

1 - Sábado de Manhã

15/11/2025 - 9:15

Prova 1	Femin., 400m Estilos				Infantis
15/11/2025 - 9:15	INFANTIS A & B				Startlist
Recorde Regional Open	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Inf A	5:19.42	CAMARA, Ines Cruz	CDN	Funchal	11/07/2021
Recorde Regional Inf B	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
TAC Zonal Inf B: 5:58.43; Inf A: 5:46.48 / TAC Nacional Inf B: 5:49.47; Inf A: 5:40.51					

Ano

Série 1 de 2, 9:15

2 MACIEL, Constanca Maria	13	Escola O Liceu	7:35.00
3 ANDRADE, Nuria Gouveia	13	Desportivo Nacional	7:35.00
4 FREITAS, Maria Silva	12	Naval do Funchal	6:30.00
5 TEIXEIRA, Maria Castro	13	Naval do Funchal	7:30.00
6 TEMTEM, Maria Clara	13	Desportivo Nacional	7:35.00
7 LUIS, Clara Abreu	13	Escola O Liceu	7:40.00

Série 2 de 2, 9:23

2 MACHADO, Sarah Camila	12	Naval do Funchal	6:18.54
3 ANICETO, Leonor Telo	13	Naval do Funchal	6:11.56
4 FERRO, Maria Franco	12	Naval do Funchal	5:27.94
5 GONCALVES, Maria Clara	12	Escola O Liceu	6:07.84
6 JARDIM, Maria Velosa	12	Naval do Funchal	6:12.64
7 OJKIC, Vera Jose	12	Naval do Funchal	6:22.19

Prova 2	Femin., 400m Estilos				Juvenis
15/11/2025 - 9:31	JUVENIS A & B				Startlist
Recorde Regional Open	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Juv A	5:13.99	CAMARA, Ines Cruz	CDN	Funchal	08/07/2023
Recorde Regional Juv B	5:17.32	GONCALVES, Vera Andrade	JACL	Funchal	04/05/2024
TAC Zonal Juv B: 5:37.52; Juv A: 5:28.56 / TAC Nacional Março Juv B: 5:34.53; Juv A: 5:22.59 / TAC Nacional Julho Juv B: 5:28.56; Juv A: 5:16.61					

Ano

Série 1 de 1, 9:31

3 COSTA, Rafaela Tome	11	Naval do Funchal	5:57.62
4 BRITO, Madalena Pinto	10	Naval do Funchal	5:43.76
5 JESUS, Vera Franca	11	Naval do Funchal	5:36.59
6 ROSA, Clara Sofia	10	Desportivo Nacional	5:37.00
7 PEREIRA, Ana Matilde	11	Naval do Funchal	5:57.14
8 VIEIRA, Matilde Sofia	11	Desportivo Nacional	6:08.45



Prova 6	Masc., 1500m Livres				Juniores e Seniores
15/11/2025 - 10:49	PC - JUNIORES & SENIORES				Startlist
Recorde Regional Open	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	15:38.98	FRANCO, Paulo Fragueiro	CDN	Mealhada	25/03/2000
Recorde Regional Jun17	15:58.37	DEUS, Andre Portugal	CNF	Funchal	13/07/2019
TAC Nacional Jun17: 16:38.16; Jun18: 16:19.33; Sub21: 16:09.91 / TAC Nacional Sen. Sen: 16:00.49 /					
TAC Nacional Abs. Sen: 15:41.66					

Ano

Série 1 de 1, 10:49

6 CASTRO, Marco Antonio	08	Naval do Funchal	17:25.53
7 ANDRADE, Salvador Freitas	09	Naval do Funchal	16:59.24
8 JESUS, Vasco Franca	08	Naval do Funchal	17:04.36

2 - Domingo de Manhã

16/11/2025 - 9:15

Prova 7	Masc., 400m Estilos				Infantis
16/11/2025 - 9:15	INFANTIS A & B				Startlist
Recorde Regional Open	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003
TAC Zonal Inf B: 5:40.40; Inf A: 5:24.19 / TAC Nacional Inf B: 5:32.30; Inf A: 5:16.09					

Ano

Série 1 de 1, 9:15

4 SOUSA, Joao Pedro	12	Desportivo Nacional	5:45.58
5 GOMES, Gustavo Daniel	12	Desportivo Nacional	6:05.86
6 MENDONCA, Jorge Lourenco	13	Desportivo Nacional	6:30.00
7 SOUSA, Pedro Henrique	13	Desportivo Nacional	6:40.00

Prova 8	Masc., 400m Estilos				Juvenis
16/11/2025 - 9:22	JUVENIS A & B				Startlist
Recorde Regional Open	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Juv A	4:37.61	GOUVEIA, Luis Galvao	CDN	Funchal	11/07/2021
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005

TAC Zonal Juv B: 5:13.39; Juv A: 5:02.58 / TAC Nacional Março Juv B: 5:07.98; Juv A: 4:57.18 / TAC Nacional Julho Juv B: 5:02.58; Juv A: 4:51.77

Ano

Série 1 de 2, 9:22

1 SILVA, Pedro Fernandes	11	Naval do Funchal	6:09.36
2 GONCALVES, Tiago Mauricio	10	Desportivo Nacional	6:05.97
3 FREITAS, Jonas Christian	11	Desportivo Nacional	5:49.14

Série 2 de 2, 9:28

1 SILVA, Alexandre Antonio	11	Naval do Funchal	5:40.98
2 ABREU, Pedro Dinis	11	Naval do Funchal	5:40.55
3 RODRIGUES, David Oliveira	11	Naval do Funchal	5:40.00
4 LUCIO, Lourenco Perestrelo	11	Naval do Funchal	5:08.34
5 RAPOSO, Mateus Medeiros	10	Desportivo Nacional	5:10.14
6 GONCALVES, Tomas Figueiredo	10	Naval do Funchal	4:52.70

Prova 9	Masc., 400m Estilos				Juniores e Seniores
16/11/2025 - 9:35	PC - JUNIORES & SENIORES				Startlist
Recorde Regional Open	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
TAC Nacional Jun17: 4:46.37; Jun18: 4:40.97; Sub21: 4:38.26 / TAC Nacional Sen. Sen: 4:35.56 / TAC Nacional Abs. Sen: 4:30.16					

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Série 1 de 1, 9:35

7 ANDRADE, Salvador Freitas	09	Naval do Funchal	4:52.46
8 CASTRO, Marco Antonio	08	Naval do Funchal	5:08.17

Prova 10	Femin., 800m Livres				Infantis
16/11/2025 - 9:40	INFANTIS A & B				Startlist
Recorde Regional Open	9:12.66	ANDRADE, Rubina Amaro	CDN	Alges	17/03/1995
Recorde Regional Inf A	9:15.96	ANDRADE, Rubina Amaro	CDN	Alges	16/02/1993
Recorde Regional Inf B	9:40.30	ANDRADE, Rubina Amaro	CDN	Funchal	15/02/1992
TAC Zonal Inf B: 10:32.10; Inf A: 10:11.03 / TAC Nacional Inf B: 10:16.30; Inf A: 10:00.50					

Ano

Série 1 de 2, 9:40

2 MACIEL, Constanca Maria	13	Escola O Liceu	13:35.00
3 ANDRADE, Nuria Gouveia	13	Desportivo Nacional	13:00.00
4 FREITAS, Maria Silva	12	Naval do Funchal	12:00.00
5 TEIXEIRA, Maria Castro	13	Naval do Funchal	12:00.00
6 TEMTEM, Maria Clara	13	Desportivo Nacional	13:00.00
7 LUIS, Clara Abreu	13	Escola O Liceu	13:50.00

Série 2 de 2, 9:54

2 GONCALVES, Maria Clara	12	Escola O Liceu	11:31.02
3 MACHADO, Sarah Camila	12	Naval do Funchal	11:25.11
4 FERRO, Maria Franco	12	Naval do Funchal	10:12.98
5 ANICETO, Leonor Telo	13	Naval do Funchal	11:05.37
6 JARDIM, Maria Velosa	12	Naval do Funchal	11:26.85
7 OJKIC, Vera Jose	12	Naval do Funchal	11:48.75

Prova 11	Femin., 800m Livres				Juvenis
16/11/2025 - 10:06	JUVENIS A & B				Startlist
Recorde Regional Open	9:12.66	ANDRADE, Rubina Amaro	CDN	Alges	17/03/1995
Recorde Regional Juv A	9:12.66	ANDRADE, Rubina Amaro	CDN	Alges	17/03/1995
Recorde Regional Juv B	9:14.78	ANDRADE, Rubina Amaro	CDN	Braga	04/03/1994
TAC Zonal Juv B: 9:55.23; Juv A: 9:39.43 / TAC Nacional Março Juv B: 9:49.96; Juv A: 9:28.89 / TAC Nacional Julho Juv B: 9:39.43; Juv A: 9:18.36					

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Série 1 de 1, 10:06

3 PEREIRA, Ana Matilde	11	Naval do Funchal	11:12.15
4 ROSA, Clara Sofia	10	Desportivo Nacional	10:21.91
5 JESUS, Vera Franca	11	Naval do Funchal	9:48.33
6 COSTA, Rafaela Tome	11	Naval do Funchal	10:18.27
7 BRITO, Madalena Pinto	10	Naval do Funchal	10:25.50
8 VIEIRA, Matilde Sofia	11	Desportivo Nacional	11:34.15

Prova 12	Femin., 800m Livres				Juniores e Seniores
16/11/2025 - 10:18	PC - JUNIORES & SENIORES				Startlist
Recorde Regional Open	9:12.66	ANDRADE, Rubina Amaro	CDN	Alges	17/03/1995
Recorde Regional Sen	9:28.88	BRANCO, Ana Filipa	CNF	Funchal	20/02/2009
Recorde Regional Jun18	9:26.53	MELIM, Claudia Ramos	CDN	Funchal	07/07/2002
Recorde Regional Jun17	9:13.81	ANDRADE, Rubina Amaro	CDN	Funchal	13/07/1996
TAC Nacional Jun17: 9:13.09; Jun18: 9:07.82; Sub21: 9:02.55 / TAC Nacional Sen. Sen: 8:57.28 / TAC Nacional Abs. Sen: 8:46.75					

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Série 1 de 1, 10:18

1 CHRISTOPHE, Lucie	06	Naval do Funchal	9:15.00
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