Famalicao	05/08/1999
Recorde Regional Juv A	4:46.62	FREITAS, Tomas Miguel	CDN	Coimbra	28/07/2006
Recorde Regional Juv B	4:44.63	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	11/03/2005
Recorde Regional Inf A	4:46.20	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	23/07/2004
Recorde Regional Inf B	4:59.28	FREITAS, Tomas Miguel	CDN	Restelo	25/07/2003

TAC OPEN Juv B: 5:20.25; Juv A: 5:11.44; Jun17: 4:51.55; Jun18: 4:49.52; Sen: 4:43.76

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts
1. STEFLEA, Andre Sergio	06 Desportivo Sao Roque	6:33.95	
50m: 36.51 36.51	150m: 2:13.09 50.01	250m: 4:03.29 59.89	350m: 5:49.68 44.52
100m: 1:23.08 46.57	200m: 3:03.40 50.31	300m: 5:05.16 1:01.87	400m: 6:33.95 44.27

Juniores - 17 e 18 anos

1. RODRIGUES, Rodrigo Reis	04 Desportivo Sao Roque	5:02.99	8,5
50m: 29.62 29.62	150m: 1:44.80 40.49	250m: 3:08.38 44.50	350m: 4:28.78 34.77
100m: 1:04.31 34.69	200m: 2:23.88 39.08	300m: 3:54.01 45.63	400m: 5:02.99 34.21

Prova 4, Masc., 400m Estilos

Absolutos - 15 e mais velhos

1.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	5:02.99	8,5	
	50m: 29.62 29.62	150m: 1:44.80	40.49 250m: 3:08.38	44.50	350m: 4:28.78	34.77
	100m: 1:04.31 34.69	200m: 2:23.88	39.08 300m: 3:54.01	45.63	400m: 5:02.99	34.21
2.	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	6:33.95		
	50m: 36.51 36.51	150m: 2:13.09	50.01 250m: 4:03.29	59.89	350m: 5:49.68	44.52
	100m: 1:23.08 46.57	200m: 3:03.40	50.31 300m: 5:05.16	1:01.87	400m: 6:33.95	44.27

Prova 5 Femin., 100m Mariposa Infantis
03/07/2021 - 8:30 Resultados

Recorde Regional Absoluto	1:03.25	OLIM, Carlota Freitas	CNF	Faro	20/07/2009
Recorde Regional Inf A	1:09.93	ROSA, Beatriz Jong	CDN	S. Joao da Madeira	14/07/2013
Recorde Regional Inf B	1:12.42	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

TAC INFANTIS Inf B: 1:27.14; Inf A: 1:20.94

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m
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Infantil B - 12 anos

1.	MATEUS, Eleine Vieira	09	Desportivo Nacional	1:27.85		40.36	47.49
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Infantil A - 13 anos

1.	ALVES, Juliana Rodrigues	08	Desportivo Nacional	1:16.53	4,2	35.73	40.80
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
2.	ANDRADE, Matilde Sousa	08	Naval do Funchal	1:17.98	2,7	35.55	42.43
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						

Prova 6 Masc., 100m Mariposa Infantis
03/07/2021 - 8:32 Resultados

Recorde Regional Absoluto	56.41	SEQUEIRA, Afonso Meneses	CNF	Funchal	03/08/2019
Recorde Regional Inf A	1:02.42	CASTANHEIRO, Vitor Goncalo	CDN	S. Joao da Madeira	22/07/2006
Recorde Regional Inf B	1:04.44	VARGAS, Henrique Luis	CNF	Lisboa	23/07/2011

TAC INFANTIS Inf B: 1:19.83; Inf A: 1:15.00

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m
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Infantil B - 13 anos

1.	MIRANDA, Francisco Guilherm	08	Naval do Funchal	1:17.38		36.78	40.60
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
2.	JESUS, Vasco Franca	08	Naval do Funchal	1:28.78		39.80	48.98
3.	CASTRO, Marco Antonio	08	Naval do Funchal	1:31.58		41.41	50.17
4.	NOBREGA, Matias Sargo	08	Naval do Funchal	1:34.97		42.00	52.97
5.	BARATA, Joao Tomas	08	Salesianos do Funchal	1:50.52		51.56	58.96

Infantil A - 14 anos

1.	ALMEIDA, Joao Francisco	07	Naval do Funchal	1:09.42	4,4	31.92	37.50
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
2.	OLIVEIRA, Afonso Miguel	07	Salesianos do Funchal	1:10.19	3,5	32.40	37.79
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
3.	PEREIRA, Lucas Santos	07	Naval do Funchal	1:10.56	3,1	32.75	37.81
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
4.	RIBEIRO, Telmo Drumond	07	Naval do Funchal	1:15.10		35.46	39.64
5.	FERNANDES, Afonso Berimba	07	Salesianos do Funchal	1:16.15		34.98	41.17
6.	GOUVEIA, Martim Jose	07	Desportivo Sao Roque	1:29.43		39.09	50.34
7.	VIEIRA, Luis Henrique	07	Desportivo Nacional	1:35.29		43.67	51.62
DSQ	BARBOSA, Joao Camacho	07	Desportivo Nacional				
	<i>809 - Movimento alternado de pernas durante o percurso - SW 8.3</i>						
DSQ	JESUS, David Martins	07	Desportivo Sao Roque				

Prova 7 Femin., 200m Bru os Infantis
03/07/2021 - 8:47 Resultados

Recorde Regional Absoluto	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010
Recorde Regional Inf A	2:52.09	ABREU, Laura Catarina	CDN	Funchal	27/06/2013
Recorde Regional Inf B	2:59.60	RODRIGUES, Laura Sofia	JACL	Funchal	06/07/2019

TAC INFANTIS Inf B: 3:37.12; Inf A: 3:24.66

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil B - 12 anos								
1.	MELIM, Sara Beatriz	09 Desportivo Nacional	3:22.30	2,5	47.92	51.62	52.16	50.60
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
2.	SA, Vanessa Fernandes	09 Naval do Funchal	3:23.41	2,1	46.45	52.58	53.82	50.56
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
3.	MARGARIDO, Paula Aguiar	09 Salesianos do Funchal	3:33.05		46.70	54.52	56.51	55.32
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
4.	FREITAS, Francisca Leonor	09 Naval do Funchal	3:33.47		50.19	54.47	54.56	54.25
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
5.	TEMTEM, Madalena Barbot	09 Desportivo Nacional	3:43.91		50.51	57.55	58.27	57.58
DSQ	ALVES, Francisca Pereira	09 Salesianos do Funchal						
	<i>730 - V�rios movimentos verticais de pernas ap�s viragem aos 100 m - SW 7.1</i>							

Infantil A - 13 anos

1.	PEREIRA, Julia Freitas	08 Naval do Funchal	3:18.45		43.99	49.66	51.97	52.83
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
2.	PEREIRA, Maria Clara	08 Salesianos do Funchal	3:24.08		45.80	52.00	53.44	52.84
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
3.	SOARES, Leonor Silva	08 Desportivo Nacional	3:27.17		48.12	52.36	52.99	53.70
4.	JESUS, Ligia Maria	08 Escola O Liceu	3:30.03		46.76	52.78	55.25	55.24
5.	NOBREGA, Sara Francisca	08 Desportivo Sao Roque	3:54.32		52.13	1:00.16	1:02.03	1:00.00
DSQ	BAPTISTA, Ines Sande	08 Desportivo Nacional						
	<i>718 - Movimento vertical de pernas durante o percurso - SW 7.5</i>							

Prova 8 Masc., 200m Bru os Infantis
03/07/2021 - 8:56 Resultados

Recorde Regional Absoluto	2:21.89	SILVA, Tomas Antonio	CNF	Funchal	03/08/2019
Recorde Regional Inf A	2:37.91	FREITAS, Tomas Miguel	CDN	Povoa Varzim	25/07/2004
Recorde Regional Inf B	2:41.52	FREITAS, Tomas Miguel	CDN	Restelo	27/07/2003

TAC INFANTIS Inf B: 3:22.70; Inf A: 3:12.99

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil B - 13 anos								
1.	JARDIM, Rodrigo Vieira	08 Naval do Funchal	3:25.98		46.57	53.50	54.98	50.93
Infantil A - 14 anos								
1.	NEVES, Tiago Brazao	07 Naval do Funchal	3:05.67		43.04	47.27	48.75	46.61
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
2.	ARAUJO, Joao Caldeira	07 Naval do Funchal	3:12.94		42.85	50.81	50.78	48.50
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
3.	SMIRNOV, Dmytro	07 Desportivo Sao Roque	3:12.95		43.60	50.73	50.41	48.21
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
4.	COSTA, Guilherme Corte	07 Desportivo Nacional	3:19.85		45.04	50.82	52.39	51.60

Prova 8, Masc., 200m Bru os, Infantil A - 14 anos

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
5.	07	NUNES, Henrique Dias	Desportivo Nacional	3:25.44	47.36	51.65	54.55	51.88
6.	07	CARVALHO, J.	Naval do Funchal	3:39.33	47.24	57.13	56.97	57.99

Prova 9 Femin., 200m Estilos Infantilis Resultados

03/07/2021 - 9:10								
Recorde Regional Absoluto	2:20.84	QUINTAL, Fabiana Maria	CDN	Coimbra	30/05/2009			
Recorde Regional Inf A	2:34.63	CAIRES, Joana Costa	CNF	Lisboa	23/07/2011			
Recorde Regional Inf B	2:38.31	LOPES, Joana Cristina	CNF	Las Palmas (ESP)	09/07/1992			
TAC INFANTIS Inf B: 3:15.61; Inf A: 3:05.16								

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil B - 12 anos								
1.	09	MELIM, Sara Beatriz	Desportivo Nacional	3:05.66	42.48	52.53	49.99	40.66
		<i>M�nimos Camp. Nacional Infantis - Set�bal</i>						
2.	09	MATEUS, Eleine Vieira	Desportivo Nacional	3:09.79	40.65	49.12	55.78	44.24
		<i>M�nimos Camp. Nacional Infantis - Set�bal</i>						
3.	09	SA, Vanessa Fernandes	Naval do Funchal	3:10.53	43.91	50.30	53.76	42.56
		<i>M�nimos Camp. Nacional Infantis - Set�bal</i>						
4.	09	SOUSA, Leonor Rocha	Salesianos do Funchal	3:13.83	45.68	47.70	57.44	43.01
		<i>M�nimos Camp. Nacional Infantis - Set�bal</i>						
5.	09	FREITAS, Francisca Leonor	Naval do Funchal	3:26.15	52.07	52.21	54.71	47.16
6.	09	TEMTEM, Madalena Barbc	Desportivo Nacional	3:27.42	48.94	56.10	57.12	45.26
7.	09	ALVES, Francisca Pereira	Salesianos do Funchal	3:33.19	43.74	55.81	1:01.08	52.56
8.	09	ROMAO, Laura Beatriz	Naval do Funchal	3:45.58	48.40	1:00.31	1:04.42	52.45

Infantil A - 13 anos

1.	08	ANDRADE, Matilde Sousa	Naval do Funchal	2:50.29	5,0	35.87	44.35	51.34	38.73
		<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
2.	08	ALVES, Juliana Rodrigues	Desportivo Nacional	2:59.23		37.55	48.17	51.14	42.37
		<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
3.	08	GOMES, Sofia Vega	Naval do Funchal	3:01.08		38.43	46.58	54.41	41.66
		<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
4.	08	SOARES, Leonor Silva	Desportivo Nacional	3:04.88		41.91	47.95	53.03	41.99
		<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
5.	08	BAPTISTA, Ines Sande	Desportivo Nacional	3:05.06		41.39	48.25	53.13	42.29
		<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
6.	08	PEREIRA, Maria Clara	Salesianos do Funchal	3:05.52		42.10	49.45	53.76	40.21
7.	08	SILVA, Carolina Pestana	Naval do Funchal	3:17.57		43.28	48.78	1:01.29	44.22

Prova 10 Masc., 200m Estilos Infantil
03/07/2021 - 9:19 Resultados

Recorde Regional Absoluto	2:07.28	SILVA, Tomas Antonio	CNF	Funchal	04/08/2019
Recorde Regional Inf A	2:17.91	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	25/07/2004
Recorde Regional Inf B	2:23.06	FREITAS, Tomas Miguel	CDN	Rio Maior	01/08/2003

TAC INFANTIS Inf B: 3:00.96; Inf A: 2:51.83

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
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Infantil B - 13 anos

1.	MIRANDA, F.	08	Naval do Funchal	2:53.32		36.15	45.56	53.54	38.07
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>								
2.	JESUS, Vasco Franca	08	Naval do Funchal	2:56.74		39.02	46.09	54.01	37.62
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>								
3.	RODRIGUES, G.	08	Desportivo Sao Roque	3:03.94		35.68	49.65	57.71	40.90
4.	JARDIM, Rodrigo Vieira	08	Naval do Funchal	3:04.22		41.63	48.59	52.09	41.91
5.	BARRADAS, Rafael Alves	08	Escola O Liceu	3:05.70		37.20	51.52	56.16	40.82
6.	MEDEIROS, Joao Francis	08	Salesianos do Funchal	3:10.53		41.86	48.73	1:00.24	39.70
7.	CASTRO, Marco Antonio	08	Naval do Funchal	3:10.56		40.95	52.20	59.84	37.57
8.	NOBREGA, Matias Sargo	08	Naval do Funchal	3:11.76		42.23	51.43	56.33	41.77
9.	FERNANDEZ, H.	08	Salesianos do Funchal	3:16.39		45.11	52.42	55.92	42.94
10.	GOMES, Guilherme Silva	08	Desportiva Galomar	3:17.74		39.85	50.99	59.44	47.46
11.	BARATA, Joao Tomas	08	Salesianos do Funchal	3:49.15		53.65	59.30	1:05.55	50.65

Infantil A - 14 anos

1.	NEVES, Tiago Brazao	07	Naval do Funchal	2:38.86	4,2	34.47	41.43	47.23	35.73
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>								
2.	PEREIRA, Lucas Santos	07	Naval do Funchal	2:45.57		33.08	46.94	49.49	36.06
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>								
3.	COSTA, Guilherme Corte	07	Desportivo Nacional	2:48.09		35.23	43.38	52.25	37.23
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>								
4.	RIBEIRO, Telmo Drumonc	07	Naval do Funchal	2:49.96		34.80	47.27	51.06	36.83
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>								
5.	SMIRNOV, Dmytro	07	Desportivo Sao Roque	2:51.21		36.28	43.42	51.20	40.31
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>								
6.	ARAUJO, Joao Caldeira	07	Naval do Funchal	2:52.43		36.84	44.71	51.55	39.33
7.	ALVES, Diogo Basilio	07	Salesianos do Funchal	2:58.03		40.55	45.25	52.61	39.62
8.	PENSO, Miguel Reigada	07	Escola O Liceu	3:03.32		42.28	49.03	54.23	37.78
9.	NUNES, Henrique Dias	07	Desportivo Nacional	3:10.43		43.76	50.07	55.62	40.98
10.	VIEIRA, Luis Henrique	07	Desportivo Nacional	3:33.29		43.63	55.81	1:06.43	47.42
DSQ	NUNES, Duarte Costa	07	Salesianos do Funchal						
	<i>608 - N�o chegou na posi�o dorsal - SW 6.5</i>								

Prova 11 Femin., 100m Mariposa Absoluto
03/07/2021 - 11:00 Resultados

Recorde Regional Absoluto	1:03.25	OLIM, Carlota Freitas	CNF	Faro	20/07/2009
Recorde Regional Sen	1:04.74	OLIM, Carlota Freitas	CNF	Oeiras	28/07/2012
Recorde Regional Jun17	1:06.27	OLIM, Carlota Freitas	CNF	Coimbra	11/04/2010
Recorde Regional Jun16	1:03.25	OLIM, Carlota Freitas	CNF	Faro	20/07/2009
Recorde Regional Juv A	1:06.30	ROSA, Beatriz Jong	CDN	Funchal	04/07/2015
Recorde Regional Juv B	1:07.58	BOULHOSA, Carolina Abreu	CNF	Coimbra	25/07/2015
Recorde Regional Inf A	1:09.93	ROSA, Beatriz Jong	CDN	S. Joao da Madeira	14/07/2013
Recorde Regional Inf B	1:12.42	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

TAC INFANTIS Inf B: 1:27.14; Inf A: 1:20.94 / TAC OPEN Juv B: 1:14.34; Juv A: 1:13.05; Jun16: 1:09.76; Jun17: 1:06.69; Sen: 1:05.32

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m
Juvenil B - 14 anos						
1.	NETO, Leonor Rodrigues	07	Naval do Funchal	1:15.81	2,6	34.62 41.19
Juvenil A - 15 anos						
1.	JARDIM, Lara Filipa	06	Naval do Funchal	1:13.47	4,1	33.39 40.08
2.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	1:19.09		37.08 42.01
Juniores - 16 e 17 anos						
1.	AVEIRO, Leonor Sofia	05	Naval do Funchal	1:18.60		36.45 42.15
Absolutos - 14 e mais velhos						
1.	OLIM, Carlota Freitas	93	Naval do Funchal	1:09.57	5,1	31.58 37.99
2.	GOMES, Susana Clara	77	Naval do Funchal	1:11.05	3,4	32.66 38.39
3.	JARDIM, Lara Filipa	06	Naval do Funchal	1:13.47	4,1	33.39 40.08
4.	NETO, Leonor Rodrigues	07	Naval do Funchal	1:15.81	2,6	34.62 41.19
5.	AVEIRO, Leonor Sofia	05	Naval do Funchal	1:18.60		36.45 42.15
6.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	1:19.09		37.08 42.01

Prova 12 Masc., 100m Mariposa Absoluto
03/07/2021 - 11:02 Resultados

Recorde Regional Absoluto	56.41	SEQUEIRA, Afonso Meneses	CNF	Funchal	03/08/2019
Recorde Regional Sen	56.41	SEQUEIRA, Afonso Meneses	CNF	Funchal	03/08/2019
Recorde Regional Jun18	56.74	GOUVEIA, Pedro Galvao	CDN	Coimbra	27/05/2017
Recorde Regional Jun17	57.17	SEQUEIRA, Afonso Meneses	CNF	Oeiras	23/07/2016
Recorde Regional Juv A	58.49	SEQUEIRA, Afonso Meneses	CNF	Coimbra	30/05/2015
Recorde Regional Juv B	59.81	VARGAS, Henrique Luis	CNF	Famalicao	20/07/2013
Recorde Regional Inf A	1:02.42	CASTANHEIRO, Vitor Goncalo	CDN	S. Joao da Madeira	22/07/2006
Recorde Regional Inf B	1:04.44	VARGAS, Henrique Luis	CNF	Lisboa	23/07/2011

TAC INFANTIS Inf B: 1:19.83; Inf A: 1:15.00 / TAC OPEN Juv B: 1:04.78; Juv A: 1:03.29; Jun17: 59.34; Jun18: 58.00; Sen: 57.26

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m
Juvenil B - 15 anos						
1.	SILVA, Joao Luis	06	Escola O Liceu	1:06.01	5,6	30.24 35.77
2.	FERRAZ, Luis Afonso	06	Naval do Funchal	1:07.14	4,2	31.69 35.45
3.	ABREU, Joao Francisco	06	Naval do Funchal	1:09.71	1,1	31.94 37.77
4.	GARANITO, Simao Silva	06	Naval do Funchal	1:12.34		33.31 39.03
5.	TEMES, Joao Caires	06	Salesianos do Funchal	1:15.30		34.42 40.88
DSQ	VIVEIROS, Pedro Perestrelo	06	Desportiva de Machico			
<i>403 - Falsa partida - SW 4.4</i>						

Prova 12, Masc., 100m Mariposa

Juvenil A - 16 anos

1.	OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	1:00.76	10,7	28.16	32.60
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
2.	RODRIGUES, Joao Luis	05	Naval do Funchal	1:02.03	9,2	29.05	32.98
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							

Juniores - 17 e 18 anos

1.	BARRY, Rafael Francisco	04	Naval do Funchal	1:02.97	7,4	28.73	34.24
2.	ABREU, Nuno Afonso	03	Naval do Funchal	1:09.41		31.44	37.97

Absolutos - 15 e mais velhos

1.	OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	1:00.76	10,7	28.16	32.60
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
2.	RODRIGUES, Joao Luis	05	Naval do Funchal	1:02.03	9,2	29.05	32.98
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
3.	BARRY, Rafael Francisco	04	Naval do Funchal	1:02.97	7,4	28.73	34.24
4.	SILVA, Joao Luis	06	Escola O Liceu	1:06.01	5,6	30.24	35.77
5.	FERRAZ, Luis Afonso	06	Naval do Funchal	1:07.14	4,2	31.69	35.45
6.	ABREU, Nuno Afonso	03	Naval do Funchal	1:09.41		31.44	37.97
7.	ABREU, Joao Francisco	06	Naval do Funchal	1:09.71	1,1	31.94	37.77
8.	GARANITO, Simao Silva	06	Naval do Funchal	1:12.34		33.31	39.03
9.	TEMES, Joao Caires	06	Salesianos do Funchal	1:15.30		34.42	40.88
DSQ	VIVEIROS, Pedro Perestrelo	06	Desportiva de Machico				
<i>403 - Falsa partida - SW 4.4</i>							

Prova 13

Femin., 50m Costas

Absoluto

03/07/2021 - 11:06

Resultados

Recorde Regional Absoluto	31.51	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Sen	31.51	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Jun17	31.61	ROSA, Beatriz Jong	CDWT	Coimbra	30/03/2017
Recorde Regional Jun16	32.44	AGUILAR, Vera Ines	CDN	Oeiras	07/02/2016
Recorde Regional Juv A	32.40	AGUILAR, Vera Ines	CDN	Coimbra	01/04/2015
Recorde Regional Juv B	33.06	AGUILAR, Vera Ines	CDN	Oeiras	24/07/2014
Recorde Regional Inf A	33.70	COSTA, Maria Jardim	CDN	Funchal	14/06/2019
Recorde Regional Inf B	36.09	COSTA, Maria Jardim	CDN	Funchal	04/05/2018

TAC OPEN Juv B: 32.36; Juv A: 32.36; Jun16: 33.15; Jun17: 32.36; Sen: 31.99

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts
Juvenil B - 14 anos			
1.	RINCU, Alexandra	07 Naval do Funchal	47.24
2.	LIMA, Rafaela Camara	07 Desportivo Nacional	51.51
Juvenil A - 15 anos			
1.	CARICHAS, Joana Medeiros	06 Salesianos do Funchal	36.49 1,6
2.	JESUS, Veronica Martins	06 Desportivo Sao Roque	53.86
Juniores - 16 e 17 anos			
1.	SOUSA, Joana Francisca	04 Desportivo Sao Roque	34.21 5,4
2.	CAMACHO, Laura Fernandes	04 Naval do Funchal	34.91 3,8
3.	JARDIM, Teresa Vieira	05 Naval do Funchal	35.36 3,8
4.	GONCALVES, Maria Margarida	04 Naval do Funchal	36.01 1,3
5.	NOBREGA, Maria Trindade	05 Desportivo Nacional	44.15

Prova 13, Femin., 50m Costas

Absolutos - 14 e mais velhos

1.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	34.21	5,4
2.	CAMACHO, Laura Fernandes	04	Naval do Funchal	34.91	3,8
3.	JARDIM, Teresa Vieira	05	Naval do Funchal	35.36	3,8
4.	GONCALVES, Maria Margarida	04	Naval do Funchal	36.01	1,3
5.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	36.49	1,6
6.	LUIS, Jessica Santos	00	Desportivo Sao Roque	36.69	
7.	FREITAS, Viviana Maria	03	Desportiva de Machico	43.01	
8.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	43.60	
9.	NOBREGA, Maria Trindade	05	Desportivo Nacional	44.15	
10.	RINCU, Alexandra	07	Naval do Funchal	47.24	
11.	LIMA, Rafaela Camara	07	Desportivo Nacional	51.51	
12.	JESUS, Veronica Martins	06	Desportivo Sao Roque	53.86	
13.	ERRA, Juliana Franco	03	Desportiva de Machico	59.39	
EXH	GONCALVES, Vera Andrade <i>Recorde Regional</i>	09	Salesianos do Funchal	35.15	9,7
EXH	FREITAS, Filipa Carolina	09	Desportiva de Machico	50.20	

Prova 14

03/07/2021 - 11:08

Masc., 50m Costas

Absoluto

Resultados

Recorde Regional Absoluto	27.26	FERNANDES, Joao Manuel	CNF	Coimbra	01/04/2015
Recorde Regional Sen	27.78	MARQUES, Miguel Freitas	CDSR	Coimbra	03/04/2015
Recorde Regional Jun18	27.26	FERNANDES, Joao Manuel	CNF	Coimbra	01/04/2015
Recorde Regional Jun17	28.14	FERNANDES, Joao Manuel	CNF	Oeiras	24/07/2014
Recorde Regional Juv A	28.32	FERNANDES, Rui Afonso	CDN	Funchal	03/08/2019
Recorde Regional Juv B	29.92	FERNANDES, Rui Afonso	CDN	Funchal	29/06/2018
Recorde Regional Inf A	31.16	CAMACHO, Afonso Caires	CNF	Funchal	04/05/2018
Recorde Regional Inf B	33.53	DEUS, Andre Portugal	CNF	Funchal	07/06/2015

TAC OPEN Juv B: 28.56; Juv A: 28.56; Jun17: 29.68; Jun18: 28.56; Sen: 28.00

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts
Juvenil B - 15 anos			
1.	PITA, Pedro Miguel <i>Recorde Regional</i>	06 Naval do Funchal	29.42 12,7
2.	OLIVEIRA, Bernardo Antonio	06 Naval do Funchal	37.88
3.	STEFLEA, Andre Sergio	06 Desportivo Sao Roque	38.61
4.	CRO, Nuno Afonso	06 Desportivo Sao Roque	50.50
Juvenil A - 16 anos			
1.	MENDES, Juan Diego	05 Desportivo Nacional	41.64
2.	CORREIA, Rodrigo Ramos	05 Desportivo Nacional	41.93
Juniores - 17 e 18 anos			
1.	GOMES, Goncalo Camara <i>Mínimos OPEN DE PORTUGAL - Jamor</i>	03 Naval do Funchal	28.38 11,1

Prova 14, Masc., 50m Costas

Absolutos - 15 e mais velhos

1.	GOMES, Goncalo Camara	03	Naval do Funchal	28.38	11,1
<i>Mínimos OPEN DE PORTUGAL - Jamor</i>					
2.	PITA, Pedro Miguel	06	Naval do Funchal	29.42	12,7
<i>Recorde Regional</i>					
3.	NUNES, Goncalo Almada	01	Salesianos do Funchal	33.82	
4.	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	37.88	
5.	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	38.61	
6.	MENDES, Juan Diego	05	Desportivo Nacional	41.64	
7.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	41.93	
8.	DINIS, Fernando Jose	02	Desportivo Sao Roque	46.09	
9.	CRO, Nuno Afonso	06	Desportivo Sao Roque	50.50	

Prova 15

Femin., 200m Bruços

Absoluto

03/07/2021 - 11:11

Resultados

Recorde Regional Absoluto	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010
Recorde Regional Sen	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010
Recorde Regional Jun17	2:45.24	MARQUES, Mariana Sousa	CNF	Funchal	08/07/2005
Recorde Regional Jun16	2:45.52	ABREU, Laura Catarina	CDN	Oeiras	11/03/2016
Recorde Regional Juv A	2:47.95	ABREU, Laura Catarina	CDN	Coimbra	30/05/2015
Recorde Regional Juv B	2:45.80	ABREU, Laura Catarina	CDN	Oeiras	26/07/2014
Recorde Regional Inf A	2:52.09	ABREU, Laura Catarina	CDN	Funchal	27/06/2013
Recorde Regional Inf B	2:59.60	RODRIGUES, Laura Sofia	JACL	Funchal	06/07/2019

TAC INFANTIS Inf B: 3:37.12; Inf A: 3:24.66 / TAC OPEN Juv B: 3:03.54; Juv A: 2:59.33; Jun16: 2:55.93; Jun17: 2:51.85;

Sen: 2:46.09

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Juvenil B - 14 anos									
1.	RODRIGUES, Laura Sofia	07	Salesianos do Funchal	2:53.44	10,1	39.02	44.38	45.81	44.23
<i>Mínimos OPEN DE PORTUGAL - Jamor</i>									
2.	MATEUS, Clarisse Vieira	07	Desportivo Nacional	3:07.94	3,9	42.13	47.19	49.37	49.25
3.	FIGUEIRA, Madalena Leor	07	Naval do Funchal	3:19.61		43.98	50.76	52.38	52.49

Juvenil A - 15 anos

1.	DEUS, Ines Portugal	06	Naval do Funchal	3:00.99	5,2	41.00	45.41	47.13	47.45
2.	SEQUEIRA, Beatriz Mene	06	Naval do Funchal	3:04.03	3,9	41.60	46.25	48.21	47.97
DSQ	SILVA, Silvana Suamade	06	Desportivo Sao Roque						
<i>718 - Movimento vertical de pernas durante o percurso - SW 7.5</i>									

Absolutos - 14 e mais velhos

1.	RODRIGUES, Laura Sofia	07	Salesianos do Funchal	2:53.44	10,1	39.02	44.38	45.81	44.23
<i>Mínimos OPEN DE PORTUGAL - Jamor</i>									
2.	DEUS, Ines Portugal	06	Naval do Funchal	3:00.99	5,2	41.00	45.41	47.13	47.45
3.	SEQUEIRA, Beatriz Mene	06	Naval do Funchal	3:04.03	3,9	41.60	46.25	48.21	47.97
4.	MATEUS, Clarisse Vieira	07	Desportivo Nacional	3:07.94	3,9	42.13	47.19	49.37	49.25
5.	FIGUEIRA, Madalena Leor	07	Naval do Funchal	3:19.61		43.98	50.76	52.38	52.49
DSQ	SILVA, Silvana Suamade	06	Desportivo Sao Roque						
<i>718 - Movimento vertical de pernas durante o percurso - SW 7.5</i>									

Prova 16 Absoluto
03/07/2021 - 11:15 Resultados
Masc., 200m Bruços

Recorde Regional Absoluto	2:21.89	SILVA, Tomas Antonio	CNF	Funchal	03/08/2019
Recorde Regional Sen	2:27.23	MOURA, Vitor Diogo	CDN	Rio Maior	01/04/2011
Recorde Regional Jun18	2:21.89	SILVA, Tomas Antonio	CNF	Funchal	03/08/2019
Recorde Regional Jun17	2:25.61	SILVA, Tomas Antonio	CNF	Oeiras	28/07/2018
Recorde Regional Juv A	2:31.11	SILVA, Tomas Antonio	CNF	Oeiras	22/07/2017
Recorde Regional Juv B	2:27.37	ALVES, Paulo Rodrigues	CDN	Funchal	03/08/2019
Recorde Regional Inf A	2:37.91	FREITAS, Tomas Miguel	CDN	Povoa Varzim	25/07/2004
Recorde Regional Inf B	2:41.52	FREITAS, Tomas Miguel	CDN	Restelo	27/07/2003

TAC INFANTIS Inf B: 3:22.70; Inf A: 3:12.99 / TAC OPEN Juv B: 2:49.00; Juv A: 2:43.22; Jun17: 2:36.40; Jun18: 2:30.94; Sen: 2:27.24

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Juvenil B - 15 anos									
1.	SETIM, Joao Oliveira	06	Naval do Funchal	3:11.87		41.38	48.92	51.47	50.10
2.	NACHYCHKO, Maximo	06	Naval do Funchal	3:25.83		43.25	53.67	56.28	52.63
Juvenil A - 16 anos									
1.	SOUSA, Lourenco Quintas	05	Naval do Funchal	3:01.75		39.05	45.84	48.51	48.35
Juniores - 17 e 18 anos									
1.	MATOS, Rodrigo Vieira	03	Naval do Funchal	2:38.02	6,2	33.72	39.84	41.86	42.60
2.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	2:47.68	1,4	36.37	42.99	44.46	43.86
3.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	2:59.37		38.28	44.68	47.73	48.68
Absolutos - 15 e mais velhos									
1.	MATOS, Rodrigo Vieira	03	Naval do Funchal	2:38.02	6,2	33.72	39.84	41.86	42.60
2.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	2:44.51		36.85	40.70	42.71	44.25
3.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	2:47.68	1,4	36.37	42.99	44.46	43.86
4.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	2:59.37		38.28	44.68	47.73	48.68
5.	SOUSA, Lourenco Quintas	05	Naval do Funchal	3:01.75		39.05	45.84	48.51	48.35
6.	SETIM, Joao Oliveira	06	Naval do Funchal	3:11.87		41.38	48.92	51.47	50.10
7.	NACHYCHKO, Maximo	06	Naval do Funchal	3:25.83		43.25	53.67	56.28	52.63

Prova 17 Absoluto
03/07/2021 - 11:29 Resultados
Femin., 50m Livres

Recorde Regional Absoluto	27.47	QUINTAL, Fabiana Maria	CDN	Coimbra	29/07/2010
Recorde Regional Sen	27.47	QUINTAL, Fabiana Maria	CDN	Coimbra	29/07/2010
Recorde Regional Jun17	28.11	AGUILAR, Vera Ines	CDN	Coimbra	31/03/2017
Recorde Regional Jun16	28.18	BOULHOSA, Carolina Abreu	CNF	Coimbra	31/03/2017
Recorde Regional Juv A	28.01	AGUILAR, Vera Ines	CDN	Coimbra	03/04/2015
Recorde Regional Juv B	28.51	AGUILAR, Vera Ines	CDN	Coimbra	05/04/2014
Recorde Regional Inf A	29.50	ANDRADE, Rubina Amaro	CDN		01/01/1992
Recorde Regional Inf B	30.05	NUNES, Jeanette Vilarejo	CNF	Matur	21/07/1992

TAC OPEN Juv B: 28.28; Juv A: 28.28; Jun16: 28.93; Jun17: 28.28; Sen: 27.58

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts
Juvenil B - 14 anos				
1.	LIMA, Rafaela Camara	07	Desportivo Nacional	38.45
2.	RINCU, Alexandra	07	Naval do Funchal	38.75

Prova 17, Femin., 50m Livres

Juvenil A - 15 anos

1. JESUS, Veronica Martins 06 Desportivo Sao Roque **44.20**

Juniores - 16 e 17 anos

1. GOMES, Madalena Sousa 05 Naval do Funchal **32.63**
 2. NOBREGA, Maria Trindade 05 Desportivo Nacional **35.81**
 3. BLANDY, Mischa Blue 04 Salesianos do Funchal **38.22**
 DSQ NASCIMENTO, Sofia Alexandre 05 Naval do Funchal
403 - Falsa partida - SW 4.4

Absolutos - 14 e mais velhos

1. OLIM, Carlota Freitas 93 Naval do Funchal **28.85** 7,4
 2. GOMES, Susana Clara 77 Naval do Funchal **29.21** 6,4
 3. GOMES, Madalena Sousa 05 Naval do Funchal **32.63**
 4. SILVA, Gabriela Suamade 02 Desportivo Sao Roque **35.11**
 5. NOBREGA, Maria Trindade 05 Desportivo Nacional **35.81**
 6. FREITAS, Viviana Maria 03 Desportiva de Machico **35.86**
 7. BLANDY, Mischa Blue 04 Salesianos do Funchal **38.22**
 8. LIMA, Rafaela Camara 07 Desportivo Nacional **38.45**
 9. RINCU, Alexandra 07 Naval do Funchal **38.75**
 10. ERRA, Juliana Franco 03 Desportiva de Machico **41.74**
 11. JESUS, Veronica Martins 06 Desportivo Sao Roque **44.20**
 DSQ NASCIMENTO, Sofia Alexandre 05 Naval do Funchal
403 - Falsa partida - SW 4.4

EXH GONCALVES, Vera Andrade 09 Salesianos do Funchal **30.68** 11,0
 EXH CARVALHO, Beatriz Xavier 09 Desportiva de Machico **40.81**
 EXH FREITAS, Filipa Carolina 09 Desportiva de Machico **44.24**

Prova 18

Masc., 50m Livres

Absoluto

03/07/2021 - 11:31

Resultados

Tempo	Nome	Clube	Local	Data
23.63	GONZALEZ, Hugo Miguel	CDN	Campanha	21/06/2003
23.63	GONZALEZ, Hugo Miguel	CDN	Campanha	21/06/2003
24.50	CASTRO, Joao Cruz	CDSR	Funchal	23/03/2018
24.40	CASTRO, Joao Cruz	CDSR	Coimbra	31/03/2017
25.05	CASTRO, Joao Cruz	CDSR	Coimbra	29/05/2016
25.87	CASTRO, Joao Cruz	CDSR	Funchal	06/06/2015
26.32	CASTRO, Joao Cruz	CSM	Coimbra	31/05/2014
27.85	DEUS, Andre Portugal	CNF	Funchal	06/06/2015

TAC OPEN Juv B: 24.56; Juv A: 24.56; Jun17: 26.10; Jun18: 24.56; Sen: 24.09

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts
Juvenil B - 15 anos			
1. PAULOS, Joao Afonso	06 Naval do Funchal	27.33	7,9
2. SILVA, Afonso Mar	06 Naval do Funchal	29.17	2,7
3. FARIA, Joao Miguel	06 Maritimo	30.47	
4. TEMES, Joao Caires	06 Salesianos do Funchal	31.07	
5. OLIVEIRA, Bernardo Antonio	06 Naval do Funchal	31.25	
6. STEFLEA, Andre Sergio	06 Desportivo Sao Roque	31.42	
7. NACHYCHKO, Maximo	06 Naval do Funchal	31.43	
8. VIVEIROS, Pedro Perestrelo	06 Desportiva de Machico	35.22	
9. CRO, Nuno Afonso	06 Desportivo Sao Roque	41.12	

Prova 18, Masc., 50m Livres

Juvenil A - 16 anos

1.	VOLOZHENIN, Alexandre	05	Naval do Funchal	27.49	6,2
2.	SOUSA, Luis Miguel	05	Maritimo	31.77	
3.	MENDES, Juan Diego	05	Desportivo Nacional	31.95	
4.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	32.17	

Juniores - 17 e 18 anos

1.	FERNANDES, Diogo Henrique	04	Naval do Funchal	25.61	10,8
	<i>M�nimos OPEN DE PORTUGAL - Jamor</i>				
2.	GOMES, Goncalo Camara	03	Naval do Funchal	25.77	9,2
3.	ABREU, Nuno Afonso	03	Naval do Funchal	28.30	1,8

Absolutos - 15 e mais velhos

1.	FERNANDES, Diogo Henrique	04	Naval do Funchal	25.61	10,8
	<i>M�nimos OPEN DE PORTUGAL - Jamor</i>				
2.	GOMES, Goncalo Camara	03	Naval do Funchal	25.77	9,2
3.	PAULOS, Joao Afonso	06	Naval do Funchal	27.33	7,9
4.	VOLOZHENIN, Alexandre	05	Naval do Funchal	27.49	6,2
5.	NUNES, Goncalo Almada	01	Salesianos do Funchal	27.86	
6.	ABREU, Nuno Afonso	03	Naval do Funchal	28.30	1,8
7.	SILVA, Afonso Mar	06	Naval do Funchal	29.17	2,7
8.	FARIA, Joao Miguel	06	Maritimo	30.47	
9.	TEMES, Joao Caires	06	Salesianos do Funchal	31.07	
10.	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	31.25	
11.	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	31.42	
12.	NACHYCHKO, Maximo	06	Naval do Funchal	31.43	
13.	SOUSA, Luis Miguel	05	Maritimo	31.77	
14.	MENDES, Juan Diego	05	Desportivo Nacional	31.95	
15.	FREITAS, Eduardo Luis	99	Desportiva de Machico	32.10	
16.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	32.17	
17.	PERESTRELO, Pedro Antonio	96	Desportiva de Machico	32.26	
18.	VIVEIROS, Pedro Perestrelo	06	Desportiva de Machico	35.22	
19.	DINIS, Fernando Jose	02	Desportivo Sao Roque	35.65	
20.	CRO, Nuno Afonso	06	Desportivo Sao Roque	41.12	

Prova 19 Femin., 200m Estilos Absoluto
03/07/2021 - 11:34 Resultados

Recorde Regional Absoluto	2:20.84	QUINTAL, Fabiana Maria	CDN	Coimbra	30/05/2009
Recorde Regional Sen	2:20.84	QUINTAL, Fabiana Maria	CDN	Coimbra	30/05/2009
Recorde Regional Jun17	2:31.69	ROSA, Beatriz Jong	CDWT	Coimbra	30/03/2017
Recorde Regional Jun16	2:32.15	ABREU, Laura Catarina	CDN	Funchal	27/02/2016
Recorde Regional Juv A	2:32.53	ROSA, Beatriz Jong	CDN	Funchal	05/07/2015
Recorde Regional Juv B	2:32.87	CAIRES, Joana Costa	CNF	Povoa de Varzim	24/03/2012
Recorde Regional Inf A	2:34.63	CAIRES, Joana Costa	CNF	Lisboa	23/07/2011
Recorde Regional Inf B	2:38.31	LOPES, Joana Cristina	CNF	Las Palmas (ESP)	09/07/1992

TAC INFANTIS Inf B: 3:15.61; Inf A: 3:05.16 / TAC OPEN Juv B: 2:41.98; Juv A: 2:35.89; Jun16: 2:33.84; Jun17: 2:29.70;
Sen: 2:28.08

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Juniores - 16 e 17 anos

1. VIEIRA, Sara Patricia	05	Maritimo	3:46.73	52.25	57.58	1:08.22	48.68
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Absolutos - 14 e mais velhos

1. LUIS, Jessica Santos	00	Desportivo Sao Roque	2:56.51	36.67	45.85	52.56	41.43
2. HERNANDEZ, M.	99	Maritimo	3:11.34	37.29	51.25	57.80	45.00
3. VIEIRA, Sara Patricia	05	Maritimo	3:46.73	52.25	57.58	1:08.22	48.68

Prova 20 Masc., 200m Estilos Absoluto
03/07/2021 - 11:39 Resultados

Recorde Regional Absoluto	2:07.28	SILVA, Tomas Antonio	CNF	Funchal	04/08/2019
Recorde Regional Sen	2:10.47	MENDONCA, Duarte Alves	CDN	Famalicao	06/08/1999
Recorde Regional Jun18	2:07.28	SILVA, Tomas Antonio	CNF	Funchal	04/08/2019
Recorde Regional Jun17	2:11.49	SILVA, Tomas Antonio	CNF	Funchal	24/03/2018
Recorde Regional Juv A	2:15.68	FREITAS, Tomas Miguel	CDN	Coimbra	30/07/2006
Recorde Regional Juv B	2:13.25	ALVES, Paulo Rodrigues	CDN	Funchal	04/08/2019
Recorde Regional Inf A	2:17.91	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	25/07/2004
Recorde Regional Inf B	2:23.06	FREITAS, Tomas Miguel	CDN	Rio Maior	01/08/2003

TAC INFANTIS Inf B: 3:00.96; Inf A: 2:51.83 / TAC OPEN Juv B: 2:27.81; Juv A: 2:23.01; Jun17: 2:15.44; Jun18: 2:15.08;
Sen: 2:11.35

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Juvenil B - 15 anos

1. SILVA, Joao Luis	06	Escola O Liceu	2:39.44	1,8	30.63	42.15	49.93	36.73
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Juvenil A - 16 anos

1. OLIVEIRA, Diogo Alexandr05	Naval do Funchal	2:20.01	10,6	29.41	37.29	40.96	32.35	
<i>Mínimos OPEN DE PORTUGAL - Jamor</i>								
2. RODRIGUES, Joao Luis	05	Naval do Funchal	2:28.70	6,0	29.82	39.17	45.68	34.03

Juniores - 17 e 18 anos

1. RODRIGUES, Rodrigo Re04	Desportivo Sao Roque	2:19.13	10,1	29.44	37.87	39.92	31.90
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Absolutos - 15 e mais velhos

1. RODRIGUES, Rodrigo Re04	Desportivo Sao Roque	2:19.13	10,1	29.44	37.87	39.92	31.90	
2. OLIVEIRA, Diogo Alexandr05	Naval do Funchal	2:20.01	10,6	29.41	37.29	40.96	32.35	
<i>Mínimos OPEN DE PORTUGAL - Jamor</i>								
3. RODRIGUES, Joao Luis	05	Naval do Funchal	2:28.70	6,0	29.82	39.17	45.68	34.03
4. SILVA, Joao Luis	06	Escola O Liceu	2:39.44	1,8	30.63	42.15	49.93	36.73

Prova 21 Femin., 800m Livres Absoluto
03/07/2021 - 11:42 Resultados

Recorde Regional Absoluto	9:23.39	ANDRADE, Rubina Amaro	CDN	Coimbra	06/08/1995
Recorde Regional Sen	9:30.57	ANDRADE, Rubina Amaro	CDN	Lisboa	03/08/1997
Recorde Regional Jun17	9:23.70	ANDRADE, Rubina Amaro	CDN	Famalicao	04/08/1996
Recorde Regional Jun16	9:23.39	ANDRADE, Rubina Amaro	CDN	Coimbra	06/08/1995
Recorde Regional Juv A	9:26.04	ANDRADE, Rubina Amaro	CDN	Nicosia (CYP)	23/04/1994
Recorde Regional Juv B	9:27.06	ANDRADE, Rubina Amaro	CDN	Chiasso (SUI)	11/06/1993
Recorde Regional Inf A	9:48.78	ANDRADE, Rubina Amaro	CDN	Aveiro	08/08/1992
Recorde Regional Inf B	10:17.67	ANDRADE, Rubina Amaro	CDN	Braga	27/07/1991

TAC OPEN Juv B: 10:33.87; Juv A: 10:02.86; Jun16: 9:41.83; Jun17: 9:40.35; Sen: 9:28.08

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts
Juvenil B - 14 anos			
1. RODRIGUES, Laura Sofia	07 Salesianos do Funchal	10:29.76	5,9
<i>Mínimos OPEN DE PORTUGAL - Jamor</i>			
100m: 1:12.71	1:12.71	300m: 3:50.97	1:19.51
200m: 2:31.46	1:18.75	400m: 5:10.74	1:19.77
500m: 6:30.46	1:19.72	600m: 7:50.86	1:20.40
700m: 9:11.01	1:20.15	800m: 10:29.76	1:18.75

Juvenil A - 15 anos

1. SILVA, Silvana Suamade	06 Desportivo Sao Roque	10:40.18	3,6
100m: 1:16.04	1:16.04	300m: 3:56.74	1:20.07
200m: 2:36.67	1:20.63	400m: 5:17.57	1:20.83
500m: 6:38.55	1:20.98	600m: 8:00.30	1:21.75
700m: 9:21.56	1:21.26	800m: 10:40.18	1:18.62
2. CARICHAS, Joana Medeiros	06 Salesianos do Funchal	11:22.66	
100m: 1:16.71	1:16.71	300m: 4:08.77	1:26.72
200m: 2:42.05	1:25.34	400m: 5:38.16	1:29.39
500m: 7:02.33	1:24.17	600m: 8:29.25	1:26.92
700m: 9:58.66	1:29.41	800m: 11:22.66	1:24.00
3. PEREIRA, Joana Marques	06 Salesianos do Funchal	11:39.99	
100m: 1:18.76	1:18.76	300m: 4:13.44	1:27.24
200m: 2:46.20	1:27.44	400m: 5:43.77	1:30.33
500m: 7:12.06	1:28.29	600m: 8:42.97	1:30.91
700m: 10:11.96	1:28.99	800m: 11:39.99	1:28.03

Juniores - 16 e 17 anos

1. SOUSA, Joana Francisca	04 Desportivo Sao Roque	10:15.78	5,6
100m: 1:11.59	1:11.59	300m: 3:48.39	1:19.24
200m: 2:29.15	1:17.56	400m: 5:06.79	1:18.40
500m: 6:24.43	1:17.64	600m: 7:42.32	1:17.89
700m: 8:59.32	1:17.00	800m: 10:15.78	1:16.46
2. BELO, Bruna Raquel	05 Desportivo Nacional	10:49.04	1,6
100m: 1:14.92	1:14.92	300m: 3:56.59	1:21.03
200m: 2:35.56	1:20.64	400m: 5:18.43	1:21.84
500m: 6:41.18	1:22.75	600m: 8:05.15	1:23.97
700m: 9:28.16	1:23.01	800m: 10:49.04	1:20.88

Absolutos - 14 e mais velhos

1. SOUSA, Joana Francisca	04 Desportivo Sao Roque	10:15.78	5,6
100m: 1:11.59	1:11.59	300m: 3:48.39	1:19.24
200m: 2:29.15	1:17.56	400m: 5:06.79	1:18.40
500m: 6:24.43	1:17.64	600m: 7:42.32	1:17.89
700m: 8:59.32	1:17.00	800m: 10:15.78	1:16.46
2. RODRIGUES, Laura Sofia	07 Salesianos do Funchal	10:29.76	5,9
<i>Mínimos OPEN DE PORTUGAL - Jamor</i>			
100m: 1:12.71	1:12.71	300m: 3:50.97	1:19.51
200m: 2:31.46	1:18.75	400m: 5:10.74	1:19.77
500m: 6:30.46	1:19.72	600m: 7:50.86	1:20.40
700m: 9:11.01	1:20.15	800m: 10:29.76	1:18.75
3. SILVA, Silvana Suamade	06 Desportivo Sao Roque	10:40.18	3,6
100m: 1:16.04	1:16.04	300m: 3:56.74	1:20.07
200m: 2:36.67	1:20.63	400m: 5:17.57	1:20.83
500m: 6:38.55	1:20.98	600m: 8:00.30	1:21.75
700m: 9:21.56	1:21.26	800m: 10:40.18	1:18.62
4. BELO, Bruna Raquel	05 Desportivo Nacional	10:49.04	1,6
100m: 1:14.92	1:14.92	300m: 3:56.59	1:21.03
200m: 2:35.56	1:20.64	400m: 5:18.43	1:21.84
500m: 6:41.18	1:22.75	600m: 8:05.15	1:23.97
700m: 9:28.16	1:23.01	800m: 10:49.04	1:20.88
5. CARICHAS, Joana Medeiros	06 Salesianos do Funchal	11:22.66	
100m: 1:16.71	1:16.71	300m: 4:08.77	1:26.72
200m: 2:42.05	1:25.34	400m: 5:38.16	1:29.39
500m: 7:02.33	1:24.17	600m: 8:29.25	1:26.92
700m: 9:58.66	1:29.41	800m: 11:22.66	1:24.00

Prova 21, Femin., 800m Livres, Absolutos - 14 e mais velhos

Lugar	Ano						Tempo final	Pts
6.	PEREIRA, Joana Marques						11:39.99	
	100m: 1:18.76	1:18.76	300m: 4:13.44	1:27.24	500m: 7:12.06	1:28.29	700m: 10:11.96	1:28.99
	200m: 2:46.20	1:27.44	400m: 5:43.77	1:30.33	600m: 8:42.97	1:30.91	800m: 11:39.99	1:28.03

Prova 22
03/07/2021 - 11:54

Masc., 800m Livres

Absoluto
Resultados

Recorde Regional Absoluto	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro	21/07/2009
Recorde Regional Sen	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro	21/07/2009
Recorde Regional Jun18	8:31.46	FRANCO, Paulo Fragueiro	CDN	Luxemburgo (LUX)	28/01/2000
Recorde Regional Jun17	8:33.32	FRANCO, Paulo Fragueiro	CDN	Famalic�o	08/08/1999
Recorde Regional Juv A	8:58.16	FRANCO, Paulo Fragueiro	CDN	Lisboa	25/01/1998
Recorde Regional Juv B	8:58.79	FRANCO, Paulo Fragueiro	CDN	Famalic�o	24/07/1997
Recorde Regional Inf A	9:06.84	ALMEIDA, Carlos Alexandre	CDN	Restelo	27/07/2003
Recorde Regional Inf B	9:41.21	ALMEIDA, Carlos Alexandre	CDN	Restelo	21/07/2002

TAC OPEN Juv B: 9:39.83; Juv A: 9:27.48; Jun17: 9:05.40; Jun18: 8:57.29; Sen: 8:44.58

Pontos: Rudolph Table 2020

Lugar	Ano						Tempo final	Pts
Juniores - 17 e 18 anos								

1.	MAROTE, Joao Nuno						10:54.09	
	100m: 1:12.97	1:12.97	300m: 3:56.47	1:23.10	500m: 6:44.33	1:24.01	700m: 9:32.21	1:24.18
	200m: 2:33.37	1:20.40	400m: 5:20.32	1:23.85	600m: 8:08.03	1:23.70	800m: 10:54.09	1:21.88
2.	PRELL, Christian-Luis						10:57.78	
	100m: 1:13.16	1:13.16	300m: 3:58.52	1:23.38	500m: 6:46.31	1:23.28	700m: 9:35.26	1:23.83
	200m: 2:35.14	1:21.98	400m: 5:23.03	1:24.51	600m: 8:11.43	1:25.12	800m: 10:57.78	1:22.52

Absolutos - 15 e mais velhos

1.	BELO, Francisco Miguel						10:05.17	
	100m: 1:09.87	1:09.87	300m: 3:41.25	1:16.04	500m: 6:15.23	1:17.18	700m: 8:49.70	1:17.25
	200m: 2:25.21	1:15.34	400m: 4:58.05	1:16.80	600m: 7:32.45	1:17.22	800m: 10:05.17	1:15.47
2.	MAROTE, Joao Nuno						10:54.09	
	100m: 1:12.97	1:12.97	300m: 3:56.47	1:23.10	500m: 6:44.33	1:24.01	700m: 9:32.21	1:24.18
	200m: 2:33.37	1:20.40	400m: 5:20.32	1:23.85	600m: 8:08.03	1:23.70	800m: 10:54.09	1:21.88
3.	PRELL, Christian-Luis						10:57.78	
	100m: 1:13.16	1:13.16	300m: 3:58.52	1:23.38	500m: 6:46.31	1:23.28	700m: 9:35.26	1:23.83
	200m: 2:35.14	1:21.98	400m: 5:23.03	1:24.51	600m: 8:11.43	1:25.12	800m: 10:57.78	1:22.52

Prova 23 Femin., 200m Livres Infantis
03/07/2021 - 15:30 Resultados

Recorde Regional Absoluto	2:12.46	AGUILAR, Vera Ines	CDN	Funchal	22/07/2016
Recorde Regional Inf A	2:17.75	CERDAS, Sara Rodrigues	CNF	Restelo	21/07/2002
Recorde Regional Inf B	2:22.47	VASCONCELOS, Matilde Cotrim	CNF	S. Joao da Madeira	26/07/2009

TAC INFANTIS Inf B: 2:54.80; Inf A: 2:41.55

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Infantil B - 12 anos									
1.	MELIM, Sara Beatriz	09	Desportivo Nacional	2:45.45	1,5	38.20	42.04	43.88	41.33
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>								
2.	MARGARIDO, Paula Aguiar	09	Salesianos do Funchal	2:47.56		36.76	43.39	44.69	42.72
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>								
3.	SA, Vanessa Fernandes	09	Naval do Funchal	2:48.90		38.31	43.94	43.96	42.69
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>								
4.	SOUSA, Leonor Rocha	09	Salesianos do Funchal	2:56.11		40.10	46.21	47.05	42.75
5.	FREITAS, Francisca Leonor	09	Naval do Funchal	3:04.25		42.79	48.09	47.39	45.98
6.	ALVES, Francisca Pereira	09	Salesianos do Funchal	3:20.25		45.60	50.79	53.30	50.56

Infantil A - 13 anos

1.	ANDRADE, Matilde Sousa	08	Naval do Funchal	2:32.47	4,1	33.93	38.13	39.91	40.50
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>								
2.	PEREIRA, Julia Freitas	08	Naval do Funchal	2:37.30	1,5	33.99	39.70	42.33	41.28
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>								
3.	GOMES, Sofia Vega	08	Naval do Funchal	2:39.05		35.78	41.57	41.20	40.50
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>								
4.	BAPTISTA, Ines Sande	08	Desportivo Nacional	2:40.07		37.39	40.16	42.01	40.51
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>								
5.	SOARES, Leonor Silva	08	Desportivo Nacional	2:49.71		38.40	43.00	44.27	44.04
6.	SILVA, Carolina Pestana	08	Naval do Funchal	2:54.03		38.82	44.96	46.42	43.83
7.	JESUS, Ligia Maria	08	Escola O Liceu	3:01.14		38.87	45.39	49.30	47.58
8.	MARQUES, Bruna Francisca	08	Desportivo Sao Roque	3:07.45		42.29	47.49	50.38	47.29

Prova 24 Masc., 200m Livres Infantis
03/07/2021 - 15:37 Resultados

Recorde Regional Absoluto	1:50.78	PINTO, Luis Marques	CDN	Faro	19/07/2009
Recorde Regional Inf A	2:02.04	CASTRO, Joao Cruz	CSM	Loule	19/07/2014
Recorde Regional Inf B	2:10.64	SOUSA, Pedro Afonso	CDN	Famalicao	16/07/2016

TAC INFANTIS Inf B: 2:40.43; Inf A: 2:31.03

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Infantil B - 13 anos									
1.	MIRANDA, F.	08	Naval do Funchal	2:33.87		34.98	39.56	40.44	38.89
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>								
2.	JESUS, Vasco Franca	08	Naval do Funchal	2:37.14		36.17	40.25	41.29	39.43
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>								
3.	RODRIGUES, G.	08	Desportivo Sao Roque	2:39.51		35.58	42.11	43.98	37.84
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>								
4.	BARRADAS, Rafael Alves	08	Escola O Liceu	2:39.95		35.78	40.41	42.70	41.06
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>								
5.	CASTRO, Marco Antonio	08	Naval do Funchal	2:45.14		37.49	44.40	43.60	39.65
6.	MEDEIROS, Joao Francisca	08	Salesianos do Funchal	2:45.57		36.91	42.34	43.86	42.46

Prova 24, Masc., 200m Livres, Infantil B - 13 anos

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
7.	NOBREGA, Matias Sargo	08	Naval do Funchal	2:50.49		38.88	44.05	45.40	42.16
8.	FERNANDEZ, H.	08	Salesianos do Funchal	2:53.21		38.79	44.96	46.76	42.70
9.	CORREIA, Joao Luis	08	Salesianos do Funchal	3:22.11		40.40	52.23	56.88	52.60
10.	BARATA, Joao Tomas	08	Salesianos do Funchal	3:28.77		46.45	54.60	55.30	52.42
11.	SILVA, Francisco Pita	08	Salesianos do Funchal	4:11.21		56.00	1:07.09	1:05.81	1:02.31
12.	QUADRADO, Luis Miguel	08	Salesianos do Funchal	4:11.96		54.60	1:12.41	1:05.63	59.32

Infantil A - 14 anos

1.	ALMEIDA, Joao Francisco	07	Naval do Funchal	2:16.99	6,7	30.87	34.96	36.18	34.98
<i>M�nimos Camp. Nacional Infantis - Set�bal</i>									
2.	NEVES, Tiago Brazao	07	Naval do Funchal	2:22.90	3,3	33.05	36.15	38.34	35.36
<i>M�nimos Camp. Nacional Infantis - Set�bal</i>									
3.	PEREIRA, Lucas Santos	07	Naval do Funchal	2:23.53	3,0	32.56	35.96	38.42	36.59
<i>M�nimos Camp. Nacional Infantis - Set�bal</i>									
4.	COSTA, Guilherme Corte	07	Desportivo Nacional	2:28.15		32.95	38.22	39.88	37.10
<i>M�nimos Camp. Nacional Infantis - Set�bal</i>									
5.	RIBEIRO, Telmo Drumonc	07	Naval do Funchal	2:28.73		33.53	37.80	40.41	36.99
<i>M�nimos Camp. Nacional Infantis - Set�bal</i>									
6.	OLIVEIRA, Afonso Miguel	07	Salesianos do Funchal	2:30.12		32.60	37.83	40.47	39.22
<i>M�nimos Camp. Nacional Infantis - Set�bal</i>									
7.	FERNANDES, A.	07	Salesianos do Funchal	2:31.76		34.01	38.98	41.30	37.47
8.	PENSO, Miguel Reigada	07	Escola O Liceu	2:32.52		34.63	39.15	40.20	38.54
9.	ALVES, Diogo Basilio	07	Salesianos do Funchal	2:34.39		34.58	40.00	40.97	38.84
10.	ARAUJO, Joao Caldeira	07	Naval do Funchal	2:39.23		34.62	41.67	42.80	40.14
11.	NUNES, Duarte Costa	07	Salesianos do Funchal	2:42.51		35.85	42.94	43.47	40.25
12.	BARBOSA, Joao Camach	07	Desportivo Nacional	2:50.70		38.13	45.73	44.46	42.38
13.	CARVALHO, J.	07	Naval do Funchal	2:50.82		36.98	43.11	45.66	45.07
14.	BERENQUER, S.	07	Salesianos do Funchal	3:32.43		45.63	54.45	58.20	54.15

Prova 25 Femin., 100m Costas

					Infantis Resultados
Recorde Regional Absoluto	1:06.63	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Inf A	1:13.06	COSTA, Maria Jardim	CDN	Funchal	15/06/2019
Recorde Regional Inf B	1:15.90	LOPES, Joana Cristina	CNF	Evora	25/07/1992

TAC INFANTIS Inf B: 1:31.29; Inf A: 1:26.24

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	
1.	GONCALVES, Vera Andrade	09	Salesianos do Funchal	1:16.30	9,0	37.75	38.55
<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
2.	MATEUS, Eleine Vieira	09	Desportivo Nacional	1:27.44		42.84	44.60
<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
3.	SA, Vanessa Fernandes	09	Naval do Funchal	1:32.29		45.00	47.29
4.	ALVES, Francisca Pereira	09	Salesianos do Funchal	1:36.46		47.34	49.12
5.	TEMTEM, Madalena Barbosa	09	Desportivo Nacional	1:41.51		49.75	51.76

Prova 25, Femin., 100m Costas

Infantil A - 13 anos

1.	PEREIRA, Julia Freitas	08	Naval do Funchal	1:18.82	3,9	38.95	39.87
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
2.	ANDRADE, Matilde Sousa	08	Naval do Funchal	1:19.13	3,6	38.92	40.21
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
3.	GOMES, Sofia Vega	08	Naval do Funchal	1:21.29	1,4	39.67	41.62
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
4.	ALVES, Juliana Rodrigues	08	Desportivo Nacional	1:25.19		41.32	43.87
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
5.	SILVA, Carolina Pestana	08	Naval do Funchal	1:26.96		41.62	45.34
6.	PEREIRA, Maria Clara	08	Salesianos do Funchal	1:31.86		44.99	46.87
7.	NOBREGA, Sara Francisca	08	Desportivo Sao Roque	1:40.68		48.81	51.87

Prova 26

Masc., 100m Costas

Infantis
Resultados

03/07/2021 - 16:07

Recorde Regional Absoluto	58.98	MARQUES, Miguel Freitas	CSM	Oeiras	27/07/2014
Recorde Regional Inf A	1:06.62	GOMES, Henrique Santos	CNF	Loule	18/07/2014
Recorde Regional Inf B	1:08.50	CAMACHO, Afonso Caires	CNF	Vila Franca de Xira	21/05/2017

TAC INFANTIS Inf B: 1:24.87; Inf A: 1:19.82

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m
Infantil B - 13 anos						
1.	MIRANDA, Francisco Guilherm	08	Naval do Funchal	1:22.85	40.33	42.52
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
2.	JESUS, Vasco Franca	08	Naval do Funchal	1:25.09	42.57	42.52
3.	NOBREGA, Matias Sargo	08	Naval do Funchal	1:27.37	43.63	43.74
4.	GOMES, Guilherme Silva	08	Desportiva Galomar	1:27.65	42.78	44.87
5.	CASTRO, Marco Antonio	08	Naval do Funchal	1:31.92	45.51	46.41
6.	BARATA, Joao Tomas	08	Salesianos do Funchal	1:46.67	53.57	53.10
7.	CORREIA, Joao Luis	08	Salesianos do Funchal	1:48.24	52.08	56.16
8.	QUADRADO, Luis Miguel	08	Salesianos do Funchal	2:03.36	58.42	1:04.94
9.	SILVA, Francisco Pita	08	Salesianos do Funchal	2:07.91	1:05.60	1:02.31

Infantil A - 14 anos

1.	NEVES, Tiago Brazao	07	Naval do Funchal	1:10.66	6,2	35.15	35.51
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
2.	ARAUJO, Joao Caldeira	07	Naval do Funchal	1:17.16		36.86	40.30
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
3.	SMIRNOV, Dmytro	07	Desportivo Sao Roque	1:18.82		37.79	41.03
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
4.	JESUS, David Martins	07	Desportivo Sao Roque	1:24.35		40.01	44.34
5.	PEREIRA, Lucas Santos	07	Naval do Funchal	1:24.45		42.08	42.37
6.	GOUVEIA, Martim Jose	07	Desportivo Sao Roque	1:26.56		41.17	45.39
7.	GONCALVES, Gabriel Fiqueli	07	Desportivo Sao Roque	1:27.92		43.05	44.87
8.	NUNES, Henrique Dias	07	Desportivo Nacional	1:29.03		43.50	45.53
9.	VIEIRA, Luis Henrique	07	Desportivo Nacional	1:38.31		50.02	48.29
10.	FRANCISCO, David Rebocho	07	Maritimo	1:47.94		49.08	58.86
11.	BERENQUER, Santiago Moura	07	Salesianos do Funchal	1:51.03		52.15	58.88

Prova 27 Femin., 200m Mariposa Infantis
03/07/2021 - 16:24 Resultados

Recorde Regional Absoluto	2:22.94	ROSA, Beatriz Jong	CDN	Funchal	22/03/2018
Recorde Regional Inf A	2:33.93	CERDAS, Sara Rodrigues	CNF	Restelo	20/07/2002
Recorde Regional Inf B	2:48.10	VICTOR, Joana Isabel	CDN	Restelo	26/07/2003

TAC INFANTIS Inf B: 3:13.61; Inf A: 3:00.76

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil A - 13 anos								
1.	ALVES, Juliana Rodrigues08	Desportivo Nacional	2:55.76	1,7	37.50	43.81	46.95	47.50
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
2.	BAPTISTA, Ines Sande 08	Desportivo Nacional	3:07.32		41.41	45.87	49.20	50.84

Prova 28 Masc., 200m Mariposa Infantis
03/07/2021 - 16:28 Resultados

Recorde Regional Absoluto	2:03.92	GOUVEIA, Pedro Galvao	CDN	Coimbra	30/03/2017
Recorde Regional Inf A	2:15.77	FREITAS, Tomas Miguel	CDN	Pova do Varzim	25/07/2004
Recorde Regional Inf B	2:23.00	FREITAS, Tomas Miguel	CDN	Restelo	27/07/2003

TAC INFANTIS Inf B: 2:57.48; Inf A: 2:47.13

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil A - 14 anos								
1.	ALMEIDA, Joao Francisco 07	Naval do Funchal	2:40.33	2,2	33.98	39.40	42.85	44.10
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>							
2.	COSTA, Guilherme Corte 07	Desportivo Nacional	2:52.00		35.38	42.85	46.65	47.12

Prova 29 Femin., 200m Livres Absoluto
03/07/2021 - 18:00 Resultados

Recorde Regional Absoluto	2:12.46	AGUILAR, Vera Ines	CDN	Funchal	22/07/2016
Recorde Regional Sen	2:13.28	MELIM, Claudia Sofia	CDN	Jamor	25/07/2002
Recorde Regional Jun17	2:12.84	ROSA, Beatriz Jong	CDWT	Oeiras	18/02/2017
Recorde Regional Jun16	2:12.46	AGUILAR, Vera Ines	CDN	Funchal	22/07/2016
Recorde Regional Juv A	2:14.97	ANDRADE, Rubina Amaro	CDN	Restelo	29/07/1994
Recorde Regional Juv B	2:14.71	ANDRADE, Rubina Amaro	CDN	Istambul (TUR)	08/07/1993
Recorde Regional Inf A	2:17.75	CERDAS, Sara Rodrigues	CNF	Restelo	21/07/2002
Recorde Regional Inf B	2:22.47	VASCONCELOS, Matilde Cotrim	CNF	S. Joao da Madeira	26/07/2009

TAC INFANTIS Inf B: 2:54.80; Inf A: 2:41.55 / TAC OPEN Juv B: 2:23.37; Juv A: 2:18.40; Jun16: 2:14.63; Jun17: 2:11.77;
Sen: 2:08.99

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Juvenil B - 14 anos									
1.	NICOLAU, Matilde Olival	07	Ludens de Machico	3:06.42		41.59	47.28	49.87	47.68
2.	LIMA, Rafaela Camara	07	Desportivo Nacional	3:15.01		42.14	49.38	52.63	50.86
Juvenil A - 15 anos									
1.	FREITAS, Beatriz Rodrigu	06	Naval do Funchal	2:25.55	4,4	33.42	36.98	38.13	37.02
2.	FERRO, Maria Leonor	06	Naval do Funchal	2:26.62	3,9	33.56	37.26	38.83	36.97
3.	PEREIRA, Joana Marques	06	Salesianos do Funchal	2:32.44		34.23	38.45	40.10	39.66
4.	BAPTISTA, C.	06	Naval do Funchal	2:33.49		36.19	39.17	39.84	38.29
5.	DIAS, Monica Fernandes	06	Desportivo Sao Roque	2:35.02		34.88	39.31	40.71	40.12
6.	DIAS, Magda Fernandes	06	Desportivo Sao Roque	2:56.13		38.69	44.24	46.89	46.31
Juniores - 16 e 17 anos									
1.	ARAUJO, Maria Clara	05	Naval do Funchal	2:21.87	5,7	31.78	36.11	37.35	36.63
2.	NASCIMENTO, S.	05	Naval do Funchal	2:24.33	4,4	32.86	36.20	37.71	37.56
3.	CARDOSO, Isabel Maria	05	Maritimo	2:53.31		39.46	43.99	45.83	44.03
4.	VIEIRA, Sara Patricia	05	Maritimo	2:58.14		40.71	46.00	47.04	44.39
5.	NOBREGA, Maria Trindad	05	Desportivo Nacional	3:04.58		41.14	46.62	49.23	47.59
Absolutos - 14 e mais velhos									
1.	ARAUJO, Maria Clara	05	Naval do Funchal	2:21.87	5,7	31.78	36.11	37.35	36.63
2.	NASCIMENTO, S.	05	Naval do Funchal	2:24.33	4,4	32.86	36.20	37.71	37.56
3.	FREITAS, Beatriz Rodrigu	06	Naval do Funchal	2:25.55	4,4	33.42	36.98	38.13	37.02
4.	FERRO, Maria Leonor	06	Naval do Funchal	2:26.62	3,9	33.56	37.26	38.83	36.97
5.	PEREIRA, Joana Marques	06	Salesianos do Funchal	2:32.44		34.23	38.45	40.10	39.66
6.	BAPTISTA, C.	06	Naval do Funchal	2:33.49		36.19	39.17	39.84	38.29
7.	DIAS, Monica Fernandes	06	Desportivo Sao Roque	2:35.02		34.88	39.31	40.71	40.12
8.	CARDOSO, Isabel Maria	05	Maritimo	2:53.31		39.46	43.99	45.83	44.03
9.	DIAS, Magda Fernandes	06	Desportivo Sao Roque	2:56.13		38.69	44.24	46.89	46.31
10.	VIEIRA, Sara Patricia	05	Maritimo	2:58.14		40.71	46.00	47.04	44.39
11.	NOBREGA, Maria Trindad	05	Desportivo Nacional	3:04.58		41.14	46.62	49.23	47.59
12.	NICOLAU, Matilde Olival	07	Ludens de Machico	3:06.42		41.59	47.28	49.87	47.68
13.	GOUVEIA, Mariana Alves	03	Ludens de Machico	3:08.85		39.95	47.58	50.16	51.16
14.	LIMA, Rafaela Camara	07	Desportivo Nacional	3:15.01		42.14	49.38	52.63	50.86
EXH	GOIS, Margarida Teles	08	Ludens de Machico	3:05.67		41.12	47.49	49.60	47.46
EXH	GOUVEIA, Joana Alves	08	Ludens de Machico	3:21.78		43.41	49.06	54.05	55.26

Prova 30 Masc., 200m Livres Absoluto
03/07/2021 - 18:11 Resultados

Recorde Regional Absoluto	1:50.78	PINTO, Luis Marques	CDN	Faro	19/07/2009
Recorde Regional Sen	1:50.78	PINTO, Luis Marques	CDN	Faro	19/07/2009
Recorde Regional Jun18	1:53.84	CASTRO, Joao Cruz	CDSR	Funchal	24/03/2018
Recorde Regional Jun17	1:53.94	CASTRO, Joao Cruz	CDSR	Porto	03/06/2017
Recorde Regional Juv A	1:55.96	CASTRO, Joao Cruz	CDSR	Oeiras	22/07/2016
Recorde Regional Juv B	1:58.42	CASTRO, Joao Cruz	CDSR	Coimbra	24/07/2015
Recorde Regional Inf A	2:02.04	CASTRO, Joao Cruz	CSM	Loule	19/07/2014
Recorde Regional Inf B	2:10.64	SOUSA, Pedro Afonso	CDN	Famalicao	16/07/2016

TAC INFANTIS Inf B: 2:40.43; Inf A: 2:31.03 / TAC OPEN Juv B: 2:08.48; Juv A: 2:05.99; Jun17: 2:00.11; Jun18: 1:57.88;
Sen: 1:56.36

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Infantil A - 14 anos

DSQ CARVALHO, Simao Duarte07 Ludens de Machico
403 - Falsa partida - SW 4.4

Juvenil B - 15 anos

1. GARANITO, Simao Silva	06	Naval do Funchal	2:15.10	5,1	31.47	34.54	35.49	33.60
2. TEMES, Joao Caires	06	Salesianos do Funchal	2:27.30		33.25	36.89	38.91	38.25
3. NACHYCHKO, Maximo	06	Naval do Funchal	2:35.47		34.34	41.14	42.16	37.83
4. OLIVEIRA, Bernardo Antor	06	Naval do Funchal	2:41.04		34.76	41.40	42.70	42.18
DSQ REMESSO, Joao Tomas	06	Ludens de Machico						
117 - Utilizou mais que um fato de banho - BL 8.2								

Juvenil A - 16 anos

1. VOLOZHENIN, Alexandre	05	Naval do Funchal	2:14.02	4,8	31.02	34.31	34.28	34.41
2. SOUSA, Lourenco Quintas	05	Naval do Funchal	2:17.65	2,6	29.93	34.99	37.06	35.67
3. FREITAS, B.	05	Ludens de Machico	2:40.57		35.93	40.30	42.43	41.91

Juniores - 17 e 18 anos

1. FERNANDES, Diogo Henri	04	Naval do Funchal	2:03.45	10,3	28.72	31.36	32.16	31.21
2. RODRIGUES, Rodrigo Re	04	Desportivo Sao Roque	2:11.45	5,5	29.95	33.48	34.26	33.76
3. LOPES, Pedro Henrique	03	Desportivo Sao Roque	2:15.52	2,0	30.47	34.42	35.26	35.37

Absolutos - 15 e mais velhos

1. FERNANDES, Diogo Henri	04	Naval do Funchal	2:03.45	10,3	28.72	31.36	32.16	31.21
2. RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	2:09.92	3,4	29.51	32.22	33.96	34.23
3. RODRIGUES, Rodrigo Re	04	Desportivo Sao Roque	2:11.45	5,5	29.95	33.48	34.26	33.76
4. VOLOZHENIN, Alexandre	05	Naval do Funchal	2:14.02	4,8	31.02	34.31	34.28	34.41
5. GARANITO, Simao Silva	06	Naval do Funchal	2:15.10	5,1	31.47	34.54	35.49	33.60
6. LOPES, Pedro Henrique	03	Desportivo Sao Roque	2:15.52	2,0	30.47	34.42	35.26	35.37
7. SOUSA, Lourenco Quintas	05	Naval do Funchal	2:17.65	2,6	29.93	34.99	37.06	35.67
8. GOUVEIA, Miguel Angelo	95	Escola O Liceu	2:17.69		31.13	34.88	35.86	35.82
9. TEMES, Joao Caires	06	Salesianos do Funchal	2:27.30		33.25	36.89	38.91	38.25
10. NACHYCHKO, Maximo	06	Naval do Funchal	2:35.47		34.34	41.14	42.16	37.83
11. FREITAS, B.	05	Ludens de Machico	2:40.57		35.93	40.30	42.43	41.91
12. OLIVEIRA, Bernardo Antor	06	Naval do Funchal	2:41.04		34.76	41.40	42.70	42.18
DSQ REMESSO, Joao Tomas	06	Ludens de Machico						
117 - Utilizou mais que um fato de banho - BL 8.2								

Prova 31 Femin., 100m Costas Absoluto
03/07/2021 - 18:17 Resultados

Recorde Regional Absoluto	1:06.63	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Sen	1:06.63	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Jun17	1:08.30	ROSA, Beatriz Jong	CDWT	Coimbra	31/03/2017
Recorde Regional Jun16	1:09.92	FREITAS, Monica Alexandra	CDN	Olivais	14/05/1989
Recorde Regional Juv A	1:09.27	ROSA, Beatriz Jong	CDN	Coimbra	25/07/2015
Recorde Regional Juv B	1:11.35	NUNES, Jeanette Vilarejo	CNF	Olivais	30/01/1994
Recorde Regional Inf A	1:13.06	COSTA, Maria Jardim	CDN	Funchal	15/06/2019
Recorde Regional Inf B	1:15.90	LOPES, Joana Cristina	CNF	Evora	25/07/1992

TAC INFANTIS Inf B: 1:31.29; Inf A: 1:26.24 / TAC OPEN Juv B: 1:15.92; Juv A: 1:13.09; Jun16: 1:11.98; Jun17: 1:09.53;
Sen: 1:08.58

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m
Juvenil B - 14 anos						
1.	07	NETO, Leonor Rodrigues	1:15.98	5,0	36.77	39.21
2.	07	RINCU, Alexandra	1:39.48		48.88	50.60
3.	07	NICOLAU, Matilde Olival	1:49.80		53.03	56.77
DSQ	07	RONDON, Maria Victoria				
<i>608 - N�o chegou na posi�o dorsal - SW 6.5</i>						

Juvenil A - 15 anos						
1.	06	JARDIM, Lara Filipa	1:14.41	5,9	36.14	38.27
2.	06	SEQUEIRA, Beatriz Meneses	1:21.35		39.42	41.93

Juniores - 16 e 17 anos						
1.	04	CAMACHO, Laura Fernandes	1:11.88	7,0	35.84	36.04
2.	05	JARDIM, Teresa Vieira	1:18.47	1,1	36.92	41.55
3.	05	AVEIRO, Leonor Sofia	1:19.31		38.64	40.67
4.	04	GONCALVES, Maria Margarida	1:21.75		38.94	42.81
5.	04	SOUSA, Joana Francisca	1:24.05		40.43	43.62

Absolutos - 14 e mais velhos						
1.	04	CAMACHO, Laura Fernandes	1:11.88	7,0	35.84	36.04
2.	06	JARDIM, Lara Filipa	1:14.41	5,9	36.14	38.27
3.	07	NETO, Leonor Rodrigues	1:15.98	5,0	36.77	39.21
4.	05	JARDIM, Teresa Vieira	1:18.47	1,1	36.92	41.55
5.	05	AVEIRO, Leonor Sofia	1:19.31		38.64	40.67
6.	06	SEQUEIRA, Beatriz Meneses	1:21.35		39.42	41.93
7.	04	GONCALVES, Maria Margarida	1:21.75		38.94	42.81
8.	04	SOUSA, Joana Francisca	1:24.05		40.43	43.62
9.	03	GOUVEIA, Mariana Alves	1:32.13		44.94	47.19
10.	07	RINCU, Alexandra	1:39.48		48.88	50.60
11.	07	NICOLAU, Matilde Olival	1:49.80		53.03	56.77
DSQ	07	RONDON, Maria Victoria				
<i>608 - N�o chegou na posi�o dorsal - SW 6.5</i>						

EXH	08	GOIS, Margarida Teles	1:44.41		50.58	53.83
EXH	08	GOUVEIA, Joana Alves	1:50.74		53.61	57.13

Prova 32 Masc., 100m Costas Absoluto
03/07/2021 - 18:22 Resultados

Recorde Regional Absoluto	58.98	MARQUES, Miguel Freitas	CSM	Oeiras	27/07/2014
Recorde Regional Sen	59.76	PINTO, Luis Marques	CDN	Funchal	06/06/2009
Recorde Regional Jun18	58.98	MARQUES, Miguel Freitas	CSM	Oeiras	27/07/2014
Recorde Regional Jun17	1:00.88	FERNANDES, Joao Manuel	CNF	Oeiras	26/07/2014
Recorde Regional Juv A	1:01.58	MARQUES, Miguel Freitas	CSM	Oeiras	28/07/2012
Recorde Regional Juv B	1:02.38	FERNANDES, Rui Afonso	CDN	Oeiras	28/07/2018
Recorde Regional Inf A	1:06.62	GOMES, Henrique Santos	CNF	Loule	18/07/2014
Recorde Regional Inf B	1:08.50	CAMACHO, Afonso Caires	CNF	Vila Franca de Xira	21/05/2017

TAC INFANTIS Inf B: 1:24.87; Inf A: 1:19.82 / TAC OPEN Juv B: 1:07.93; Juv A: 1:04.83; Jun17: 1:03.44; Jun18: 1:01.66; Sen: 1:00.21

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts	50m	100m
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Juvenil B - 15 anos

1.	SILVA, Joao Luis	06	Escola O Liceu	1:12.55	2,0	35.36	37.19
2.	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	1:23.79		40.89	42.90
3.	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	1:31.29		42.38	48.91
4.	CRO, Nuno Afonso	06	Desportivo Sao Roque	1:45.89		50.79	55.10

Juvenil A - 16 anos

1.	RODRIGUES, Joao Luis	05	Naval do Funchal	1:05.54	8,1	31.39	34.15
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Absolutos - 15 e mais velhos

1.	RODRIGUES, Joao Luis	05	Naval do Funchal	1:05.54	8,1	31.39	34.15
2.	SILVA, Joao Luis	06	Escola O Liceu	1:12.55	2,0	35.36	37.19
3.	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	1:23.79		40.89	42.90
4.	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	1:31.29		42.38	48.91
5.	CRO, Nuno Afonso	06	Desportivo Sao Roque	1:45.89		50.79	55.10

Prova 33 Femin., 50m Bru os Absoluto
03/07/2021 - 18:25 Resultados

Recorde Regional Absoluto	33.95	QUINTAL, Fabiana Maria	CDN	Coimbra	30/07/2010
Recorde Regional Sen	33.95	QUINTAL, Fabiana Maria	CDN	Coimbra	30/07/2010
Recorde Regional Jun17	34.92	ABREU, Laura Catarina	CDWT	Coimbra	01/04/2017
Recorde Regional Jun16	34.67	ABREU, Laura Catarina	CDN	Funchal	23/01/2016
Recorde Regional Juv A	34.45	ABREU, Laura Catarina	CDN	Funchal	14/02/2015
Recorde Regional Juv B	34.80	ABREU, Laura Catarina	CDN	Oeiras	25/07/2014
Recorde Regional Inf A	36.70	ABREU, Laura Catarina	CDN	Funchal	19/01/2013
Recorde Regional Inf B	38.45	RODRIGUES, Laura Sofia	JACL	Funchal	14/06/2019

TAC OPEN Juv B: 36.10; Juv A: 36.10; Jun16: 37.12; Jun17: 36.10; Sen: 35.18

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts
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Juvenil B - 14 anos

1.	RODRIGUES, Laura Sofia	07	Salesianos do Funchal	36.70	10,5
2.	FIGUEIRA, Madalena Leonor	07	Naval do Funchal	41.30	1,2
3.	FREITAS, Maria Raquel	07	Naval do Funchal	42.53	
4.	RINCU, Alexandra	07	Naval do Funchal	52.45	
5.	LIMA, Rafaela Camara	07	Desportivo Nacional	58.52	

Juvenil A - 15 anos

1.	DEUS, Ines Portugal	06	Naval do Funchal	39.54	3,1
2.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	44.01	
3.	JESUS, Veronica Martins	06	Desportivo Sao Roque	59.00	

Prova 33, Femin., 50m Bru os

Juniores - 16 e 17 anos

1. BLANDY, Mischa Blue	04	Salesianos do Funchal	49.50
2. NOBREGA, Maria Trindade	05	Desportivo Nacional	51.51

Absolutos - 14 e mais velhos

1. RODRIGUES, Laura Sofia	07	Salesianos do Funchal	36.70	10,5
2. DEUS, Ines Portugal	06	Naval do Funchal	39.54	3,1
3. FIGUEIRA, Madalena Leonor	07	Naval do Funchal	41.30	1,2
4. FREITAS, Maria Raquel	07	Naval do Funchal	42.53	
5. SILVA, Silvana Suamade	06	Desportivo Sao Roque	44.01	
6. SILVA, Gabriela Suamade	02	Desportivo Sao Roque	49.05	
7. BLANDY, Mischa Blue	04	Salesianos do Funchal	49.50	
8. NOBREGA, Maria Trindade	05	Desportivo Nacional	51.51	
9. RINCU, Alexandra	07	Naval do Funchal	52.45	
10. LIMA, Rafaela Camara	07	Desportivo Nacional	58.52	
11. JESUS, Veronica Martins	06	Desportivo Sao Roque	59.00	

Prova 34

Masc., 50m Bru os

Absoluto

03/07/2021 - 18:28

Resultados

Recorde Regional Absoluto	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Sen	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Jun18	29.80	FIGUEIRA, Andre Temtem	CNF	Faro	19/07/2009
Recorde Regional Jun17	31.18	FERNANDES, Martim Pestana	CNF	Rio Maior	29/05/2021
Recorde Regional Juv A	31.92	FERNANDES, Martim Pestana	CNF	Funchal	29/02/2020
Recorde Regional Juv B	31.49	DEUS, Andre Portugal	CNF	Coimbra	27/05/2017
Recorde Regional Inf A	33.94	DEUS, Andre Portugal	CNF	Famalicao	16/07/2016
Recorde Regional Inf B	34.98	FREITAS, Tomas Miguel	CDN	Restelo	26/07/2003

TAC OPEN Juv B: 31.46; Juv A: 31.46; Jun17: 32.90; Jun18: 31.46; Sen: 30.71

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts
Juvenil B - 15 anos			
1. PAULOS, Joao Afonso	06	Naval do Funchal	33.95 9,3
2. SILVA, Afonso Mar	06	Naval do Funchal	36.56 3,6
3. SETIM, Joao Oliveira	06	Naval do Funchal	36.89 2,8
4. NACHYCHKO, Maximo	06	Naval do Funchal	40.32
5. TEMES, Joao Caires	06	Salesianos do Funchal	43.07

Juvenil A - 16 anos

1. ALVES, Afonso Pires	05	Salesianos do Funchal	33.85	8,1
2. FREITAS, Bernardo Vasconcelos	05	Ludens de Machico	40.44	
3. MENDES, Juan Diego	05	Desportivo Nacional	47.76	

Juniores - 17 e 18 anos

1. FERNANDES, Martim Pestana	04	Naval do Funchal	31.24	12,4
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>				
2. VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	36.17	

Prova 34, Masc., 50m Bruços

Absolutos - 15 e mais velhos

1.	FERNANDES, Martim Pestana	04	Naval do Funchal	31.24	12,4
<i>Mínimos OPEN DE PORTUGAL - Jamor</i>					
2.	ALVES, Afonso Pires	05	Salesianos do Funchal	33.85	8,1
3.	PAULOS, Joao Afonso	06	Naval do Funchal	33.95	9,3
4.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	36.17	
5.	SILVA, Afonso Mar	06	Naval do Funchal	36.56	3,6
6.	SETIM, Joao Oliveira	06	Naval do Funchal	36.89	2,8
7.	NACHYCHKO, Maximo	06	Naval do Funchal	40.32	
8.	FREITAS, Bernardo Vasconcelos	05	Ludens de Machico	40.44	
9.	TEMES, Joao Caires	06	Salesianos do Funchal	43.07	
10.	DINIS, Fernando Jose	02	Desportivo Sao Roque	46.70	
11.	MENDES, Juan Diego	05	Desportivo Nacional	47.76	

Prova 35

Femin., 200m Mariposa

Absoluto
Resultados

03/07/2021 - 18:40

Recorde Regional Absoluto	2:22.94	ROSA, Beatriz Jong	CDN	Funchal	22/03/2018
Recorde Regional Sen	2:22.94	ROSA, Beatriz Jong	CDN	Funchal	22/03/2018
Recorde Regional Jun17	2:28.87	VICTOR, Joana Isabel	CDN	Coimbra	30/03/2008
Recorde Regional Jun16	2:27.23	CERDAS, Sara Rodrigues	CNF	Lisboa	28/05/2005
Recorde Regional Juv A	2:27.49	CERDAS, Sara Rodrigues	CNF	Lisboa	29/05/2004
Recorde Regional Juv B	2:31.39	CERDAS, Sara Rodrigues	CNF	Lisboa	18/05/2003
Recorde Regional Inf A	2:33.93	CERDAS, Sara Rodrigues	CNF	Restelo	20/07/2002
Recorde Regional Inf B	2:48.10	VICTOR, Joana Isabel	CDN	Restelo	26/07/2003

TAC INFANTIS Inf B: 3:13.61; Inf A: 3:00.76 / TAC OPEN Juv B: 2:46.50; Juv A: 2:45.00; Jun16: 2:34.44; Jun17: 2:30.61; Sen: 2:27.98

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Juvenil A - 15 anos

1.	CARICHAS, Joana Medeir06	Salesianos do Funchal	3:01.48	38.59	45.27	49.20	48.42
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Absolutos - 14 e mais velhos

1.	CARICHAS, Joana Medeir06	Salesianos do Funchal	3:01.48	38.59	45.27	49.20	48.42
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Prova 36 Masc., 200m Mariposa Absoluto
03/07/2021 - 18:44 Resultados

Recorde Regional Absoluto	2:03.92	GOUVEIA, Pedro Galvao	CDN	Coimbra	30/03/2017
Recorde Regional Sen	2:04.96	FRANCO, Paulo Fragueiro	CDN	Campanha	16/06/2002
Recorde Regional Jun18	2:03.92	GOUVEIA, Pedro Galvao	CDN	Coimbra	30/03/2017
Recorde Regional Jun17	2:07.18	GOUVEIA, Pedro Galvao	CDN	Oeiras	11/03/2016
Recorde Regional Juv A	2:09.66	GOUVEIA, Luis Galvao	CDN	Rio Maior	29/05/2021
Recorde Regional Juv B	2:12.64	FRANCO, Paulo Fragueiro	CDN	Famalicao	27/07/1997
Recorde Regional Inf A	2:15.77	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	25/07/2004
Recorde Regional Inf B	2:23.00	FREITAS, Tomas Miguel	CDN	Restelo	27/07/2003

TAC INFANTIS Inf B: 2:57.48; Inf A: 2:47.13 / TAC OPEN Juv B: 2:30.00; Juv A: 2:23.45; Jun17: 2:17.04; Jun18: 2:11.32; Sen: 2:08.31

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Juvenil B - 15 anos									
1.	ABREU, Joao Francisco	06	Naval do Funchal	2:30.35	4,8	33.35	37.83	39.16	40.01
2.	PITA, Pedro Miguel	06	Naval do Funchal	2:39.19		30.63	38.65	43.95	45.96
Juniores - 17 e 18 anos									
1.	MATOS, Rodrigo Vieira	03	Naval do Funchal	2:19.47	7,1	30.04	34.98	37.03	37.42
Absolutos - 15 e mais velhos									
1.	MATOS, Rodrigo Vieira	03	Naval do Funchal	2:19.47	7,1	30.04	34.98	37.03	37.42
2.	ABREU, Joao Francisco	06	Naval do Funchal	2:30.35	4,8	33.35	37.83	39.16	40.01
3.	PITA, Pedro Miguel	06	Naval do Funchal	2:39.19		30.63	38.65	43.95	45.96

Prova 37 Femin., 1500m Livres Absoluto
03/07/2021 - 18:47 Resultados

Recorde Regional Absoluto	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Sen	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Jun17	19:44.24	DORIA, Madalena Melim	CDN	Funchal	02/07/2017
Recorde Regional Jun16	19:01.67	SOUSA, Joana Francisca	CDSR	Funchal	28/02/2020
Recorde Regional Juv A	19:30.34	AGUILAR, Vera Ines	CDN	Funchal	05/07/2015
Recorde Regional Juv B	19:33.38	ARAUJO, Maria Clara	CNF	Funchal	07/07/2019
Recorde Regional Inf A	20:24.76	FREITAS, Maria Beatriz	CDN	Funchal	05/07/2009
Recorde Regional Inf B	20:28.70	TELO, Carla Patricia	CSM	Matur	01/01/1983

TAC OPEN Juv B: 19:55.00; Juv A: 19:45.00; Jun16: 18:35.24; Jun17: 18:35.24; Sen: 17:55.98

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts
Juvenil A - 15 anos				
1.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	20:09.22 4,8
	100m: 1:16.77 1:16.77	500m: 6:38.57 1:20.65	900m: 12:03.61 1:21.21	1300m: 17:31.34 1:21.93
	200m: 2:37.36 1:20.59	600m: 7:59.75 1:21.18	1000m: 13:25.62 1:22.01	1400m: 18:52.29 1:20.95
	300m: 3:57.77 1:20.41	700m: 9:20.60 1:20.85	1100m: 14:47.35 1:21.73	1500m: 20:09.22 1:16.93
	400m: 5:17.92 1:20.15	800m: 10:42.40 1:21.80	1200m: 16:09.41 1:22.06	
Juniores - 16 e 17 anos				
1.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	18:57.24 8,5
	<i>Recorde Regional</i>			
	100m: 1:11.31 1:11.31	500m: 6:17.58 1:16.62	900m: 11:22.78 1:15.80	1300m: 16:27.23 1:16.32
	200m: 2:27.81 1:16.50	600m: 7:34.24 1:16.66	1000m: 12:38.54 1:15.76	1400m: 17:43.27 1:16.04
	300m: 3:44.45 1:16.64	700m: 8:50.68 1:16.44	1100m: 13:54.60 1:16.06	1500m: 18:57.24 1:13.97
	400m: 5:00.96 1:16.51	800m: 10:06.98 1:16.30	1200m: 15:10.91 1:16.31	

Prova 37, Femin., 1500m Livres

Absolutos - 14 e mais velhos

1. SOUSA, Joana Francisca	04	Desportivo Sao Roque	18:57.24	8,5			
<i>Recorde Regional</i>							
100m: 1:11.31	1:11.31	500m: 6:17.58	1:16.62	900m: 11:22.78	1:15.80	1300m: 16:27.23	1:16.32
200m: 2:27.81	1:16.50	600m: 7:34.24	1:16.66	1000m: 12:38.54	1:15.76	1400m: 17:43.27	1:16.04
300m: 3:44.45	1:16.64	700m: 8:50.68	1:16.44	1100m: 13:54.60	1:16.06	1500m: 18:57.24	1:13.97
400m: 5:00.96	1:16.51	800m: 10:06.98	1:16.30	1200m: 15:10.91	1:16.31		
2. SILVA, Silvana Suamade	06	Desportivo Sao Roque	20:09.22	4,8			
100m: 1:16.77	1:16.77	500m: 6:38.57	1:20.65	900m: 12:03.61	1:21.21	1300m: 17:31.34	1:21.93
200m: 2:37.36	1:20.59	600m: 7:59.75	1:21.18	1000m: 13:25.62	1:22.01	1400m: 18:52.29	1:20.95
300m: 3:57.77	1:20.41	700m: 9:20.60	1:20.85	1100m: 14:47.35	1:21.73	1500m: 20:09.22	1:16.93
400m: 5:17.92	1:20.15	800m: 10:42.40	1:21.80	1200m: 16:09.41	1:22.06		

Prova 38

Masc., 1500m Livres

Absoluto
Resultados

03/07/2021 - 19:07

Recorde Regional Absoluto	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Sen	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Jun18	16:02.73	FRANCO, Paulo Fragueiro	CDN	Limassol (CYP)	16/04/2000
Recorde Regional Jun17	16:05.95	FRANCO, Paulo Fragueiro	CDN	Moscovo (RUS)	17/07/1999
Recorde Regional Juv A	16:54.13	FRANCO, Paulo Fragueiro	CDN	Lisboa	25/01/1998
Recorde Regional Juv B	16:57.41	FREITAS, Tomas Miguel	CDN	Lisboa	09/07/2005
Recorde Regional Inf A	17:10.19	ALMEIDA, Carlos Alexandre	CDN	Restelo	27/07/2003
Recorde Regional Inf B	18:10.64	ALMEIDA, Carlos Alexandre	CDN	Restelo	21/07/2002

TAC OPEN Juv B: 18:40.12; Juv A: 18:09.78; Jun17: 16:49.92; Jun18: 16:49.92; Sen: 16:28.61

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts
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Juvenil B - 15 anos

1. FERRAZ, Luis Afonso	06	Naval do Funchal	18:16.22	9,2			
<i>Mínimos OPEN DE PORTUGAL - Jamor</i>							
100m: 1:09.71	1:09.71	500m: 6:08.41	1:14.48	900m: 11:00.32	1:12.30	1300m: 15:51.31	1:13.69
200m: 2:24.17	1:14.46	600m: 7:22.23	1:13.82	1000m: 12:12.89	1:12.57	1400m: 17:05.58	1:14.27
300m: 3:38.84	1:14.67	700m: 8:35.25	1:13.02	1100m: 13:24.77	1:11.88	1500m: 18:16.22	1:10.64
400m: 4:53.93	1:15.09	800m: 9:48.02	1:12.77	1200m: 14:37.62	1:12.85		

Juvenil A - 16 anos

1. OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	17:27.79	10,9			
<i>Mínimos OPEN DE PORTUGAL - Jamor</i>							
100m: 1:04.34	1:04.34	500m: 5:45.75	1:10.56	900m: 10:26.24	1:10.13	1300m: 15:08.93	1:11.11
200m: 2:14.17	1:09.83	600m: 6:56.01	1:10.26	1000m: 11:36.32	1:10.08	1400m: 16:19.40	1:10.47
300m: 3:24.76	1:10.59	700m: 8:06.18	1:10.17	1100m: 12:46.86	1:10.54	1500m: 17:27.79	1:08.39
400m: 4:35.19	1:10.43	800m: 9:16.11	1:09.93	1200m: 13:57.82	1:10.96		

Juniores - 17 e 18 anos

1. RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	18:09.20	6,8			
100m: 1:07.75	1:07.75	500m: 6:02.28	1:14.18	900m: 10:56.90	1:12.95	1300m: 15:46.04	1:12.54
200m: 2:20.64	1:12.89	600m: 7:16.54	1:14.26	1000m: 12:09.59	1:12.69	1400m: 16:59.06	1:13.02
300m: 3:34.19	1:13.55	700m: 8:30.91	1:14.37	1100m: 13:21.56	1:11.97	1500m: 18:09.20	1:10.14
400m: 4:48.10	1:13.91	800m: 9:43.95	1:13.04	1200m: 14:33.50	1:11.94		
2. VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	18:45.68	3,5			
100m: 1:09.51	1:09.51	500m: 6:10.13	1:14.88	900m: 11:13.57	1:16.23	1300m: 16:19.49	1:16.68
200m: 2:24.25	1:14.74	600m: 7:25.59	1:15.46	1000m: 12:29.70	1:16.13	1400m: 17:34.55	1:15.06
300m: 3:39.61	1:15.36	700m: 8:41.59	1:16.00	1100m: 13:46.18	1:16.48	1500m: 18:45.68	1:11.13
400m: 4:55.25	1:15.64	800m: 9:57.34	1:15.75	1200m: 15:02.81	1:16.63		

Prova 38, Masc., 1500m Livres

Absolutos - 15 e mais velhos

1.	OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	17:27.79	10,9			
	<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
	100m: 1:04.34	1:04.34	500m: 5:45.75	1:10.56	900m: 10:26.24	1:10.13	1300m: 15:08.93	1:11.11
	200m: 2:14.17	1:09.83	600m: 6:56.01	1:10.26	1000m: 11:36.32	1:10.08	1400m: 16:19.40	1:10.47
	300m: 3:24.76	1:10.59	700m: 8:06.18	1:10.17	1100m: 12:46.86	1:10.54	1500m: 17:27.79	1:08.39
	400m: 4:35.19	1:10.43	800m: 9:16.11	1:09.93	1200m: 13:57.82	1:10.96		
2.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	17:48.77	5,4			
	100m: 1:06.37	1:06.37	500m: 5:54.77	1:12.05	900m: 10:43.18	1:12.12	1300m: 15:29.45	1:10.69
	200m: 2:17.53	1:11.16	600m: 7:07.40	1:12.63	1000m: 11:55.23	1:12.05	1400m: 16:39.95	1:10.50
	300m: 3:29.80	1:12.27	700m: 8:19.51	1:12.11	1100m: 13:07.52	1:12.29	1500m: 17:48.77	1:08.82
	400m: 4:42.72	1:12.92	800m: 9:31.06	1:11.55	1200m: 14:18.76	1:11.24		
3.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	18:09.20	6,8			
	100m: 1:07.75	1:07.75	500m: 6:02.28	1:14.18	900m: 10:56.90	1:12.95	1300m: 15:46.04	1:12.54
	200m: 2:20.64	1:12.89	600m: 7:16.54	1:14.26	1000m: 12:09.59	1:12.69	1400m: 16:59.06	1:13.02
	300m: 3:34.19	1:13.55	700m: 8:30.91	1:14.37	1100m: 13:21.56	1:11.97	1500m: 18:09.20	1:10.14
	400m: 4:48.10	1:13.91	800m: 9:43.95	1:13.04	1200m: 14:33.50	1:11.94		
4.	FERRAZ, Luis Afonso	06	Naval do Funchal	18:16.22	9,2			
	<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
	100m: 1:09.71	1:09.71	500m: 6:08.41	1:14.48	900m: 11:00.32	1:12.30	1300m: 15:51.31	1:13.69
	200m: 2:24.17	1:14.46	600m: 7:22.23	1:13.82	1000m: 12:12.89	1:12.57	1400m: 17:05.58	1:14.27
	300m: 3:38.84	1:14.67	700m: 8:35.25	1:13.02	1100m: 13:24.77	1:11.88	1500m: 18:16.22	1:10.64
	400m: 4:53.93	1:15.09	800m: 9:48.02	1:12.77	1200m: 14:37.62	1:12.85		
5.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	18:45.68	3,5			
	100m: 1:09.51	1:09.51	500m: 6:10.13	1:14.88	900m: 11:13.57	1:16.23	1300m: 16:19.49	1:16.68
	200m: 2:24.25	1:14.74	600m: 7:25.59	1:15.46	1000m: 12:29.70	1:16.13	1400m: 17:34.55	1:15.06
	300m: 3:39.61	1:15.36	700m: 8:41.59	1:16.00	1100m: 13:46.18	1:16.48	1500m: 18:45.68	1:11.13
	400m: 4:55.25	1:15.64	800m: 9:57.34	1:15.75	1200m: 15:02.81	1:16.63		

Prova 39 Femin., 200m Costas Infantis
04/07/2021 - 8:30 Resultados

Recorde Regional Absoluto	2:25.94	QUINTAL, Fabiana Maria	CDN	Coimbra	28/03/2008
Recorde Regional Inf A	2:41.09	SOUSA, Joana Francisca	CDSR	Loule	15/07/2017
Recorde Regional Inf B	2:45.63	SA, Marta Romao	CNF	Funchal	04/07/2015

TAC INFANTIS Inf B: 3:14.37; Inf A: 3:04.10

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
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Infantil B - 12 anos

1.	GONCALVES, Vera Andrar09	Salesianos do Funchal	2:42.57	10,2	37.77	42.41	42.62	39.77
	<i>Recorde Regional, Mínimos Camp. Nacional Infantis - Setúbal</i>							
2.	MARGARIDO, Paula Agua09	Salesianos do Funchal	3:05.27		42.61	46.71	48.30	47.65
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
3.	MATEUS, Eleine Vieira 09	Desportivo Nacional	3:05.46		42.75	47.51	48.64	46.56
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
4.	ALVES, Francisca Pereira 09	Salesianos do Funchal	3:24.44		46.24	54.44	54.07	49.69

Infantil A - 13 anos

1.	GOMES, Sofia Vega 08	Naval do Funchal	2:54.19	2,1	40.35	45.22	45.53	43.09
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
2.	BAPTISTA, Ines Sande 08	Desportivo Nacional	2:58.53		41.99	44.61	46.64	45.29
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
3.	SOARES, Leonor Silva 08	Desportivo Nacional	3:04.53		43.57	46.69	47.47	46.80
4.	SILVA, Carolina Pestana 08	Naval do Funchal	3:09.28		43.91	47.14	49.46	48.77
5.	NOBREGA, Sara Francisc08	Desportivo Sao Roque	3:26.50		48.57	53.61	53.59	50.73

Prova 40 Masc., 200m Costas Infantis
04/07/2021 - 8:38 Resultados

Recorde Regional Absoluto	2:06.37	MELIM, Oscar Ramos	CDN	Faro	19/07/2009
Recorde Regional Inf A	2:21.64	FRIAS, Pedro Daniel	CDN	Povoas do Varzim	24/07/2004
Recorde Regional Inf B	2:30.83	CAMACHO, Afonso Caires	CNF	Funchal	19/03/2017

TAC INFANTIS Inf B: 3:04.28; Inf A: 2:53.16

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
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Infantil B - 13 anos

1.	MIRANDA, F. 08	Naval do Funchal	2:52.64		39.41	44.61	45.06	43.56
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
2.	JESUS, Vasco Franca 08	Naval do Funchal	2:58.14		42.86	45.09	46.32	43.87
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
3.	RODRIGUES, G. 08	Desportivo Sao Roque	3:09.62		42.32	48.86	50.27	48.17
4.	BARATA, Joao Tomas 08	Salesianos do Funchal	3:39.80		54.37	57.40	55.48	52.55

Infantil A - 14 anos

1.	NEVES, Tiago Brazao 07	Naval do Funchal	2:30.14	7,7	36.28	38.49	39.09	36.28
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
2.	ARAUJO, Joao Caldeira 07	Naval do Funchal	2:48.42		38.16	43.45	44.76	42.05
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>							
3.	JESUS, David Martins 07	Desportivo Sao Roque	3:02.60		42.76	46.40	47.44	46.00
4.	GOUVEIA, Martim Jose 07	Desportivo Sao Roque	3:08.24		43.77	48.95	48.16	47.36
5.	NUNES, Henrique Dias 07	Desportivo Nacional	3:10.57		44.47	48.64	50.14	47.32

Prova 41 Femin., 100m Livres Infantis
04/07/2021 - 8:57 Resultados

Recorde Regional Absoluto	1:00.73	QUINTAL, Fabiana Maria	CDN	Coimbra	09/04/2010
Recorde Regional Inf A	1:02.94	CAIRES, Joana Costa	CNF	Lisboa	23/07/2011
Recorde Regional Inf B	1:05.55	LOPES, Joana Cristina	CNF	Matur	20/07/1992

TAC INFANTIS Inf B: 1:19.67; Inf A: 1:14.73

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m
Infantil B - 12 anos						
1.	MELIM, Sara Beatriz	09 Desportivo Nacional	1:16.75		37.65	39.10
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>					
2.	SA, Vanessa Fernandes	09 Naval do Funchal	1:17.55		36.35	41.20
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>					
3.	FREITAS, Francisca Leonor	09 Naval do Funchal	1:25.79		41.20	44.59
4.	ALVES, Francisca Pereira	09 Salesianos do Funchal	1:28.29		42.32	45.97
5.	ROMAO, Laura Beatriz	09 Naval do Funchal	1:33.88		43.60	50.28
DSQ	TEMTEM, Madalena Barbosa	09 Desportivo Nacional				
	<i>403 - Falsa partida - SW 4.4</i>					

Infantil A - 13 anos

1.	ANDRADE, Matilde Sousa	08 Naval do Funchal	1:09.42	5,1	32.98	36.44
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>					
2.	PEREIRA, Julia Freitas	08 Naval do Funchal	1:11.79	2,4	33.97	37.82
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>					
3.	GOMES, Sofia Vega	08 Naval do Funchal	1:13.66		35.24	38.42
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>					
4.	JESUS, Ligia Maria	08 Escola O Liceu	1:20.86		37.99	42.87
5.	SILVA, Carolina Pestana	08 Naval do Funchal	1:22.65		38.86	43.79
6.	MARQUES, Bruna Francisca	08 Desportivo Sao Roque	1:23.17		38.27	44.90

Prova 42 Masc., 100m Livres Infantis
04/07/2021 - 9:01 Resultados

Recorde Regional Absoluto	50.84	PINTO, Luis Marques	CDN	Coimbra	31/05/2009
Recorde Regional Inf A	55.80	CASTRO, Joao Cruz	CSM	Loule	20/07/2014
Recorde Regional Inf B	59.05	DEUS, Andre Portugal	CNF	Oeiras	19/07/2015

TAC INFANTIS Inf B: 1:14.56; Inf A: 1:10.15

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m
Infantil B - 13 anos						
1.	MIRANDA, Francisco Guilherm	08 Naval do Funchal	1:09.00	1,5	33.44	35.56
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>					
2.	JESUS, Vasco Franca	08 Naval do Funchal	1:11.43		34.15	37.28
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>					
3.	MEDEIROS, Joao Francisco	08 Salesianos do Funchal	1:12.95		35.12	37.83
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>					
4.	JARDIM, Rodrigo Vieira	08 Naval do Funchal	1:13.63		34.28	39.35
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>					
5.	CASTRO, Marco Antonio	08 Naval do Funchal	1:14.09		34.96	39.13
	<i>Mínimos Camp. Nacional Infantis - Setúbal</i>					
6.	NOBREGA, Matias Sargo	08 Naval do Funchal	1:15.48		36.25	39.23
7.	FERNANDEZ, Henrique Justin	08 Salesianos do Funchal	1:16.58		36.58	40.00
8.	GOMES, Guilherme Silva	08 Desportiva Galomar	1:17.75		36.80	40.95

Prova 42, Masc., 100m Livres, Infantil B - 13 anos

Lugar	Ano		Tempo final	Pts	50m	100m
9.	BARRADAS, Rafael Alves	08	Escola O Liceu	1:18.04		37.34 40.70
10.	CORREIA, Joao Luis	08	Salesianos do Funchal	1:28.00		41.58 46.42
11.	BARATA, Joao Tomas	08	Salesianos do Funchal	1:30.31		43.41 46.90
12.	QUADRADO, Luis Miguel	08	Salesianos do Funchal	1:47.94		50.02 57.92
13.	SILVA, Francisco Pita	08	Salesianos do Funchal	1:50.41		51.98 58.43

Infantil A - 14 anos

1.	ALMEIDA, Joao Francisco	07	Naval do Funchal	1:01.71	7,8	29.39 32.32
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
2.	PEREIRA, Lucas Santos	07	Naval do Funchal	1:03.39	5,7	30.29 33.10
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
3.	RIBEIRO, Telmo Drumond	07	Naval do Funchal	1:07.04	1,1	32.90 34.14
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
4.	OLIVEIRA, Afonso Miguel	07	Salesianos do Funchal	1:07.09	1,1	30.94 36.15
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
5.	COSTA, Guilherme Corte	07	Desportivo Nacional	1:07.69		32.50 35.19
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
6.	FERNANDES, Afonso Berimba	07	Salesianos do Funchal	1:08.48		32.60 35.88
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
7.	PENSO, Miguel Reigada	07	Escola O Liceu	1:08.60		33.49 35.11
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
8.	ALVES, Diogo Basilio	07	Salesianos do Funchal	1:12.07		34.28 37.79
9.	NUNES, Duarte Costa	07	Salesianos do Funchal	1:14.81		35.46 39.35
10.	CARVALHO, Joaquim Eduardo	07	Naval do Funchal	1:16.49		36.81 39.68
11.	BARBOSA, Joao Camacho	07	Desportivo Nacional	1:17.96		37.78 40.18
12.	FRANCISCO, David Rebocho	07	Maritimo	1:18.15		36.24 41.91
13.	GONCALVES, Gabriel Fiqueli	07	Desportivo Sao Roque	1:19.10		37.64 41.46
14.	VIEIRA, Luis Henrique	07	Desportivo Nacional	1:26.63		41.42 45.21
DSQ	BERENQUER, Santiago Moura	07	Salesianos do Funchal			
<i>501 - Não tocou na parede na viragem aos 50 metros - SW 5.2</i>						

Prova 43

Femin., 100m Bruços

Infantis

04/07/2021 - 9:18

Resultados

Recorde Regional Absoluto	1:13.39	QUINTAL, Fabiana Maria	CDN	Faro	18/07/2009
Recorde Regional Inf A	1:19.63	CAIRES, Joana Costa	CNF	Lisboa	24/07/2011
Recorde Regional Inf B	1:21.92	RODRIGUES, Laura Sofia	JACL	Funchal	05/07/2019

TAC INFANTIS Inf B: 1:40.95; Inf A: 1:34.87

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m
Infantil B - 12 anos						
1.	MELIM, Sara Beatriz	09	Desportivo Nacional	1:34.58	2,1	45.86 48.72
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
2.	SA, Vanessa Fernandes	09	Naval do Funchal	1:34.78	1,9	44.90 49.88
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
3.	MARGARIDO, Paula Aguiar	09	Salesianos do Funchal	1:37.73		46.51 51.22
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
4.	GONCALVES, Vera Andrade	09	Salesianos do Funchal	1:39.30		47.25 52.05
<i>Mínimos Camp. Nacional Infantis - Setúbal</i>						
5.	FREITAS, Francisca Leonor	09	Naval do Funchal	1:41.11		48.55 52.56
6.	TEMTEM, Madalena Barbosa	09	Desportivo Nacional	1:42.46		47.38 55.08
7.	MATEUS, Eleine Vieira	09	Desportivo Nacional	1:43.54		49.46 54.08

Prova 43, Femin., 100m Bruços, Infantil B - 12 anos

Lugar	Ano		Tempo final	Pts	50m	100m
8.	ROMAO, Laura Beatriz	09 Naval do Funchal	1:57.30		55.36	1:01.94

Infantil A - 13 anos

1.	PEREIRA, Julia Freitas	08 Naval do Funchal	1:31.85	1,0	43.50	48.35
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>					
2.	ANDRADE, Matilde Sousa	08 Naval do Funchal	1:33.54		44.64	48.90
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>					
3.	PEREIRA, Maria Clara	08 Salesianos do Funchal	1:33.60		44.07	49.53
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>					
4.	ALVES, Juliana Rodrigues	08 Desportivo Nacional	1:34.78		45.13	49.65
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>					
5.	SOARES, Leonor Silva	08 Desportivo Nacional	1:39.83		47.55	52.28
6.	NOBREGA, Sara Francisca	08 Desportivo Sao Roque	1:53.65		53.34	1:00.31
DSQ	JESUS, Ligia Maria	08 Escola O Liceu				
	<i>403 - Falsa partida - SW 4.4</i>					

Prova 44

Masc., 100m Bruços

Infantis
Resultados

04/07/2021 - 9:26

Recorde Regional Absoluto	1:05.65	SILVA, Tomas Antonio	CNF	Funchal	01/08/2019
Recorde Regional Inf A	1:12.62	DEUS, Andre Portugal	CNF	Famalic�o	16/07/2016
Recorde Regional Inf B	1:14.51	FREITAS, Tomas Miguel	CDN	Rio Maior	03/08/2003

TAC INFANTIS Inf B: 1:32.05; Inf A: 1:26.51

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m
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Infantil B - 13 anos

1.	BARRADAS, Rafael Alves	08 Escola O Liceu	1:34.42		45.28	49.14
2.	JARDIM, Rodrigo Vieira	08 Naval do Funchal	1:35.55		45.32	50.23
3.	GOMES, Guilherme Silva	08 Desportiva Galomar	1:37.09		45.82	51.27
4.	CORREIA, Joao Luis	08 Salesianos do Funchal	2:01.69		57.38	1:04.31
DSQ	SILVA, Francisco Pita	08 Salesianos do Funchal				
	<i>720 - Toque alternado na viragem aos 50 m - SW 7.6</i>					

Infantil A - 14 anos

1.	ALMEIDA, Joao Francisco	07 Naval do Funchal	1:24.40		40.39	44.01
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>					
2.	NEVES, Tiago Brazao	07 Naval do Funchal	1:25.85		41.54	44.31
	<i>M�nimos Camp. Nacional Infantis - Set�bal</i>					
3.	SMIRNOV, Dmytro	07 Desportivo Sao Roque	1:28.82		41.17	47.65
4.	ARAUJO, Joao Caldeira	07 Naval do Funchal	1:30.17		41.34	48.83
5.	OLIVEIRA, Afonso Miguel	07 Salesianos do Funchal	1:30.72		42.83	47.89
6.	RIBEIRO, Telmo Drumond	07 Naval do Funchal	1:33.88		44.60	49.28
7.	PEREIRA, Lucas Santos	07 Naval do Funchal	1:34.07		44.48	49.59
8.	COSTA, Guilherme Corte	07 Desportivo Nacional	1:36.64		46.14	50.50
9.	NUNES, Henrique Dias	07 Desportivo Nacional	1:36.95		46.63	50.32
10.	PENSO, Miguel Reigada	07 Escola O Liceu	1:39.54		48.08	51.46
11.	JESUS, David Martins	07 Desportivo Sao Roque	1:41.33		47.18	54.15
12.	CARVALHO, Joaquim Eduardo	07 Naval do Funchal	1:42.73		49.16	53.57
13.	GOUVEIA, Martim Jose	07 Desportivo Sao Roque	1:44.11		48.49	55.62
14.	BERENQUER, Santiago Moura	07 Salesianos do Funchal	1:53.29		53.58	59.71
15.	GONCALVES, Gabriel Fiqueli	07 Desportivo Sao Roque	1:54.51		52.20	1:02.31
16.	VIEIRA, Luis Henrique	07 Desportivo Nacional	2:02.62		57.95	1:04.67

Prova 45 Femin., 200m Costas Absoluto
04/07/2021 - 11:00 Resultados

Recorde Regional Absoluto	2:25.94	QUINTAL, Fabiana Maria	CDN	Coimbra	28/03/2008
Recorde Regional Sen	2:25.94	QUINTAL, Fabiana Maria	CDN	Coimbra	28/03/2008
Recorde Regional Jun17	2:29.82	ROSA, Beatriz Jong	CDWT	Porto	03/06/2017
Recorde Regional Jun16	2:30.73	FERREIRA, Maria Leonor	CDN	Funchal	01/03/2020
Recorde Regional Juv A	2:30.28	FERREIRA, Maria Leonor	CDN	Funchal	02/08/2019
Recorde Regional Juv B	2:33.42	FERREIRA, Maria Leonor	CDN	Funchal	11/03/2018
Recorde Regional Inf A	2:41.09	SOUSA, Joana Francisca	CDSR	Loule	15/07/2017
Recorde Regional Inf B	2:42.57	GONCALVES, Vera Andrade	JACL	Funchal	04/07/2021

TAC INFANTIS Inf B: 3:14.37; Inf A: 3:04.10 / TAC OPEN Juv B: 2:43.96; Juv A: 2:38.03; Jun16: 2:33.53; Jun17: 2:32.01; Sen: 2:29.42

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Juvenil B - 14 anos

1. RODRIGUES, Laura Sofia07	Salesianos do Funchal	2:40.04	6,9	36.48	39.80	41.80	41.96
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
2. NETO, Leonor Rodrigues 07	Naval do Funchal	2:44.16	4,9	37.87	41.47	43.27	41.55
3. GONCALVES, Valentina Ji07	Desportivo Nacional	2:48.96	2,6	38.96	42.45	43.81	43.74

Juvenil A - 15 anos

1. DIAS, Julia Alves	06 Desportivo Nacional	2:39.15	6,0	36.46	40.32	42.01	40.36
2. JARDIM, Lara Filipa	06 Naval do Funchal	2:40.01	5,6	37.30	40.91	41.74	40.06
3. FREITAS, Margarida Ram06	Desportivo Nacional	2:42.91	4,2	38.36	41.12	42.10	41.33
4. CANADA, Maria Elvira	06 Desportivo Nacional	2:50.79		39.45	42.92	44.49	43.93
5. TEMBE, Ines Afonso	06 Desportivo Nacional	3:00.27		40.58	45.38	46.82	47.49

Juniores - 16 e 17 anos

1. FERREIRA, Maria Leonor 04	Desportivo Nacional	2:31.57	8,7	34.37	38.29	39.64	39.27
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
2. CAMACHO, Laura Fernan04	Naval do Funchal	2:34.12	7,4	36.53	38.69	39.79	39.11

Absolutos - 14 e mais velhos

1. FERREIRA, Maria Leonor 04	Desportivo Nacional	2:31.57	8,7	34.37	38.29	39.64	39.27
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
2. CAMACHO, Laura Fernan04	Naval do Funchal	2:34.12	7,4	36.53	38.69	39.79	39.11
3. DIAS, Julia Alves	06 Desportivo Nacional	2:39.15	6,0	36.46	40.32	42.01	40.36
4. JARDIM, Lara Filipa	06 Naval do Funchal	2:40.01	5,6	37.30	40.91	41.74	40.06
5. RODRIGUES, Laura Sofia07	Salesianos do Funchal	2:40.04	6,9	36.48	39.80	41.80	41.96
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
6. FREITAS, Margarida Ram06	Desportivo Nacional	2:42.91	4,2	38.36	41.12	42.10	41.33
7. NETO, Leonor Rodrigues 07	Naval do Funchal	2:44.16	4,9	37.87	41.47	43.27	41.55
8. GONCALVES, Valentina Ji07	Desportivo Nacional	2:48.96	2,6	38.96	42.45	43.81	43.74
9. CANADA, Maria Elvira	06 Desportivo Nacional	2:50.79		39.45	42.92	44.49	43.93
10. TEMBE, Ines Afonso	06 Desportivo Nacional	3:00.27		40.58	45.38	46.82	47.49

Prova 46 Absoluto
04/07/2021 - 11:07 Resultados
Masc., 200m Costas

Recorde Regional Absoluto	2:06.37	MELIM, Oscar Ramos	CDN	Faro	19/07/2009
Recorde Regional Sen	2:06.37	MELIM, Oscar Ramos	CDN	Faro	19/07/2009
Recorde Regional Jun18	2:09.13	MELIM, Oscar Ramos	CDN	Lisboa	30/05/2004
Recorde Regional Jun17	2:11.69	MELIM, Oscar Ramos	CDN	Rio Maior	01/08/2003
Recorde Regional Juv A	2:12.11	PEREIRA, Nuno Miguel	CDN	Las Palmas (ESP)	08/07/1992
Recorde Regional Juv B	2:15.57	FERNANDES, Rui Afonso	CDN	Oeiras	27/07/2018
Recorde Regional Inf A	2:21.64	FRIAS, Pedro Daniel	CDN	Povoa do Varzim	24/07/2004
Recorde Regional Inf B	2:30.83	CAMACHO, Afonso Caires	CNF	Funchal	19/03/2017

TAC INFANTIS Inf B: 3:04.28; Inf A: 2:53.16 / TAC OPEN Juv B: 2:27.25; Juv A: 2:21.43; Jun17: 2:18.51; Jun18: 2:15.08;
Sen: 2:12.25

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Juvenil B - 15 anos									
1.	GONCALVES, Martim Luis	06	Desportivo Nacional	2:27.54	7,3	33.43	37.46	38.53	38.12
2.	ALVES, Pedro Miguel	06	Desportivo Nacional	2:33.31	4,2	34.99	37.77	40.43	40.12
3.	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	3:00.77		42.22	45.84	47.92	44.79

Absolutos - 15 e mais velhos

1.	GONCALVES, Martim Luis	06	Desportivo Nacional	2:27.54	7,3	33.43	37.46	38.53	38.12
2.	ALVES, Pedro Miguel	06	Desportivo Nacional	2:33.31	4,2	34.99	37.77	40.43	40.12
3.	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	3:00.77		42.22	45.84	47.92	44.79

Prova 47 Absoluto
04/07/2021 - 11:11 Resultados
Femin., 100m Livres

Recorde Regional Absoluto	1:00.73	QUINTAL, Fabiana Maria	CDN	Coimbra	09/04/2010
Recorde Regional Sen	1:00.73	QUINTAL, Fabiana Maria	CDN	Coimbra	09/04/2010
Recorde Regional Jun17	1:02.05	ANDRADE, Rubina Amaro	CDN		01/01/1996
Recorde Regional Jun16	1:01.63	AGUILAR, Vera Ines	CDN	Funchal	11/03/2016
Recorde Regional Juv A	1:01.06	AGUILAR, Vera Ines	CDN	Funchal	14/02/2015
Recorde Regional Juv B	1:02.10	CAIRES, Joana Costa	CNF	Oeiras	29/07/2012
Recorde Regional Inf A	1:02.94	CAIRES, Joana Costa	CNF	Lisboa	23/07/2011
Recorde Regional Inf B	1:05.55	LOPES, Joana Cristina	CNF	Matur	20/07/1992

TAC INFANTIS Inf B: 1:19.67; Inf A: 1:14.73 / TAC OPEN Juv B: 1:06.44; Juv A: 1:03.96; Jun16: 1:02.10; Jun17: 1:00.83;
Sen: 1:00.02

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	
Juvenil B - 14 anos							
1.	CAMARA, Ines Cruz	07	Desportivo Nacional	1:06.86	6,0	31.63	35.23
2.	FREITAS, Maria Raquel	07	Naval do Funchal	1:18.33		36.94	41.39
3.	NICOLAU, Matilde Olival	07	Ludens de Machico	1:25.07		40.49	44.58
4.	RINCU, Alexandra	07	Naval do Funchal	1:25.97		40.08	45.89
5.	RONDON, Maria Victoria	07	Maritimo	1:30.91		42.47	48.44

Juvenil A - 15 anos

1.	COSTA, Maria Jardim	06	Desportivo Nacional	1:03.59	8,7	30.22	33.37
<i>Mínimos OPEN DE PORTUGAL - Jamor</i>							
2.	FERRO, Maria Leonor	06	Naval do Funchal	1:08.14	3,3	32.91	35.23
3.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	1:08.62	2,7	32.98	35.64
4.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	1:09.29	1,9	33.06	36.23
5.	PEREIRA, Joana Marques	06	Salesianos do Funchal	1:09.86	1,2	32.77	37.09
6.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	1:10.20		34.57	35.63
7.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	1:12.22		34.11	38.11
8.	JESUS, Veronica Martins	06	Desportivo Sao Roque	1:42.02		45.69	56.33

Prova 47, Femin., 100m Livres

Juniores - 16 e 17 anos

1.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	1:06.90	4,5	32.49	34.41
2.	ARAUJO, Maria Clara	05	Naval do Funchal	1:08.50	2,6	32.39	36.11
3.	AVEIRO, Leonor Sofia	05	Naval do Funchal	1:12.06		34.49	37.57
4.	GOMES, Madalena Sousa	05	Naval do Funchal	1:13.78		35.31	38.47
5.	CARDOSO, Isabel Maria	05	Maritimo	1:19.84		38.41	41.43
6.	NOBREGA, Maria Trindade	05	Desportivo Nacional	1:22.74		39.20	43.54
7.	BLANDY, Mischa Blue	04	Salesianos do Funchal	1:24.82		38.57	46.25
8.	ANDRADE, Maria Beatriz	05	Desportivo Nacional	1:25.25		41.37	43.88
9.	VIEIRA, Sara Patricia	05	Maritimo	1:25.98		40.68	45.30

Absolutos - 14 e mais velhos

1.	COSTA, Maria Jardim	06	Desportivo Nacional	1:03.59	8,7	30.22	33.37
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
2.	GOMES, Susana Clara	77	Naval do Funchal	1:04.69	5,0	30.64	34.05
3.	CAMARA, Ines Cruz	07	Desportivo Nacional	1:06.86	6,0	31.63	35.23
4.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	1:06.90	4,5	32.49	34.41
5.	LECA, Natasha Maria	03	Desportivo Nacional	1:07.43	2,9	32.36	35.07
6.	FERRO, Maria Leonor	06	Naval do Funchal	1:08.14	3,3	32.91	35.23
7.	ARAUJO, Maria Clara	05	Naval do Funchal	1:08.50	2,6	32.39	36.11
8.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	1:08.62	2,7	32.98	35.64
9.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	1:09.29	1,9	33.06	36.23
10.	PEREIRA, Joana Marques	06	Salesianos do Funchal	1:09.86	1,2	32.77	37.09
11.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	1:10.20		34.57	35.63
12.	LUIS, Jessica Santos	00	Desportivo Sao Roque	1:11.26		33.62	37.64
13.	AVEIRO, Leonor Sofia	05	Naval do Funchal	1:12.06		34.49	37.57
14.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	1:12.22		34.11	38.11
15.	GOMES, Madalena Sousa	05	Naval do Funchal	1:13.78		35.31	38.47
16.	HERNANDEZ, Marcelis Nativid	99	Maritimo	1:14.16		34.79	39.37
17.	FREITAS, Maria Raquel	07	Naval do Funchal	1:18.33		36.94	41.39
18.	CARDOSO, Isabel Maria	05	Maritimo	1:19.84		38.41	41.43
19.	GOUVEIA, Mariana Alves	03	Ludens de Machico	1:21.47		38.54	42.93
20.	NOBREGA, Maria Trindade	05	Desportivo Nacional	1:22.74		39.20	43.54
21.	BLANDY, Mischa Blue	04	Salesianos do Funchal	1:24.82		38.57	46.25
22.	NICOLAU, Matilde Olival	07	Ludens de Machico	1:25.07		40.49	44.58
23.	ANDRADE, Maria Beatriz	05	Desportivo Nacional	1:25.25		41.37	43.88
24.	RINCU, Alexandra	07	Naval do Funchal	1:25.97		40.08	45.89
25.	VIEIRA, Sara Patricia	05	Maritimo	1:25.98		40.68	45.30
26.	RONDON, Maria Victoria	07	Maritimo	1:30.91		42.47	48.44
27.	JESUS, Veronica Martins	06	Desportivo Sao Roque	1:42.02		45.69	56.33
EXH	GOIS, Margarida Teles	08	Ludens de Machico	1:27.31		40.46	46.85

Prova 48 Masc., 100m Livres Absoluto
04/07/2021 - 11:18 Resultados

Recorde Regional Absoluto	50.84	PINTO, Luis Marques	CDN	Coimbra	31/05/2009
Recorde Regional Sen	50.84	PINTO, Luis Marques	CDN	Coimbra	31/05/2009
Recorde Regional Jun18	53.04	CASTRO, Joao Cruz	CDSR	Funchal	22/03/2018
Recorde Regional Jun17	53.00	CASTRO, Joao Cruz	CDSR	Coimbra	28/05/2017
Recorde Regional Juv A	53.61	CASTRO, Joao Cruz	CDSR	Oeiras	24/07/2016
Recorde Regional Juv B	54.43	CASTRO, Joao Cruz	CDSR	Coimbra	26/07/2015
Recorde Regional Inf A	55.80	CASTRO, Joao Cruz	CSM	Loule	20/07/2014
Recorde Regional Inf B	59.05	DEUS, Andre Portugal	CNF	Oeiras	19/07/2015

TAC INFANTIS Inf B: 1:14.56; Inf A: 1:10.15 / TAC OPEN Juv B: 59.72; Juv A: 57.78; Jun17: 55.22; Jun18: 53.52; Sen: 52.39

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	
Juvenil B - 15 anos							
1.	PAULOS, Joao Afonso	06	Naval do Funchal	59.78	8,0	28.38	31.40
2.	GARANITO, Simao Silva	06	Naval do Funchal	59.88	7,9	28.36	31.52
3.	SILVA, Joao Luis	06	Escola O Liceu	1:00.88	6,6	29.75	31.13
4.	SETIM, Joao Oliveira	06	Naval do Funchal	1:00.90	6,5	29.46	31.44
5.	ABREU, Joao Francisco	06	Naval do Funchal	1:03.95	2,6	30.86	33.09
6.	SILVA, Afonso Mar	06	Naval do Funchal	1:03.98	2,6	31.60	32.38
7.	TEMES, Joao Caires	06	Salesianos do Funchal	1:07.71		33.00	34.71
8.	NACHYCHKO, Maximo	06	Naval do Funchal	1:10.74		33.59	37.15
9.	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	1:10.90		33.12	37.78
10.	CRO, Nuno Afonso	06	Desportivo Sao Roque	1:31.03		42.48	48.55

Juvenil A - 16 anos

1.	GOUVEIA, Luis Galvao	05	Desportivo Nacional	57.66	9,7	27.64	30.02
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
2.	RODRIGUES, Joao Luis	05	Naval do Funchal	58.03	9,3	28.18	29.85
3.	DIAS, Andre Vicente	05	Desportivo Nacional	58.13	9,1	28.21	29.92
4.	VOLOZHENIN, Alexandre	05	Naval do Funchal	1:00.35	6,2	28.18	32.17
5.	SILVA, Tony Stefano	05	Desportivo Nacional	1:01.44	4,8	28.00	33.44
6.	SOUSA, Lourenco Quintas	05	Naval do Funchal	1:01.52	4,7	28.16	33.36
7.	ALVES, Andre Camara	05	Desportivo Nacional	1:03.86	1,7	30.41	33.45
8.	FREITAS, Bernardo Vasconcel	05	Ludens de Machico	1:10.08		34.35	35.73
9.	MENDES, Juan Diego	05	Desportivo Nacional	1:13.22		34.61	38.61
10.	SOUSA, Luis Miguel	05	Maritimo	1:14.57		35.08	39.49
11.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	1:16.40		36.22	40.18

Juniores - 17 e 18 anos

1.	FERNANDES, Diogo Henrique	04	Naval do Funchal	55.57	11,4	27.02	28.55
2.	ALVES, Paulo Rodrigues	04	Desportivo Nacional	56.77	9,8	27.09	29.68
3.	FERNANDES, Rui Afonso	03	Desportivo Nacional	56.82	8,5	27.15	29.67
4.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	58.14	8,0	27.78	30.36
5.	AGUILAR, Luis Santos	04	Desportivo Nacional	1:00.68	4,6	28.31	32.37
6.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	1:01.32	2,4	29.68	31.64
7.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	1:01.82	1,8	28.99	32.83
8.	CAMACHO, Joao Simao	03	Desportivo Nacional	1:02.30	1,1	28.74	33.56
9.	ABREU, Nuno Afonso	03	Naval do Funchal	1:02.50		29.45	33.05
10.	FERNANDES, Martim Pestana	04	Naval do Funchal	1:05.23		30.86	34.37

Absolutos - 15 e mais velhos

1.	FERNANDES, Diogo Henrique	04	Naval do Funchal	55.57	11,4	27.02	28.55
2.	ALVES, Paulo Rodrigues	04	Desportivo Nacional	56.77	9,8	27.09	29.68
3.	FERNANDES, Rui Afonso	03	Desportivo Nacional	56.82	8,5	27.15	29.67
4.	GOUVEIA, Luis Galvao	05	Desportivo Nacional	57.66	9,7	27.64	30.02
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
5.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	57.67	5,6	27.89	29.78

Prova 48, Masc., 100m Livres, Absolutos - 15 e mais velhos

Lugar	Ano		Tempo final	Pts	50m	100m	
6.	RODRIGUES, Joao Luis	05	Naval do Funchal	58.03	9,3	28.18	29.85
7.	DIAS, Andre Vicente	05	Desportivo Nacional	58.13	9,1	28.21	29.92
8.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	58.14	8,0	27.78	30.36
9.	PAULOS, Joao Afonso	06	Naval do Funchal	59.78	8,0	28.38	31.40
10.	GARANITO, Simao Silva	06	Naval do Funchal	59.88	7,9	28.36	31.52
11.	VOLOZHENIN, Alexandre	05	Naval do Funchal	1:00.35	6,2	28.18	32.17
12.	AGUILAR, Luis Santos	04	Desportivo Nacional	1:00.68	4,6	28.31	32.37
13.	SILVA, Joao Luis	06	Escola O Liceu	1:00.88	6,6	29.75	31.13
14.	SETIM, Joao Oliveira	06	Naval do Funchal	1:00.90	6,5	29.46	31.44
15.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	1:01.32	2,4	29.68	31.64
16.	NUNES, Goncalo Almada	01	Salesianos do Funchal	1:01.40		29.22	32.18
17.	SILVA, Tony Stefano	05	Desportivo Nacional	1:01.44	4,8	28.00	33.44
18.	SOUSA, Lourenco Quintas	05	Naval do Funchal	1:01.52	4,7	28.16	33.36
19.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	1:01.82	1,8	28.99	32.83
20.	CAMACHO, Joao Simao	03	Desportivo Nacional	1:02.30	1,1	28.74	33.56
21.	ABREU, Nuno Afonso	03	Naval do Funchal	1:02.50		29.45	33.05
22.	ALVES, Andre Camara	05	Desportivo Nacional	1:03.86	1,7	30.41	33.45
23.	ABREU, Joao Francisco	06	Naval do Funchal	1:03.95	2,6	30.86	33.09
24.	SILVA, Afonso Mar	06	Naval do Funchal	1:03.98	2,6	31.60	32.38
25.	FERNANDES, Martim Pestana	04	Naval do Funchal	1:05.23		30.86	34.37
26.	TEMES, Joao Caires	06	Salesianos do Funchal	1:07.71		33.00	34.71
27.	FREITAS, Bernardo Vasconcelos	05	Ludens de Machico	1:10.08		34.35	35.73
28.	NACHYCHKO, Maximo	06	Naval do Funchal	1:10.74		33.59	37.15
29.	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	1:10.90		33.12	37.78
30.	MENDES, Juan Diego	05	Desportivo Nacional	1:13.22		34.61	38.61
31.	SOUSA, Luis Miguel	05	Maritimo	1:14.57		35.08	39.49
32.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	1:16.40		36.22	40.18
33.	DINIS, Fernando Jose	02	Desportivo Sao Roque	1:19.24		37.15	42.09
34.	CRO, Nuno Afonso	06	Desportivo Sao Roque	1:31.03		42.48	48.55
EXH	CARVALHO, Simao Duarte	07	Ludens de Machico	1:07.09	1,1	31.54	35.55

M nimos Camp. Nacional Infantilis - Set bal

Prova 49 Femin., 50m Mariposa Absoluto
04/07/2021 - 11:37 Resultados

Recorde Regional Absoluto	29.17	OLIM, Carlota Freitas	CNF	Oeiras	24/07/2014
Recorde Regional Sen	29.17	OLIM, Carlota Freitas	CNF	Oeiras	24/07/2014
Recorde Regional Jun17	29.85	ROSA, Beatriz Jong	CDWT	Coimbra	02/04/2017
Recorde Regional Jun16	29.48	ROSA, Beatriz Jong	CDN	Oeiras	13/03/2016
Recorde Regional Juv A	29.76	ROSA, Beatriz Jong	CDN	Funchal	03/07/2015
Recorde Regional Juv B	30.44	ROSA, Beatriz Jong	CDN	Oeiras	24/07/2014
Recorde Regional Inf A	32.05	ROSA, Beatriz Jong	CDN	Funchal	19/01/2013
Recorde Regional Inf B	32.46	LOPES, Joana Cristina	CNF	Las Palmas (ESP)	09/07/1992

TAC OPEN Juv B: 29.98; Juv A: 29.98; Jun16: 31.86; Jun17: 29.98; Sen: 29.50

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts
Juvenil A - 15 anos				
1.	DIAS, Julia Alves	06	Desportivo Nacional	34.47
2.	SOUSA, Ivana Valentina	06	Desportivo Nacional	34.97
3.	TEMBE, Ines Afonso	06	Desportivo Nacional	35.23
4.	FREITAS, Margarida Ramos	06	Desportivo Nacional	35.89
5.	CANADA, Maria Elvira	06	Desportivo Nacional	36.11

Prova 49, Femin., 50m Mariposa

Juniores - 16 e 17 anos

1.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	31.73	7,4
2.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	33.94	1,3
3.	NOBREGA, Maria Trindade	05	Desportivo Nacional	42.07	
4.	ANDRADE, Maria Beatriz	05	Desportivo Nacional	43.49	

Absolutos - 14 e mais velhos

1.	OLIM, Carlota Freitas	93	Naval do Funchal	30.16	8,2
2.	GOMES, Susana Clara	77	Naval do Funchal	31.39	5,1
3.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	31.73	7,4
4.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	33.94	1,3
5.	DIAS, Julia Alves	06	Desportivo Nacional	34.47	
6.	SOUSA, Ivana Valentina	06	Desportivo Nacional	34.97	
7.	TEMBE, Ines Afonso	06	Desportivo Nacional	35.23	
8.	FREITAS, Margarida Ramos	06	Desportivo Nacional	35.89	
9.	CANADA, Maria Elvira	06	Desportivo Nacional	36.11	
10.	HERNANDEZ, Marcelis Nativid	99	Maritimo	36.99	
11.	LECA, Natasha Maria	03	Desportivo Nacional	39.01	
12.	NOBREGA, Maria Trindade	05	Desportivo Nacional	42.07	
13.	ANDRADE, Maria Beatriz	05	Desportivo Nacional	43.49	

Prova 50

04/07/2021 - 11:39

Masc., 50m Mariposa

Absoluto

Resultados

Recorde Regional Absoluto	25.36	FERNANDES, Joao Vitor	CEOL	Funchal	01/08/2019
Recorde Regional Sen	25.36	FERNANDES, Joao Vitor	CEOL	Funchal	01/08/2019
Recorde Regional Jun18	25.84	MARQUES, Miguel Freitas	CSM	Coimbra	04/04/2014
Recorde Regional Jun17	25.97	GOMES, Miguel Camara	CNF	Oeiras	13/03/2016
Recorde Regional Juv A	26.49	VARGAS, Henrique Luis	CNF	Coimbra	04/04/2014
Recorde Regional Juv B	27.58	CAIRES, Nuno Costa	CNF	Faro	20/07/2009
Recorde Regional Inf A	28.73	VARGAS, Henrique Luis	CNF	Rio Maior	21/07/2012
Recorde Regional Inf B	29.47	CASTANHEIRO, Vitor Goncalo	CDN	Funchal	21/05/2005

TAC OPEN Juv B: 26.16; Juv A: 26.16; Jun17: 26.91; Jun18: 26.16; Sen: 25.77

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts
Juvenil B - 15 anos			
1.	PITA, Pedro Miguel <i>Recorde Regional</i>	06 Naval do Funchal	27.53 12,1
2.	GONCALVES, Martim Luis	06 Desportivo Nacional	29.10 8,0
3.	SILVA, Afonso Mar	06 Naval do Funchal	30.68 3,8
4.	TEMES, Joao Caires	06 Salesianos do Funchal	33.93
5.	OLIVEIRA, Bernardo Antonio	06 Naval do Funchal	35.86

Juvenil A - 16 anos

1.	RODRIGUES, Joao Luis	05	Naval do Funchal	27.33	11,5
2.	GOUVEIA, Luis Galvao	05	Desportivo Nacional	27.59	10,8
3.	DIAS, Andre Vicente	05	Desportivo Nacional	28.03	9,6
4.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	37.53	
5.	MENDES, Juan Diego	05	Desportivo Nacional	37.60	

Prova 50, Masc., 50m Mariposa

Juniores - 17 e 18 anos

1.	FERNANDES, Rui Afonso	03	Desportivo Nacional	26.98	10,4
2.	BARRY, Rafael Francisco	04	Naval do Funchal	27.92	8,8
3.	CAMACHO, Joao Simao	03	Desportivo Nacional	29.37	3,9
4.	GOMES, Goncalo Camara	03	Naval do Funchal	30.25	1,4
5.	ABREU, Nuno Afonso	03	Naval do Funchal	30.50	

Absolutos - 15 e mais velhos

1.	FERNANDES, Rui Afonso	03	Desportivo Nacional	26.98	10,4
2.	RODRIGUES, Joao Luis	05	Naval do Funchal	27.33	11,5
3.	PITA, Pedro Miguel	06	Naval do Funchal	27.53	12,1
<i>Recorde Regional</i>					
4.	GOUVEIA, Luis Galvao	05	Desportivo Nacional	27.59	10,8
5.	BARRY, Rafael Francisco	04	Naval do Funchal	27.92	8,8
6.	DIAS, Andre Vicente	05	Desportivo Nacional	28.03	9,6
7.	GONCALVES, Martim Luis	06	Desportivo Nacional	29.10	8,0
8.	CAMACHO, Joao Simao	03	Desportivo Nacional	29.37	3,9
9.	GOMES, Goncalo Camara	03	Naval do Funchal	30.25	1,4
10.	ABREU, Nuno Afonso	03	Naval do Funchal	30.50	
11.	SILVA, Afonso Mar	06	Naval do Funchal	30.68	3,8
12.	TEMES, Joao Caires	06	Salesianos do Funchal	33.93	
13.	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	35.86	
14.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	37.53	
15.	MENDES, Juan Diego	05	Desportivo Nacional	37.60	
16.	DINIS, Fernando Jose	02	Desportivo Sao Roque	42.83	

Prova 51

Femin., 100m Bru os

Absoluto

04/07/2021 - 11:41

Resultados

Recorde Regional Absoluto	1:13.39	QUINTAL, Fabiana Maria	CDN	Faro	18/07/2009
Recorde Regional Sen	1:13.39	QUINTAL, Fabiana Maria	CDN	Faro	18/07/2009
Recorde Regional Jun17	1:16.93	MARQUES, Mariana Sousa	CNF	Lisboa	28/05/2005
Recorde Regional Jun16	1:15.42	ABREU, Laura Catarina	CDN	Oeiras	07/02/2016
Recorde Regional Juv A	1:14.35	ABREU, Laura Catarina	CDN	Coimbra	23/07/2015
Recorde Regional Juv B	1:15.14	ABREU, Laura Catarina	CDN	Oeiras	24/07/2014
Recorde Regional Inf A	1:19.63	CAIRES, Joana Costa	CNF	Lisboa	24/07/2011
Recorde Regional Inf B	1:21.92	RODRIGUES, Laura Sofia	JACL	Funchal	05/07/2019

TAC INFANTIS Inf B: 1:40.95; Inf A: 1:34.87 / TAC OPEN Juv B: 1:23.78; Juv A: 1:23.19; Jun16: 1:20.65; Jun17: 1:18.34;

Sen: 1:16.34

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m	
Juvenil B - 14 anos							
1.	GONCALVES, Valentina Jose	07	Desportivo Nacional	1:22.71	7,9	38.93	43.78
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
2.	CAMARA, Ines Cruz	07	Desportivo Nacional	1:24.38	6,3	39.95	44.43
3.	MATEUS, Clarisse Vieira	07	Desportivo Nacional	1:25.62	5,2	40.57	45.05
4.	FIGUEIRA, Madalena Leonor	07	Naval do Funchal	1:28.03	2,9	41.58	46.45
5.	FREITAS, Maria Raquel	07	Naval do Funchal	1:38.57		45.62	52.95
6.	RINCU, Alexandra	07	Naval do Funchal	1:57.57		54.40	1:03.17
7.	NICOLAU, Matilde Olival	07	Ludens de Machico	2:12.24		1:02.36	1:09.88

Prova 51, Femin., 100m Bru os

Juvenil A - 15 anos

1.	COSTA, Maria Jardim	06	Desportivo Nacional	1:21.70	7,1	38.13	43.57
	<i>M�nimos OPEN DE PORTUGAL - Jamor</i>						
2.	DEUS, Ines Portugal	06	Naval do Funchal	1:23.16	5,8	39.39	43.77
	<i>M�nimos OPEN DE PORTUGAL - Jamor</i>						
3.	SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	1:25.17	3,9	40.35	44.82
4.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	1:31.55		43.53	48.02
5.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	1:39.18		47.57	51.61

Juniores - 16 e 17 anos

1.	FERREIRA, Maria Leonor	04	Desportivo Nacional	1:26.27	1,8	40.57	45.70
2.	GOMES, Madalena Sousa	05	Naval do Funchal	1:39.74		46.15	53.59
3.	BLANDY, Mischa Blue	04	Salesianos do Funchal	1:52.09		51.31	1:00.78

Absolutos - 14 e mais velhos

1.	COSTA, Maria Jardim	06	Desportivo Nacional	1:21.70	7,1	38.13	43.57
	<i>M�nimos OPEN DE PORTUGAL - Jamor</i>						
2.	GONCALVES, Valentina Jose	07	Desportivo Nacional	1:22.71	7,9	38.93	43.78
	<i>M�nimos OPEN DE PORTUGAL - Jamor</i>						
3.	DEUS, Ines Portugal	06	Naval do Funchal	1:23.16	5,8	39.39	43.77
	<i>M�nimos OPEN DE PORTUGAL - Jamor</i>						
4.	CAMARA, Ines Cruz	07	Desportivo Nacional	1:24.38	6,3	39.95	44.43
5.	SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	1:25.17	3,9	40.35	44.82
6.	MATEUS, Clarisse Vieira	07	Desportivo Nacional	1:25.62	5,2	40.57	45.05
7.	FERREIRA, Maria Leonor	04	Desportivo Nacional	1:26.27	1,8	40.57	45.70
8.	FIGUEIRA, Madalena Leonor	07	Naval do Funchal	1:28.03	2,9	41.58	46.45
9.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	1:31.55		43.53	48.02
10.	LUIS, Jessica Santos	00	Desportivo Sao Roque	1:32.24		43.78	48.46
11.	FREITAS, Maria Raquel	07	Naval do Funchal	1:38.57		45.62	52.95
12.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	1:39.18		47.57	51.61
13.	GOMES, Madalena Sousa	05	Naval do Funchal	1:39.74		46.15	53.59
14.	GOUVEIA, Mariana Alves	03	Ludens de Machico	1:48.39		50.85	57.54
15.	BLANDY, Mischa Blue	04	Salesianos do Funchal	1:52.09		51.31	1:00.78
16.	RINCU, Alexandra	07	Naval do Funchal	1:57.57		54.40	1:03.17
17.	NICOLAU, Matilde Olival	07	Ludens de Machico	2:12.24		1:02.36	1:09.88
EXH	GOIS, Margarida Teles	08	Ludens de Machico	2:07.73		1:00.00	1:07.73

Prova 52 Masc., 100m Bru os Absoluto
04/07/2021 - 11:49 Resultados

Recorde Regional Absoluto	1:05.65	SILVA, Tomas Antonio	CNF	Funchal	01/08/2019
Recorde Regional Sen	1:07.30	MOURA, Vitor Diogo	CDN	Oeiras	26/07/2012
Recorde Regional Jun18	1:05.65	SILVA, Tomas Antonio	CNF	Funchal	01/08/2019
Recorde Regional Jun17	1:07.65	SILVA, Tomas Antonio	CNF	Oeiras	26/07/2018
Recorde Regional Juv A	1:09.14	FERNANDES, Martim Pestana	CNF	Funchal	22/02/2020
Recorde Regional Juv B	1:08.07	ALVES, Paulo Rodrigues	CDN	Funchal	01/08/2019
Recorde Regional Inf A	1:12.62	DEUS, Andre Portugal	CNF	Famalicao	16/07/2016
Recorde Regional Inf B	1:14.51	FREITAS, Tomas Miguel	CDN	Rio Maior	03/08/2003

TAC INFANTIS Inf B: 1:32.05; Inf A: 1:26.51 / TAC OPEN Juv B: 1:16.50; Juv A: 1:14.00; Jun17: 1:12.05; Jun18: 1:08.26;
Sen: 1:06.78

Pontos: Rudolph Table 2020

Lugar	Ano		Tempo final	Pts	50m	100m
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Juvenil B - 15 anos

1.	SETIM, Joao Oliveira	06	Naval do Funchal	1:20.11	3,5	37.87	42.24
2.	PAULOS, Joao Afonso	06	Naval do Funchal	1:21.06	2,5	37.24	43.82
3.	ALVES, Pedro Miguel	06	Desportivo Nacional	1:24.78		40.40	44.38
4.	NACHYCHKO, Maximo	06	Naval do Funchal	1:29.98		42.51	47.47

Juvenil A - 16 anos

1.	OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	1:13.55	8,4	33.63	39.92
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
2.	SILVA, Tony Stefano	05	Desportivo Nacional	1:14.67	7,3	34.20	40.47
3.	ALVES, Andre Camara	05	Desportivo Nacional	1:17.93	3,9	36.37	41.56
4.	SOUSA, Lourenco Quintas	05	Naval do Funchal	1:22.85		38.53	44.32
5.	FREITAS, Bernardo Vasconceli	05	Ludens de Machico	1:28.59		43.05	45.54

Juniores - 17 e 18 anos

1.	ALVES, Paulo Rodrigues	04	Desportivo Nacional	1:10.48	10,4	32.89	37.59
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
2.	MATOS, Rodrigo Vieira	03	Naval do Funchal	1:12.47	6,7	33.12	39.35
3.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	1:16.15	4,4	35.94	40.21
4.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	1:16.81	2,0	35.92	40.89
5.	AGUILAR, Luis Santos	04	Desportivo Nacional	1:19.02	1,4	36.35	42.67
6.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	1:22.87		37.91	44.96

Absolutos - 15 e mais velhos

1.	ALVES, Paulo Rodrigues	04	Desportivo Nacional	1:10.48	10,4	32.89	37.59
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
2.	MATOS, Rodrigo Vieira	03	Naval do Funchal	1:12.47	6,7	33.12	39.35
3.	OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	1:13.55	8,4	33.63	39.92
<i>M�nimos OPEN DE PORTUGAL - Jamor</i>							
4.	SILVA, Tony Stefano	05	Desportivo Nacional	1:14.67	7,3	34.20	40.47
5.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	1:15.84		36.26	39.58
6.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	1:16.15	4,4	35.94	40.21
7.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	1:16.81	2,0	35.92	40.89
8.	ALVES, Andre Camara	05	Desportivo Nacional	1:17.93	3,9	36.37	41.56
9.	AGUILAR, Luis Santos	04	Desportivo Nacional	1:19.02	1,4	36.35	42.67
10.	SETIM, Joao Oliveira	06	Naval do Funchal	1:20.11	3,5	37.87	42.24
11.	PAULOS, Joao Afonso	06	Naval do Funchal	1:21.06	2,5	37.24	43.82
12.	SOUSA, Lourenco Quintas	05	Naval do Funchal	1:22.85		38.53	44.32
13.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	1:22.87		37.91	44.96
14.	ALVES, Pedro Miguel	06	Desportivo Nacional	1:24.78		40.40	44.38
15.	FREITAS, Bernardo Vasconceli	05	Ludens de Machico	1:28.59		43.05	45.54
16.	NACHYCHKO, Maximo	06	Naval do Funchal	1:29.98		42.51	47.47

Prova 53 04/07/2021 - 11:58	Masc., 4 x 50m Estilos Prova Complementar			Absolutos - 15 e mais velhos Resultados	
Recorde Regional Absoluto	1:49.32	Clube Desportivo Nacional	CDN	Funchal	04/08/2019
Recorde Regional Sen	1:51.67	Clube Desportivo Nacional	CDN	Oeiras	26/07/2014
Recorde Regional Jun	1:55.96	Clube Naval do Funchal	CNF	Lisboa	28/03/2009

Pontos: Rudolph Table 2020

Lugar					Tempo final	Pts	
EXH Escola O Liceu 1 <i>Recorde Regional</i>	Escola O Liceu				1:48.99		
CASTRO, Joao Cruz	00	+0,72	28.46	FERNANDES, Joao Vitor	00	+0,17	25.51
MARQUES, Miguel Freitas	96	+0,16	29.58	CAMARA, Joao Vieira	97	+0,26	25.44
EXH Naval do Funchal 24 <i>Recorde Regional</i>	Naval do Funchal				1:52.06		
GOMES, Goncalo Camara	03	+0,56	28.34	BARRY, Rafael Francisco	04	+0,19	27.89
FERNANDES, Martim Pestana	04	+0,02	31.17	FERNANDES, Diogo Henrique	04	+0,27	24.66