

1 - Sábado de Tarde

09/05/2026 - 16:15

Prova 1 Femin., 100m Mariposa Absolutos
09/05/2026 - 16:15 Startlist

Recorde Regional Open	1:00.24	ROJAS, Zara Alejandra	INDMAD	Funchal	29/07/2025
Recorde Regional Sen	1:00.72	ROJAS, Zara Alejandra	CNF	Leiria	16/12/2025
Recorde Regional Jun18	1:00.24	ROJAS, Zara Alejandra	INDMAD	Funchal	29/07/2025
Recorde Regional Jun17	1:01.59	ROJAS, Zara Alejandra	CDN	Funchal	30/06/2024
Recorde Regional Juv A	1:04.75	ROSA, Beatriz Jong	CDN	Porto	12/12/2015
Recorde Regional Juv B	1:05.15	ROSA, Beatriz Jong	CDN	Funchal	11/07/2015
Recorde Regional Inf A	1:07.65	ROSA, Beatriz Jong	CDN	Tomar	15/12/2013
Recorde Regional Inf B	1:09.65	ROSA, Beatriz Jong	CDN	Funchal	24/07/2013

TAC Nacional Inf B: 1:18.23; Inf A: 1:16.29; Jun17: 1:08.53; Jun18: 1:07.24 / TAC Nacional Julho Juv B: 1:12.41; Juv A: 1:09.82 /

TAC Nacional Sen. Sen: 1:05.94

Pista Nome Ano Clube Tempo de Inscrição

Série 1 de 5, 16:15

3 GREGORIO, Alice Meneses	12	Escola O Liceu	1:55.11
4 TEIXEIRA, Maria Castro	13	Naval do Funchal	1:44.64
5 GOUVEIA, Sofia Isabel	12	Juventude Atlantico	1:50.52
6 MACIEL, Constanca Maria	13	Escola O Liceu	1:50.89

Série 2 de 5, 16:17

2 SILVA, Lara Martins	13	Desportivo Sao Roque	1:42.00
3 LUIS, Clara Abreu	13	Escola O Liceu	1:30.63
4 ANDRADE, Nuria Gouveia	13	Desportivo Nacional	1:27.50
5 FREITAS, Maria Silva	12	Naval do Funchal	1:27.87
6 BARRETO, Maria Clara	10	Juventude Atlantico	1:32.82
7 TEMTEM, Maria Clara	13	Desportivo Nacional	1:42.90

Série 3 de 5, 16:20

1 ANICETO, Leonor Telo	13	Naval do Funchal	1:25.94
2 BAPTISTA, Valentina Hermida	11	Juventude Atlantico	1:22.15
3 OJKIC, Vera Jose	12	Naval do Funchal	1:20.57
4 VELOSA, Ana Matilde	11	Juventude Atlantico	1:17.63
5 QUINTAL, Margarida Silva	12	Juventude Atlantico	1:18.81
6 CARVALHO, Laura Jardim	09	Juventude Atlantico	1:22.11
7 JARDIM, Maria Velosa	12	Naval do Funchal	1:22.45
8 TSOMKO, Veronika	08	Escola O Liceu	1:26.27

Série 4 de 5, 16:22

1 SILVA, Bruna Jasmins	11	Naval do Funchal	1:16.99
2 GONCALVES, Maria Clara	12	Escola O Liceu	1:16.41
3 FREITAS, Sara Margarida	11	Juventude Atlantico	1:15.09
4 PEREIRA, Ana Matilde	11	Naval do Funchal	1:13.19
5 VIEIRA, Matilde Sofia	11	Desportivo Nacional	1:14.91
6 COSTA, Rafaela Tome	11	Naval do Funchal	1:16.38
7 JARDIM, Eva Santos	10	Juventude Atlantico	1:16.43
8 MACHADO, Sarah Camila	12	Naval do Funchal	1:17.44

Prova 1, Femin., 100m Mariposa

S rie 5 de 5, 16:23

1 FERREIRA, Ana Pereira	10	Juventude Atlantico	1:11.60
2 JESUS, Vera Franca	11	Naval do Funchal	1:11.05
3 FERRO, Maria Franco	12	Naval do Funchal	1:11.00
4 GONCALVES, Vera Andrade	09	Juventude Atlantico	1:07.69
5 MATEUS, Eleine Vieira	09	Desportivo Nacional	1:08.24
6 RODRIGUES, Laura Sofia	07	Juventude Atlantico	1:11.03
7 MARGARIDO, Paula Aguiar	09	Juventude Atlantico	1:11.59
8 ROSA, Clara Sofia	10	Desportivo Nacional	1:12.05

Prova 2

Masc., 200m Estilos

Absolutos

09/05/2026 - 16:25

Startlist

Recorde Regional Open	2:02.59	SILVA, Tomas Antonio	CNF	Leiria	16/12/2025
Recorde Regional Sen	2:02.59	SILVA, Tomas Antonio	CNF	Leiria	16/12/2025
Recorde Regional Jun18	2:05.78	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Jun17	2:07.45	GOUVEIA, Luis Galvao	CDN	Funchal	08/07/2022
Recorde Regional Juv A	2:10.57	GOUVEIA, Luis Galvao	CDN	Funchal	17/07/2021
Recorde Regional Juv B	2:11.24	ALVES, Paulo Rodrigues	CDN	Funchal	17/05/2019
Recorde Regional Inf A	2:13.38	FREITAS, Tomas Miguel	CDN	Funchal	17/07/2004
Recorde Regional Inf B	2:20.56	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Nacional Inf B: 2:42.89; Inf A: 2:35.31; Jun17: 2:15.11; Jun18: 2:11.32 / TAC Nacional Julho Juv B: 2:23.95; Juv A: 2:17.63 / TAC Nacional Sen. Sen: 2:08.80

Pista Nome Ano Clube Tempo de Inscri o

S rie 1 de 5, 16:25

2 DINIS, Tiago Gouveia	96	Desportivo Nacional	4:25.59
3 FERREIRA, Manuel Maria	10	Naval do Funchal	3:21.03
4 SILVA, Francisco Escorcio	10	Desportivo Nacional	3:04.24
5 SOUSA, Pedro Henrique	13	Desportivo Nacional	3:12.11
6 FERREIRA, Guilherme Nelson	12	Desportivo Sao Roque	3:34.85
7 SANTOS, Daniel Adonis	09	Juventude Atlantico	4:52.32

S rie 2 de 5, 16:30

1 MENDONCA, Jorge Lourenco	13	Desportivo Nacional	3:03.66
2 SILVA, Samuel Osio	10	Naval do Funchal	3:00.00
3 MENDONCA, Florival Rodrigo	10	Juventude Atlantico	2:58.10
4 MARTINS, Eduardo Abreu	11	Desportivo Sao Roque	2:50.70
5 CRO, Rodrigo Antonio	11	Desportivo Sao Roque	2:51.04
6 JACINTO, Pedro Freitas	10	Juventude Atlantico	2:59.57
7 ALVES, Mateus Basilio	09	Juventude Atlantico	3:01.13
8 NASCIMENTO, Goncalo Damiao	11	Juventude Atlantico	3:03.92

S rie 3 de 5, 16:34

1 ROMAO, Santiago Maio	12	Juventude Atlantico	2:45.98
2 SALVOLDI, Nico	10	Ginasio de Porto Santo	2:44.05
3 GONCALVES, Tiago Mauricio	10	Desportivo Nacional	2:40.90
4 ANTUNES, Frederico Luis	08	Juventude Atlantico	2:39.43
5 GARANITO, Mateus Silva	10	Naval do Funchal	2:40.03
6 VARELA, Alvaro Antonio	11	Ginasio de Porto Santo	2:43.49
7 PRUDENTE, Cristian	11	Naval do Funchal	2:44.88
8 ANTUNES, Francisco Tomas	13	Juventude Atlantico	2:50.18

Prova 2, Masc., 200m Estilos

S rie 4 de 5, 16:37

1	FERNANDES, Salvador Freitas	09	Juventude Atlantico	2:33.73
2	SOUSA, Joao Pedro	12	Desportivo Nacional	2:29.60
3	NASCIMENTO, Santiago Santos	10	Juventude Atlantico	2:29.01
4	ABREU, Pedro Dinis	11	Naval do Funchal	2:26.10
5	RODRIGUES, David Oliveira	11	Naval do Funchal	2:28.12
6	SILVA, Alexandre Antonio	11	Naval do Funchal	2:29.14
7	BARATA, Bernardo Vieira	12	Juventude Atlantico	2:31.76
8	GOMES, Gustavo Daniel	12	Desportivo Nacional	2:37.96

S rie 5 de 5, 16:40

1	SOUSA, Eduardo Afonseca	09	Desportivo Nacional	2:25.40
2	FREITAS, Jonas Christian	11	Desportivo Nacional	2:24.79
3	LUCIO, Lourenco Perestrelo	11	Naval do Funchal	2:21.54
4	GONCALVES, Tomas Figueiredo	10	Naval do Funchal	2:14.06
5	OLIVEIRA, Afonso Miguel	07	Juventude Atlantico	2:18.07
6	MARTINHO, Joao Miguel	09	Desportivo Nacional	2:21.80
7	MENDES, Salvador Neves	10	Naval do Funchal	2:24.97
8	RAPOSO, Mateus Medeiros	10	Desportivo Nacional	2:25.85

Prova 3

Femin., 100m Costas

Absolutos

09/05/2026 - 16:43

Startlist

Recorde Regional Open	1:04.41	GONCALVES, Vera Andrade	JACL	Tomar	15/12/2024
Recorde Regional Sen	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Jun18	1:06.20	GOMES, Sofia Vega	CNF	Tomar	30/11/2025
Recorde Regional Jun17	1:04.52	GONCALVES, Vera Andrade	JACL	Leiria	15/12/2025
Recorde Regional Juv A	1:04.41	GONCALVES, Vera Andrade	JACL	Tomar	15/12/2024
Recorde Regional Juv B	1:04.72	GONCALVES, Vera Andrade	JACL	Funchal	29/06/2024
Recorde Regional Inf A	1:07.34	GONCALVES, Vera Andrade	JACL	Funchal	09/06/2023
Recorde Regional Inf B	1:09.92	FERRO, Maria Franco	CNF	Pinhal Novo	23/03/2025

TAC Nacional Inf B: 1:18.61; Inf A: 1:16.66; Jun17: 1:08.87; Jun18: 1:07.57 / TAC Nacional Julho Juv B: 1:12.77; Juv A: 1:10.17 / TAC Nacional Sen. Sen: 1:06.27

Pista Nome Ano Clube Tempo de Inscri o

S rie 1 de 4, 16:43

1	TEIXEIRA, Maria Castro	13	Naval do Funchal	1:43.24
2	FREITAS, Maria Silva	12	Naval do Funchal	1:36.49
3	GOUVEIA, Sofia Isabel	12	Juventude Atlantico	1:35.90
4	BARRETO, Maria Clara	10	Juventude Atlantico	1:26.37
5	TEMTEM, Maria Clara	13	Desportivo Nacional	1:27.84
6	LUIS, Clara Abreu	13	Escola O Liceu	1:36.25
7	SILVA, Lara Martins	13	Desportivo Sao Roque	1:37.30
8	GREGORIO, Alice Meneses	12	Escola O Liceu	1:49.26

S rie 2 de 4, 16:47

1	MACIEL, Constanca Maria	13	Escola O Liceu	1:24.91
2	OJKIC, Vera Jose	12	Naval do Funchal	1:23.07
3	SILVA, Bruna Jasmins	11	Naval do Funchal	1:21.57
4	JARDIM, Eva Santos	10	Juventude Atlantico	1:21.45
5	ANICETO, Leonor Telo	13	Naval do Funchal	1:21.55
6	BAPTISTA, Valentina Hermida	11	Juventude Atlantico	1:22.11
7	MACHADO, Sarah Camila	12	Naval do Funchal	1:23.70
8	PEREIRA, Ana Matilde	11	Naval do Funchal	1:26.09

Prova 3, Femin., 100m Costas

Série 3 de 4, 16:50

1	ANDRADE, Nuria Gouveia	13	Desportivo Nacional	1:20.45
2	GONCALVES, Maria Clara	12	Escola O Liceu	1:19.01
3	FREITAS, Sara Margarida	11	Juventude Atlantico	1:18.15
4	ROSA, Clara Sofia	10	Desportivo Nacional	1:16.83
5	JARDIM, Maria Velosa	12	Naval do Funchal	1:16.93
6	FERREIRA, Ana Pereira	10	Juventude Atlantico	1:18.60
7	VIEIRA, Matilde Sofia	11	Desportivo Nacional	1:19.82
8	CARVALHO, Laura Jardim	09	Juventude Atlantico	1:20.48

Série 4 de 4, 16:52

1	QUINTAL, Margarida Silva	12	Juventude Atlantico	1:15.26
2	VELOSA, Ana Matilde	11	Juventude Atlantico	1:10.22
3	JESUS, Vera Franca	11	Naval do Funchal	1:09.30
4	GONCALVES, Vera Andrade	09	Juventude Atlantico	1:04.41
5	FERRO, Maria Franco	12	Naval do Funchal	1:07.88
6	RODRIGUES, Laura Sofia	07	Juventude Atlantico	1:09.47
7	MARGARIDO, Paula Aguiar	09	Juventude Atlantico	1:11.44
8	COSTA, Rafaela Tome	11	Naval do Funchal	1:15.50

Prova 4

Masc., 100m Livres

Absolutos

09/05/2026 - 16:54

Startlist

Recorde Regional Open	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	51.04	PITA, Pedro Miguel	CNF	Funchal	24/07/2024
Recorde Regional Jun17	51.79	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2017
Recorde Regional Juv A	52.66	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	52.96	CASTRO, Joao Cruz	CDSR	Funchal	12/07/2015
Recorde Regional Inf A	54.93	CASTRO, Joao Cruz	CSM	Funchal	12/04/2014
Recorde Regional Inf B	58.44	CASTRO, Joao Cruz	CSM	Funchal	23/07/2013

TAC Nacional Inf B: 1:05.73; Inf A: 1:02.67; Jun17: 54.52; Jun18: 52.99 / TAC Nacional Julho Juv B: 58.08; Juv A: 55.54 / TAC Nacional Sen. Sen: 51.97

Pista Nome Ano Clube Tempo de Inscrição

Série 1 de 6, 16:54

2	DINIS, Tiago Gouveia	96	Desportivo Nacional	1:37.24
3	ENCARNACAO, Andre Filipe	08	Escola O Liceu	1:15.16
4	ALVES, Mateus Basilio	09	Juventude Atlantico	1:10.83
5	FERREIRA, Guilherme Nelson	12	Desportivo Sao Roque	1:12.97
6	SOUSA, Pedro Henrique	13	Desportivo Nacional	1:17.07

Série 2 de 6, 16:56

1	MENDONCA, Jorge Lourenco	13	Desportivo Nacional	1:10.39
2	FERREIRA, Manuel Maria	10	Naval do Funchal	1:08.66
3	PRUDENTE, Cristian	11	Naval do Funchal	1:07.09
4	MARTINS, Antonio Freitas	09	Desportivo Nacional	1:05.96
5	NASCIMENTO, Goncalo Damiao	11	Juventude Atlantico	1:06.73
6	GOMES, Gustavo Daniel	12	Desportivo Nacional	1:07.47
7	MARTINS, Eduardo Abreu	11	Desportivo Sao Roque	1:09.65
8	SILVA, Francisco Escorcio	10	Desportivo Nacional	1:10.70

Prova 4, Masc., 100m Livres

S rie 3 de 6, 16:58

1	ROMAO, Santiago Maio	12	Juventude Atlantico	1:05.59
2	VARELA, Alvaro Antonio	11	Ginasio de Porto Santo	1:05.21
3	GONCALVES, Tiago Mauricio	10	Desportivo Nacional	1:04.16
4	JARDIM, Joao Tomas	09	Desportivo Nacional	1:02.52
5	CRO, Rodrigo Antonio	11	Desportivo Sao Roque	1:03.24
6	JACINTO, Pedro Freitas	10	Juventude Atlantico	1:04.53
7	SALVOLDI, Nico	10	Ginasio de Porto Santo	1:05.50
8	ANTUNES, Francisco Tomas	13	Juventude Atlantico	1:05.96

S rie 4 de 6, 17:00

1	MENDONCA, Florival Rodrigo	10	Juventude Atlantico	1:02.29
2	SOUSA, Joao Pedro	12	Desportivo Nacional	1:01.92
3	SILVA, Samuel Osio	10	Naval do Funchal	1:01.13
4	MENDES, Salvador Neves	10	Naval do Funchal	1:00.64
5	BARATA, Bernardo Vieira	12	Juventude Atlantico	1:00.66
6	LUCIO, Lourenco Perestrelo	11	Naval do Funchal	1:01.88
7	FERNANDES, Salvador Freitas	09	Juventude Atlantico	1:02.17
8	SANTOS, Daniel Adonis	09	Juventude Atlantico	1:02.49

S rie 5 de 6, 17:01

1	FREITAS, Jonas Christian	11	Desportivo Nacional	1:00.48
2	ANTUNES, Frederico Luis	08	Juventude Atlantico	1:00.00
3	NASCIMENTO, Santiago Santos	10	Juventude Atlantico	58.79
4	RODRIGUES, David Oliveira	11	Naval do Funchal	58.17
5	RAPOSO, Mateus Medeiros	10	Desportivo Nacional	58.37
6	ABREU, Pedro Dinis	11	Naval do Funchal	59.36
7	SILVA, Alexandre Antonio	11	Naval do Funchal	1:00.01
8	SOUSA, Eduardo Afonseca	09	Desportivo Nacional	1:00.61

S rie 6 de 6, 17:03

1	MARTINHO, Joao Miguel	09	Desportivo Nacional	57.86
2	CRESPO, Joao Jesus	09	Desportivo Nacional	56.72
3	GONCALVES, Tomas Figueiredo	10	Naval do Funchal	56.04
4	OLIVEIRA, Afonso Miguel	07	Juventude Atlantico	53.89
5	SILVA, Joao Bernardo	09	Desportivo Nacional	55.55
6	GARANITO, Mateus Silva	10	Naval do Funchal	56.15
7	PESTANA, Pedro Correia	09	Desportivo Nacional	57.76
8	GOMES, Guilherme Silva	08	Desportivo Nacional	58.16

Prova 5 Femin., 100m Bruços Absolutos
09/05/2026 - 17:04 Startlist

Recorde Regional Open	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Sen	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Jun18	1:13.02	RODRIGUES, Laura Sofia	JACL	Tomar	13/12/2024
Recorde Regional Jun17	1:13.89	RODRIGUES, Laura Sofia	JACL	Funchal	29/06/2024
Recorde Regional Juv A	1:14.28	ABREU, Laura Catarina	CDN	Porto	12/12/2015
Recorde Regional Juv B	1:13.75	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Inf A	1:13.68	ABREU, Laura Catarina	CDN	Tomar	15/12/2013
Recorde Regional Inf B	1:17.24	ABREU, Laura Catarina	CDN	Funchal	24/07/2013

TAC Nacional Inf B: 1:29.43; Inf A: 1:27.21; Jun17: 1:18.34; Jun18: 1:16.87 / TAC Nacional Julho Juv B: 1:22.78; Juv A: 1:19.82 / TAC Nacional Sen. Sen: 1:15.39

Pista Nome Ano Clube Tempo de Inscriç o

S rie 1 de 5, 17:04

3	TEIXEIRA, Maria Castro	13	Naval do Funchal	2:14.27
4	SILVA, Lara Martins	13	Desportivo Sao Roque	1:59.49
5	GREGORIO, Alice Meneses	12	Escola O Liceu	2:01.20

S rie 2 de 5, 17:07

2	LUIS, Clara Abreu	13	Escola O Liceu	1:45.72
3	JESUS, Vera Franca	11	Naval do Funchal	1:43.44
4	CARVALHO, Laura Jardim	09	Juventude Atlantico	1:40.17
5	SILVA, Bruna Jasmins	11	Naval do Funchal	1:42.18
6	BARRETO, Maria Clara	10	Juventude Atlantico	1:45.00
7	GOUVEIA, Sofia Isabel	12	Juventude Atlantico	1:47.65

S rie 3 de 5, 17:09

1	JARDIM, Maria Velosa	12	Naval do Funchal	1:36.05
2	MACHADO, Sarah Camila	12	Naval do Funchal	1:34.36
3	VELOSA, Ana Matilde	11	Juventude Atlantico	1:32.11
4	VIEIRA, Matilde Sofia	11	Desportivo Nacional	1:31.83
5	JARDIM, Eva Santos	10	Juventude Atlantico	1:32.09
6	ANDRADE, Nuria Gouveia	13	Desportivo Nacional	1:33.83
7	MACIEL, Constanca Maria	13	Escola O Liceu	1:34.73
8	BAPTISTA, Valentina Hermida	11	Juventude Atlantico	1:38.49

S rie 4 de 5, 17:11

1	TEMTEM, Maria Clara	13	Desportivo Nacional	1:31.50
2	FREITAS, Maria Silva	12	Naval do Funchal	1:30.36
3	MATEUS, Eleine Vieira	09	Desportivo Nacional	1:24.80
4	MARGARIDO, Paula Aguiar	09	Juventude Atlantico	1:23.82
5	OJKIC, Vera Jose	12	Naval do Funchal	1:24.73
6	FREITAS, Sara Margarida	11	Juventude Atlantico	1:29.44
7	ANICETO, Leonor Telo	13	Naval do Funchal	1:30.95
8	FERREIRA, Ana Pereira	10	Juventude Atlantico	1:31.69

S rie 5 de 5, 17:13

1	QUINTAL, Margarida Silva	12	Juventude Atlantico	1:23.28
2	PEREIRA, Ana Matilde	11	Naval do Funchal	1:21.19
3	COSTA, Rafaela Tome	11	Naval do Funchal	1:17.67
4	RODRIGUES, Laura Sofia	07	Juventude Atlantico	1:13.02
5	FERRO, Maria Franco	12	Naval do Funchal	1:17.04
6	GONCALVES, Maria Clara	12	Escola O Liceu	1:20.94
7	ROSA, Clara Sofia	10	Desportivo Nacional	1:23.16
8	GONCALVES, Vera Andrade	09	Juventude Atlantico	1:23.54

2 - Domingo de Manhã

10/05/2026 - 9:15

Prova 6 Masc., 100m Mariposa Absolutos
10/05/2026 - 9:15 Startlist

Recorde Regional Open	53.62	RODRIGUES, Joao Luis	CNF	Funchal	29/07/2025
Recorde Regional Sen	53.62	RODRIGUES, Joao Luis	CNF	Funchal	29/07/2025
Recorde Regional Jun18	54.58	MACHADO, Bernardo Magalhaes	CDN	Funchal	23/07/2024
Recorde Regional Jun17	56.11	SEQUEIRA, Afonso Meneses	CNF	Porto	12/12/2015
Recorde Regional Juv A	57.94	GOUVEIA, Luis Galvao	CDN	Funchal	17/07/2021
Recorde Regional Juv B	58.96	VARGAS, Henrique Luis	CNF	Funchal	24/07/2013
Recorde Regional Inf A	1:01.59	CAIRES, Nuno Costa	CNF	Funchal	12/07/2008
Recorde Regional Inf B	1:04.84	CASTRO, Joao Cruz	CSM	Funchal	24/07/2013

TAC Nacional Inf B: 1:12.01; Inf A: 1:08.66; Jun17: 59.73; Jun18: 58.05 / TAC Nacional Julho Juv B: 1:03.63; Juv A: 1:00.84 /
TAC Nacional Sen. Sen: 56.94

Pista Nome Ano Clube Tempo de Inscriç o

S rie 1 de 6, 9:15

3	DINIS, Tiago Gouveia	96	Desportivo Nacional	2:14.02
4	ALVES, Mateus Basilio	09	Juventude Atlantico	1:36.53
5	FERREIRA, Guilherme Nelson	12	Desportivo Sao Roque	1:40.86

S rie 2 de 6, 9:18

2	CRO, Rodrigo Antonio	11	Desportivo Sao Roque	1:33.51
3	PRUDENTE, Cristian	11	Naval do Funchal	1:32.11
4	SILVA, Francisco Escorcio	10	Desportivo Nacional	1:29.06
5	FERREIRA, Manuel Maria	10	Naval do Funchal	1:30.49
6	NASCIMENTO, Goncalo Damiao	11	Juventude Atlantico	1:33.28
7	SOUSA, Pedro Henrique	13	Desportivo Nacional	1:35.03

S rie 3 de 6, 9:20

1	MENDONCA, Jorge Lourenco	13	Desportivo Nacional	1:27.70
2	BARATA, Joao Tomas	08	Juventude Atlantico	1:26.88
3	JARDIM, Joao Tomas	09	Desportivo Nacional	1:24.26
4	ANTUNES, Francisco Tomas	13	Juventude Atlantico	1:22.61
5	MARTINS, Eduardo Abreu	11	Desportivo Sao Roque	1:23.02
6	SALVOLDI, Nico	10	Ginasio de Porto Santo	1:26.20
7	ROMAO, Santiago Maio	12	Juventude Atlantico	1:27.09
8	VARELA, Alvaro Antonio	11	Ginasio de Porto Santo	1:27.81

S rie 4 de 6, 9:22

1	MARTINS, Antonio Freitas	09	Desportivo Nacional	1:19.98
2	SANTOS, Daniel Adonis	09	Juventude Atlantico	1:14.41
3	BARATA, Bernardo Vieira	12	Juventude Atlantico	1:13.58
4	GONCALVES, Tiago Mauricio	10	Desportivo Nacional	1:11.58
5	ANTUNES, Frederico Luis	08	Juventude Atlantico	1:12.56
6	GARANITO, Mateus Silva	10	Naval do Funchal	1:13.94
7	GOMES, Gustavo Daniel	12	Desportivo Nacional	1:16.25
8	JACINTO, Pedro Freitas	10	Juventude Atlantico	1:21.36

Prova 6, Masc., 100m Mariposa

S rie 5 de 6, 9:24

1	SILVA, Alexandre Antonio	11	Naval do Funchal	1:09.63
2	MENDONCA, Florival Rodrigo	10	Juventude Atlantico	1:07.35
3	SOUSA, Joao Pedro	12	Desportivo Nacional	1:06.75
4	ABREU, Pedro Dinis	11	Naval do Funchal	1:05.95
5	RODRIGUES, David Oliveira	11	Naval do Funchal	1:06.62
6	LUCIO, Lourenco Perestrelo	11	Naval do Funchal	1:07.00
7	SILVA, Samuel Osio	10	Naval do Funchal	1:09.47
8	FERNANDES, Salvador Freitas	09	Juventude Atlantico	1:09.85

S rie 6 de 6, 9:25

1	GONCALVES, Tomas Figueiredo	10	Naval do Funchal	1:04.67
2	SOUSA, Eduardo Afonseca	09	Desportivo Nacional	1:04.39
3	SILVA, Joao Bernardo	09	Desportivo Nacional	1:02.72
4	OLIVEIRA, Afonso Miguel	07	Juventude Atlantico	57.74
5	MENDES, Salvador Neves	10	Naval do Funchal	1:00.07
6	RAPOSO, Mateus Medeiros	10	Desportivo Nacional	1:03.66
7	FREITAS, Jonas Christian	11	Desportivo Nacional	1:04.53
8	NASCIMENTO, Santiago Santos	10	Juventude Atlantico	1:05.62

Prova 7

Femin., 200m Estilos

Absolutos

10/05/2026 - 9:27

Startlist

Recorde Regional Open	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Sen	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Jun18	2:28.88	RODRIGUES, Laura Sofia	JACL	Funchal	02/11/2024
Recorde Regional Jun17	2:25.85	ROSA, Beatriz Jong	CDWT	Funchal	06/05/2017
Recorde Regional Juv A	2:26.86	ROSA, Beatriz Jong	CDN	Funchal	13/05/2016
Recorde Regional Juv B	2:28.06	ROSA, Beatriz Jong	CDN	Funchal	09/05/2015
Recorde Regional Inf A	2:27.54	FERRO, Maria Franco	CNF	Ponte de Sor	21/02/2026
Recorde Regional Inf B	2:31.18	FERRO, Maria Franco	CNF	Pinhal Novo	23/03/2025

TAC Nacional Inf B: 2:52.32; Inf A: 2:48.04; Jun17: 2:30.95; Jun18: 2:28.11 / TAC Nacional Julho Juv B: 2:39.50; Juv A: 2:33.80 / TAC Nacional Sen. Sen: 2:25.26

Pista Nome Ano Clube Tempo de Inscri o

S rie 1 de 5, 9:27

3	GREGORIO, Alice Meneses	12	Escola O Liceu	3:51.77
4	GOUVEIA, Sofia Isabel	12	Juventude Atlantico	3:26.69
5	SILVA, Lara Martins	13	Desportivo Sao Roque	3:27.55

S rie 2 de 5, 9:31

1	LUIS, Clara Abreu	13	Escola O Liceu	3:22.25
2	TEMTEM, Maria Clara	13	Desportivo Nacional	3:18.16
3	BARRETO, Maria Clara	10	Juventude Atlantico	3:09.78
4	ANDRADE, Nuria Gouveia	13	Desportivo Nacional	3:02.94
5	CARVALHO, Laura Jardim	09	Juventude Atlantico	3:03.44
6	MACIEL, Constanca Maria	13	Escola O Liceu	3:13.72
7	TEIXEIRA, Maria Castro	13	Naval do Funchal	3:20.03

Prova 7, Femin., 200m Estilos

S rie 3 de 5, 9:35

1	SILVA, Bruna Jasmins	11	Naval do Funchal	2:55.35
2	COSTA, Rafaela Tome	11	Naval do Funchal	2:51.41
3	JARDIM, Maria Velosa	12	Naval do Funchal	2:50.56
4	ANICETO, Leonor Telo	13	Naval do Funchal	2:48.91
5	FERREIRA, Ana Pereira	10	Juventude Atlantico	2:49.69
6	JARDIM, Eva Santos	10	Juventude Atlantico	2:50.64
7	FREITAS, Maria Silva	12	Naval do Funchal	2:54.30
8	BAPTISTA, Valentina Hermida	11	Juventude Atlantico	3:00.20

S rie 4 de 5, 9:39

1	VIEIRA, Matilde Sofia	11	Desportivo Nacional	2:46.49
2	GONCALVES, Maria Clara	12	Escola O Liceu	2:44.94
3	VELOSA, Ana Matilde	11	Juventude Atlantico	2:43.98
4	QUINTAL, Margarida Silva	12	Juventude Atlantico	2:43.07
5	FERREIRA, Natacha Camacho	09	Juventude Atlantico	2:43.09
6	FREITAS, Sara Margarida	11	Juventude Atlantico	2:44.18
7	OJKIC, Vera Jose	12	Naval do Funchal	2:45.23
8	MACHADO, Sarah Camila	12	Naval do Funchal	2:46.64

S rie 5 de 5, 9:42

1	ROSA, Clara Sofia	10	Desportivo Nacional	2:39.89
2	MARGARIDO, Paula Aguiar	09	Juventude Atlantico	2:34.48
3	GONCALVES, Vera Andrade	09	Juventude Atlantico	2:29.23
4	RODRIGUES, Laura Sofia	07	Juventude Atlantico	2:26.95
5	FERRO, Maria Franco	12	Naval do Funchal	2:27.54
6	MATEUS, Eleine Vieira	09	Desportivo Nacional	2:33.92
7	PEREIRA, Ana Matilde	11	Naval do Funchal	2:34.59
8	JESUS, Vera Franca	11	Naval do Funchal	2:41.78

Prova 8

Masc., 100m Costas

Absolutos

10/05/2026 - 9:45

Startlist

Recorde Regional Open	54.18	PITA, Pedro Miguel	CNF	Funchal	30/07/2025
Recorde Regional Sen	54.18	PITA, Pedro Miguel	CNF	Funchal	30/07/2025
Recorde Regional Jun18	54.97	PITA, Pedro Miguel	CNF	Funchal	25/07/2024
Recorde Regional Jun17	56.69	NEVES, Tiago Brazao	CNF	Funchal	29/06/2024
Recorde Regional Juv A	59.07	FERNANDES, Rui Afonso	CDN	Tomar	14/12/2018
Recorde Regional Juv B	1:00.51	FERNANDES, Rui Afonso	CDN	Funchal	26/03/2018
Recorde Regional Inf A	1:03.46	FERNANDES, Rui Afonso	CDN	Funchal	27/07/2017
Recorde Regional Inf B	1:06.87	CAMACHO, Afonso Caires	CNF	Sines	07/04/2017

TAC Nacional Inf B: 1:13.53; Inf A: 1:10.11; Jun17: 1:00.99; Jun18: 59.28 / TAC Nacional Julho Juv B: 1:04.98; Juv A: 1:02.13 /

TAC Nacional Sen. Sen: 58.14

Pista Nome

Ano Clube

Tempo de Inscri o

S rie 1 de 6, 9:45

3	DINIS, Tiago Gouveia	96	Desportivo Nacional	1:59.63
4	SILVA, Samuel Osio	10	Naval do Funchal	1:33.53
5	FERREIRA, Guilherme Nelson	12	Desportivo Sao Roque	1:35.82
6	FERREIRA, Manuel Maria	10	Naval do Funchal	1:56.34

Prova 8, Masc., 100m Costas

S rie 2 de 6, 9:49

2	NASCIMENTO, Goncalo Damiao	11	Juventude Atlantico	1:29.62
3	GARANITO, Mateus Silva	10	Naval do Funchal	1:29.41
4	PRUDENTE, Cristian	11	Naval do Funchal	1:23.95
5	GONCALVES, Tiago Mauricio	10	Desportivo Nacional	1:24.74
6	SOUSA, Pedro Henrique	13	Desportivo Nacional	1:29.59
7	SILVA, Francisco Escorcio	10	Desportivo Nacional	1:30.90

S rie 3 de 6, 9:52

1	LUCIO, Lourenco Perestrelo	11	Naval do Funchal	1:21.61
2	MENDONCA, Jorge Lourenco	13	Desportivo Nacional	1:21.18
3	JARDIM, Joao Tomas	09	Desportivo Nacional	1:17.88
4	SANTOS, Daniel Adonis	09	Juventude Atlantico	1:17.68
5	MARTINS, Eduardo Abreu	11	Desportivo Sao Roque	1:17.86
6	GOMES, Gustavo Daniel	12	Desportivo Nacional	1:19.95
7	MARTINS, Antonio Freitas	09	Desportivo Nacional	1:21.46
8	ALVES, Mateus Basilio	09	Juventude Atlantico	1:22.57

S rie 4 de 6, 9:54

1	SILVA, Alexandre Antonio	11	Naval do Funchal	1:17.21
2	ANTUNES, Francisco Tomas	13	Juventude Atlantico	1:16.46
3	MENDONCA, Florival Rodrigo	10	Juventude Atlantico	1:15.50
4	ROMAO, Santiago Maio	12	Juventude Atlantico	1:14.06
5	MENDES, Salvador Neves	10	Naval do Funchal	1:15.05
6	BARATA, Bernardo Vieira	12	Juventude Atlantico	1:15.82
7	CRO, Rodrigo Antonio	11	Desportivo Sao Roque	1:16.48
8	BARATA, Joao Tomas	08	Juventude Atlantico	1:17.45

S rie 5 de 6, 9:57

1	FREITAS, Jonas Christian	11	Desportivo Nacional	1:13.00
2	JACINTO, Pedro Freitas	10	Juventude Atlantico	1:12.47
3	GOMES, Guilherme Silva	08	Desportivo Nacional	1:11.18
4	FERNANDES, Salvador Freitas	09	Juventude Atlantico	1:09.87
5	ANTUNES, Frederico Luis	08	Juventude Atlantico	1:10.08
6	SALVOLDI, Nico	10	Ginasio de Porto Santo	1:11.50
7	VARELA, Alvaro Antonio	11	Ginasio de Porto Santo	1:12.78
8	SOUSA, Joao Pedro	12	Desportivo Nacional	1:13.29

S rie 6 de 6, 10:00

1	ABREU, Pedro Dinis	11	Naval do Funchal	1:07.96
2	PESTANA, Pedro Correia	09	Desportivo Nacional	1:06.18
3	GONCALVES, Tomas Figueiredo	10	Naval do Funchal	1:04.03
4	OLIVEIRA, Afonso Miguel	07	Juventude Atlantico	59.64
5	RODRIGUES, David Oliveira	11	Naval do Funchal	1:01.23
6	SILVA, Joao Bernardo	09	Desportivo Nacional	1:04.04
7	NASCIMENTO, Santiago Santos	10	Juventude Atlantico	1:07.43
8	RAPOSO, Mateus Medeiros	10	Desportivo Nacional	1:08.98

Prova 9 Femin., 100m Livres Absolutos
10/05/2026 - 10:02 Startlist

Recorde Regional Open	56.77	ROJAS, Zara Alejandra	CNF	Tomar	30/11/2025
Recorde Regional Sen	56.77	ROJAS, Zara Alejandra	CNF	Tomar	30/11/2025
Recorde Regional Jun18	58.15	ROJAS, Zara Alejandra	INDANMAD	Tomar	13/12/2024
Recorde Regional Jun17	57.30	ROJAS, Zara Alejandra	CDN	Funchal	02/03/2024
Recorde Regional Juv A	57.99	GONCALVES, Vera Andrade	JACL	Tomar	13/12/2024
Recorde Regional Juv B	58.90	GONCALVES, Vera Andrade	JACL	Funchal	03/03/2024
Recorde Regional Inf A	59.81	GONCALVES, Vera Andrade	JACL	Funchal	09/07/2023
Recorde Regional Inf B	1:02.04	CAIRES, Joana Costa	CNF	Sines	12/03/2011

TAC Nacional Inf B: 1:10.12; Inf A: 1:08.38; Jun17: 1:01.43; Jun18: 1:00.27 / TAC Nacional Julho Juv B: 1:04.90; Juv A: 1:02.59 /
TAC Nacional Sen. Sen: 59.11

Pista	Nome	Ano	Clube	Tempo de Inscriç�o
S�rie 1 de 5, 10:02				
2	TEMTEM, Maria Clara	13	Desportivo Nacional	1:18.45
3	SILVA, Lara Martins	13	Desportivo Sao Roque	1:18.37
4	BARRETO, Maria Clara	10	Juventude Atlantico	1:16.12
5	MACIEL, Constanca Maria	13	Escola O Liceu	1:17.28
6	LUIS, Clara Abreu	13	Escola O Liceu	1:18.43
7	GREGORIO, Alice Meneses	12	Escola O Liceu	1:26.05

S�rie 2 de 5, 10:04				
2	TEIXEIRA, Maria Castro	13	Naval do Funchal	1:15.05
3	JARDIM, Maria Velosa	12	Naval do Funchal	1:13.87
4	SILVA, Bruna Jasmins	11	Naval do Funchal	1:11.77
5	T SOMKO, Veronika	08	Escola O Liceu	1:12.31
6	CARVALHO, Laura Jardim	09	Juventude Atlantico	1:14.68
7	GOUVEIA, Sofia Isabel	12	Juventude Atlantico	1:15.90

S�rie 3 de 5, 10:05				
1	ANDRADE, Nuria Gouveia	13	Desportivo Nacional	1:10.09
2	QUINTAL, Margarida Silva	12	Juventude Atlantico	1:09.63
3	JARDIM, Eva Santos	10	Juventude Atlantico	1:08.49
4	MACHADO, Sarah Camila	12	Naval do Funchal	1:06.89
5	ROSA, Clara Sofia	10	Desportivo Nacional	1:07.14
6	BAPTISTA, Valentina Hermida	11	Juventude Atlantico	1:09.04
7	VIEIRA, Matilde Sofia	11	Desportivo Nacional	1:10.04
8	FREITAS, Maria Silva	12	Naval do Funchal	1:10.93

S�rie 4 de 5, 10:07				
1	GONCALVES, Maria Clara	12	Escola O Liceu	1:06.11
2	ANICETO, Leonor Telo	13	Naval do Funchal	1:05.91
3	FREITAS, Sara Margarida	11	Juventude Atlantico	1:05.19
4	VELOSA, Ana Matilde	11	Juventude Atlantico	1:05.06
5	FERREIRA, Natacha Camacho	09	Juventude Atlantico	1:05.17
6	OJKIC, Vera Jose	12	Naval do Funchal	1:05.80
7	PEREIRA, Ana Matilde	11	Naval do Funchal	1:05.97
8	TEMTEM, Madalena Barbosa	09	Desportivo Nacional	1:06.73

Prova 9, Femin., 100m Livres

S rie 5 de 5, 10:09

1 FERREIRA, Ana Pereira	10	Juventude Atlantico	1:04.05
2 RODRIGUES, Laura Sofia	07	Juventude Atlantico	1:03.64
3 FERRO, Maria Franco	12	Naval do Funchal	1:02.03
4 GONCALVES, Vera Andrade	09	Juventude Atlantico	57.68
5 JESUS, Vera Franca	11	Naval do Funchal	1:00.78
6 COSTA, Rafaela Tome	11	Naval do Funchal	1:02.25
7 MATEUS, Eleine Vieira	09	Desportivo Nacional	1:03.77
8 MARGARIDO, Paula Aguiar	09	Juventude Atlantico	1:04.25

Prova 10

Masc., 100m Bruços

Absolutos

10/05/2026 - 10:10

Startlist

Recorde Regional Open	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Sen	1:04.06	SILVA, Tomas Antonio	CNF	Funchal	13/12/2025
Recorde Regional Jun18	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Jun17	1:04.77	FERNANDES, Martim Pestana	CNF	Funchal	09/05/2021
Recorde Regional Juv A	1:05.62	GONCALVES, Tomas Figueiredo	CNF	Quarteira	07/12/2025
Recorde Regional Juv B	1:06.23	ALVES, Paulo Rodrigues	CDN	Funchal	18/05/2019
Recorde Regional Inf A	1:09.94	ALVES, Paulo Rodrigues	CDN	Funchal	31/07/2018
Recorde Regional Inf B	1:11.63	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Nacional Inf B: 1:23.26; Inf A: 1:19.38; Jun17: 1:09.06; Jun18: 1:07.02 / TAC Nacional Julho Juv B: 1:13.58; Juv A: 1:10.35 / TAC Nacional Sen. Sen: 1:05.83

Pista Nome Ano Clube Tempo de Inscriç o

S rie 1 de 6, 10:10

3 FERREIRA, Manuel Maria	10	Naval do Funchal	2:05.10
4 FERREIRA, Guilherme Nelson	12	Desportivo Sao Roque	1:55.00
5 SILVA, Alexandre Antonio	11	Naval do Funchal	1:57.77
6 DINIS, Tiago Gouveia	96	Desportivo Nacional	2:01.25

S rie 2 de 6, 10:13

2 MARTINS, Eduardo Abreu	11	Desportivo Sao Roque	1:45.00
3 ANTUNES, Frederico Luis	08	Juventude Atlantico	1:43.56
4 MENDONCA, Jorge Lourenco	13	Desportivo Nacional	1:42.34
5 RODRIGUES, David Oliveira	11	Naval do Funchal	1:43.18
6 SILVA, Samuel Osio	10	Naval do Funchal	1:45.00
7 ANTUNES, Francisco Tomas	13	Juventude Atlantico	1:49.78

S rie 3 de 6, 10:15

1 SOUSA, Pedro Henrique	13	Desportivo Nacional	1:38.82
2 VARELA, Alvaro Antonio	11	Ginasio de Porto Santo	1:37.83
3 NASCIMENTO, Goncalo Damiao	11	Juventude Atlantico	1:34.07
4 ALVES, Mateus Basilio	09	Juventude Atlantico	1:31.62
5 NASCIMENTO, Santiago Santos	10	Juventude Atlantico	1:32.05
6 JACINTO, Pedro Freitas	10	Juventude Atlantico	1:36.45
7 SALVOLDI, Nico	10	Ginasio de Porto Santo	1:38.02
8 SILVA, Francisco Escorcio	10	Desportivo Nacional	1:41.31

Prova 10, Masc., 100m Bruços

S rie 4 de 6, 10:17

1 MENDONCA, Florival Rodrigo	10	Juventude Atlantico	1:30.00
2 BARATA, Bernardo Vieira	12	Juventude Atlantico	1:25.90
3 ABREU, Pedro Dinis	11	Naval do Funchal	1:23.74
4 CRO, Rodrigo Antonio	11	Desportivo Sao Roque	1:22.62
5 GONCALVES, Tiago Mauricio	10	Desportivo Nacional	1:23.38
6 MENDES, Salvador Neves	10	Naval do Funchal	1:24.97
7 BARATA, Joao Tomas	08	Juventude Atlantico	1:26.19
8 ROMAO, Santiago Maio	12	Juventude Atlantico	1:30.87

S rie 5 de 6, 10:19

1 PRUDENTE, Cristian	11	Naval do Funchal	1:19.65
2 LUCIO, Lourenco Perestrelo	11	Naval do Funchal	1:19.58
3 GOMES, Gustavo Daniel	12	Desportivo Nacional	1:19.10
4 GARANITO, Mateus Silva	10	Naval do Funchal	1:17.81
5 FERNANDES, Salvador Freitas	09	Juventude Atlantico	1:18.73
6 PESTANA, Pedro Correia	09	Desportivo Nacional	1:19.38
7 SANTOS, Daniel Adonis	09	Juventude Atlantico	1:19.62
8 SOUSA, Joao Pedro	12	Desportivo Nacional	1:21.20

S rie 6 de 6, 10:21

1 RAPOSO, Mateus Medeiros	10	Desportivo Nacional	1:16.92
2 SOUSA, Eduardo Afonseca	09	Desportivo Nacional	1:15.44
3 CRESPO, Joao Jesus	09	Desportivo Nacional	1:09.69
4 GONCALVES, Tomas Figueiredo	10	Naval do Funchal	1:05.62
5 MARTINHO, Joao Miguel	09	Desportivo Nacional	1:09.48
6 OLIVEIRA, Afonso Miguel	07	Juventude Atlantico	1:14.79
7 GOMES, Guilherme Silva	08	Desportivo Nacional	1:16.31
8 FREITAS, Jonas Christian	11	Desportivo Nacional	1:16.93