

1 - Jornada  nica / 1.ª Sess o "A"

23/10/2021 - 8:30

Prova 1 Masc., 100m Mariposa Absoluto
Startlist

23/10/2021 - 8:30					
Recorde Regional Absoluto	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Sen	55.34	FRANCO, Joao Fragueiro	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Jun17	56.11	SEQUEIRA, Afonso Meneses	CNF	Porto	12/12/2015
Recorde Regional Juv A	57.94	GOUVEIA, Luis Galvao	CDN	Funchal	17/07/2021
Recorde Regional Juv B	58.96	VARGAS, Henrique Luis	CNF	Funchal	24/07/2013
Recorde Regional Inf A	1:01.59	CAIRES, Nuno Costa	CNF	Funchal	12/07/2008
Recorde Regional Inf B	1:04.84	CASTRO, Joao Cruz	CSM	Funchal	24/07/2013

TAC Zonais Inf B: 1:19.01; Inf A: 1:14.35; Juv B: 1:05.17; Juv A: 1:02.37 / TAC Nacional Inf B: 1:17.01; Inf A: 1:12.35; Juv B: 1:04.21; Juv A: 1:01.45; Jun17: 58.61; Jun18: 56.94; Sen19: 56.33

Ano

S rie 1 de 2, 8:30

3 ALVES, Mateus Basilio	09	Juventude Atlantico	1:58.85
4 BARATA, Joao Tomas	08	Juventude Atlantico	1:48.96
5 RODRIGUES, Goncalo Reis	09	Juventude Atlantico	1:56.03

S rie 2 de 2, 8:32

1 ANDRADE, Salvador Freitas	09	Naval do Funchal	1:30.00
2 RODRIGUES, Guilherme Gomes	08	CD Sao Roque	1:23.48
3 MIRANDA, Francisco Guilherme	08	Naval do Funchal	1:18.07
4 BARRADAS, Rafael Alves	08	Escola O Liceu	1:15.00
5 STEFLEA, Andre Sergio	06	CD Sao Roque	1:16.63
6 JESUS, David Martins	07	CD Sao Roque	1:23.34
7 CASTRO, Marco Antonio	08	Naval do Funchal	1:28.03
8 NEVES, Rodrigo Viveiros	09	Juventude Atlantico	1:41.98

Prova 2 Femin., 100m Mariposa Absoluto
23/10/2021 - 8:35 Startlist

Recorde Regional Absoluto	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	1:03.70	ROSA, Beatriz Jong	CDN	Porto	09/12/2017
Recorde Regional Jun17	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun16	1:04.75	ROSA, Beatriz Jong	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:05.15	ROSA, Beatriz Jong	CDN	Funchal	11/07/2015
Recorde Regional Juv B	1:07.65	ROSA, Beatriz Jong	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:09.65	ROSA, Beatriz Jong	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:11.10	LOPES, Joana Cristina	CNF	Funchal	18/07/1992

TAC Zonais Inf B: 1:27.71; Inf A: 1:21.62; Juv B: 1:13.31; Juv A: 1:10.62 / TAC Nacional Inf B: 1:25.71; Inf A: 1:19.62; Juv B: 1:12.23; Juv A: 1:09.58; Jun16: 1:08.22; Jun17: 1:05.30; Sen18: 1:04.10

Ano

Série 1 de 1, 8:35

4 SA, Vanessa Fernandes	09	Naval do Funchal	1:36.10
5 RIBEIRO, Guida Drumond	10	Naval do Funchal	1:40.00

Prova 3 Masc., 200m Costas Absoluto
23/10/2021 - 8:37 Startlist

Recorde Regional Absoluto	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:06.22	MELIM, Oscar Ramos	CDN	Funchal	10/07/2004
Recorde Regional Jun17	2:03.83	FERNANDES, Rui Afonso	CDN	Funchal	25/07/2020
Recorde Regional Juv A	2:06.54	FERNANDES, Rui Afonso	CDN	Tomar	15/12/2018
Recorde Regional Juv B	2:08.37	FERNANDES, Rui Afonso	CDN	Funchal	01/08/2018
Recorde Regional Inf A	2:17.56	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2004
Recorde Regional Inf B	2:23.91	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonais Inf B: 2:57.73; Inf A: 2:47.30; Juv B: 2:23.92; Juv A: 2:17.34 / TAC Nacional Inf B: 2:53.73; Inf A: 2:43.30; Juv B: 2:21.79; Juv A: 2:15.31; Jun17: 2:11.05; Jun18: 2:08.96; Sen19: 2:06.11

Ano

Série 1 de 2, 8:37

3 GOMES, Joao Abreu	09	Naval do Funchal	3:40.00
4 ROCHA, Joao Henrique	09	Desportiva Galomar	3:20.00
5 PESTANA, Andre Pinto	09	Naval do Funchal	3:25.00
6 CORREIA, Joao Luis	08	Juventude Atlantico	4:00.00

Série 2 de 2, 8:41

1 GONCALVES, Joao Guilherme	09	Naval do Funchal	3:15.00
2 JARDIM, Rodrigo Vieira	08	Naval do Funchal	3:07.88
3 JESUS, Vasco Franca	08	Naval do Funchal	2:48.59
4 SILVA, Joao Luis	06	Escola O Liceu	2:29.91
5 PENSO, Miguel Reigada	07	Escola O Liceu	2:40.12
6 GONCALVES, Pedro Martim	09	Juventude Atlantico	2:59.00
7 NOBREGA, Matias Sargo	08	Naval do Funchal	3:10.83
8 PESTANA, Pedro Correia	09	Desportiva Galomar	3:20.00

Prova 4 Femin., 200m Costas Absoluto
Startlist

23/10/2021 - 8:45

Recorde Regional Absoluto	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Sen	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Jun17	2:23.46	QUINTAL, Fabiana Maria	CDN	Funchal	03/02/2001
Recorde Regional Jun16	2:24.93	FERREIRA, Maria Leonor	CDN	Funchal	07/03/2020
Recorde Regional Juv A	2:24.92	ROSA, Beatriz Jong	CDN	Funchal	10/07/2015
Recorde Regional Juv B	2:26.17	COSTA, Maria Jardim	CDN	Funchal	07/03/2020
Recorde Regional Inf A	2:33.29	COSTA, Maria Jardim	CDN	Funchal	08/06/2019
Recorde Regional Inf B	2:37.35	GONCALVES, Vera Andrade	JACL	Funchal	11/07/2021

TAC Zonais Inf B: 3:10.68; Inf A: 3:00.87; Juv B: 2:39.37; Juv A: 2:32.82 / TAC Nacional Inf B: 3:06.68; Inf A: 2:56.87; Juv B: 2:37.01; Juv A: 2:30.56; Jun16: 2:27.76; Jun17: 2:25.51; Sen18: 2:23.08

Ano

S rie 1 de 1, 8:45

3 LEITAO, Isabel Gouveia	10	Naval do Funchal	3:35.00
4 JESUS, Ligia Maria	08	Escola O Liceu	3:12.45
5 TEIXEIRA, Maria Leonor	10	Naval do Funchal	3:30.00
6 RONDON, Maria Victoria	07	Club Sport Maritimo	4:00.00

Prova 5 Masc., 100m Estilos Absoluto
Startlist

23/10/2021 - 8:50

Recorde Regional Absoluto	57.76	MARQUES, Miguel Freitas	JACL	Funchal	29/07/2016
Recorde Regional Sen	57.76	MARQUES, Miguel Freitas	JACL	Funchal	29/07/2016
Recorde Regional Jun18	58.92	SILVA, Tomas Antonio	CNF	Felgueiras	23/12/2018
Recorde Regional Jun17	58.99	ALVES, Paulo Rodrigues	CDN	Funchal	10/07/2021
Recorde Regional Juv A	1:00.15	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	1:03.82	FREITAS, Tomas Miguel	CDN	Funchal	23/03/2005
Recorde Regional Inf A	1:03.32	BARRY, Rafael Francisco	CNF	Funchal	31/07/2018
Recorde Regional Inf B	1:06.89	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Nacional Jun17: 1:00.45; Jun18: 59.50; Sen19: 58.58

Ano

S rie 1 de 3, 8:50

2 MARTINS, Antonio Freitas	09	Desportivo Nacional	2:02.72
3 CAMACHO, Santiago Bettencourt	09	Juventude Atlantico	1:55.00
4 BERENGUER, Santiago Moura	07	Juventude Atlantico	1:45.52
5 MARTINHO, Joao Miguel	09	Desportivo Nacional	1:49.37
6 FRANCISCO, David Rebocho	07	Club Sport Maritimo	2:00.00
7 SILVA, Francisco Pita	08	Juventude Atlantico	2:05.03

S rie 2 de 3, 8:52

1 CRESPO, Joao Jesus	09	Desportivo Nacional	1:44.02
2 FERNANDES, Antonio Maria	08	Naval do Funchal	1:43.54
3 GOMES, Guilherme Silva	08	Desportiva Galomar	1:38.16
4 SILVA, Joao Bernando	09	Desportivo Nacional	1:36.32
5 JARDIM, Joao Tomas	09	Desportivo Nacional	1:36.40
6 ALVES, Francisco Manuel	09	Desportivo Nacional	1:42.92
7 MARTINS, Tomas Rodrigo	07	Desportivo Nacional	1:43.65
8 SOUSA, Eduardo Afonseca	09	Desportivo Nacional	1:44.82

Prova 5, Masc., 100m Estilos

Série 3 de 3, 8:54

1 FARIA, Afonso Cunha	09	CD Sao Roque	1:36.11
2 CORREIA, Rodrigo Ramos	05	Desportivo Nacional	1:29.35
3 OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	1:24.31
4 SMIRNOV, Dmytro	07	CD Sao Roque	1:17.99
5 SOUSA, Simao Henrique	07	Desportivo Nacional	1:21.47
6 MENDES, Juan Diego	05	Desportivo Nacional	1:24.57
7 JARDIM, Lourenco Almeida	08	Desportivo Nacional	1:29.62
8 VELOZA, Tomas Ramos	09	Desportivo Nacional	1:36.16

Prova 6

Femin., 100m Estilos

Absoluto

23/10/2021 - 8:56

Startlist

Recorde Regional Absoluto	1:05.01	QUINTAL, Fabiana Maria	CDN	Leiria	06/12/2009
Recorde Regional Sen	1:05.01	QUINTAL, Fabiana Maria	CDN	Leiria	06/12/2009
Recorde Regional Jun17	1:10.03	SOUSA, Susana Margarida	CFU	M. Campo	13/03/1994
Recorde Regional Jun16	1:08.36	ABREU, Laura Catarina	CDN	Funchal	14/11/2015
Recorde Regional Juv A	1:09.02	ROSA, Beatriz Jong	CDN	Funchal	13/06/2015
Recorde Regional Juv B	1:11.86	RODRIGUES, Laura Sofia	JACL	Funchal	10/07/2021
Recorde Regional Inf A	1:13.40	CORREIA, Marta Corte	CNF	Funchal	20/04/1997
Recorde Regional Inf B	1:16.47	FERREIRA, Maria Leonor	CDN	Funchal	29/07/2016

TAC Nacional Jun16: 1:08.87; Jun17: 1:07.56; Sen18: 1:06.71

Ano

Série 1 de 3, 8:56

3 ROSA, Clara Sofia	10	Desportivo Nacional	2:05.00
4 MENDES, Lidia Pinto	09	Juventude Atlantico	1:56.93
5 QUADRADO, Teresa Gomes	10	Juventude Atlantico	2:00.30

Série 2 de 3, 8:59

2 PASSOS, Carolina Goncalves	09	Naval do Funchal	1:50.00
3 ALVES, Margarida Jesus	08	Desportivo Nacional	1:48.37
4 MATEUS, Eleine Vieira	09	Desportivo Nacional	1:40.45
5 VIEIRA, Sara Patricia	05	Club Sport Maritimo	1:45.00
6 SILVA, Maria Korina	09	Desportivo Nacional	1:48.66
7 ALVES, Ana Carolina	10	Desportivo Nacional	1:51.21

Série 3 de 3, 9:01

1 CARDOSO, Isabel Maria	05	Club Sport Maritimo	1:36.74
2 NOBREGA, Sara Francisca	08	CD Sao Roque	1:34.80
3 MELIM, Sara Beatriz	09	Desportivo Nacional	1:30.20
4 HERNANDEZ, Marcelis Nativid	99	Club Sport Maritimo	1:24.02
5 MARGARIDO, Paula Aguiar	09	Juventude Atlantico	1:26.47
6 TEMTEM, Madalena Barbosa	09	Desportivo Nacional	1:34.40
7 RINCU, Alexandra	07	Naval do Funchal	1:35.00
8 BLANDY, Mischa Blue	04	Juventude Atlantico	1:39.16

9:03 Período Comum de Recuperação

Prova 7 Masc., 100m Bruços Absoluto
Startlist
23/10/2021 - 9:13

Recorde Regional Absoluto	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Sen	1:04.47	MOURA, Vitor Diogo	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Jun17	1:04.77	FERNANDES, Martim Pestana	CNF	Funchal	09/05/2021
Recorde Regional Juv A	1:05.91	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	1:06.23	ALVES, Paulo Rodrigues	CDN	Funchal	18/05/2019
Recorde Regional Inf A	1:09.94	ALVES, Paulo Rodrigues	CDN	Funchal	31/07/2018
Recorde Regional Inf B	1:11.63	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Zonais Inf B: 1:31.49; Inf A: 1:26.17; Juv B: 1:14.80; Juv A: 1:11.98 / TAC Nacional Inf B: 1:29.49; Inf A: 1:24.17; Juv B: 1:13.69; Juv A: 1:10.92; Jun17: 1:08.68; Jun18: 1:05.85; Sen19: 1:04.47

Ano

Série 1 de 3, 9:13

3 MARTINS, Antonio Freitas	09	Desportivo Nacional	2:30.00
4 ALVES, Francisco Manuel	09	Desportivo Nacional	1:59.85
5 BARATA, Joao Tomas	08	Juventude Atlantico	2:10.73

Série 2 de 3, 9:16

2 RODRIGUES, Guilherme Gomes	08	CD Sao Roque	1:57.38
3 CRESPO, Joao Jesus	09	Desportivo Nacional	1:50.42
4 SILVA, Joao Bernardo	09	Desportivo Nacional	1:48.86
5 DRUMOND, Pedro Afonso	07	Desportiva Galomar	1:50.20
6 BERENGUER, Santiago Moura	07	Juventude Atlantico	1:54.02
7 FERNANDES, Daniel Nunes	09	Desportiva Galomar	1:59.51

Série 3 de 3, 9:18

1 VELOZA, Tomas Ramos	09	Desportivo Nacional	1:45.00
2 JARDIM, Joao Tomas	09	Desportivo Nacional	1:42.48
3 CARVALHO, Joaquim Eduardo	07	Naval do Funchal	1:38.40
4 BARRADAS, Rafael Alves	08	Escola O Liceu	1:29.35
5 SMIRNOV, Dmytro	07	CD Sao Roque	1:32.24
6 SOUSA, Eduardo Afonseca	09	Desportivo Nacional	1:39.94
7 MARTINHO, Joao Miguel	09	Desportivo Nacional	1:44.70
8 FERNANDES, Antonio Maria	08	Naval do Funchal	1:48.50

Prova 8	Femin., 100m Bruços				Absoluto
23/10/2021 - 9:20					Startlist
Recorde Regional Absoluto	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Sen	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Jun17	1:14.11	ABREU, Laura Catarina	CDW/T	Funchal	09/12/2016
Recorde Regional Jun16	1:14.28	ABREU, Laura Catarina	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:13.75	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	1:13.68	ABREU, Laura Catarina	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:17.24	ABREU, Laura Catarina	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:21.89	RODRIGUES, Laura Sofia	JACL	Funchal	12/07/2019

TAC Zonais Inf B: 1:39.81; Inf A: 1:33.87; Juv B: 1:22.40; Juv A: 1:20.19 / TAC Nacional Inf B: 1:37.81; Inf A: 1:31.87; Juv B: 1:21.18; Juv A: 1:19.00; Jun16: 1:17.56; Jun17: 1:15.90; Sen18: 1:14.39

Ano

Série 1 de 2, 9:20

3 JESUS, Veronica Martins	06	CD Sao Roque	2:05.00
4 ROSA, Clara Sofia	10	Desportivo Nacional	2:03.41
5 ALVES, Ana Carolina	10	Desportivo Nacional	2:05.00

Série 2 de 2, 9:23

2 SILVA, Maria Korina	09	Desportivo Nacional	1:56.40
3 BLANDY, Mischa Blue	04	Juventude Atlantico	1:50.06
4 FREITAS, Francisca Leonor	09	Naval do Funchal	1:39.43
5 MATEUS, Eleine Vieira	09	Desportivo Nacional	1:44.12
6 RINCU, Alexandra	07	Naval do Funchal	1:54.33
7 PASSOS, Carolina Goncalves	09	Naval do Funchal	1:58.00

Prova 9 Masc., 200m Livres Absoluto
Startlist
23/10/2021 - 9:25

Recorde Regional Absoluto	1:46.65	PINTO, Luis Marques	CDN	Stockholm (SWE)	11/11/2009
Recorde Regional Sen	1:46.65	PINTO, Luis Marques	CDN	Stockholm (SWE)	11/11/2009
Recorde Regional Jun18	1:50.17	CASTRO, Joao Cruz	CDSR	Porto	10/12/2017
Recorde Regional Jun17	1:51.83	CASTRO, Joao Cruz	CDSR	Funchal	27/07/2017
Recorde Regional Juv A	1:54.07	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2016
Recorde Regional Juv B	1:55.77	CASTRO, Joao Cruz	CDSR	Funchal	10/07/2015
Recorde Regional Inf A	1:59.62	FERNANDES, Joao Vitor	CSM	Funchal	09/07/2014
Recorde Regional Inf B	2:07.17	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Zonais Inf B: 2:40.18; Inf A: 2:31.01; Juv B: 2:07.11; Juv A: 2:04.20 / TAC Nacional Inf B: 2:36.18; Inf A: 2:27.01; Juv B: 2:05.23; Juv A: 2:02.36; Jun17: 1:57.10; Jun18: 1:54.37; Sen19: 1:52.78

Ano

Série 1 de 4, 9:25

1 GOMES, Joao Abreu	09	Naval do Funchal	3:27.00
2 MARTINS, Tomas Rodrigo	07	Desportivo Nacional	3:17.57
3 CAMACHO, Santiago Bettencourt	09	Juventude Atlantico	3:15.00
4 RODRIGUES, Goncalo Reis	09	Juventude Atlantico	3:11.29
5 PESTANA, Pedro Correia	09	Desportiva Galomar	3:12.05
6 ROCHA, Joao Henrique	09	Desportiva Galomar	3:15.71
7 CORREIA, Joao Luis	08	Juventude Atlantico	3:21.95
8 SILVA, Francisco Pita	08	Juventude Atlantico	3:58.50

Série 2 de 4, 9:30

1 NEVES, Rodrigo Viveiros	09	Juventude Atlantico	3:09.88
2 JARDIM, Rodrigo Vieira	08	Naval do Funchal	3:03.26
3 FRANCISCO, David Rebocho	07	Club Sport Maritimo	3:00.00
4 MEDEIROS, Joao Francisco	08	Juventude Atlantico	2:56.59
5 GOMES, Guilherme Silva	08	Desportiva Galomar	3:00.00
6 GONCALVES, Pedro Martim	09	Juventude Atlantico	3:00.12
7 ALVES, Mateus Basilio	09	Juventude Atlantico	3:06.53
8 PESTANA, Andre Pinto	09	Naval do Funchal	3:10.00

Série 3 de 4, 9:33

1 FARIA, Afonso Cunha	09	CD Sao Roque	2:52.84
2 NOBREGA, Matias Sargo	08	Naval do Funchal	2:47.48
3 CARVALHO, Joaquim Eduardo	07	Naval do Funchal	2:42.84
4 OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	2:41.04
5 PENSO, Miguel Reigada	07	Escola O Liceu	2:42.72
6 GONCALVES, Joao Guilherme	09	Naval do Funchal	2:45.00
7 JARDIM, Lourenco Almeida	08	Desportivo Nacional	2:48.63
8 CORREIA, Rodrigo Ramos	05	Desportivo Nacional	2:52.92

Série 4 de 4, 9:36

1 CASTRO, Marco Antonio	08	Naval do Funchal	2:38.70
2 STEFLEA, Andre Sergio	06	CD Sao Roque	2:37.18
3 JESUS, David Martins	07	CD Sao Roque	2:33.92
4 SILVA, Joao Luis	06	Escola O Liceu	2:22.68
5 JESUS, Vasco Franca	08	Naval do Funchal	2:33.40
6 MIRANDA, Francisco Guilherme	08	Naval do Funchal	2:36.12
7 SOUSA, Simao Henrique	07	Desportivo Nacional	2:38.30
8 ANDRADE, Salvador Freitas	09	Naval do Funchal	2:40.00

Prova 10 Femin., 200m Livres Absoluto
23/10/2021 - 9:39 Startlist

Recorde Regional Absoluto	2:07.77	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Sen	2:07.77	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Jun17	2:10.62	ABREU, Laura Catarina	CDW/T	Funchal	19/11/2016
Recorde Regional Jun16	2:09.59	AGUILAR, Vera Ines	CDN	Funchal	29/07/2016
Recorde Regional Juv A	2:09.23	ABREU, Laura Catarina	CDN	Funchal	10/07/2015
Recorde Regional Juv B	2:11.89	ANDRADE, Rubina Amaro	CDN	Algés	26/02/1993
Recorde Regional Inf A	2:14.71	CAIRES, Joana Costa	CNF	Sines	13/03/2011
Recorde Regional Inf B	2:23.45	ABREU, Laura Catarina	CDN	Funchal	13/07/2012

TAC Zonais Inf B: 2:55.35; Inf A: 2:42.27; Juv B: 2:21.53; Juv A: 2:17.11 / TAC Nacional Inf B: 2:51.35; Inf A: 2:38.37; Juv B: 2:19.44; Juv A: 2:15.08; Jun16: 2:11.10; Jun17: 2:08.24; Sen18: 2:07.00

Ano

Série 1 de 3, 9:39

3 MEDEIROS, Constanca Sousa	10	Naval do Funchal	3:50.00
4 QUADRADO, Teresa Gomes	10	Juventude Atlantico	3:31.58
5 MENDES, Lidia Pinto	09	Juventude Atlantico	3:47.09
6 JESUS, Ligia Maria	08	Escola O Liceu	4:05.98

Série 2 de 3, 9:44

1 RIBEIRO, Guida Drumond	10	Naval do Funchal	3:10.00
2 ALVES, Margarida Jesus	08	Desportivo Nacional	3:08.55
3 TEIXEIRA, Maria Leonor	10	Naval do Funchal	3:05.00
4 GONCALVES, Ashlee Teixeira	09	Club Sport Maritimo	3:00.00
5 FREITAS, Francisca Leonor	09	Naval do Funchal	3:02.40
6 TEMTEM, Madalena Barbosa	09	Desportivo Nacional	3:08.09
7 RONDON, Maria Victoria	07	Club Sport Maritimo	3:09.07
8 LEITAO, Isabel Gouveia	10	Naval do Funchal	3:10.00

Série 3 de 3, 9:47

1 VIEIRA, Sara Patricia	05	Club Sport Maritimo	2:56.10
2 CARDOSO, Isabel Maria	05	Club Sport Maritimo	2:46.18
3 MARGARIDO, Paula Aguiar	09	Juventude Atlantico	2:41.95
4 DIAS, Monica Fernandes	06	CD Sao Roque	2:31.69
5 HERNANDEZ, Marcellis Nativid	99	Club Sport Maritimo	2:36.86
6 MELIM, Sara Beatriz	09	Desportivo Nacional	2:45.45
7 SA, Vanessa Fernandes	09	Naval do Funchal	2:48.90
8 NOBREGA, Sara Francisca	08	CD Sao Roque	2:59.35

Prova 11 Masc., 400m Estilos Absoluto
23/10/2021 - 9:51 Startlist

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	4:37.61	GOUVEIA, Luis Galvao	CDN	Funchal	11/07/2021
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

TAC Zonais Juv B: 5:09.20; Juv A: 5:01.10 / TAC Nacional Juv B: 5:04.63; Juv A: 4:56.65; Jun17: 4:41.06; Jun18: 4:39.62; Sen19: 4:33.15

Ano

Prova 12 Femin., 400m Estilos Absoluto
23/10/2021 - 9:51 Startlist

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Sen	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Jun17	5:19.30	FERREIRA, Maria Leonor	CDN	Funchal	11/07/2021
Recorde Regional Jun16	5:14.13	FERNANDES, Isabel Catarina	CNF	Funchal	17/06/2006
Recorde Regional Juv A	5:20.04	FERREIRA, Maria Leonor	CDN	Funchal	13/07/2019
Recorde Regional Juv B	5:19.42	CAMARA, Ines Cruz	CDN	Funchal	11/07/2021
Recorde Regional Inf A	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
Recorde Regional Inf B	5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

TAC Zonais Juv B: 5:36.01; Juv A: 5:26.58 / TAC Nacional Juv B: 5:31.04; Juv A: 5:21.75; Jun16: 5:15.10; Jun17: 5:09.74; Sen18: 5:04.54

Ano

9:51 Período Comum de Recuperação

3 - Jornada Única / 2.^a Sessão "A"

23/10/2021 - 15:30

Prova 25 Femin., 200m Mariposa Absoluto
Startlist

23/10/2021 - 15:30

Recorde Regional Absoluto	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Sen	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Jun17	2:25.69	ROSA, Beatriz Jong	CDWT	Torres Novas	21/01/2017
Recorde Regional Jun16	2:25.16	ROSA, Beatriz Jong	CDN	Porto	11/12/2015
Recorde Regional Juv A	2:25.61	ROSA, Beatriz Jong	CDN	Funchal	12/07/2015
Recorde Regional Juv B	2:28.89	CAMARA, Ines Cruz	CDN	Funchal	10/07/2021
Recorde Regional Inf A	2:32.56	CERDAS, Sara Rodrigues	CNF	Rio Maior	06/07/2002
Recorde Regional Inf B	2:45.26	VICTOR, Joana Isabel	CDN	Funchal	12/07/2003

TAC Zonais Inf B: 3:14.03; Inf A: 3:01.32; Juv B: 2:44.73; Juv A: 2:37.93 / TAC Nacional Inf B: 3:10.03; Inf A: 2:57.32; Juv B: 2:42.30; Juv A: 2:35.60; Jun16: 2:30.12; Jun17: 2:26.15; Sen18: 2:22.23

Ano

Prova 26 Masc., 200m Mariposa Absoluto
Startlist

23/10/2021 - 15:30

Recorde Regional Absoluto	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	2:01.97	GOUVEIA, Pedro Galvao	CDN	Funchal	11/12/2016
Recorde Regional Jun17	2:03.86	GOUVEIA, Pedro Galvao	CDN	Funchal	17/06/2016
Recorde Regional Juv A	2:04.72	GOUVEIA, Luis Galvao	CDN	Funchal	10/07/2021
Recorde Regional Juv B	2:09.52	GOUVEIA, Luis Galvao	CDN	Funchal	08/08/2020
Recorde Regional Inf A	2:12.42	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2004
Recorde Regional Inf B	2:21.67	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonais Inf B: 2:56.61; Inf A: 2:46.65; Juv B: 2:27.91; Juv A: 2:21.89 / TAC Nacional Inf B: 2:52.61; Inf A: 2:42.65; Juv B: 2:25.72; Juv A: 2:19.79; Jun17: 2:12.65; Jun18: 2:08.55; Sen19: 2:06.06

Ano

Série 1 de 1, 15:30

4 SILVA, Joao Luis 06 Escola O Liceu 2:35.00

Prova 27 Femin., 100m Livres Absoluto
23/10/2021 - 15:33 Startlist

Recorde Regional Absoluto	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun17	59.96	AGUILAR, Vera Ines	CDN	Funchal	09/12/2016
Recorde Regional Jun16	59.93	ABREU, Laura Catarina	CDN	Funchal	19/12/2015
Recorde Regional Juv A	59.90	ABREU, Laura Catarina	CDN	Funchal	10/07/2015
Recorde Regional Juv B	1:01.04	AGUILAR, Vera Ines	CDN	Funchal	12/04/2014
Recorde Regional Inf A	1:02.04	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	1:05.20	LOPES, Joana Cristina	CNF	Funchal	10/05/1992

TAC Zonais Inf B: 1:19.88; Inf A: 1:15.03; Juv B: 1:05.34; Juv A: 1:03.51 / TAC Nacional Inf B: 1:17.88; Inf A: 1:13.03; Juv B: 1:04.37; Juv A: 1:02.57; Jun16: 1:00.36; Jun17: 59.41; Sen18: 58.64

Ano

Série 1 de 3, 15:33

1 MEDEIROS, Constanca Sousa	10	Naval do Funchal	1:48.14
2 PASSOS, Carolina Goncalves	09	Naval do Funchal	1:42.09
3 JESUS, Veronica Martins	06	CD Sao Roque	1:40.49
4 LEITAO, Isabel Gouveia	10	Naval do Funchal	1:32.01
5 ALVES, Ana Carolina	10	Desportivo Nacional	1:35.06
6 MADEIRA, Sara Alexandra	10	Desportiva de Machico	1:41.90
7 MENDES, Lidia Pinto	09	Juventude Atlantico	1:44.52
8 ABREU, Adriana Monteiro	06	Club Sport Maritimo	2:00.00

Série 2 de 3, 15:35

1 SANTOS, Alexandra Mendes	09	Desportiva de Machico	1:30.00
2 GONCALVES, Ashlee Teixeira	09	Club Sport Maritimo	1:30.00
3 SILVA, Maria Korina	09	Desportivo Nacional	1:28.14
4 TEIXEIRA, Maria Leonor	10	Naval do Funchal	1:25.67
5 RIBEIRO, Guida Drumond	10	Naval do Funchal	1:26.57
6 FREITAS, Filipa Carolina	09	Desportiva de Machico	1:30.00
7 NOBREGA, MadalenaChulata	10	Desportiva de Machico	1:30.00
8 ROSA, Clara Sofia	10	Desportivo Nacional	1:30.26

Série 3 de 3, 15:37

1 BLANDY, Mischa Blue	04	Juventude Atlantico	1:25.18
2 RINCU, Alexandra	07	Naval do Funchal	1:24.59
3 MATEUS, Eleine Vieira	09	Desportivo Nacional	1:18.20
4 DIAS, Monica Fernandes	06	CD Sao Roque	1:11.13
5 MELIM, Sara Beatriz	09	Desportivo Nacional	1:16.75
6 NOBREGA, Sara Francisca	08	CD Sao Roque	1:21.68
7 TEMTEM, Madalena Barbosa	09	Desportivo Nacional	1:25.17
8 VIEIRA, Sara Patricia	05	Club Sport Maritimo	1:25.34

Prova 28 Masc., 100m Livres Absoluto
23/10/2021 - 15:39 Startlist

Recorde Regional Absoluto	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	51.05	CASTRO, Joao Cruz	CDSR	Porto	08/12/2017
Recorde Regional Jun17	51.79	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2017
Recorde Regional Juv A	52.66	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	52.96	CASTRO, Joao Cruz	CDSR	Funchal	12/07/2015
Recorde Regional Inf A	54.93	CASTRO, Joao Cruz	CSM	Funchal	12/04/2014
Recorde Regional Inf B	58.44	CASTRO, Joao Cruz	CSM	Funchal	23/07/2013

TAC Zonais Inf B: 1:13.39; Inf A: 1:09.14; Juv B: 58.80; Juv A: 56.96 / TAC Nacional Inf B: 1:11.39; Inf A: 1:07.14; Juv B: 57.93; Juv A: 56.12; Jun17: 53.68; Jun18: 51.77; Sen19: 50.97

Ano

Série 1 de 6, 15:39

2 SILVA, Francisco Pita	08	Juventude Atlantico	1:53.31
3 FERNANDES, Daniel Nunes	09	Desportiva Galomar	1:42.44
4 GOMES, Joao Abreu	09	Naval do Funchal	1:38.30
5 CRESPO, Joao Jesus	09	Desportivo Nacional	1:40.37
6 GONCALVES, Jose Bernardo	09	Desportiva de Machico	1:42.86
7 CAMACHO, Santiago Bettencourt	09	Juventude Atlantico	1:56.38

Série 2 de 6, 15:41

1 GONCALVES, Fernando Silva	09	Escola O Liceu	1:33.47
2 BARATA, Joao Tomas	08	Juventude Atlantico	1:30.81
3 PESTANA, Andre Pinto	09	Naval do Funchal	1:29.89
4 ALVES, Mateus Basilio	09	Juventude Atlantico	1:29.66
5 CRO, Nuno Afonso	06	CD Sao Roque	1:29.84
6 MARTINHO, Joao Miguel	09	Desportivo Nacional	1:29.91
7 MARTINS, Antonio Freitas	09	Desportivo Nacional	1:31.98
8 SANTO, Goncalo Tomas	08	Desportiva de Machico	1:35.00

Série 3 de 6, 15:43

1 CORREIA, Joao Luis	08	Juventude Atlantico	1:27.08
2 NEVES, Rodrigo Viveiros	09	Juventude Atlantico	1:26.87
3 SANTOS, Joao Dinis	09	Desportiva de Machico	1:25.63
4 ROCHA, Joao Henrique	09	Desportiva Galomar	1:24.37
5 DRUMOND, Pedro Afonso	07	Desportiva Galomar	1:24.68
6 ALVES, Francisco Manuel	09	Desportivo Nacional	1:26.75
7 FERNANDES, Antonio Maria	08	Naval do Funchal	1:26.90
8 SOUSA, Eduardo Afonseca	09	Desportivo Nacional	1:29.58

Série 4 de 6, 15:45

1 VELOZA, Tomas Ramos	09	Desportivo Nacional	1:21.90
2 FARIA, Afonso Cunha	09	CD Sao Roque	1:20.80
3 RIBEIRO, Joao Pedro	05	Desportiva de Machico	1:20.00
4 GOMES, Guilherme Silva	08	Desportiva Galomar	1:17.75
5 GONCALVES, Joao Guilherme	09	Naval do Funchal	1:18.21
6 FRANCISCO, David Rebocho	07	Club Sport Maritimo	1:20.28
7 JARDIM, Joao Tomas	09	Desportivo Nacional	1:21.61
8 PESTANA, Pedro Correia	09	Desportiva Galomar	1:22.78

Prova 28, Masc., 100m Livres

Série 5 de 6, 15:47

1	VIVEIROS, Pedro Perestrelo	06	Desportiva de Machico	1:15.90
2	NOBREGA, Matias Sargo	08	Naval do Funchal	1:14.63
3	CARVALHO, Joaquim Eduardo	07	Naval do Funchal	1:14.12
4	MEDEIROS, Joao Francisco	08	Juventude Atlantico	1:12.43
5	CASTRO, Marco Antonio	08	Naval do Funchal	1:12.55
6	VIEIRA, Rodrigo Leal	06	Desportiva de Machico	1:14.55
7	PERESTRELO, Pedro Antonio	96	Desportiva de Machico	1:15.14
8	SILVA, Joao Bernardo	09	Desportivo Nacional	1:16.02

Série 6 de 6, 15:49

1	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	1:10.90
2	GONCALVES, Pedro Martim	09	Juventude Atlantico	1:10.00
3	STEFLEA, Andre Sergio	06	CD Sao Roque	1:08.91
4	MIRANDA, Francisco Guilherme	08	Naval do Funchal	1:07.03
5	JESUS, Vasco Franca	08	Naval do Funchal	1:08.83
6	JESUS, David Martins	07	CD Sao Roque	1:09.97
7	SMIRNOV, Dmytro	07	CD Sao Roque	1:10.12
8	SOUSA, Luis Miguel	05	Club Sport Maritimo	1:11.36

Prova 29	Femin., 200m Bruços				Absoluto
23/10/2021 - 15:50					Startlist
Recorde Regional Absoluto	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Sen	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Jun17	2:40.38	MARQUES, Mariana Sousa	CNF	Funchal	16/07/2005
Recorde Regional Jun16	2:38.79	ABREU, Laura Catarina	CDN	Funchal	08/07/2016
Recorde Regional Juv A	2:41.54	ABREU, Laura Catarina	CDN	Funchal	11/07/2015
Recorde Regional Juv B	2:43.10	ABREU, Laura Catarina	CDN	Tomar	14/12/2013
Recorde Regional Inf A	2:47.89	ABREU, Laura Catarina	CDN	Funchal	06/04/2003
Recorde Regional Inf B	2:56.77	RODRIGUES, Laura Sofia	JACL	Funchal	08/06/2019

TAC Zonais Inf B: 3:34.01; Inf A: 3:21.83; Juv B: 2:57.64; Juv A: 2:53.38 / TAC Nacional Inf B: 3:30.01; Inf A: 3:17.83; Juv B: 2:55.01; Juv A: 2:50.82; Jun16: 2:46.07; Jun17: 2:43.46; Sen18: 2:40.92

		Ano		
Série 1 de 1, 15:50				
2	QUADRADO, Teresa Gomes	10	Juventude Atlantico	4:25.00
3	MARGARIDO, Paula Aguiar	09	Juventude Atlantico	3:23.38
4	JESUS, Ligia Maria	08	Escola O Liceu	3:00.00
5	SA, Vanessa Fernandes	09	Naval do Funchal	3:17.45
6	FREITAS, Francisca Leonor	09	Naval do Funchal	3:33.96

Prova 30 Masc., 200m Bruços Absoluto
23/10/2021 - 15:55 Startlist

Recorde Regional Absoluto	2:17.57	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Sen	2:19.23	FIGUEIRA, Andre Temtem	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:17.57	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Jun17	2:21.49	ALVES, Paulo Rodrigues	CDN	Funchal	17/07/2021
Recorde Regional Juv A	2:23.49	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	2:23.33	ALVES, Paulo Rodrigues	CDN	Funchal	13/07/2019
Recorde Regional Inf A	2:29.20	ALVES, Paulo Rodrigues	CDN	Funchal	01/08/2018
Recorde Regional Inf B	2:37.57	FREITAS, Tomas Miguel	CDN	Funchal	13/07/2003

TAC Zonais Inf B: 3:15.96; Inf A: 3:07.00; Juv B: 2:44.63; Juv A: 2:37.61 / TAC Nacional Inf B: 3:11.96; Inf A: 3:03.00; Juv B: 2:42.20; Juv A: 2:35.28; Jun17: 2:28.72; Jun18: 2:24.78; Sen19: 2:21.84

Ano

Série 1 de 1, 15:55

1 RODRIGUES, Guilherme Gomes	08	CD Sao Roque	3:50.00
2 JARDIM, Lourenco Almeida	08	Desportivo Nacional	3:30.00
3 ANDRADE, Salvador Freitas	09	Naval do Funchal	3:10.00
4 BARRADAS, Rafael Alves	08	Escola O Liceu	2:55.00
5 PENSO, Miguel Reigada	07	Escola O Liceu	3:10.00
6 JARDIM, Rodrigo Vieira	08	Naval do Funchal	3:25.98
7 RODRIGUES, Goncalo Reis	09	Juventude Atlantico	3:35.00
8 BERENQUER, Santiago Moura	07	Juventude Atlantico	4:00.00

16:00 Período Comum de Recuperação

Prova 31 Femin., 100m Costas Absoluto
Startlist
23/10/2021 - 16:10

Recorde Regional Absoluto	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Sen	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Jun17	1:06.59	ROSA, Beatriz Jong	CDW/T	Funchal	11/12/2016
Recorde Regional Jun16	1:05.65	ROSA, Beatriz Jong	CDN	Funchal	05/03/2016
Recorde Regional Juv A	1:07.56	COSTA, Maria Jardim	CDN	Funchal	10/07/2021
Recorde Regional Juv B	1:08.35	AGUILAR, Vera Ines	CDN	Funchal	10/04/2014
Recorde Regional Inf A	1:10.41	COSTA, Maria Jardim	CDN	Funchal	08/06/2019
Recorde Regional Inf B	1:13.20	LOPES, Joana Cristina	CNF	Funchal	15/02/1992

TAC Zonais Inf B: 1:28.42; Inf A: 1:23.64; Juv B: 1:13.45; Juv A: 1:11.11 / TAC Nacional Inf B: 1:26.42; Inf A: 1:21.64; Juv B: 1:12.36; Juv A: 1:10.06; Jun16: 1:09.32; Jun17: 1:06.64; Sen18: 1:06.03

Ano

Série 1 de 1, 16:10

1	ROSA, Clara Sofia	10	Desportivo Nacional	1:53.54
2	TEMTEM, Madalena Barbosa	09	Desportivo Nacional	1:41.66
3	ALVES, Ana Carolina	10	Desportivo Nacional	1:40.11
4	MELIM, Sara Beatriz	09	Desportivo Nacional	1:33.42
5	FREITAS, Filipa Carolina	09	Desportiva de Machico	1:40.00
6	NOBREGA, Sara Francisca	08	CD Sao Roque	1:40.68
7	PASSOS, Carolina Goncalves	09	Naval do Funchal	1:52.33
8	JESUS, Veronica Martins	06	CD Sao Roque	1:55.00

Prova 32 Masc., 100m Costas Absoluto
Startlist
23/10/2021 - 16:12

Recorde Regional Absoluto	57.10	FERNANDES, Rui Afonso	CDN	Funchal	10/07/2021
Recorde Regional Sen	57.93	PINTO, Luis Marques	CDN	Funchal	09/05/2009
Recorde Regional Jun18	57.10	FERNANDES, Rui Afonso	CDN	Funchal	10/07/2021
Recorde Regional Jun17	57.39	FERNANDES, Rui Afonso	CDN	Leiria	14/12/2019
Recorde Regional Juv A	59.07	FERNANDES, Rui Afonso	CDN	Tomar	14/12/2018
Recorde Regional Juv B	1:00.51	FERNANDES, Rui Afonso	CDN	Funchal	26/03/2018
Recorde Regional Inf A	1:03.46	FERNANDES, Rui Afonso	CDN	Funchal	27/07/2017
Recorde Regional Inf B	1:06.87	CAMACHO, Afonso Caires	CNF	Sines	07/04/2017

TAC Zonais Inf B: 1:22.06; Inf A: 1:17.30; Juv B: 1:06.21; Juv A: 1:02.87 / TAC Nacional Inf B: 1:20.06; Inf A: 1:15.30; Juv B: 1:05.23; Juv A: 1:01.94; Jun17: 1:00.23; Jun18: 58.43; Sen19: 57.21

Ano

Série 1 de 3, 16:12

3 SILVA, Francisco Pita	08	Juventude Atlantico	2:00.00
4 MARTINS, Antonio Freitas	09	Desportivo Nacional	1:53.73
5 CRESPO, Joao Jesus	09	Desportivo Nacional	1:54.38
6 JARDIM, Joao Tomas	09	Desportivo Nacional	2:03.00

Série 2 de 3, 16:15

1 BERENQUER, Santiago Moura	07	Juventude Atlantico	1:50.00
2 GONCALVES, Fernando Silva	09	Escola O Liceu	1:42.87
3 ALVES, Francisco Manuel	09	Desportivo Nacional	1:40.00
4 ROCHA, Joao Henrique	09	Desportiva Galomar	1:33.79
5 NEVES, Rodrigo Viveiros	09	Juventude Atlantico	1:38.03
6 FERNANDES, Antonio Maria	08	Naval do Funchal	1:40.31
7 CRO, Nuno Afonso	06	CD Sao Roque	1:45.89
8 MARTINHO, Joao Miguel	09	Desportivo Nacional	1:52.15

Série 3 de 3, 16:17

1 FARIA, Afonso Cunha	09	CD Sao Roque	1:32.90
2 SILVA, Joao Bernardo	09	Desportivo Nacional	1:30.00
3 JARDIM, Lourenco Almeida	08	Desportivo Nacional	1:27.73
4 SMIRNOV, Dmytro	07	CD Sao Roque	1:17.45
5 STEFLEA, Andre Sergio	06	CD Sao Roque	1:20.81
6 VELOZA, Tomas Ramos	09	Desportivo Nacional	1:29.26
7 PESTANA, Pedro Correia	09	Desportiva Galomar	1:32.26
8 SOUSA, Eduardo Afonseca	09	Desportivo Nacional	1:33.23

Prova 33 Femin., 200m Estilos Absoluto
23/10/2021 - 16:19 Startlist

Recorde Regional Absoluto	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Sen	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Jun17	2:25.85	ROSA, Beatriz Jong	CDW/T	Funchal	06/05/2017
Recorde Regional Jun16	2:26.86	ROSA, Beatriz Jong	CDN	Funchal	13/05/2016
Recorde Regional Juv A	2:28.06	ROSA, Beatriz Jong	CDN	Funchal	09/05/2015
Recorde Regional Juv B	2:30.06	COSTA, Maria Jardim	CDN	Funchal	08/03/2020
Recorde Regional Inf A	2:31.77	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	2:38.90	LOPES, Joana Cristina	CNF	Funchal	01/01/1992

TAC Zonais Inf B: 3:12.87; Inf A: 3:02.80; Juv B: 2:38.75; Juv A: 2:35.18 / TAC Nacional Inf B: 3:08.87; Inf A: 2:58.80; Juv B: 2:36.40; Juv A: 2:32.89; Jun16: 2:28.04; Jun17: 2:25.27; Sen18: 2:23.38

Ano

Série 1 de 2, 16:19

3 MENDES, Lidia Pinto	09	Juventude Atlantico	4:00.00
4 MEDEIROS, Constanca Sousa	10	Naval do Funchal	3:56.31
5 CARDOSO, Isabel Maria	05	Club Sport Maritimo	4:00.00
6 QUADRADO, Teresa Gomes	10	Juventude Atlantico	4:07.24

Série 2 de 2, 16:23

1 TEIXEIRA, Maria Leonor	10	Naval do Funchal	3:34.15
2 RIBEIRO, Guida Drumond	10	Naval do Funchal	3:26.22
3 MARGARIDO, Paula Aguiar	09	Juventude Atlantico	3:07.68
4 SA, Vanessa Fernandes	09	Naval do Funchal	3:00.35
5 MATEUS, Eleine Vieira	09	Desportivo Nacional	3:02.15
6 FREITAS, Francisca Leonor	09	Naval do Funchal	3:20.15
7 LEITAO, Isabel Gouveia	10	Naval do Funchal	3:32.77
8 SILVA, Maria Korina	09	Desportivo Nacional	3:34.90

Prova 34 Masc., 200m Estilos Absoluto
23/10/2021 - 16:28 Startlist

Recorde Regional Absoluto	2:05.46	SILVA, Tomas Antonio	CNF	Leiria	14/12/2019
Recorde Regional Sen	2:05.46	SILVA, Tomas Antonio	CNF	Leiria	14/12/2019
Recorde Regional Jun18	2:05.78	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Jun17	2:08.03	ALVES, Paulo Rodrigues	CDN	Funchal	10/07/2021
Recorde Regional Juv A	2:10.57	GOUVEIA, Luis Galvao	CDN	Funchal	17/07/2021
Recorde Regional Juv B	2:11.24	ALVES, Paulo Rodrigues	CDN	Funchal	17/05/2019
Recorde Regional Inf A	2:13.38	FREITAS, Tomas Miguel	CDN	Funchal	17/07/2004
Recorde Regional Inf B	2:20.56	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonais Inf B: 2:58.00; Inf A: 2:49.22; Juv B: 2:24.01; Juv A: 2:20.31 / TAC Nacional Inf B: 2:54.00; Inf A: 2:45.22; Juv B: 2:21.88; Juv A: 2:18.24; Jun17: 2:11.70; Jun18: 2:09.63; Sen19: 2:07.68

Ano

Série 1 de 3, 16:28

3 CORREIA, Joao Luis	08	Juventude Atlantico	4:01.76
4 BARATA, Joao Tomas	08	Juventude Atlantico	3:40.98
5 CAMACHO, Santiago Bettencourt	09	Juventude Atlantico	3:59.00

Série 2 de 3, 16:32

1 PESTANA, Andre Pinto	09	Naval do Funchal	3:36.94
2 RODRIGUES, Goncalo Reis	09	Juventude Atlantico	3:21.77
3 GONCALVES, Pedro Martim	09	Juventude Atlantico	3:18.62
4 GOMES, Guilherme Silva	08	Desportiva Galomar	3:17.74
5 GONCALVES, Joao Guilherme	09	Naval do Funchal	3:18.58
6 ALVES, Mateus Basilio	09	Juventude Atlantico	3:20.00
7 CARVALHO, Joaquim Eduardo	07	Naval do Funchal	3:23.91
8 GOMES, Joao Abreu	09	Naval do Funchal	3:39.00

Série 3 de 3, 16:36

1 MEDEIROS, Joao Francisco	08	Juventude Atlantico	3:07.26
2 ANDRADE, Salvador Freitas	09	Naval do Funchal	3:03.20
3 RODRIGUES, Guilherme Gomes	08	CD Sao Roque	2:55.82
4 JESUS, Vasco Franca	08	Naval do Funchal	2:50.31
5 MIRANDA, Francisco Guilherme	08	Naval do Funchal	2:53.40
6 JARDIM, Rodrigo Vieira	08	Naval do Funchal	2:56.39
7 CASTRO, Marco Antonio	08	Naval do Funchal	3:04.21
8 NOBREGA, Matias Sargo	08	Naval do Funchal	3:07.31

Prova 35 Femin., 400m Livres Absoluto
Startlist
23/10/2021 - 16:40

Recorde Regional Absoluto	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Sen	4:35.08	MELIM, Claudia Ramos	CDN	Funchal	06/07/2002
Recorde Regional Jun17	4:32.13	ANDRADE, Rubina Amaro	CDN	Felgueiras	13/07/1996
Recorde Regional Jun16	4:31.80	ANDRADE, Rubina Amaro	CDN	Funchal	14/07/1995
Recorde Regional Juv A	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Juv B	4:35.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/05/1993
Recorde Regional Inf A	4:37.30	ANDRADE, Rubina Amaro	CDN	Funchal	17/07/1992
Recorde Regional Inf B	4:56.70	ANDRADE, Rubina Amaro	CDN	Funchal	04/05/1991

TAC Zonais Inf B: 6:03.32; Inf A: 5:41.89; Juv B: 4:59.23; Juv A: 4:47.78 / TAC Nacional Inf B: 5:55.32; Inf A: 5:33.89; Juv B: 4:54.81; Juv A: 4:43.53; Jun16: 4:34.44; Jun17: 4:31.36; Sen18: 4:26.04

Ano

Série 1 de 1, 16:40

4 DIAS, Monica Fernandes	06	CD Sao Roque	5:23.01
5 JESUS, Ligia Maria	08	Escola O Liceu	5:30.00

Prova 36 Masc., 400m Livres Absoluto
Startlist
23/10/2021 - 16:46

Recorde Regional Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

TAC Zonais Inf B: 5:39.38; Inf A: 5:21.39; Juv B: 4:31.98; Juv A: 4:25.56 / TAC Nacional Inf B: 5:31.38; Inf A: 5:13.39; Juv B: 4:27.96; Juv A: 4:21.64; Jun17: 4:10.09; Jun18: 4:04.87; Sen19: 4:00.66

Ano

Série 1 de 1, 16:46

3 BARRADAS, Rafael Alves	08	Escola O Liceu	5:37.53
4 SILVA, Joao Luis	06	Escola O Liceu	4:40.00
5 PENSO, Miguel Reigada	07	Escola O Liceu	5:20.33
6 JESUS, David Martins	07	CD Sao Roque	5:39.67

16:52 Período Comum de Recuperação