

2 - Jornada Única / 1.ª Sessão "B"

23/10/2021 - 11:15

Prova 13 Masc., 100m Mariposa Absoluto
23/10/2021 - 11:15 Startlist

Recorde Regional Absoluto	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Sen	55.34	FRANCO, Joao Fragueiro	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Jun17	56.11	SEQUEIRA, Afonso Meneses	CNF	Porto	12/12/2015
Recorde Regional Juv A	57.94	GOUVEIA, Luis Galvao	CDN	Funchal	17/07/2021
Recorde Regional Juv B	58.96	VARGAS, Henrique Luis	CNF	Funchal	24/07/2013
Recorde Regional Inf A	1:01.59	CAIRES, Nuno Costa	CNF	Funchal	12/07/2008
Recorde Regional Inf B	1:04.84	CASTRO, Joao Cruz	CSM	Funchal	24/07/2013

TAC Zonais Inf B: 1:19.01; Inf A: 1:14.35; Juv B: 1:05.17; Juv A: 1:02.37 / TAC Nacional Inf B: 1:17.01; Inf A: 1:12.35; Juv B: 1:04.21; Juv A: 1:01.45; Jun17: 58.61; Jun18: 56.94; Sen19: 56.33

Ano

Série 1 de 3, 11:15

3 FERNANDES, Afonso Berimbau	07	Juventude Atlantico	1:15.77
4 RIBEIRO, Telmo Drumond	07	Naval do Funchal	1:13.92
5 TEMES, Joao Caires	06	Juventude Atlantico	1:14.28

Série 2 de 3, 11:17

1 COSTA, Guilherme Corte	07	Desportivo Nacional	1:13.56
2 PEREIRA, Lucas Santos	07	Naval do Funchal	1:10.33
3 ALVES, Andre Camara	05	Desportivo Nacional	1:07.24
4 ABREU, Joao Francisco	06	Naval do Funchal	1:05.40
5 ALMEIDA, Joao Francisco	07	Naval do Funchal	1:06.75
6 OLIVEIRA, Afonso Miguel	07	Juventude Atlantico	1:10.10
7 VIEIRA, Emanuel Eloi	03	CD Sao Roque	1:12.61

Série 3 de 3, 11:18

1 FERRAZ, Luis Afonso	06	Naval do Funchal	1:04.77
2 RODRIGUES, Rodrigo Reis	04	CD Sao Roque	1:01.28
3 RODRIGUES, Joao Luis	05	Naval do Funchal	59.67
4 GOUVEIA, Luis Galvao	05	Desportivo Nacional	57.94
5 ALVES, Paulo Rodrigues	04	Desportivo Nacional	59.09
6 DIAS, Andre Vicente	05	Desportivo Nacional	59.87
7 GONCALVES, Martim Luis	06	Desportivo Nacional	1:02.51
8 CAMACHO, Joao Simao	03	Desportivo Nacional	1:05.19

Prova 14 Femin., 100m Mariposa Absoluto
23/10/2021 - 11:20 Startlist

Recorde Regional Absoluto	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	1:03.70	ROSA, Beatriz Jong	CDN	Porto	09/12/2017
Recorde Regional Jun17	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun16	1:04.75	ROSA, Beatriz Jong	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:05.15	ROSA, Beatriz Jong	CDN	Funchal	11/07/2015
Recorde Regional Juv B	1:07.65	ROSA, Beatriz Jong	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:09.65	ROSA, Beatriz Jong	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:11.10	LOPES, Joana Cristina	CNF	Funchal	18/07/1992

TAC Zonais Inf B: 1:27.71; Inf A: 1:21.62; Juv B: 1:13.31; Juv A: 1:10.62 / TAC Nacional Inf B: 1:25.71; Inf A: 1:19.62; Juv B: 1:12.23; Juv A: 1:09.58; Jun16: 1:08.22; Jun17: 1:05.30; Sen18: 1:04.10

Ano

Série 1 de 1, 11:20

1 SOUSA, Ivana Valentina	06	Desportivo Nacional	1:16.64
2 ANDRADE, Matilde Sousa	08	Naval do Funchal	1:13.06
3 JARDIM, Lara Filipa	06	Naval do Funchal	1:09.75
4 CAMARA, Ines Cruz	07	Desportivo Nacional	1:08.06
5 SOUSA, Joana Francisca	04	Naval do Funchal	1:09.43
6 NETO, Leonor Rodrigues	07	Naval do Funchal	1:10.84
7 ALVES, Juliana Rodrigues	08	Desportivo Nacional	1:16.53
8 GONCALVES, Vera Andrade	09	Juventude Atlantico	1:22.60

Prova 15 Masc., 200m Costas Absoluto
Startlist
23/10/2021 - 11:22

Recorde Regional Absoluto	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:06.22	MELIM, Oscar Ramos	CDN	Funchal	10/07/2004
Recorde Regional Jun17	2:03.83	FERNANDES, Rui Afonso	CDN	Funchal	25/07/2020
Recorde Regional Juv A	2:06.54	FERNANDES, Rui Afonso	CDN	Tomar	15/12/2018
Recorde Regional Juv B	2:08.37	FERNANDES, Rui Afonso	CDN	Funchal	01/08/2018
Recorde Regional Inf A	2:17.56	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2004
Recorde Regional Inf B	2:23.91	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonais Inf B: 2:57.73; Inf A: 2:47.30; Juv B: 2:23.92; Juv A: 2:17.34 / TAC Nacional Inf B: 2:53.73; Inf A: 2:43.30; Juv B: 2:21.79; Juv A: 2:15.31; Jun17: 2:11.05; Jun18: 2:08.96; Sen19: 2:06.11

Ano

Série 1 de 1, 11:22

4 ALVES, Pedro Miguel	06	Desportivo Nacional	2:27.96
5 NUNES, Henrique Dias	07	Desportivo Nacional	3:04.79

Prova 16 Femin., 200m Costas Absoluto
Startlist
23/10/2021 - 11:25

Recorde Regional Absoluto	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Sen	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Jun17	2:23.46	QUINTAL, Fabiana Maria	CDN	Funchal	03/02/2001
Recorde Regional Jun16	2:24.93	FERREIRA, Maria Leonor	CDN	Funchal	07/03/2020
Recorde Regional Juv A	2:24.92	ROSA, Beatriz Jong	CDN	Funchal	10/07/2015
Recorde Regional Juv B	2:26.17	COSTA, Maria Jardim	CDN	Funchal	07/03/2020
Recorde Regional Inf A	2:33.29	COSTA, Maria Jardim	CDN	Funchal	08/06/2019
Recorde Regional Inf B	2:37.35	GONCALVES, Vera Andrade	JACL	Funchal	11/07/2021

TAC Zonais Inf B: 3:10.68; Inf A: 3:00.87; Juv B: 2:39.37; Juv A: 2:32.82 / TAC Nacional Inf B: 3:06.68; Inf A: 2:56.87; Juv B: 2:37.01; Juv A: 2:30.56; Jun16: 2:27.76; Jun17: 2:25.51; Sen18: 2:23.08

Ano

Série 1 de 2, 11:25

3 BAPTISTA, Ines Sande	08	Desportivo Nacional	2:55.96
4 CANADA, Maria Elvira	06	Desportivo Nacional	2:39.71
5 MATEUS, Clarisse Vieira	07	Desportivo Nacional	2:55.15

Série 2 de 2, 11:29

2 FREITAS, Margarida Ramos	06	Desportivo Nacional	2:34.37
3 CAMACHO, Laura Fernandes	04	Naval do Funchal	2:28.70
4 FERREIRA, Maria Leonor	04	Desportivo Nacional	2:24.93
5 COSTA, Maria Jardim	06	Desportivo Nacional	2:26.17
6 DIAS, Julia Alves	06	Desportivo Nacional	2:31.78
7 GONCALVES, Valentina Jose	07	Desportivo Nacional	2:36.23

Prova 17		Masc., 100m Estilos			Absoluto
23/10/2021 - 11:32					Startlist
Recorde Regional Absoluto	57.76	MARQUES, Miguel Freitas	JACL	Funchal	29/07/2016
Recorde Regional Sen	57.76	MARQUES, Miguel Freitas	JACL	Funchal	29/07/2016
Recorde Regional Jun18	58.92	SILVA, Tomas Antonio	CNF	Felgueiras	23/12/2018
Recorde Regional Jun17	58.99	ALVES, Paulo Rodrigues	CDN	Funchal	10/07/2021
Recorde Regional Juv A	1:00.15	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	1:03.82	FREITAS, Tomas Miguel	CDN	Funchal	23/03/2005
Recorde Regional Inf A	1:03.32	BARRY, Rafael Francisco	CNF	Funchal	31/07/2018
Recorde Regional Inf B	1:06.89	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Nacional Jun17: 1:00.45; Jun18: 59.50; Sen19: 58.58

Ano

Série 1 de 2, 11:32

1	SILVA, Afonso Mar	06	Naval do Funchal	1:41.42
2	NUNES, Duarte Costa	07	Juventude Atlantico	1:38.30
3	NACHYCHKO, Maximo	06	Naval do Funchal	1:28.20
4	ARAUJO, Joao Caldeira	07	Naval do Funchal	1:25.25
5	GARANITO, Simao Silva	06	Naval do Funchal	1:28.16
6	ALVES, Diogo Basilio	07	Juventude Atlantico	1:30.58
7	FERNANDES, Afonso Berimbau	07	Juventude Atlantico	1:39.80

Série 2 de 2, 11:34

1	TEMES, Joao Caires	06	Juventude Atlantico	1:14.00
2	FERNANDES, Martim Pestana	04	Naval do Funchal	1:05.98
3	RODRIGUES, Joao Luis	05	Naval do Funchal	1:02.55
4	SANTOS, Diego Felipe	87	Desportivo Nacional	59.80
5	SILVA, Luis Pedro	98	Desportivo Nacional	1:00.83
6	SILVA, Tony Stefano	05	Desportivo Nacional	1:04.86
7	FERNANDES, Diogo Henrique	04	Naval do Funchal	1:10.41
8	NEVES, Tiago Brazao	07	Naval do Funchal	1:22.80

Prova 18	Femin., 100m Estilos				Absoluto
23/10/2021 - 11:36					Startlist
Recorde Regional Absoluto	1:05.01	QUINTAL, Fabiana Maria	CDN	Leiria	06/12/2009
Recorde Regional Sen	1:05.01	QUINTAL, Fabiana Maria	CDN	Leiria	06/12/2009
Recorde Regional Jun17	1:10.03	SOUSA, Susana Margarida	CFU	M. Campo	13/03/1994
Recorde Regional Jun16	1:08.36	ABREU, Laura Catarina	CDN	Funchal	14/11/2015
Recorde Regional Juv A	1:09.02	ROSA, Beatriz Jong	CDN	Funchal	13/06/2015
Recorde Regional Juv B	1:11.86	RODRIGUES, Laura Sofia	JACL	Funchal	10/07/2021
Recorde Regional Inf A	1:13.40	CORREIA, Marta Corte	CNF	Funchal	20/04/1997
Recorde Regional Inf B	1:16.47	FERREIRA, Maria Leonor	CDN	Funchal	29/07/2016

TAC Nacional Jun16: 1:08.87; Jun17: 1:07.56; Sen18: 1:06.71

Ano

Série 1 de 2, 11:36

3 CARICHAS, Joana Medeiros	06	Juventude Atlantico	1:48.68
4 SILVA, Carolina Pestana	08	Naval do Funchal	1:35.24
5 GOMES, Sofia Vega	08	Naval do Funchal	1:35.31

Série 2 de 2, 11:38

2 SILVA, Silvana Suamade	06	CD Sao Roque	1:32.24
3 LUIS, Jessica Santos	00	CD Sao Roque	1:17.32
4 RODRIGUES, Laura Sofia	07	Juventude Atlantico	1:11.86
5 GONCALVES, Maria Margarida	04	Naval do Funchal	1:14.90
6 PEREIRA, Joana Marques	06	Juventude Atlantico	1:20.00
7 PEREIRA, Julia Freitas	08	Naval do Funchal	1:33.64

11:40 Período Comum de Recuperação

Prova 19 Masc., 100m Bruços Absoluto
Startlist
23/10/2021 - 11:50

Recorde Regional Absoluto	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Sen	1:04.47	MOURA, Vitor Diogo	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Jun17	1:04.77	FERNANDES, Martim Pestana	CNF	Funchal	09/05/2021
Recorde Regional Juv A	1:05.91	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	1:06.23	ALVES, Paulo Rodrigues	CDN	Funchal	18/05/2019
Recorde Regional Inf A	1:09.94	ALVES, Paulo Rodrigues	CDN	Funchal	31/07/2018
Recorde Regional Inf B	1:11.63	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Zonais Inf B: 1:31.49; Inf A: 1:26.17; Juv B: 1:14.80; Juv A: 1:11.98 / TAC Nacional Inf B: 1:29.49; Inf A: 1:24.17; Juv B: 1:13.69; Juv A: 1:10.92; Jun17: 1:08.68; Jun18: 1:05.85; Sen19: 1:04.47

Ano

Série 1 de 3, 11:50

3 NUNES, Henrique Dias	07	Desportivo Nacional	1:33.11
4 ARAUJO, Joao Caldeira	07	Naval do Funchal	1:25.45
5 OLIVEIRA, Afonso Miguel	07	Juventude Atlantico	1:32.42

Série 2 de 3, 11:52

1 ALMEIDA, Joao Francisco	07	Naval do Funchal	1:23.64
2 ALVES, Pedro Miguel	06	Desportivo Nacional	1:20.20
3 SETIM, Joao Oliveira	06	Naval do Funchal	1:13.69
4 ALVES, Andre Camara	05	Desportivo Nacional	1:13.35
5 OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	1:13.55
6 VOLOZHEMIN, Alexandre	05	Naval do Funchal	1:15.95
7 SILVA, Afonso Mar	06	Naval do Funchal	1:22.44

Série 3 de 3, 11:53

1 PAULOS, Joao Afonso	06	Naval do Funchal	1:11.85
2 SILVA, Tony Stefano	05	Desportivo Nacional	1:09.24
3 JORGE, Andre Camara	90	Escola O Liceu	1:06.49
4 SILVA, Luis Pedro	98	Desportivo Nacional	1:04.72
5 FERNANDES, Martim Pestana	04	Naval do Funchal	1:04.77
6 SANTOS, Diego Felipe	87	Desportivo Nacional	1:06.71
7 AGUILAR, Luis Santos	04	Desportivo Nacional	1:11.21
8 VIEIRA, Emanuel Eloi	03	CD Sao Roque	1:13.22

Prova 20	Femin., 100m Bruços				Absoluto
23/10/2021 - 11:55					Startlist
Recorde Regional Absoluto	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Sen	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Jun17	1:14.11	ABREU, Laura Catarina	CDW/T	Funchal	09/12/2016
Recorde Regional Jun16	1:14.28	ABREU, Laura Catarina	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:13.75	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	1:13.68	ABREU, Laura Catarina	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:17.24	ABREU, Laura Catarina	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:21.89	RODRIGUES, Laura Sofia	JACL	Funchal	12/07/2019

TAC Zonais Inf B: 1:39.81; Inf A: 1:33.87; Juv B: 1:22.40; Juv A: 1:20.19 / TAC Nacional Inf B: 1:37.81; Inf A: 1:31.87; Juv B: 1:21.18; Juv A: 1:19.00; Jun16: 1:17.56; Jun17: 1:15.90; Sen18: 1:14.39

Ano

Série 1 de 2, 11:55

3 SOARES, Leonor Silva	08	Desportivo Nacional	1:35.28
4 PEREIRA, Julia Freitas	08	Naval do Funchal	1:30.91
5 GONCALVES, Vera Andrade	09	Juventude Atlantico	1:35.06

Série 2 de 2, 11:57

1 PEREIRA, Joana Marques	06	Juventude Atlantico	1:28.00
2 FIGUEIRA, Madalena Leonor	07	Naval do Funchal	1:23.28
3 DEUS, Ines Portugal	06	Naval do Funchal	1:19.34
4 GONCALVES, Valentina Jose	07	Desportivo Nacional	1:18.66
5 FERREIRA, Maria Leonor	04	Desportivo Nacional	1:19.29
6 SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	1:22.36
7 MATEUS, Clárisse Vieira	07	Desportivo Nacional	1:23.57
8 FREITAS, Maria Raquel	07	Naval do Funchal	1:30.21

Prova 21 Masc., 200m Livres Absoluto
23/10/2021 - 11:59 Startlist

Recorde Regional Absoluto	1:46.65	PINTO, Luis Marques	CDN	Stockholm (SWE)	11/11/2009
Recorde Regional Sen	1:46.65	PINTO, Luis Marques	CDN	Stockholm (SWE)	11/11/2009
Recorde Regional Jun18	1:50.17	CASTRO, Joao Cruz	CDSR	Porto	10/12/2017
Recorde Regional Jun17	1:51.83	CASTRO, Joao Cruz	CDSR	Funchal	27/07/2017
Recorde Regional Juv A	1:54.07	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2016
Recorde Regional Juv B	1:55.77	CASTRO, Joao Cruz	CDSR	Funchal	10/07/2015
Recorde Regional Inf A	1:59.62	FERNANDES, Joao Vitor	CSM	Funchal	09/07/2014
Recorde Regional Inf B	2:07.17	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Zonais Inf B: 2:40.18; Inf A: 2:31.01; Juv B: 2:07.11; Juv A: 2:04.20 / TAC Nacional Inf B: 2:36.18; Inf A: 2:27.01; Juv B: 2:05.23; Juv A: 2:02.36; Jun17: 1:57.10; Jun18: 1:54.37; Sen19: 1:52.78

Ano

Série 1 de 2, 11:59

1 NUNES, Duarte Costa	07	Juventude Atlantico	2:40.70
2 ALVES, Diogo Basilio	07	Juventude Atlantico	2:32.55
3 NEVES, Tiago Brazao	07	Naval do Funchal	2:15.02
4 AGUILAR, Luis Santos	04	Desportivo Nacional	2:13.62
5 PEREIRA, Lucas Santos	07	Naval do Funchal	2:14.77
6 COSTA, Guilherme Corte	07	Desportivo Nacional	2:28.53
7 NACHYCHKO, Maximo	06	Naval do Funchal	2:35.47

Série 2 de 2, 12:02

1 CAMACHO, Joao Simao	03	Desportivo Nacional	2:11.09
2 FERRAZ, Luis Afonso	06	Naval do Funchal	2:05.23
3 RODRIGUES, Rodrigo Reis	04	CD Sao Roque	2:02.62
4 ALVES, Paulo Rodrigues	04	Desportivo Nacional	2:02.05
5 DIAS, Andre Vicente	05	Desportivo Nacional	2:02.45
6 GOUVEIA, Luis Galvao	05	Desportivo Nacional	2:04.52
7 GONCALVES, Martim Luis	06	Desportivo Nacional	2:09.66
8 TELES, Artur Corte	04	Juventude Atlantico	2:12.68

Prova 22 Femin., 200m Livres Absoluto
Startlist
23/10/2021 - 12:05

Recorde Regional Absoluto	2:07.77	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Sen	2:07.77	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Jun17	2:10.62	ABREU, Laura Catarina	CDWT	Funchal	19/11/2016
Recorde Regional Jun16	2:09.59	AGUILAR, Vera Ines	CDN	Funchal	29/07/2016
Recorde Regional Juv A	2:09.23	ABREU, Laura Catarina	CDN	Funchal	10/07/2015
Recorde Regional Juv B	2:11.89	ANDRADE, Rubina Amaro	CDN	Algés	26/02/1993
Recorde Regional Inf A	2:14.71	CAIRES, Joana Costa	CNF	Sines	13/03/2011
Recorde Regional Inf B	2:23.45	ABREU, Laura Catarina	CDN	Funchal	13/07/2012

TAC Zonais Inf B: 2:55.35; Inf A: 2:42.27; Juv B: 2:21.53; Juv A: 2:17.11 / TAC Nacional Inf B: 2:51.35; Inf A: 2:38.37; Juv B: 2:19.44; Juv A: 2:15.08; Jun16: 2:11.10; Jun17: 2:08.24; Sen18: 2:07.00

Ano

Série 1 de 3, 12:05

3 SOARES, Leonor Silva	08	Desportivo Nacional	2:47.72
4 SOUSA, Ivana Valentina	06	Desportivo Nacional	2:41.36
5 GOMES, Madalena Sousa	05	Naval do Funchal	2:44.05

Série 2 de 3, 12:08

1 BAPTISTA, Ines Sande	08	Desportivo Nacional	2:40.07
2 ALVES, Juliana Rodrigues	08	Desportivo Nacional	2:33.99
3 ANDRADE, Matilde Sousa	08	Naval do Funchal	2:29.93
4 CANADA, Maria Elvira	06	Desportivo Nacional	2:26.66
5 SILVA, Silvana Suamade	06	CD Sao Roque	2:26.78
6 CARICHAS, Joana Medeiros	06	Juventude Atlantico	2:32.62
7 GOMES, Sofia Vega	08	Naval do Funchal	2:34.93

Série 3 de 3, 12:11

1 DIAS, Julia Alves	06	Desportivo Nacional	2:24.99
2 FERRO, Maria Leonor	06	Naval do Funchal	2:21.93
3 FREITAS, Margarida Ramos	06	Desportivo Nacional	2:19.69
4 COSTA, Maria Jardim	06	Desportivo Nacional	2:12.48
5 CAMARA, Ines Cruz	07	Desportivo Nacional	2:19.31
6 LUIS, Jessica Santos	00	CD Sao Roque	2:19.90
7 FREITAS, Beatriz Rodrigues	06	Naval do Funchal	2:22.17
8 RODRIGUES, Laura Sofia	07	Juventude Atlantico	2:26.36

Prova 23 Masc., 400m Estilos Absoluto
23/10/2021 - 12:14 Startlist

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	4:37.61	GOUVEIA, Luis Galvao	CDN	Funchal	11/07/2021
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

TAC Zonais Juv B: 5:09.20; Juv A: 5:01.10 / TAC Nacional Juv B: 5:04.63; Juv A: 4:56.65; Jun17: 4:41.06; Jun18: 4:39.62; Sen19: 4:33.15

Ano

Prova 24 Femin., 400m Estilos Absoluto
23/10/2021 - 12:14 Startlist

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Sen	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Jun17	5:19.30	FERREIRA, Maria Leonor	CDN	Funchal	11/07/2021
Recorde Regional Jun16	5:14.13	FERNANDES, Isabel Catarina	CNF	Funchal	17/06/2006
Recorde Regional Juv A	5:20.04	FERREIRA, Maria Leonor	CDN	Funchal	13/07/2019
Recorde Regional Juv B	5:19.42	CAMARA, Ines Cruz	CDN	Funchal	11/07/2021
Recorde Regional Inf A	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
Recorde Regional Inf B	5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

TAC Zonais Juv B: 5:36.01; Juv A: 5:26.58 / TAC Nacional Juv B: 5:31.04; Juv A: 5:21.75; Jun16: 5:15.10; Jun17: 5:09.74; Sen18: 5:04.54

Ano

12:14 Período Comum de Recuperação

4 - Jornada Única / 2.^a Sessão "B"

23/10/2021 - 18:15

Prova 37	Femin., 200m Mariposa				Absoluto
23/10/2021 - 18:15					Startlist
Recorde Regional Absoluto	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Sen	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Jun17	2:25.69	ROSA, Beatriz Jong	CDWT	Torres Novas	21/01/2017
Recorde Regional Jun16	2:25.16	ROSA, Beatriz Jong	CDN	Porto	11/12/2015
Recorde Regional Juv A	2:25.61	ROSA, Beatriz Jong	CDN	Funchal	12/07/2015
Recorde Regional Juv B	2:28.89	CAMARA, Ines Cruz	CDN	Funchal	10/07/2021
Recorde Regional Inf A	2:32.56	CERDAS, Sara Rodrigues	CNF	Rio Maior	06/07/2002
Recorde Regional Inf B	2:45.26	VICTOR, Joana Isabel	CDN	Funchal	12/07/2003

TAC Zonais Inf B: 3:14.03; Inf A: 3:01.32; Juv B: 2:44.73; Juv A: 2:37.93 / TAC Nacional Inf B: 3:10.03; Inf A: 2:57.32; Juv B: 2:42.30; Juv A: 2:35.60; Jun16: 2:30.12; Jun17: 2:26.15; Sen18: 2:22.23

Ano

Série 1 de 1, 18:15

3 CARICHAS, Joana Medeiros	06	Juventude Atlantico	2:50.03
4 CAMARA, Ines Cruz	07	Desportivo Nacional	2:28.89
5 SOUSA, Ivana Valentina	06	Desportivo Nacional	2:49.29
6 ALVES, Juliana Rodrigues	08	Desportivo Nacional	2:55.76

Prova 38 Masc., 200m Mariposa Absoluto
23/10/2021 - 18:18 Startlist

Recorde Regional Absoluto	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	2:01.97	GOUVEIA, Pedro Galvao	CDN	Funchal	11/12/2016
Recorde Regional Jun17	2:03.86	GOUVEIA, Pedro Galvao	CDN	Funchal	17/06/2016
Recorde Regional Juv A	2:04.72	GOUVEIA, Luis Galvao	CDN	Funchal	10/07/2021
Recorde Regional Juv B	2:09.52	GOUVEIA, Luis Galvao	CDN	Funchal	08/08/2020
Recorde Regional Inf A	2:12.42	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2004
Recorde Regional Inf B	2:21.67	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonais Inf B: 2:56.61; Inf A: 2:46.65; Juv B: 2:27.91; Juv A: 2:21.89 / TAC Nacional Inf B: 2:52.61; Inf A: 2:42.65; Juv B: 2:25.72; Juv A: 2:19.79; Jun17: 2:12.65; Jun18: 2:08.55; Sen19: 2:06.06

Ano

Série 1 de 2, 18:18

3 FERNANDES, Afonso Berimbau	07	Juventude Atlantico	3:19.15
4 COSTA, Guilherme Corte	07	Desportivo Nacional	2:48.63
5 OLIVEIRA, Afonso Miguel	07	Juventude Atlantico	2:48.93

Série 2 de 2, 18:22

2 ABREU, Joao Francisco	06	Naval do Funchal	2:24.27
3 DIAS, Andre Vicente	05	Desportivo Nacional	2:15.82
4 GOUVEIA, Luis Galvao	05	Desportivo Nacional	2:04.72
5 RODRIGUES, Rodrigo Reis	04	CD Sao Roque	2:10.17
6 GONCALVES, Martim Luis	06	Desportivo Nacional	2:16.14
7 ALMEIDA, Joao Francisco	07	Naval do Funchal	2:30.72

Prova 39 Femin., 100m Livres Absoluto
23/10/2021 - 18:25 Startlist

Recorde Regional Absoluto	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun17	59.96	AGUILAR, Vera Ines	CDN	Funchal	09/12/2016
Recorde Regional Jun16	59.93	ABREU, Laura Catarina	CDN	Funchal	19/12/2015
Recorde Regional Juv A	59.90	ABREU, Laura Catarina	CDN	Funchal	10/07/2015
Recorde Regional Juv B	1:01.04	AGUILAR, Vera Ines	CDN	Funchal	12/04/2014
Recorde Regional Inf A	1:02.04	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	1:05.20	LOPES, Joana Cristina	CNF	Funchal	10/05/1992

TAC Zonais Inf B: 1:19.88; Inf A: 1:15.03; Juv B: 1:05.34; Juv A: 1:03.51 / TAC Nacional Inf B: 1:17.88; Inf A: 1:13.03; Juv B: 1:04.37; Juv A: 1:02.57; Jun16: 1:00.36; Jun17: 59.41; Sen18: 58.64

Ano

Série 1 de 4, 18:25

3 SILVA, Carolina Pestana	08	Naval do Funchal	1:13.51
4 GOMES, Sofia Vega	08	Naval do Funchal	1:10.91
5 FREITAS, Maria Raquel	07	Naval do Funchal	1:13.44

Série 2 de 4, 18:27

1 FIGUEIRA, Madalena Leonor	07	Naval do Funchal	1:10.55
2 CANADA, Maria Elvira	06	Desportivo Nacional	1:09.76
3 SILVA, Silvana Suamade	06	CD Sao Roque	1:09.03
4 SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	1:08.18
5 ANDRADE, Matilde Sousa	08	Naval do Funchal	1:08.51
6 GOMES, Madalena Sousa	05	Naval do Funchal	1:09.60
7 PEREIRA, Julia Freitas	08	Naval do Funchal	1:09.82

Série 3 de 4, 18:28

1 GONCALVES, Vera Andrade	09	Juventude Atlantico	1:07.66
2 BAPTISTA, Constanca Ornelas	06	Naval do Funchal	1:07.03
3 FREITAS, Margarida Ramos	06	Desportivo Nacional	1:06.37
4 DEUS, Ines Portugal	06	Naval do Funchal	1:06.05
5 JARDIM, Lara Filipa	06	Naval do Funchal	1:06.12
6 CAMACHO, Laura Fernandes	04	Naval do Funchal	1:06.84
7 NETO, Leonor Rodrigues	07	Naval do Funchal	1:07.18
8 PEREIRA, Joana Marques	06	Juventude Atlantico	1:08.00

Série 4 de 4, 18:30

1 FERRO, Maria Leonor	06	Naval do Funchal	1:05.59
2 FREITAS, Beatriz Rodrigues	06	Naval do Funchal	1:05.12
3 SOUSA, Joana Francisca	04	Naval do Funchal	1:03.62
4 COSTA, Maria Jardim	06	Desportivo Nacional	1:01.31
5 GONCALVES, Valentina Jose	07	Desportivo Nacional	1:03.27
6 DIAS, Julia Alves	06	Desportivo Nacional	1:04.71
7 LUIS, Jessica Santos	00	CD Sao Roque	1:05.57
8 GONCALVES, Maria Margarida	04	Naval do Funchal	1:05.72

Prova 40 Masc., 100m Livres Absoluto
23/10/2021 - 18:31 Startlist

Recorde Regional Absoluto	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	51.05	CASTRO, Joao Cruz	CDSR	Porto	08/12/2017
Recorde Regional Jun17	51.79	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2017
Recorde Regional Juv A	52.66	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	52.96	CASTRO, Joao Cruz	CDSR	Funchal	12/07/2015
Recorde Regional Inf A	54.93	CASTRO, Joao Cruz	CSM	Funchal	12/04/2014
Recorde Regional Inf B	58.44	CASTRO, Joao Cruz	CSM	Funchal	23/07/2013

TAC Zonais Inf B: 1:13.39; Inf A: 1:09.14; Juv B: 58.80; Juv A: 56.96 / TAC Nacional Inf B: 1:11.39; Inf A: 1:07.14; Juv B: 57.93; Juv A: 56.12; Jun17: 53.68; Jun18: 51.77; Sen19: 50.97

Ano

Série 1 de 3, 18:31

1 ALVES, Diogo Basilio	07	Juventude Atlantico	1:09.98
2 TEMES, Joao Caires	06	Juventude Atlantico	1:05.70
3 ALVES, Pedro Miguel	06	Desportivo Nacional	1:04.65
4 TELES, Artur Corte	04	Juventude Atlantico	1:02.64
5 SILVA, Afonso Mar	06	Naval do Funchal	1:03.66
6 RIBEIRO, Telmo Drumond	07	Naval do Funchal	1:04.69
7 NACHYCHKO, Maximo	06	Naval do Funchal	1:09.32
8 NUNES, Duarte Costa	07	Juventude Atlantico	1:12.44

Série 2 de 3, 18:33

1 ALVES, Andre Camara	05	Desportivo Nacional	1:01.60
2 SETIM, Joao Oliveira	06	Naval do Funchal	59.69
3 CAMACHO, Joao Simao	03	Desportivo Nacional	58.47
4 AGUILAR, Luis Santos	04	Desportivo Nacional	57.96
5 FERREIRA, Leonardo Filipe	04	Naval do Funchal	58.21
6 VIEIRA, Emanuel Eloi	03	CD Sao Roque	59.41
7 PEREIRA, Lucas Santos	07	Naval do Funchal	1:01.01
8 NEVES, Tiago Brazao	07	Naval do Funchal	1:01.95

Série 3 de 3, 18:34

1 GARANITO, Simao Silva	06	Naval do Funchal	57.46
2 JORGE, Andre Camara	90	Escola O Liceu	57.42
3 RODRIGUES, Joao Luis	05	Naval do Funchal	55.46
4 FERNANDES, Diogo Henrique	04	Naval do Funchal	53.25
5 FERNANDES, Rui Afonso	03	Desportivo Nacional	55.14
6 SILVA, Luis Pedro	98	Desportivo Nacional	56.27
7 VOLOZHEMIN, Alexandre	05	Naval do Funchal	57.43
8 FERRAZ, Luis Afonso	06	Naval do Funchal	57.93

Prova 41	Femin., 200m Bruços				Absoluto
23/10/2021 - 18:36					Startlist
Recorde Regional Absoluto	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Sen	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Jun17	2:40.38	MARQUES, Mariana Sousa	CNF	Funchal	16/07/2005
Recorde Regional Jun16	2:38.79	ABREU, Laura Catarina	CDN	Funchal	08/07/2016
Recorde Regional Juv A	2:41.54	ABREU, Laura Catarina	CDN	Funchal	11/07/2015
Recorde Regional Juv B	2:43.10	ABREU, Laura Catarina	CDN	Tomar	14/12/2013
Recorde Regional Inf A	2:47.89	ABREU, Laura Catarina	CDN	Funchal	06/04/2003
Recorde Regional Inf B	2:56.77	RODRIGUES, Laura Sofia	JACL	Funchal	08/06/2019

TAC Zonais Inf B: 3:34.01; Inf A: 3:21.83; Juv B: 2:57.64; Juv A: 2:53.38 / TAC Nacional Inf B: 3:30.01; Inf A: 3:17.83; Juv B: 2:55.01; Juv A: 2:50.82; Jun16: 2:46.07; Jun17: 2:43.46; Sen18: 2:40.92

Ano

Série 1 de 1, 18:36

2 SOARES, Leonor Silva	08	Desportivo Nacional	3:17.16
3 PEREIRA, Maria Clara	08	Juventude Atlantico	3:10.00
4 RODRIGUES, Laura Sofia	07	Juventude Atlantico	2:46.26
5 MATEUS, Clárisse Vieira	07	Desportivo Nacional	3:00.16
6 BAPTISTA, Ines Sande	08	Desportivo Nacional	3:15.03

Prova 42 Masc., 200m Bruços Absoluto
23/10/2021 - 18:39 Startlist

Recorde Regional Absoluto	2:17.57	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Sen	2:19.23	FIGUEIRA, Andre Temtem	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:17.57	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Jun17	2:21.49	ALVES, Paulo Rodrigues	CDN	Funchal	17/07/2021
Recorde Regional Juv A	2:23.49	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	2:23.33	ALVES, Paulo Rodrigues	CDN	Funchal	13/07/2019
Recorde Regional Inf A	2:29.20	ALVES, Paulo Rodrigues	CDN	Funchal	01/08/2018
Recorde Regional Inf B	2:37.57	FREITAS, Tomas Miguel	CDN	Funchal	13/07/2003

TAC Zonais Inf B: 3:15.96; Inf A: 3:07.00; Juv B: 2:44.63; Juv A: 2:37.61 / TAC Nacional Inf B: 3:11.96; Inf A: 3:03.00; Juv B: 2:42.20; Juv A: 2:35.28; Jun17: 2:28.72; Jun18: 2:24.78; Sen19: 2:21.84

Ano

Série 1 de 1, 18:39

2 ARAUJO, Joao Caldeira	07	Naval do Funchal	3:07.66
3 FERNANDES, Martim Pestana	04	Naval do Funchal	2:24.77
4 ALVES, Paulo Rodrigues	04	Desportivo Nacional	2:21.49
5 SANTOS, Diego Felipe	87	Desportivo Nacional	2:22.68
6 SILVA, Tony Stefano	05	Desportivo Nacional	2:35.68
7 NUNES, Henrique Dias	07	Desportivo Nacional	3:20.30

18:43 Período Comum de Recuperação

Prova 43 Femin., 100m Costas Absoluto
23/10/2021 - 18:53 Startlist

Recorde Regional Absoluto	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Sen	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Jun17	1:06.59	ROSA, Beatriz Jong	CDWT	Funchal	11/12/2016
Recorde Regional Jun16	1:05.65	ROSA, Beatriz Jong	CDN	Funchal	05/03/2016
Recorde Regional Juv A	1:07.56	COSTA, Maria Jardim	CDN	Funchal	10/07/2021
Recorde Regional Juv B	1:08.35	AGUILAR, Vera Ines	CDN	Funchal	10/04/2014
Recorde Regional Inf A	1:10.41	COSTA, Maria Jardim	CDN	Funchal	08/06/2019
Recorde Regional Inf B	1:13.20	LOPES, Joana Cristina	CNF	Funchal	15/02/1992

TAC Zonais Inf B: 1:28.42; Inf A: 1:23.64; Juv B: 1:13.45; Juv A: 1:11.11 / TAC Nacional Inf B: 1:26.42; Inf A: 1:21.64; Juv B: 1:12.36; Juv A: 1:10.06; Jun16: 1:09.32; Jun17: 1:06.64; Sen18: 1:06.03

Ano

Série 1 de 2, 18:53

2 SOUSA, Ivana Valentina	06	Desportivo Nacional	1:24.46
3 SILVA, Carolina Pestana	08	Naval do Funchal	1:20.23
4 GOMES, Sofia Vega	08	Naval do Funchal	1:19.11
5 SILVA, Silvana Suamade	06	CD Sao Roque	1:19.51
6 MATEUS, Clarisse Vieira	07	Desportivo Nacional	1:20.29

Série 2 de 2, 18:55

1 CANADA, Maria Elvira	06	Desportivo Nacional	1:14.15
2 NETO, Leonor Rodrigues	07	Naval do Funchal	1:11.24
3 CAMACHO, Laura Fernandes	04	Naval do Funchal	1:09.70
4 FERREIRA, Maria Leonor	04	Desportivo Nacional	1:07.77
5 JARDIM, Lara Filipa	06	Naval do Funchal	1:09.37
6 DIAS, Julia Alves	06	Desportivo Nacional	1:09.99
7 LUIS, Jessica Santos	00	CD Sao Roque	1:13.18
8 PEREIRA, Julia Freitas	08	Naval do Funchal	1:14.54

Prova 44 Masc., 100m Costas Absoluto
23/10/2021 - 18:57 Startlist

Recorde Regional Absoluto	57.10	FERNANDES, Rui Afonso	CDN	Funchal	10/07/2021
Recorde Regional Sen	57.93	PINTO, Luis Marques	CDN	Funchal	09/05/2009
Recorde Regional Jun18	57.10	FERNANDES, Rui Afonso	CDN	Funchal	10/07/2021
Recorde Regional Jun17	57.39	FERNANDES, Rui Afonso	CDN	Leiria	14/12/2019
Recorde Regional Juv A	59.07	FERNANDES, Rui Afonso	CDN	Tomar	14/12/2018
Recorde Regional Juv B	1:00.51	FERNANDES, Rui Afonso	CDN	Funchal	26/03/2018
Recorde Regional Inf A	1:03.46	FERNANDES, Rui Afonso	CDN	Funchal	27/07/2017
Recorde Regional Inf B	1:06.87	CAMACHO, Afonso Caires	CNF	Sines	07/04/2017

TAC Zonais Inf B: 1:22.06; Inf A: 1:17.30; Juv B: 1:06.21; Juv A: 1:02.87 / TAC Nacional Inf B: 1:20.06; Inf A: 1:15.30; Juv B: 1:05.23; Juv A: 1:01.94; Jun17: 1:00.23; Jun18: 58.43; Sen19: 57.21

Ano

Série 1 de 2, 18:57

3 NUNES, Henrique Dias	07	Desportivo Nacional	1:25.23
4 FERRAZ, Luis Afonso	06	Naval do Funchal	1:18.09
5 FERNANDES, Afonso Berimbau	07	Juventude Atlantico	1:20.70

Série 2 de 2, 18:59

1 ALVES, Pedro Miguel	06	Desportivo Nacional	1:08.70
2 RODRIGUES, Rodrigo Reis	04	CD Sao Roque	1:05.43
3 OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	1:03.18
4 FERNANDES, Rui Afonso	03	Desportivo Nacional	57.10
5 PITA, Pedro Miguel	06	Naval do Funchal	1:00.80
6 TELES, Artur Corte	04	Juventude Atlantico	1:05.00
7 NEVES, Tiago Brazao	07	Naval do Funchal	1:06.44

Prova 45 Femin., 200m Estilos Absoluto
Startlist
23/10/2021 - 19:00

Recorde Regional Absoluto	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Sen	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Jun17	2:25.85	ROSA, Beatriz Jong	CDW/T	Funchal	06/05/2017
Recorde Regional Jun16	2:26.86	ROSA, Beatriz Jong	CDN	Funchal	13/05/2016
Recorde Regional Juv A	2:28.06	ROSA, Beatriz Jong	CDN	Funchal	09/05/2015
Recorde Regional Juv B	2:30.06	COSTA, Maria Jardim	CDN	Funchal	08/03/2020
Recorde Regional Inf A	2:31.77	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	2:38.90	LOPES, Joana Cristina	CNF	Funchal	01/01/1992

TAC Zonais Inf B: 3:12.87; Inf A: 3:02.80; Juv B: 2:38.75; Juv A: 2:35.18 / TAC Nacional Inf B: 3:08.87; Inf A: 2:58.80; Juv B: 2:36.40; Juv A: 2:32.89; Jun16: 2:28.04; Jun17: 2:25.27; Sen18: 2:23.38

Ano

Série 1 de 1, 19:00

1 GONCALVES, Vera Andrade	09	Juventude Atlantico	2:50.75
2 SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	2:38.30
3 RODRIGUES, Laura Sofia	07	Juventude Atlantico	2:34.24
4 FERREIRA, Maria Leonor	04	Desportivo Nacional	2:30.38
5 SOUSA, Joana Francisca	04	Naval do Funchal	2:32.27
6 DEUS, Ines Portugal	06	Naval do Funchal	2:38.17
7 ANDRADE, Matilde Sousa	08	Naval do Funchal	2:46.33
8 PEREIRA, Maria Clara	08	Juventude Atlantico	5:30.00

Prova 46 Masc., 200m Estilos Absoluto
Startlist
23/10/2021 - 19:06

Recorde Regional Absoluto	2:05.46	SILVA, Tomas Antonio	CNF	Leiria	14/12/2019
Recorde Regional Sen	2:05.46	SILVA, Tomas Antonio	CNF	Leiria	14/12/2019
Recorde Regional Jun18	2:05.78	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Jun17	2:08.03	ALVES, Paulo Rodrigues	CDN	Funchal	10/07/2021
Recorde Regional Juv A	2:10.57	GOUVEIA, Luis Galvao	CDN	Funchal	17/07/2021
Recorde Regional Juv B	2:11.24	ALVES, Paulo Rodrigues	CDN	Funchal	17/05/2019
Recorde Regional Inf A	2:13.38	FREITAS, Tomas Miguel	CDN	Funchal	17/07/2004
Recorde Regional Inf B	2:20.56	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonais Inf B: 2:58.00; Inf A: 2:49.22; Juv B: 2:24.01; Juv A: 2:20.31 / TAC Nacional Inf B: 2:54.00; Inf A: 2:45.22; Juv B: 2:21.88; Juv A: 2:18.24; Jun17: 2:11.70; Jun18: 2:09.63; Sen19: 2:07.68

Ano

Série 1 de 2, 19:06

2 RIBEIRO, Telmo Drumond	07	Naval do Funchal	2:47.36
3 OLIVEIRA, Afonso Miguel	07	Juventude Atlantico	2:42.41
4 VIEIRA, Emanuel Eloi	03	CD Sao Roque	2:31.75
5 CAMACHO, Joao Simao	03	Desportivo Nacional	2:38.04
6 TEMES, Joao Caires	06	Juventude Atlantico	2:43.78

Série 2 de 2, 19:10

1 SILVA, Tony Stefano	05	Desportivo Nacional	2:30.07
2 AGUILAR, Luis Santos	04	Desportivo Nacional	2:25.87
3 RODRIGUES, Joao Luis	05	Naval do Funchal	2:17.26
4 GOUVEIA, Luis Galvao	05	Desportivo Nacional	2:10.57
5 SANTOS, Diego Felipe	87	Desportivo Nacional	2:11.12
6 PAULOS, Joao Afonso	06	Naval do Funchal	2:25.06
7 ALVES, Andre Camara	05	Desportivo Nacional	2:27.52
8 ALMEIDA, Joao Francisco	07	Naval do Funchal	2:31.23

Prova 47	Femin., 400m Livres				Absoluto
23/10/2021 - 19:13					Startlist
Recorde Regional Absoluto	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Sen	4:35.08	MELIM, Claudia Ramos	CDN	Funchal	06/07/2002
Recorde Regional Jun17	4:32.13	ANDRADE, Rubina Amaro	CDN	Felgueiras	13/07/1996
Recorde Regional Jun16	4:31.80	ANDRADE, Rubina Amaro	CDN	Funchal	14/07/1995
Recorde Regional Juv A	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Juv B	4:35.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/05/1993
Recorde Regional Inf A	4:37.30	ANDRADE, Rubina Amaro	CDN	Funchal	17/07/1992
Recorde Regional Inf B	4:56.70	ANDRADE, Rubina Amaro	CDN	Funchal	04/05/1991

TAC Zonais Inf B: 6:03.32; Inf A: 5:41.89; Juv B: 4:59.23; Juv A: 4:47.78 / TAC Nacional Inf B: 5:55.32; Inf A: 5:33.89; Juv B: 4:54.81; Juv A: 4:43.53; Jun16: 4:34.44; Jun17: 4:31.36; Sen18: 4:26.04

Ano				
Série 1 de 1, 19:13				
1	SOARES, Leonor Silva	08	Desportivo Nacional	5:49.46
2	ALVES, Juliana Rodrigues	08	Desportivo Nacional	5:28.21
3	FREITAS, Margarida Ramos	06	Desportivo Nacional	4:57.42
4	COSTA, Maria Jardim	06	Desportivo Nacional	4:41.82
5	CAMARA, Ines Cruz	07	Desportivo Nacional	4:53.79
6	GONCALVES, Valentina Jose	07	Desportivo Nacional	4:59.65
7	BAPTISTA, Ines Sande	08	Desportivo Nacional	5:32.19

Prova 48 Masc., 400m Livres Absoluto
23/10/2021 - 19:19 Startlist

Recorde Regional Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

TAC Zonais Inf B: 5:39.38; Inf A: 5:21.39; Juv B: 4:31.98; Juv A: 4:25.56 / TAC Nacional Inf B: 5:31.38; Inf A: 5:13.39; Juv B: 4:27.96; Juv A: 4:21.64; Jun17: 4:10.09; Jun18: 4:04.87; Sen19: 4:00.66

Ano

Série 1 de 1, 19:19

2 ALVES, Diogo Basilio	07	Juventude Atlantico	5:18.43
3 GONCALVES, Martim Luis	06	Desportivo Nacional	4:35.96
4 ALVES, Paulo Rodrigues	04	Desportivo Nacional	4:14.41
5 DIAS, Andre Vicente	05	Desportivo Nacional	4:20.95
6 COSTA, Guilherme Corte	07	Desportivo Nacional	5:07.46
7 NUNES, Duarte Costa	07	Juventude Atlantico	5:40.03

19:25 Período Comum de Recuperação